Friends of International Students Host Program

We invite you to attend a meeting to learn more about the Friends of International Students host program. It is a great opportunity to meet people from around the world. The Class of 2009 includes approximately 80 international students from over 30 countries. In September, we also will welcome 10 international exchange students for one year. We expect most of the students to participate in our program, so we will need many new hosts.

Information sessions:

- Tuesday, August 2nd, 1:15-2:00 p.m., McCullough Social Space
- Wednesday, August 17th, 4:00-5:00 p.m., McCullough Social Space
- Monday, August 22nd, 12:15-1:00 p.m., McCullough Social Space
- Monday, September 12th, 12:15-1:00 p.m., McCullough Social Space

(please note: this is our final meeting, and is intended for anyone who was unable to attend a July/August meeting. We would like potential hosts to submit applications by August 30, but understand that a limited number of people may not be able to attend a meeting until September.)

Friends of International Students Host Program

The Dean of Student Affairs Office, through International Student and Scholar Services (ISSS), offers new international students the opportunity to build a relationship with an individual or a family from the Middlebury area. You will meet a Middlebury College international student who wants to know a family from the local area. Our program is a hospitality program. Your international student will not live with your family. Instead, you will host your student on visits to your home and on trips to explore the local area throughout the year. You will meet your international student for the first time at a matching event held on campus in early October. Our hope is that you will form a friendship that will last beyond the student's first year at the College.

If you are interested in exploring the possibility of serving as a host to an international student, please register for a meeting. To register or learn more: Please contact Monica McCabe by email at isss@middlebury.edu or by telephone at 443-5288.

Faculty Grants

Funding for Research in the Biomedical Sciences

Over the next five years Middlebury College will be one of the baccalaureate partner institutions participating in a project funded by a grant from the National Institutes of Health to the University of Vermont. This grant will continue the Vermont Genetics Network support that has been a significant source of funding for faculty and student research over the past three years. Through this new project, titled Vermont IDeA Networks of Biomedical Excellence, the College will receive funds to support grant administration as well as individual faculty and student research projects. In June, the following faculty members received individual one year grants from this program:

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Luther Tenny • Facilities Management

Luther Tenny, a Middlebury native, says he always enjoyed construction work. “LEGOs and Tonka trucks were my toys of choice as a child,” he notes. He and his older brother attended MUHS, before Luther enrolled at Clarkson University in Potsdam, New York, where he studied civil engineering.

“I wanted to become either a civil engineer, an architect, or an oceanographer,” Luther recalls. “So, when I was trying to decide which college to attend, I went to visit three schools that offered one of each of those programs, and Clarkson just felt like the best fit for me. It turned out to be the right decision; I really enjoyed that field.”

While an undergraduate at Clarkson, Luther took an intern position with Phelps Engineering in Middlebury and found that he liked the work. After graduation, he accepted a full-time job at Phelps.

“Following high school, all I wanted to do was get out of small town Middlebury,” Luther admits. “But after four years of college, I missed Middlebury so much that all I wanted to do was come back.”

Luther worked for Phelps Engineering for seven years doing landscape and site design, septic systems, water and wastewater treatment systems, and working for many municipalities throughout Vermont. He also was involved in numerous projects at Middlebury College.

“I worked on a lot of projects for the College including Bicentennial Hall, LaForce Hall, and Atwater Commons to name a few,” Luther says. “I developed a lot of relationships on campus over those years and saw what Facilities Management did and was interested in having a job with a little more variety than I had at Phelps Engineering. So, when a position became available, I applied.” Luther started as Assistant Director of Facilities Management last year.

Luther oversees maintenance and operations in six departments, including landscape services (and snow removal); the carpentry, locksmith and painting division; the auto shop; earth works; the Bread Loaf Campus; and the night watchmen.

“I manage those crews, and also do individual projects around the campus, from small landscape installations to full building renovations up at the Bread Loaf Campus,” Luther explains.

“The thing I enjoy most is working with the people,” Luther continues. “The folks here are such dedicated and talented individuals, and it feels good to be part of such a team, particularly when we do snow removal or set up or break down for graduation. You have 40 or more people all working at one time in unison; it’s an exciting thing to be a part of.”

Although every season has its unique qualities, Luther says that winter is perhaps the most intense. “I’m in charge of our snow removal operations; that is probably my most challenging task because there is almost never a down time. I am constantly monitoring the weather. My wife even calls me Mr. Doppler during the winter,” he says. “But I just want to make sure that I’m making the right call and that the campus is clean and safe for the students, faculty, and staff.”

Luther lives in Middlebury with his wife, Carey Bass (Feb. ‘00 graduate), originally from Chattanooga, Tennessee. A longtime Alpine racer, Luther enjoys downhill skiing and snowboarding in the winter and golf during the summer.

Luther is pleased to be a member of the College Community. “I think it’s a terrific community,” he declares. “Since I’ve been here everyone has been so welcoming as I’ve settled into my position. It’s an exciting place to be, and I’m glad to be a part of Middlebury College.”

Greg Pahl

Who would you like to see profiled in Midd Points? Send your suggestions via Outlook to Midd Points Editor or via campus mail to Midd Points Editor, HR, Service Building.
Employee and Family Assistance Program Reminder

While the Wellness Corp Employee Assistance Program has been part of our benefits program for the past 18 months, we wanted to share a few key points of interest.

The EFAP is a counseling and referral service. If you or an eligible household member is faced with a personal problem, the EFAP can help. Their professional counselors are experienced and knowledgeable. The program is voluntary and confidential.

Free Sessions

Middlebury College employees and their household can see an EFAP counselor for up to 6 sessions per problem per year. These sessions are free to you. Often, the EFAP counseling sessions are enough to resolve the problem. The Wellness Corporation will make every effort to refer you to a counselor who can continue to see you through your health care insurance, when needed.

Since the EFAP operates on a calendar year basis, it is important to contact the EFAP before the end of the year if you wish to take advantage of another series of 6 free sessions.

Counselors

In order to receive the 6 free sessions per problem per year, the counselor must be a member of the EFAP network prior to initiation of service. If your counselor is not a member of the network, s/he can contact Wellness Corp to join.

Services

The EFAP can help with problems such as:

- Family relationships
- Marital conflicts
- Stress at home
- Stress at work
- Budget and debt concerns
- Emotional concerns
- Parenting concerns
- Legal advice for personal problems
- Financial planning
- Personal issues
- Drugs
- Alcohol

In addition, the EFAP can provide information and referrals through a service called Wellness WorkLife in all of the following areas: prenatal, adoption, child care, parenting, summer care, mature transitions, share care, special needs, at-risk/high-risk adolescents, academic services (primary and secondary), academic services (colleges and universities), emergency/temporary care (child and adult options), grandparents as parents, adult care, disaster relief, and personal services. Qualified searches and referrals are provided by contacting 1-800-828-6025.

Articles, Tip Sheets, Videos, Health Appraisals, Wellness Assessments, Financial Calculators and Quick Reference Links can be found at: www.WellnessWorkLife.com. First-time users on the worklife website will need to register by clicking on the left button to create a User Name and Password…this is only required one time. Your Company Name is: Middlebury College. Upon successful registration, you will be granted full access to the site.

Contacting the EFAP

To set up an appointment, simply call either of these numbers between 8:30am and 7pm EST, Mondays through Thursdays and between 8:30am and 5pm on Fridays. In case of a crisis, call 24 hours a day, 7 days a week: (800) 828-6025 or (508) 842-2780. If you have questions about the program, please contact April Tuck at ext. 5668 or atuck@middlebury.edu.

(Faculty Grants continued from page 1)

Jeremy Ward (Biology) The Identification and Characterization of the Mammalian Meiotic Mutation mei4. The goal of this research is to identify the mechanism through which mei4 blocks the progression of meiosis and the production of sperm and eggs in reproductive tissues. Proteins involved in similar processes are implicated in cancer, infertility, and Down syndrome.

Roger Sandwick (Chemistry & Biochemistry) The Maillard Reaction between Ribose 5-Phosphate and Cellular Amines. The goal of the research is to examine the spontaneous reaction of ribose 5-phosphate, a cell metabolite, with amino acids and proteins. The investigation will ultimately determine if this natural system is capable of generating products that act as chemical poisons and/or cancer initiators.

Robert Cluss (Chemistry & Biochemistry) Cytopathic Effect of the Borrelia burgdorferi Exoproteins Oms28 and Enolase. The goal of this research is to determine if two proteins produced by the Lyme disease spirochete are capable of damaging target cells. These studies may eventually lead to a better understanding of Lyme disease in humans.

Sunhee Choi (Chemistry and Biochemistry) Mechanism and Kinetics of Oxidation of Guanosine Derivatives by Pt(IV) Complexes. The goal of this research is to understand how platinum anticancer drugs interact with DNA. The findings will ultimately help develop better anticancer drugs.

Ice Cream Social

sponsored by Staff Council

Wednesday, Aug. 3, 11am to 2pm
Bittner Terrace
(off the upper floor reading room in the new library - facing Old Chapel)

Featuring: Ben & Jerry's Peace Pops (yogurt pops, too!)

Take this opportunity to speak with your district representative.
For Your Benefit

How To Estimate Your Take Home (net) Pay

You can estimate what your net pay will be by using the paycheck calculator provided on the Web by the Americana Payroll Association. Have a recent check stub handy and go to http://www.paycheckcity.com/coapa/netpaycalculator.asp.

Enter the tax year and the state of Vermont.

1. For Gross Pay, enter bi-weekly gross amount you earn (from your pay check stub).
2. Select “Per Pay Period” option
3. No entry in Gross Salary YTD
4. For Pay Frequency, select bi-weekly
5. Federal Withholding: enter what you claim on taxes (this is available on BannerWeb) Be sure to enter any extra withholding you may have.
6. For Round Federal Withholding, leave as no.
7. For State taxes, leave as no.
8. Voluntary Deductions will include any deductions from your paycheck. Total your deductions and enter the total in the box. This will create a record for each deduction.

Examples of deductions: (These can be found on your pay check stub – or BannerWeb)

- a) Medical premiums (fixed amount)
- b) Dental premiums (fixed amount)
- c) Life insurance (fixed amount)
- d) Long Term Disability (fixed amount)
- e) Court Ordered Lien (fixed amount)
- f) Uniforms (fixed amount)
- g) Rent (fixed amount)
- h) Mortgage (fixed amount)
- i) Mandatory retirement (first 3%)
- (percent of gross, so enter 3) Listed as RA1 and GRA2 on your pay check stub
- j) all other retirement percent - Includes GSRA and and RA3 on your pay stub.
- k) United Way

Now click “calculate.” This should give you an estimate of your take home pay.

Classifieds

Classified ads are free for members of the staff, faculty, student body, and alumni of Middlebury College. Ads must be submitted seven days prior to the publication date. Please send your ads to: Classifieds, Midd Points, HR, Service Building, or via Outlook to: Middpoints Editor (electronic submissions preferred).

Real Estate

For Sale: Spacious country home on 5.5 acres, 6 miles from Middlebury. Built 1989. Great room with woodstove and high windows; hardwood floors & many other wood touches; very large study lined with bookshelves; 1st floor laundry; detached garage; detached garage/workshop. 3 BR, 2-1/2 baths. $335,000. Keenan, 802-334-1470.

For Sale: 1860’s colonial home in Orwell village on approx. 3/4 acre in Orwell village (20 miles from Middlebury). Detached 2-car garage, 4 BR, 1 bath, kitchen, dining room, living room, foyer. Perennials and fruit trees. Recently upgraded windows and furnace as well as professional exterior paint job. $140,000. Contact tumminia@middlebury.edu or x3133.

For Rent: Spacious and bright 2-bedroom apartment, adjacent to campus and walk to downtown. Quiet neighborhood on dead end street. Off street parking. Large rooms, hardwood floors. Storage and laundry on site. No dogs, no smoking. $965 per month. 388-8350 or 545-2149.

For Rent: Beautiful 3 BR home in S.Starksboro w/2½ baths, LR, Kitchen, screened porch, home office with DSL, 3 car garage/storage and fabulous views east and west. Available in August. $2,200 per month. (802-453-6416)

Other

Wanted: Double jogger-stroller in good condition. Call x5468 or home 948-2091 after 6 pm.

For Sale: Kitchen table with white Formica top and four matching white hardwood chairs, table measures 55” x 27.5”, $50; leaf blower with 1-hp electric engine and 35’ long extension cord, $15. Call ext. 2095 or 388-0178.

For Sale: 4 Red Sox tickets, standing room, August 27 against the Detroit Tigers. $90 for all 4. Ext. 5570

For Sale: One year old black Kenmore microwave, $30. Works great. Bought a house that has a built in. Call Mary Lou at x5234 or email msplain@middlebury.edu

For Sale: Washing machine. Reliable Sears model: large capacity, several speeds & cycles. Excellent condition. $150 or best offer. Call x5282 and leave message.

Middlebury College will offer public skating again this year at Kenyon Arena on July 29th from 3:30 to 5:30pm and August 1st through August 5 from 3:30 to 5:30 pm. Cost will be $5 for adults and $2 for children under the age of 12. For more information, call Gail at ext 5250.

The third session of Weight Watchers At-Work Program at Middlebury College will begin on August 4. Meetings are Thursdays, 11:45am in Mitchell Green Lounge. This session will go until October 13. The cost is $144. If you are interested in joining, please attend the meeting on August 4. For more information, call Danica Stein, Meeting Leader at (802) 287-5704 or email her at danicas@baymoon.com.

Optimal Health Initiative