Feeding at Middlebury

- Filing into Proctor day in and day out, we graze on whatever smorgasbord has been prepared, and then we leave, never giving any consideration to the realities of our consumption...

- As to "where the food was grown, how the farm workers were treated, the enormous amounts of fossil fuels used to produce and transport food...and any connection or support for the struggling local farmers, we are seduced into not worrying about it."¹

- This pamphlet has been prepared in the hopes of raising awareness about the realities of food: how it's grown, where it's grown, and how it gets to us.

Buying Locally:

- We also hope to raise awareness about the benefits of buying locally, which include: Supporting local economies and communities, preserving Vermont's working landscape, making connections to our food, and thereby, becoming discriminating consumers who are involved in the reality of food.

Towards the Future...

Local products currently comprise only 5-10% of food purchased by MiddDining. We feel that there is room for growth in this area.

In its commitment to supporting local businesses, Middlebury has encountered challenges in finding fresh Vermont produce year-round, due to Vermont's short growing season. Despite this limitation, we feel that the college should continue to deepen this commitment to buying locally whenever possible.

We encourage students to get involved!

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