Reminder to 2005 Advantage Participants

You have until March 15th, 2006 to submit claims for services provided in the calendar year, 2005. All claims should be sent to Ceridian via fax at 1-877-488-6454, or mailed to PO Box 534134, St. Petersburg, FL 33747-4134.

Claim forms can be found in our office or on the HR website by clicking on “Benefits,” scroll down to the Flexible Spending Account/Advantage section, then click on dependent care or medical “Reimbursement Form.”

Staff Input Sought on Compensation Review Project

The Wage & Salary Committee has begun meetings focused on sharing information and gathering feedback about proposed revisions to the staff compensation plan. Come listen to an overview of the process that the wage & salary committee has undertaken, and listen to the proposed revisions the committee has recommended. The Meetings will include a presentation by the committee, the consultants assisting us with this process and human resources. Staff input is critical to the success of this project. Please participate in the opportunity to help shape the direction of the revisions to the compensation program: feedback, questions and comments are encouraged!

Materials regarding the proposal will be available on the Compensation Review Project Website link at http://www.web.middlebury.edu/offices/hr, and feedback can also be provided via this site following the meetings on February 27th.

Informational meetings will be held:
February 22nd 8:30-10:00 am and 10:30-12:00 pm or
February 27th 10:30-12:00 pm, 1:00-2:30 pm and 3:00-4:30 pm
In the McCullough Social Space

In the McCullough Social Space

MCSC Open Staff Meetings

The Middlebury College Staff Council is sponsoring Open Staff Meetings to discuss the proposed changes to the Wage & Salary Plan. Here’s your chance to ask questions about the proposed new plan, after you’ve had time to review it. Come to one of the open meetings in March with any questions you have. If time permits, Staff Council will answer questions on other staff issues you may have. We hope to see you there.

Staff Council Meetings will be held:
Wednesday, March 1st 10:00-11:30am or
Monday, March 6th 1:00-2:30pm
In Dana Auditorium

Human Resources • Service Building, 2nd floor • (802) 443-5465 • hr@middlebury.edu
83rd Annual Middlebury College Winter Carnival February 23-26

The 83rd annual Middlebury College Winter Carnival, the oldest and largest student-run carnival in the country, will take place Thursday, Feb. 23-Sunday, Feb. 26, with “Iced Out” as this year’s theme. The public is invited to attend an ice show, a snow festival hosted by the Japanese Club, a cultural gala, a Bread & Puppet performance, and both nordic and alpine ski competitions.

Beginning at 7:30 p.m. on Thursday, Feb. 23, visitors to the Middlebury College Kenyon Arena on South Main Street (Route 30) can enjoy the Winter Carnival Ice Show. This year’s performance is titled “Warning: Keep Frozen” and will feature the Middlebury Figure Skating Club, whose members include local children and adults, as well as Middlebury College students, staff and faculty. Ross Miner and Katrina Hacker will appear as guest skaters. Miner, the 2006 United States National Intermediate Men’s Champion, is a 15-year-old skater from Williston, who now lives in the Boston area and trains with the Skating Club of Boston. Hacker, from Rye, N.Y., is the 2006 North Atlantic Regional Junior Ladies Champion and she recently finished seventh at the U.S. State Farm Championships. The show will be performed again at 7:30 p.m. on Friday, Feb. 24.

On Friday afternoon, from 1-4 p.m., the Snow Festival will take place in Coffrin Lounge, located in Coffrin Hall behind the Château on Château Road off College Street (Rte 125). This annual celebration is sponsored by the Middlebury College Japanese Club and includes activities such as calligraphy and origami, as well as student performances, booths with hands-on activities and a sampling of Japanese winter foods.

Following the Snow Festival, visitors of all ages may proceed to the Middlebury College Center for the Arts to enjoy a cultural gala titled “Frozen Fantasy,” from 4:30-7 p.m. Activities will include a chance to learn about dance from around the world — from belly dancing and Flamenco to the Maori fire dance of New Zealand, along with performances by the Middlebury College Flying Fists Juggling Brigade and the Generation Today/Vermont (GT/VT) Breakers, a group of Middlebury College break dancers who will also offer break dancing lessons. Light refreshments will be served and the Middlebury College Museum of Art will be open to the public from 7-9 p.m.

On both Friday, Feb. 24, and Saturday, Feb. 25, some of the finest collegiate skiers will compete at the carnival, where the nordic and alpine races are regional qualifying events for the NCAA. Competitions will take place at the Middlebury College Snow Bowl in Hancock and the Rikert Ski Touring Center in Ripton. Visiting teams include Bates, Bowdoin, Colby, Dartmouth, Harvard, St. Lawrence, St. Michael’s, University of New Hampshire, University of Vermont and Williams. Pending qualification, individuals on teams from the following schools may also compete: Boston College, Plymouth, Northern Michigan University, Smith, St. Anselm, Clarkson, M.I.T. and the University of Massachusetts. There will be an outdoor barbecue at the Snow Bowl on Saturday at 11:30 a.m.

To conclude the weekend, the Bread & Puppet Theater of Vermont will perform a work titled “National Circus of the Correct Moment” at 6 p.m. on Sunday, Feb. 26, in Nelson Arena, on South Main Street (Route 30). Bread & Puppet Theater was founded in 1963 by Peter Schumann in New York City, and in 1970 moved to Vermont as theater-in-residence at Goddard College, before relocating in 1974 to a farm in Glover. The traveling shows range from tightly composed pieces presented by members of the company to extensive pageants that encourage the participation of onlookers. Bread & Puppet is one of the oldest, nonprofit, self-supporting theatrical companies in the country, and the Winter Carnival performance will feature its signature masked characters and giant papier-mâché puppets.

Admission to the Snow Festival, cultural gala, Bread & Puppet performance and ski events is free. Tickets for the ice show are $5, payable with cash or check. Tickets will be available at the door. For more information, contact the Middlebury College Center for Campus Activities at 802-443-3100.

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BEGINNERS YOGA WITH GAYE ABBOTT

If you’ve never taken yoga before, or are “starting over” after years of being away, this is the class for you!

Learn about the practice of yoga from the ground up - body awareness, breathing, ease of movement, flexibility, strength, meditation, deep relaxation and restoration, and getting to know yourself more deeply in a safe and accepting space. Each class will build upon the foundations laid in the previous class and is open to all levels of physical ability. Please bring a yoga mat/exercise mat/or towel and a blanket and pillow. Wear comfortable loose clothing... something you can breathe and move in.

Gaye Abbott, brings with her over 20 years of experience in health, healing, and yoga as a registered yoga teacher, massage therapist, and nurse. She has extensive experience in creating and facilitating yoga retreats. Emphasis is placed on the journey - with a sense of grace, fluidity, ease, and a large dose of humor.

4 Monday Sessions
Monday, March 20 through Monday, April 10, 12-1pm at Mitchell Green Lounge.
Register with Eileen Fahey x5064. Spaces Will Fill Up Fast - Call Now!

TIME OUT TO BREATHE

Join other employees for an opportunity to relax your body, still your mind, and nourish your deeper self. Like the nautilus shell spiraling inward toward the center, we will learn to unwind, loosen up, create spaciousness, and deeply relax through yoga asana/movement; breathing; body awareness; meditation/guided imagery; yogassage (a blend of yoga & Thai massage); sound; and group interaction facilitated by Gaye Abbott, RYT, CMT.

A four-hour Mini-Retreat. March 14, 1-5pm at Kirk Center.
Please contact Eileen Fahey at x5064 for info/registration. Space limited.

Employees

Michael McLaughlin
Asst. Dir. Student Financial Svcs.
Mike Russett
Utility Worker
Andrea Pomainville
3rd Cook
Ron Holmes
Public Safety Officer
Jennifer Feehan
Assistant Registrar

College Book Store
Open Monday - Friday 8:30-5:00

We have a digital camera developing machine for your on-site digital prints. Pictures can be made from either various memory cards, or from a cd.
Classifieds

Classified ads are free for members of the staff, faculty, student body, and alumni of Middlebury College. Ads must be submitted seven days prior to the publication date. Please send your ads to: Classifieds, Midd Points, HR, Service Building, or via Outlook to: Middpoints Editor (electronic submissions preferred).

Real Estate

For Rent: House on Lake Champlain in Addison; 15 miles from campus. 3 bedroom, screen porch, dock, raft, deck, etc. Beautiful views and setting.  $1,200/week. Available graduation weekend and some weeks in summer. Call 545-2092.

House for sale: Are you interested in learning about an ideally-situated home for sale in downtown Middlebury that generates income through a separate upstairs rental apartment? Please contact Matt Longman at x3350, or via e-mail at longman@middlebury.edu.

Other

For Sale: Deals too good to pass up! Boston rocker - $60; old trunk - $25; solid wood (walnut?) set of four drawers behind pair of doors with elaborate pulls - $200; light pine commode - $175; rectangular maple drop-leaf table - $80; 5-legged oval oak drop-leaf table - $175; Art Deco bedroom set (double bed, bureau & dresser with mirror) - $600. Photos and dimensions available. To wheel & deal, contact Cindy Slater, x5579 or send email to: slater@middlebury.edu.

For Sale: Calling all crafters - A dozen boxes (or so) of miscellaneous fabric can be yours for only $30. Rock-bottom bargains can also be had on acrylic yarn, styrofoam; embroidery floss; crochet cotton, project bags, buttons, vintage craft-related magazines, and more. For details, contact Cindy Slater, x5579 or send email to: slater@middlebury.edu.

For Sale: DeLonghi Espresso/Cappuccino maker (for home use). Includes espresso machine with steamed milk attachment, 2 cups/saucers and pitcher. Very good condition. $25.00 OBO. Call Karen at x5914 or 247-4905(h).

For Sale: Barrel game table and 4 chairs. In excellent condition. Very solid set. Table has formica top; chairs are covered in nice vinyl, padded back/seats. Asking $200 but willing to negotiate. You don’t see this kind of furniture anymore. Contact Diane @ x2276.

Wanted

Looking to Rent: Middlebury Alum looking for a 2-4 bedroom house near Middlebury beginning in April. Garage space would be a plus. We can provide great references. Please call 352-1009.

The excitement is building! Relay for Life's first kick-off gathering resulted in the sign-up of almost 20 teams for the overnight April 28-29 event! The second kick-off gathering will be held Tuesday, February 28 at 7 p.m. in McCullough Social Space. It's your opportunity to enjoy some music, munch some snacks and sign up your team! This year's event is looking to raise $200,000.

Relay for Life brings together members of the Middlebury College and town communities in a fundraising event that celebrates cancer survivorship and raises money for cancer research and programs.

During the overnight event, teams of people gather at Middlebury's track and take turns walking or running laps. Each team tries to keep at least one member on the track at all times. Funds are received from sponsors of relay teams. All proceeds go directly to the American Cancer Society.

So where are you Wonnacott, Brainerd, Cook, Atwater and Ross Commons? What about you, Dining Services? Facilities Management? Administration? Get your team together and join us for this fun and important event! Email relayforlife@middlebury.edu for more information.

Faculty Grants

Ian Barrow (History and International Studies) has received a fellowship from the American Institute for Sri Lankan Studies to support his research on Assassination Museums in South Asia. The grant will fund a trip to Sri Lanka in the summer of 2007 and research at the SWRD Bandaranaike Museum, which is dedicated to the assassinated former Prime Minister. Project title: Reimagining Death: The Assassination Museum of SWRD Bandaranaike (Colombo, Sri Lanka).

Grace Spatafora (Biology) received supplemental funding from the National Institutes of Health to purchase additional equipment that will be used in her NIH-funded research with undergraduate students.

Thomas Manley (Geology) has received funding from the National Oceanic and Atmospheric Administration for the second year of a project titled, Hydrodynamic Investigation of the Inland Sea of Lake Champlain. This is a cooperative program involving Pat Manley (Geology) and colleagues from LODYC (Paris, France), SeaScan (Falmouth, MA), and the Lamont-Doherty Earth Observatory of Columbia University.

Know Your Benefits - continued from page 2

Q. How will I know when my request has been approved?
A. If you have provided an e-mail address on the request form, you will be notified at that address, otherwise the customer service department will telephone you when your request has been approved.

Please remember that if you use a retail pharmacy for a medication you take on a regular basis, you may be able to use the New England Mail Order Pharmacy (NEMOP) mail-order prescription plan to get a 3-month supply of your medication, at reduced cost, on an on-going basis; you can find more information on this benefit on the website mentioned on page 2.