

STEP 1: Language/Culture

- Language competency: satisfactory completion of at least second- and preferably third-level Russian or the Russian School equivalent.

STEP 2: Regional Specialization

- Three courses with exclusive or primarily Russian or East European content, in at least two different disciplines. No double counting of courses in your disciplinary specialization nor your language.
(1) _____, (2) _____, (3) _____

STEP 3: Study Abroad

- Preferably for a year, but at least for one semester, at one of the sites of the C. V. Starr Middlebury Schools in Russia in Irkutsk, Moscow or Yaroslavl. Students must receive approval from the relevant departments and/or, as appropriate, the director of Russian and East European studies to receive major credit for courses taken abroad.

STEP 4: Senior Program

- Either a senior international studies seminar (INTL 04XX), or students may also propose to write a two-semester honors thesis (INTL 0701) in their senior year. A thesis is required for honors. Students must have a 3.5 average or better in all courses that count for the major to apply to write an honors thesis. No exceptions will be made to these requirements. (1) _____, ((2) _____)
- An upper-level course, preferably two, in the language of emphasis that will be taken after returning from abroad. The language departments will determine which courses can be taken to fulfill this requirement, in consultation with the program director. (1) _____

STEP 5: Disciplinary Specialization

- INTL 0101 before going abroad

Economics

- ECON 0150
And
 - ECON 0155
And
 - ECON 0250
And
 - ECON 0340
And
 - 1 elective on your region of interest at the 0200 or 0300 levels.* (1) _____
 - 1 elective on your region of interest at the 400 level.* (1) _____
- * If the course on your region of interest is not offered, then you may take an economics course with an international orientation.

Film and Media Culture

- FMMC 0101
And
- FMMC 0102
And
- FMMC 104
And
- at least one of the three electives must be a the 0300 or 0400-level, and at least one must be international in focus (preferably should have substantial content on the geographical area of specialization).
(1)_____, (2)_____, (3)_____

Geography

- GEOG 0100
And
- GEOG 0206 or GEOG 0210 or GEOG 0211
And
- GEOG 0214 or GEOG 0215
And
- GEOG 0220 or GEOG 0223
And
- GEOG 0310 or GEOG 0320
And
- 1seminar (400 level course) (1) _____
- Optional: students wishing to write a thesis are required to take GEOG 0339

History

- 1 HIST 0100 level course (1) _____
And
- 1 HIST 400 level reading seminar within the regional focus (normally taken in the senior year) (1) _____
And
- 2 HIST courses within the regional focus (1) _____, (2) _____
And
- 1 HIST course outside the regional focus (1) _____
And
- 1 HIST course (1) _____
And
- With the permission of the history department chair, up to two of these courses can be taken abroad.

History of Art and Architecture

- HARC 0100
And
- HARC 0102 or another course in non-Western art history (1) _____
And
- 3 HARC courses at the 0200 level or higher (1) _____, (2) _____, (3) _____
And
- 1 HARC course at the 0200 level or higher outside the regional focus (1) _____
And
- Optional: Students who elect to write an honors thesis must write the thesis under the auspices of history of art and architecture, which will include HARC 0700, HARC 0710, and ISRU 0701, ISEU 0702, ISLA 0703 or ISEA 0704.

Russian

- RUSS 0151
And
- RUSS 0152
And
- RUSS 0704
And
- 3 RUSS courses (taken either at Middlebury or in Russia)
(1) _____, (2) _____, (3) _____

Philosophy

- PHIL 0150 or PHIL 0151
- And
- PHIL 0180
- And
- PHIL 0201 or PHIL/CLAS 0175 or PHIL 0250
- And
- one 400-level seminar to be taken in the last three semesters (1) _____
- And
- one course in 'ethics and social and political philosophy' (ESP) (1) _____
- And
- one course in 'epistemology, language, metaphysics, mind and science' (ELMMS) (1) _____

Political Science

- PSCI 0103
- And
- PSCI 0109
- And
- PSCI 0101 or PSCI 0102 or PSCI 0104 or PSCI 0107
- And
- 2 courses at the 200 level or 300 level from comparative politics or international relations and foreign policy categories (1) _____, (2) _____
- And
- one 400-level seminar from comparative politics or international relations and foreign policy categories [junior year or senior year at Middlebury] [INTL seminars co-taught by PSCI faculty cannot substitute for 0400-level PSCI seminars, but will count towards the six required courses in political science.] (1) _____

Religion

- Six courses on religious traditions with a major presence in the region of study, at least two of which must be at the 300-level. Two of the courses may treat the religious traditions of the region as practiced in other parts of the world. Senior projects do not count toward the six courses, unless the student enrolls in a senior IS seminar. (1) _____, (2) _____, (3) _____, (4) _____, (5) _____, (6) _____

Sociology/Anthropology

- And
- SOAN 0105
- And
- SOAN 0301 or SOAN 0302
- And
- SOAN 0305 or SOAN 0306
- And
- 2 electives (1) _____, (2) _____