Susan Homick: Facilities Services – 25-Year Club

Growing up on a dairy farm in Salisbury prepared Susan “Susie” Homick well for the hard work she has done for the College for 25 years and counting. Susie has been a custodian for Facilities Services, working in various locations around campus, for her whole tenure here.

When she began work at the College in 1982, Susie had three young boys at home. She started at the Field House working the 11 p.m. to 7 a.m. shift, not her favorite time to be on duty. When she switched over to Hepburn, there was a five-hour shift from 7 a.m. to noon, but that shift no longer exists. Hepburn was followed by a nine-year stint at Battell, and now Susie is assigned to Ross Common, working mostly in beautiful LaForce Hall.

“I loved Battell,” says Susie, “I got to know the students as freshmen and then see them for four years.” Susie reminisces about the first year students she saw everyday in Battell, “they used to ask me to sew on buttons for them, I took a fair number to the airport for their trips home… Some kids got so homesick being away from home for the first time, they would cry on my shoulder.”

Sitting and talking with students, some from all over the world, has been a highlight of Susie’s time here. She fondly remembers Sara, a student from Bangladesh, whom she got to know as a freshman many years ago and remained in touch with for a long time after she graduated. When Sara’s father came to visit campus, Susie’s brother Paul gave him a place to stay. At the time, Susie was sponsoring a child in Bangladesh through the World Vision organization, and Sara’s father brought a doll from Susie back to Bangladesh, traveled out into the countryside, and gave the doll to the child. He took photos and sent them back here to Vermont.

The students these days respect their surroundings and the staff more than they used to, Susie notices and is happy to report. She loves the new LaForce Hall, especially the great views from the fifth floor, but the senior students living there seem to come and go so quickly that Susie isn’t able to get to know them well.

(continued on page 2)
COLD AND FLU PREVENTION TIPS

The common cold and influenza (flu) is typically spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth. The germs infect the nose, throat and lungs and are spread by coughing and sneezing.

To help prevent catching or spreading the cold or flu:
- Cover your mouth and nose when you cough or sneeze
- Wash your hands thoroughly and often
- Avoid touching your (or other people’s) eyes, nose or mouth
- As a courtesy to your co-workers, stay home when possibly contagious

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Cold</th>
<th>Flu</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACHES</td>
<td>MILD</td>
<td>SEVERE</td>
</tr>
<tr>
<td>CHEST DISCOMFORT</td>
<td>MILD TO MODERATE</td>
<td>COMMON, CAN BE SEVERE</td>
</tr>
<tr>
<td>CHILLS</td>
<td>UNCOMMON</td>
<td>COMMON</td>
</tr>
<tr>
<td>COUGHING</td>
<td>MILD TO MODERATE HACKING COUGH</td>
<td>COMMON, CAN BE SEVERE, DRY</td>
</tr>
<tr>
<td>FATIGUE/EXHAUSTION</td>
<td>MILD</td>
<td>SUDDEN ONSET AND CAN BE SEVERE</td>
</tr>
<tr>
<td>FEVER</td>
<td>RARE</td>
<td>USUALLY HIGH 100 – 104; 3-4 DAYS</td>
</tr>
<tr>
<td>HEADACHE</td>
<td>RARE</td>
<td>SUDDEN ONSET AND CAN BE SEVERE</td>
</tr>
<tr>
<td>SNEEZING</td>
<td>OFTEN</td>
<td>RARE</td>
</tr>
<tr>
<td>SORE THROAT</td>
<td>COMMON</td>
<td>UNCOMMON</td>
</tr>
<tr>
<td>STUFFY NOSE</td>
<td>COMMON</td>
<td>NOT COMMON</td>
</tr>
<tr>
<td>WEAKNESS</td>
<td>MILD</td>
<td>CAN LAST 2-3 WEEKS</td>
</tr>
</tbody>
</table>

For more information about the common cold and the flu, such as when to call a doctor, here are a few websites to reference:

www.webmd.com/cold-and-flu/is-it-a-cold-or-flu
www.cdc.gov/flu/keyfacts.htm
www.hhs.gov/flu/sick.pdf
https://wellnesscorp.personaladvantage.com/search

Symphonic Lunch

Optimal Health Initiative invites you to relax and listen to a symphony while you eat your lunch! This month, we will be listening to a recording of Shostakovich’s 5th Symphony. Bring your lunch and enjoy!

Thursday, October 25
12:15, Library 201

Interested in one of the events taking place at the Mahaney Center for the Arts?

Check out their website at www.middlebury.edu/arts. Purchase tickets online, or visit one of the box office sites on campus:

Central Campus Box Office
Monday–Thursday, 10:00–4:00 p.m.
and 7:00–10:00 p.m.
Friday, 10:00–4:00 p.m.

Mahaney Center for the Arts Box Office
Monday–Friday, 10:00–4:00 p.m.
And one hour prior to any ticketed performance, at Center for the Arts

(Susan Homick, ctd. from page 1)

“I was determined to work here for 25 years, at least,” Susie says. Now that she has reached that goal, her second is to “work as long as possible before retiring, and I want a rocking chair when I do,” she adds. Susie is grateful that the tuition reimbursement benefit enabled her to put her son Tom through four years here at Middlebury College, and helped with sons Aaron and David’s tuitions at UVM. If all goes as planned, Susie will use the benefit when her daughter Kathleen, 15, is ready for college.

Asked if she has any grandchildren to brag about, Susie replies, “I just barely got one! I’m proud to have the first little guy,” she says of Vincent, her two-month-old grandson. She plans to travel over to Boston to see him as much as she can. Susie will continue to travel to some of the places around the globe that she has been exposed to because of the students she has met here. Already having been to Israel, Hungary, Greece, the Czech Republic, and Turkey, she hopes to visit Spain next year; she would love to hit all fifty states eventually as well.

An interesting aside is that working for the College has been a family affair for Susie. Out of the 10 children in Susie’s family, six of them have worked at the College at one time or another, some already having retired. Presently, brother Paul and sister Pauline both work in Dining Services. Asked about her colleagues, Susie says, “One person who inspired me and helped me out so much is Linda Ross (Facilities Services). She helped me get in here, and she’s guided me through all the years; she has been a good friend.” Susie adds, “Middlebury College has been really good to me too.”

~ Liz Hammel
Mary Reed, Dining Events Coordinator, suggested a location for last issue’s photo that stumped all readers. The photo shows a small flower and herb garden behind FIC that has been planted and taken care of by the office staff in Dining Events. The flowers and herbs are used for the events they put on around campus.

Faculty Grants – Annual Report Available

The FY07 Report on Faculty Grants is now available. This report includes a list of grants awarded to faculty this past year (organized by department) and various charts that summarize selected information about faculty grants since FY98. Contact Franci Farnsworth at the Sponsored Research Office to receive a copy by e-mail (farnswor@middlebury.edu). Lists of faculty grants by fiscal year are available on the Grants website: http://www.middlebury.edu/administration/grants/faculty_funding.

A quick summary: During the past fiscal year, 38 faculty members were awarded over $2.5 million for a total of 42 grants and fellowships to support their research and other scholarship. 21% of all faculty members submitted at least one grant proposal during this past year. Over 40% of the faculty grant proposals submitted through the Sponsored Research Office were successful.

LIS Technology Workshops

<table>
<thead>
<tr>
<th>Date</th>
<th>Workshop Description</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed, October 24</td>
<td>RefWorks for Beginners: Write-N-Cite</td>
<td>4:00–5:00</td>
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<tr>
<td>Thu, October 25</td>
<td>Excel Crash Course</td>
<td>3:30–5:00</td>
</tr>
<tr>
<td>Thu, October 25</td>
<td>RefWorks Practice Session</td>
<td>4:00–5:00</td>
</tr>
<tr>
<td>Fri, October 26</td>
<td>InDesign: Creating Publications for Reprographics</td>
<td>9:00–10:30</td>
</tr>
<tr>
<td>Mon, October 29</td>
<td>SecondLife</td>
<td>3:30–5:00</td>
</tr>
<tr>
<td>Mon, October 29</td>
<td>RefWorks for Beginners: Write-N-Cite</td>
<td>4:00–5:00</td>
</tr>
<tr>
<td>Wed, October 31</td>
<td>Flash</td>
<td>3:30–5:00</td>
</tr>
</tbody>
</table>

All workshops require advance registration! To sign up for workshops of interest please send an e-mail request to: helpdesk@middlebury.edu.

The current workshop schedule & course descriptions are available on the web at: go/techworkshops.

Reducing Global Climate Change, One Bus Ride at a Time

As a follow up to the College’s agreement with Addison County Transit Resources (ACTR) to offer free bus service between Middlebury and Rutland on The Connector, below are figures showing how public transportation use reduces carbon emissions that contribute to climate change. According to the Environmental Protection Agency, transportation is the fastest-growing source of U.S. greenhouse gases and the largest end-use source of carbon dioxide, the most prevalent greenhouse gas. Choosing public transit is something individuals can do to reduce their carbon footprint. In Vermont, according to the Union of Concerned Scientists, 56% of carbon emissions come from transportation.

If 20 people rode the ACTR bus for a 40 mile roundtrip commute instead of driving alone, here is the carbon saved:

705 LBS. OF CARBON SAVED PER DAY

Which means if they rode the bus 1 day per week (50 weeks/year):

16.1 TONS OF CARBON SAVED PER YEAR

If they rode the bus 3 days a week:

52.8 TONS OF CARBON SAVED PER YEAR

If they rode the bus 5 days a week:

88.2 TONS OF CARBON SAVED PER YEAR

(Sources: www.fueleconomy.gov; www.ipcc.ch; www.epa.gov/otaq/climate/420f05001.htm)
New Employees

Caitlin Brome
Admissions Counselor
Admissions

Jonathan Cormier
Asst. Director of Alumni
Relations
College Advancement

Brandon Couture
3rd Cook
Grille

Michael Gagner
Public Safety Officer
Public Safety

Jeff Kennedy
2nd Cook
Grille

Sue Lalumiere
Budget Analyst
Budget Office

Donn Marcus
Art Gallery Security
Monitor
Public Safety

Janine McDonald
Office Manager
Career Services Office

Petar Mitrevski
Computing Specialist I
LIS

Rachel Rosenfeld,
Admissions Counselor
Admissions

Jeffrey Stauch
Assistant Director of
Annual Giving
College Advancement

Peggy Upson
Counter Worker/Barista
Rehearsal’s Cafe
Electronic Open Enrollment
Human Resources is excited to announce that this fall’s benefits open enrollment for employees will be conducted electronically — no more paper forms! HR has been working with LIS to take advantage of capabilities within BannerWeb which will allow for on-line benefits enrollment. Watch your e-mail at the beginning of November for details on our 2008 benefits as well as step-by-step instructions on how to enroll. Don’t worry if you are new to computers - Human Resources will gladly help you through the process.

Getting Started with TIAA-CREF
On October 22, 2007, Erik Moreau, our TIAA-/CREF Consultant, will hold two informational sessions titled “Save For Tomorrow, Live For Today!” in Mitchell Green Lounge. Sessions begin at 1:30 and 4:30 and will last approximately one hour.

Learn:
• The importance of saving now for retirement
• The basics of the Middlebury College Retirement Plan
• How to manage your asset allocations
• Why saving for retirement is advantageous to you

Sign up for one of the sessions by going to: https://web.middlebury.edu/administration/hr/events/default.aspx
You will be prompted to log on using your own user ID and password. Put midd\ before your user ID. Select the time you wish to attend, and click on the sign up button to register.

If you do not have access to a computer, you may call Human Resources at x5465. Leave your name and the time of the session you wish to attend.

Brown Bag Luncheon
Please join us for the first of a series of community service brown bag luncheons. We are pleased to present “Caring for Your Elderly Relative” hosted by Joanne Corbett, MSW, Executive Director of Elderly Services in Middlebury, on Wednesday, November 7 from noon to 1:00 p.m. in Mitchell Green Lounge. Joanne will present a workshop on how to care for your elderly relative and will offer information on resources for support and assistance, including medical aid, financial aid, and family counseling. Joanne is familiar with the many issues that arise within families, including:
• how and when to make changes in the elder’s care and living situation
• how to discuss issues that arise due to changes in health and mobility, such as when it is time to stop driving
• memory loss
• caregiver’s need for respite and support
• other concerns that arise due to the aging process.

If you are interested in attending, please e-mail: lcaroten@middlebury.edu or call x2012.

Tuition Reimbursement Benefit Enhanced
Several enhancements to our dependent tuition reimbursement program were recently approved. Effective for the Spring 2008 semester, these changes strengthen what is already a significant and valuable employee benefit.

Eligibility for part-time benefit eligible service: Eligibility for the comprehensive fee credit and tuition cash grant scholarship program will be calculated on accumulated full-time equivalency, based on worked hours in eligible positions, over the course of one’s career. Eligible positions are defined as a minimum of 1/2 time employment in a regularly scheduled position, provided that cumulative breaks-in-service do not exceed cumulative actual service. Part-time jobs of less than 1/2 time, temporary, seasonal, on-call, and contract jobs are excluded from eligibility.

Eligibility for dependents: Eligibility for the dependent tuition programs will be revised to extend the benefit to dependent children as described in the Internal Revenue Code. This will now include stepchildren of the employee, provided that the natural parent is the custodial parent for income tax purposes. To ensure equity with other parents, the employee’s custodial relationship with the child must have been in effect at least as long as the waiting period for the benefit (proof of financial responsibility may be required).

Benefit for Middlebury students attending Schools Abroad: If the School Abroad does not have a comprehensive fee, the comprehensive fee credit will be based on the tuition and estimated room/board expenses as calculated by the Schools Abroad office. The full amount of the benefit will be applied to the Middlebury College tuition bill.

While this article provides a general overview of these changes, individual circumstances differ. Please contact Cathy Vincent at x5624 for specific information regarding your personal situation.
### Classifieds

Classified ads are free for members of the staff, faculty, student body and alumni of Middlebury College. Ads must be submitted seven days prior to the publication date. Guidelines for ads can be found on the MiddPoints section of the HR Website. Please send ads to Classifieds, MiddPoints, HR, Service Building, or e-mail to middpoints@middlebury.edu (electronic submissions preferred).

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**Auto**

**For Sale:** 1998 GMC Jimmy, 4-door, 4WD, cruise control, power doors and locks. Includes tow package and fairly new all-season tires. 185K miles but in very good condit. Great snow vehicle. $3,000. Call x5061 or e-mail eadavis@middlebury.edu.

**For Sale:** 1998 VW Passat. 117K, V6, manual transmission. Leather heated seats, sunroof, in great shape, recent work on suspension, locally maintained. Moving to Italy – must sell! Asking $6,500 obo. Jesse 247-4127/989-1496/tjenny@middlebury.edu.

**For Sale:** 2005 Arctic Cat Firecat F7 Lim. Edit. EFI, Black Widow Edit. w/ Black Magic Head. Very fast sled! Low Miles! In excel. condit., asking $5,200. 2004 Arctic Cat Firecat F6, $3,000 obo. Both sleds have been stored inside w/ covers, also have a trailer avail. 1999 Arctic Cat 400 Four Wheeler, runs excellent, $2,700 obo. Contact shuntley@middlebury.edu for more info. or pictures, x3144.

**For Sale:** Bridgestone winter tires 175/70 R13 820, very good shape, used only one winter. The Blizzak WS-50 is an extra-deep treamed tire. Average price new is $85/tire. Set of 4 tires for $125. Call x5572 or contact oeglene@middlebury.edu.

**For Sale:** Fabric Scrap Bags. I just cleaned out my quilting studio and am selling “grab bags” of 100% cotton fabrics. Each bag is 14” X 16” stuffed w/ various prints, great for scrap quilts, pillows, placemats, etc. Not yardages but leftover pieces, sizes vary. $5 each- a real bargain! Ginny Faust, LIB 134, x2391.

**For Sale:** Musical instruments. Yamaha alto sax, w/ hard case ($375); Artley flute, w/ hard case ($100). hoving@middlebury.edu or x5934.

**Real Estate**

**For Sale:** Three BR, one BA, well maintained raised ranch w/ sunny open floor plan on one acre, only 4 mi. from the heart of Middlebury located at 2115 Case St. Brand new kitchen w/ tile floor, maple cabinets, Jennaire range and all new appliances. Patio doors open to deck overlooking open fields, western views and beautiful sunsets. Wood stove in LR. Full basement. $199,000. 802-453-4011.

**For Rent:** Bristol 3 BR apartment w/ new carpet and vinyl flooring, across from Bristol Elem. School. $900/mo. includes water, off street parking, snow removal, fenced front yard use, lawn care, stove, refrig. and washing machine included. Manager on premises. Deposit and references required. No smoking or pets. Avail. beginning of Nov. Call 802-453-3632.

**Wanted**

**Wanted:** Looking for used kayak/s to use on Lake Champlain. Sit-in style, anywhere from 9 to 12 feet long. Contact Shelley @ x5260 or spayne@middlebury.edu.

**Wanted:** If you will be away from Middlebury during Winter Term and would like to sublet your house or apartment to a visiting winter term instructor, please contact Janis Audet at x2207.

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**College Book Store**

**Homecoming Hours**

**Friday, October 26**

8:30 a.m.–5:00 p.m.

**Saturday, October 27**

8:30 a.m.–5:00 p.m.

**Sunday, October 28**

9:00 a.m.–2:00 p.m.