The Bike Shop — Fix it yourself, with as much help as you need

The basement of Adirondack House is the home of the Bike Shop, a student-run facility dedicated to promoting cycling on campus and teaching bicycle maintenance to the College community. Originally in the basement of the Japanese House, the Bike Shop was first set up to maintain the “yellow bikes,” the “Need a bike? Take a bike” program from earlier in the decade that never really succeeded in getting students out of their cars and onto bicycles as their preferred method of transportation.

The Bike Shop is a place where all members of the College community can bring and repair their bikes themselves, with the help of Bike Shop staff. The basement room’s walls are lined with all of the tools one needs to maintain and repair a bike. Students, faculty, and staff alike are welcome to bring their bikes in during shop hours and use the tools and spare parts. Have a question? Ask one of the students staffing the shop. Steve Heck ’09.5, the shop coordinator, and Chris DiOrio ’12, the assistant who will take over as coordinator when Steve graduates in February, run the Bike Shop with the help of their staff.

It’s a pretty sought-after job — Heck says there are currently 35 student applicants for shop staff. This fall, the Shop is open on Wednesday, Thursday, and Friday from 5–8 p.m. and Saturday from 4–8 p.m.

Although an Environmental Council grant got the shop up and running originally, the only funds the shop has to work with now are what they raised by selling roughly 100 bicycles last spring and the money raised by allowing students to store their bikes in the shop over the summer. The money goes to upkeep of tools and salaries for staff.

In addition to open hours, the shop held a winter term course in basic bike (Article continues on page 3)
Chamber’s Member Discount Program SAVES MONEY, SUPPORTS LOCAL ECONOMY

As you read in MiddPoints last April, the Addison County Chamber of Commerce is offering its popular member-to-member discount program to all Middlebury employees.

Now, six months later, the list of businesses offering discounts has grown by about one third so it’s a good time to remind employees that your College I.D. card qualifies you to receive discounts on most everything from landscaping services and yoga classes to museum admissions and hypnosis sessions.

One of the fastest-growing categories of discounts is fine dining. Since last spring, restaurants such as American Flatbread, Mister Up’s, Fire and Ice, Middlebury Inn, Burgoyne Grill in Ticonderoga, and Blueberry Hill Inn have joined the program.

A listing of all member-to-member discounts are included in hard copies of this issue of MiddPoints, courtesy of the Chamber. For our on-line readers or just to keep up with the latest discounts, visit the Chamber website at: http://www.addisoncounty.com/pages/chamber.asp?content=member-discounts and click on “Download.”

The College is one of the largest members of the Chamber, and Patrick Norton, our VP for Administration and Treasurer, serves on the Chamber’s board of directors.

If you have any questions or suggestions about the member-to-member discount program, please share them with Ted Shambo, the Chamber’s membership director, at ted@addisoncounty.com or by calling 388.7951.

And remember: no special membership card is needed. Just show your College I.D. to receive your discount at any participating Chamber member.

Weight Watchers At-Work invites you to an information/registration meeting

Are you interested in losing weight and keeping it off for good? The campus community is invited to join Weight Watchers meeting leader Danica Stein for an information/registration meeting on Thursday, October 8, at 12 noon in the Mitchell Green Lounge. Danica lost 50 pounds with Weight Watchers and has kept it off for eight years. You will find out about the Weight Watchers program and have the opportunity to join your “losing” colleagues in our very successful Weight Watchers group here on campus.

The Optimal Health Initiative Committee (OHIC) is pleased to offer partial scholarships to the first ten new members to sign up, bringing the cost to only $114 for a 12-week session ($144 without scholarship)! Payment plans are available. For more information, plan to attend this brief informational meeting, or call or e-mail Danica at 802.287.5704 or danicasteinWW@comcast.net. To be eligible for the OHIC scholarships, don’t wait; call Alexa Euler at x5668 or e-mail aeuler@middlebury.edu as soon as possible.

IF we have the minimum number of members signed up by the meeting on October 8, meeting members will receive eight weeks of eTools, a $25.90 value, FREE with their paid membership. eTools is WW’s online companion resource to the meetings. It is a subscription product available only to meeting members; Weight Watchers research shows that meeting members with eTools lost 50% more weight than those attending weekly meetings alone!

Faculty Grants

Frank Winkler (Physics) has received a three-year grant through the National Science Foundation (Research in Undergraduate Institutions program) for a project titled Supernova Ejecta, Shocks, and the Interstellar Medium. He and several student researchers, including Jillian Garber (’09.5), will be using data from large telescopes in Chile and elsewhere to create three-dimensional models for young remnants of supernovae in our own Milky Way galaxy, to better understand how these cosmic fireworks occur and how they seed interstellar space with heavy elements of the sort necessary for life. They will also use new and existing surveys to study supernova remnants in galaxies beyond our own.

Dr. Winkler has also received funding from the NASA’s Spitzer Space Telescope Program for a project titled SN 185 and its Remnant RCW 86, which involves collaborators from the Space Telescope Science Institute, North Carolina State University, and the Harvard-Smithsonian Center for Astrophysics. This project will study the infrared emission from an object that may be the remnant from a supernova observed in 185 A.D., the earliest historically documented supernova.

The German Department has received a grant from the Embassy of the Federal Republic of Germany to participate as a partner in the Embassy’s program “2009 Freedom Without Walls Campus Weeks,” a celebration of the 20th Anniversary of the Fall of the Berlin Wall. Under the direction of Bettina Matthias, Middlebury’s project consists of a variety of activities during the week of October 18 to 24, ending with a gala celebration. Many faculty members and students will be actively involved in carrying out this project to commemorate one of the most significant events in 20th century history.

Pat Manley and Tom Manley (both Geology) have received funding from the Lintilhac Foundation for a multi-year project to plan, design and move Lake Champlain CHIRP seismic data collected over the past four years to...

(Faculty Grants continue on pg. 4)
The Bike Shop, ctd. from pg. 1

mechanics last January, and Heck hopes to schedule another course this fall. “We run the course on a three to four week schedule, starting with teaching people how to take off a chain, change a tire, and adjust brakes and derailleur. Then we move on to head-sets and bottom brackets, and teaching how to clean and maintain hubs. By the end of the course we’ve also taught people how to true a wheel and replace spokes.” The comprehensive course gives people all of the skills they need to keep their bikes running so they can get around campus easily, or to and from campus, without driving.

The workshop has been free in the past, but they are considering charging a fee going forward; the bike shop is closed to anyone else who needs to do repairs during the workshops, and a fee would minimize people signing up but only attending a couple of the classes. It would also help cover materials and salaries.

The Bike Shop will remain open until Thanksgiving, host a Winter Term ’10 class in January, and then reopen for spring hours around March 1.

For information on upcoming workshops and open hours, see the shop’s Webpage at http://go/bikeshop.

Winter is Coming!
Buy Snow Bowl passes before October 31 and save

Snow Bowl season passes cost $175 for an individual and $350 for a family this year, but you’ll save on the amount of tax you pay by purchasing them before October 31. Your taxable amount is based on the difference between the general public’s cost and your cost, and because the rate to the public increases significantly after October, you can save by making your purchase before October 31.

During October passes are on sale in the pro shop at the golf course from 8–5 daily, or can be purchased by calling ext. 5125. Accepted methods of payment are cash, check, Visa, or Mastercard.

A MiddCard I.D. number must be provided to make the purchase (these discounts apply to employees classified as “benefits-eligible” by Human Resources).

Components of the new ski lift’s drive terminal are unloaded at the Bowl.

Online purchases can be made any time at https://web.middlebury.edu/forms/campuslife/facilities/snowbowl/PASSES_FACSTAFF_form.php. Anyone interested in buying a lifetime pass to the Bowl should call Peter at 388.4356.

● Middlebury History

25 years ago ● Mead Chapel was filled to capacity for a Parents Weekend lecture by Bill Moyers. Not Funny, a religious satire written by Assistant Professor of Theatre Douglas Anderson, was performed by students at Hepburn Zoo. The Campaign for Middlebury College, a five-year, $60 million fundraising drive, was launched at Homecoming Dinner in Pepin Gymnasium.

10 years ago ● Frank Sesno of CNN and State Treasurer Jim Douglas were among the “alumni DJs” during the 50th anniversary celebration of radio station WRMC. Mead Chapel was the site of a “Stop the Hate” vigil to mark the first anniversary of the murder of Matthew Shepard in Wyoming. Allison Stanger (Political Science) received a grant from Rotary International to support her research in Prague.

5 years ago ● Ronald D. Liebowitz was inaugurated as the 16th president of the College in front of the new Library. Grace Spatafora (Biology) received a grant from the National Institutes of Health to advance research on microbial pathogenesis in the oral cavity. The team of Phil Cyr, Dean Ouellette, Kathleen Parent, and Mary Stanley (all Facilities Services) walked the most miles in “Get Moving Middlebury!”

Send us your Staff Accomplishments!
The College would like to continue recognizing the many accomplishments of its staff in MiddPoints. Accomplishments include: awards, degrees, certifications, special licenses, apprenticeship completions, published writing, presentation at a conference, election or appointment to the board of a professional or trade organization. Please send the information about an accomplishment to the MiddPoints Editor at middpoints@middlebury.edu or call x2565.

This month in MiddPoints

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a public access domain so that other researchers will have direct access to this information. This data has already had a significant impact on understanding the climatic variability of this region over the past 12,000 years and wider access to the data will assist future research efforts across several disciplines. The project will involve at least one Middlebury undergraduate.

Jeff Munroe (Geology) and a colleague from SUNY-Geneseo have received funding from the National Science Foundation through the NSF-RUI activity (Research in Undergraduate Institutions) “Paleoperspectives on Climate Change” program to support a project titled Climate and Chronology of the Last Glacial-Interglacial Transition, Central Great Basin, USA. This research will involve undergraduates from both institutions in fieldwork in northern Nevada, and a wide range of laboratory investigations. Results from this project will provide much needed additions to climate records used to validate regional climate models in the western United States.

Museum of Art
Events Brochure available online

Find out what the Middlebury College Museum of Art has scheduled for the 2009-2010 year.


Faculty Grants, ctd. from pg. 2

Follow up:
“Class of 2013 By the Numbers”

After reading the “Class of 2013 By the Numbers” piece in the September 4 issue, some readers wondered, “Which states are not represented in the Class of 2013, and why?”

The states are Alaska, Idaho, Louisiana, Mississippi, Nebraska, North Dakota, South Dakota, and Wyoming. Assistant Director of Admissions Scott Atherton explains the why: “To a certain degree, it’s really luck of the draw each year, and it varies from year to year. We certainly try to admit the best applicants that we can each year, not just the most geographically-diverse applicants. We travel to most states each year, and we get applications and admit students from most if not all states; but then it’s up to them to decide where they want to go, and sometimes, the few students we admit from state X decide on other schools, and we get none from that particular state that year. Bear in mind that we most always admit kids from all states, but don’t always matriculate kids from all states — in the end the decision is theirs!”
Flu Vaccination Clinic

Human Resources is pleased to once again offer on-site flu vaccinations for employees. A clinic will be held on Wednesday, October 14, from 8:30 a.m. to noon in the McCullough Social Space. The cost will be $20 per vaccination, payable by check only to “Middlebury College.” Cash, debit cards and/or credit cards will not be accepted. Receipts will be provided should one wish to submit the expense to one’s insurance for partial reimbursement.

Supplies are limited and are available to the first 150 registrants only. If you are interested in signing up for a flu slot, please contact Beth Miller via e-mail, bqmiller@middlebury.edu, or phone, x5465. Please note that we will be scheduling shots in 5 minute intervals. If responding via e-mail, please indicate in your e-mail the specific time slot that you would like to be scheduled for.

Please note: vaccinations for H1N1 influenza are not yet available.

Would You Like to Review Your Retirement Portfolio?

You may be a new employee investing with TIAA-CREF, or perhaps you are an employee who made allocation choices some time ago and haven’t looked at your account since then. Erik Moreau, our TIAA-CREF Individual Consultant, is available to meet with you to discuss your account.

Erik is scheduled to be on campus Tuesday, October 20 and Thursday, October 29; Tuesdays, November 10 and 17; and Thursday, December 3 and Tuesday, December 15.

To schedule an appointment with Erik on one of those days, go to www.tiaa-cref.org and select Services. Then select Meetings and Counseling, then Schedule a meeting or locate a seminar in your area, and select Vermont from the drop-down menu. Hit the submit button. You will then see a list of dates that Erik is available for appointments at Middlebury. Select a date that works for you and then an appointment time. You may also schedule an appointment by calling his assistant Melissa, toll free, at 866.904.7801 x275142.

Campus Preparations for Influenza

As we begin the new academic year, we are preparing for the likelihood of H1N1 influenza activity on campus. Although the severity of flu outbreaks during the fall and winter of 2009-10 is unpredictable, more communities may be affected than were affected in spring/summer 2009, reflecting wider transmission and possibly greater impact.

Following CDC recommendations, faculty and staff with flu-like symptoms should stay at home until at least 24 hours after they are free of fever, or signs of a fever, without the use of fever-reducing medicines. Our ability to manage a flu outbreak on campus is contingent upon limiting the interactions of those exhibiting symptoms. While we hope that people will use good judgment in their own personal self-care, the College reserves the right to ask colleagues who are exhibiting symptoms to leave campus.

For your information, here is the link to a website maintained by the CDC: http://www.flu.gov/.

While it is difficult to anticipate the impact of a potential outbreak, you may find it helpful to set aside some CTO in preparation for unexpected absences. Many thanks in advance for your help and cooperation in keeping the campus as healthy as possible.

~ Drew Macan
AVP for Human Resources and Organizational Development
Classifieds

Classified ads are free for members of the staff, faculty, student body and alumni of Middlebury College. Ads must be submitted seven days prior to the publication date. Guidelines for ads can be found on the MiddPoints section of the HR Website. Please send ads to Classifieds, MiddPoints, HR, Service Building, or e-mail to middpoints@middlebury.edu (electronic submissions preferred).

Other


For Sale: Yamaha G100-12, 180 watt, 2-channel reverb guitar amplifier with Boss digital effects pedal. Excellent condition, $300. Please call 462.3281.

For Sale: Ladies (teen) figure skates, size 6-1/2, in very good condition, $15. Ladies (teen) roller blades, size 6-1/2, $8. Contact Donna at x561 or paquette@middlebury.edu.

For Sale: New Z-Line Legacy glass utility/LCD-TV stand, $20. Two Memorex flatbed scanners $7/ea. Canon flatbed scanner, $5. Radio Flyer Rock & Bounce Pony, excellent cond., $40. Many other items (mostly infant/toddler items) & photos avail. at my blog (see online directory information) or by e-mail. Contact Keith Bishop directly at x5584 or kbishop@middlebury.edu.


Real Estate

For Sale: Middlebury. Very well maint. 3 BR, 1-1/2 BA home @ end of cul-de-sac in lovely nbrhd. w/ great play area for kids. Many nice features: spacious screened porch off kitch./dining area, newer 1 car garage, paved driveway, carpeted full bsmt., hardwood floors in LR & DR. $189,500. Contact Bob, 453.5110 or rjansen@middlebury.edu.

For Sale: House for sale in very desirable Weybridge nbrhd. Walking dist. to College & dwntwn. 4 BR, 2-1/2 BA, screened porch, open front porch. New Buderus furnace, new windows. $379,900. sharris@middlebury.edu or 545.2664.

For Rent: Middlebury first floor 1 BR apartment in large, well-maintained historic building, walking distance to College. Off-street parking, trash, snow removal included. DSL available, heat & water included, $800/mo. No smoking, no pets. Call 545.2653.

For Rent: Middlebury, second floor 1 BR apartment available immediately, $750/mo. Walking distance to College, off-street parking, trash & snow removal included, DSL available, heat & water included. No smoking, no pets. Call 545.2653.

Free

Free Car Seat Safety Inspection: On Saturday, October 24 from 9 a.m.–1 p.m. there will be a car seat safety inspection at the Middlebury Volunteer Ambulance Association (MVAA) on Elm St. in Middlebury. Appointments are not necessary—anyone wishing to have their car seat checked must bring their child with them, unless the child is unborn. This event is a free community service event.

Wanted

Wanted: Looking to buy a used elliptical trainer in good condition. Call x2095 or e-mail keren@middlebury.edu.

Found

Found: A ring, in MCFA women’s bathroom. Contact x5221 or young@middlebury.edu.

where on CAMPUS?

Do you know where plug mold is in use?

If you do, e-mail the MiddPoints Editor at middpoints@middlebury.edu or call x2565.

Bonus points if you know why one needs to be aware that plug mold is in use!

College Book Store

Fall Family Weekend Hours

Saturday, October 3
10:00 A.M.—5:00 P.M.

Sunday, October 4
10:00 A.M.—3:00 P.M.