

2008 Middlebury College Annual Women's Lacrosse Clinic

Sunday, March 2nd, 2008

WHO:

5-12th Grade Players & Coaches

WHEN:

Sunday, March 2nd, 2008
Coaches clinic: 11am-12:30pm*
Players clinic: 12:30-3:30pm**

WHAT:

Skills including....
Catching, throwing, cutting,
groundballs, shooting, checking, offense
and defense strategy,
goalkeeping....competitive situations
AND more!

WHERE:

Kenyon Arena in the "Bubble",
Middlebury College

HOW:

Send in the registration form with check
by February 22nd

COST:

Coaches - \$10
Players - \$35

* Coaches clinic in Kenyon Classroom. Coaches
are welcome to watch player clinic

** Player registration @ 12pm in the Bubble

Questions?

Contact Assistant Coach, Heidi Howard
802-443-2293 or hhoward@middlebury.edu



Clinic sponsored by:

**WHAT TO BRING:****PLAYERS:**

Lacrosse Stick, Water Bottle
Practice clothes, Mouth guard & Eyewear
**9th-12th graders should bring warm clothing for outdoors
in case we can be on the AstroTurf for part of the clinic.

COACHES:

Lacrosse Stick, Notebook & pen

Chance to win a free stick and other fun gear!

THE MIDDLEBURY STAFF**The 2008 Middlebury Lacrosse Team**

Missy Foote: Head Lacrosse Coach
*Springfield '74, Coach of 5 National Championship Teams,
5 X National Coach of the Year*

Heidi Howard: Assistant Lacrosse Coach
*Middlebury '99, 3 X National Champion, 3 x All American,,
Player of the Year*

Katharine DeLorenzo: Assistant Lacrosse Coach & Head
Field Hockey Coach
*Goucher '90, '95-'01 Skidmore Head Lacrosse and Head Field
Hockey Coach, 2003 National Field Hockey Coach of the Year*

