

**STEP 1: Language/Culture**

- Language competency: satisfactory completion of at least second- and preferably third-level Russian or the Russian School equivalent.

**STEP 2: Regional Specialization**

- Three courses in three different departments. (1) \_\_\_\_\_, (2) \_\_\_\_\_, (3) \_\_\_\_\_

Among the courses that can fulfill this requirement are:

- economics 0230;
- history 0247, 0248;
- political science 0227, 0228;
- religion 0236;
- Russian 0122, 0151, 0152, 0231, 0233, 0234, 0241, 0245, 0251, 0351, 0311, 0352, 0354;
- Russian/women's and gender studies 0255.

**STEP 3: Study Abroad**

- Preferably for a year, but at least for one semester, at one of the sites of the C. V. Starr Middlebury Schools in Russia in Irkutsk, Moscow or Yaroslavl. Students must receive approval from the relevant departments and/or, as appropriate, the director of Russian and East European studies to receive major credit for courses taken abroad.

**STEP 4: Senior Program**

- A senior international studies seminar (INTL 04XX), or students may also propose to write a two-semester honors thesis (INTL 0701) during their senior year, if they have a GPA of 3.5 or greater in the major.

(1) \_\_\_\_\_

- An upper-level course, preferably two, in Russian that will be taken after returning from abroad. The Russian department will determine which courses can be taken to fulfill this requirement, in consultation with the program director.

(1) \_\_\_\_\_, ((2) \_\_\_\_\_)

## STEP 5: Disciplinary Specialization

- INTL 0101 before going abroad
- At least one of the discipline courses must be a methods course, a theory course, or a 0400-level seminar. At least two courses must be on Africa.
- And
- fulfilling the requirements of one of these disciplines below:

### Economics

- ECON 0150
- And
- ECON 0155
- And
- ECON 0250
- And
- ECON 0255
- And
- 2 electives with an international focus at the 0200-, 0300- or 0400-levels.
- (1) \_\_\_\_\_ and (2) \_\_\_\_\_
- At least four economics courses meeting the major requirements must be taken at Middlebury, including one of the electives.

### Film and Media Culture

- FMMC 0131
- And
- FMMS 0231
- And
- FMMS 232 or FMMC 0340
- And
- FMMC 0244 or one course offered on a foreign language cinema as available (1) \_\_\_\_\_
- And
- FMMC 0431
- And
- 1 elective in Film/Media taught during the regular fall or spring terms (1) \_\_\_\_\_

### Geography

- GEOG 0100
- And
- GEOG 0206 or GEOG 0210 or GEOG 0211
- And
- GEOG 0214 or GEOG 0215
- And
- GEOG 0220 or GEOG 0223
- And
- GEOG 0310 or GEOG 0320
- And
- 1 seminar (400 level course) (1) \_\_\_\_\_

- Optional: students wishing to write a thesis are required to take GEOG 0339

### History

- 1 HIST 0100 level course (1) \_\_\_\_\_
- And
- 1 HIST 400 level reading seminar within the regional focus (normally taken in the senior year) (1) \_\_\_\_\_
- And
- 2 HIST courses within the regional focus (1) \_\_\_\_\_, (2) \_\_\_\_\_
- And
- 1 HIST course outside the regional focus (1) \_\_\_\_\_
- And
- 1 HIST course (1) \_\_\_\_\_
- And
- With the permission of the history department chair, up to two of these courses can be taken abroad.

### History of Art and Architecture

- HARC 0100
- And
- HARC 0102 or another course in non-Western art history (1) \_\_\_\_\_
- And
- 3 HARC courses at the 0200 level or higher (1) \_\_\_\_\_, (2) \_\_\_\_\_, (3) \_\_\_\_\_
- And
- 1 HARC course at the 0200 level or higher outside the regional focus (1) \_\_\_\_\_
- And
- Optional: Students who elect to write an honors thesis must write the thesis under the auspices of history of art and architecture, which will include HARC 0700, HARC 0710, and ISRU 0701, ISEU 0702, ISLA 0703 or ISEA 0704.

### Russian

- RUSS 0151
- And
- RUSS 0152
- And
- RUSS 0704
- And
- 3 RUSS courses (taken either at Middlebury or in Russia) (1) \_\_\_\_\_, (2) \_\_\_\_\_, (3) \_\_\_\_\_

### Philosophy

- PHIL 0150 or PHIL 0151
- And
- PHIL 0180
- And
- PHIL 0201 or PHIL/CLAS 0175 or PHIL 0250
- And
- one 400-level seminar to be taken in the last three semesters (1) \_\_\_\_\_
- And
- one course in 'ethics and social and political philosophy' (ESP) (1) \_\_\_\_\_
- And
- one course in 'epistemology, language, metaphysics, mind and science' (ELMMS) (1) \_\_\_\_\_

### Political Science

- PSCI 0103
- And
- PSCI 0109
- And
- PSCI 0101 or PSCI 0102 or PSCI 0104 or PSCI 0107
- And
- 2 courses at the 200 level or 300 level from comparative politics or international relations and foreign policy categories (1) \_\_\_\_\_, (2) \_\_\_\_\_
- And
- one 400-level seminar from comparative politics or international relations and foreign policy categories [junior year or senior year at Middlebury] [INTL seminars co-taught by PSCI faculty cannot substitute for 400-level PSCI seminars, but will count towards the six required courses in political science.] (1) \_\_\_\_\_

### Religion

- 3 courses on religious traditions in the regional focus, at least one of which is a 300 level course (1) \_\_\_\_\_, (2) \_\_\_\_\_, (3) \_\_\_\_\_
- And
- 1 course on a tradition or area outside that region (1) \_\_\_\_\_
- And
- either a senior project or a senior thesis in religion focusing on the region of specialization (1) \_\_\_\_\_

### Sociology/Anthropology

- SOAN 0103
- And
- SOAN 0105
- And
- SOAN 0301 or SOAN 0302
- And
- SOAN 0305 or SOAN 0306
- And
- 2 electives (1) \_\_\_\_\_, (2) \_\_\_\_\_