Growing up in Montreal, Paul Monod, Professor of History, visited Vermont many times with his family. His parents loved to come down here — though one of Paul’s most vivid memories of this area is the “overwhelming smell” from the paper mill in Fort Ticonderoga in the ’60s. As an adult, Paul and his wife Jan Albers had driven through Vermont many times before moving here, each time saying to each other, “wouldn’t it be nice to live here?”

In 1984, Paul began teaching at Middlebury College when he was just coming out of graduate school at Yale. He accepted a one-year leave replacement in the History Department, and he began his teaching career while he was still writing his dissertation. Jan remained at Yale, and each week during that first year, Paul left campus late Friday morning and was in New Haven, CT by late afternoon, making the return trip to Vermont on Sunday afternoon. “It was a bad winter too. I drove through many white-out snowstorms – it was not fun,” Paul remembers. Fortunately, the weekend commute across New England ended the following year when Jan joined Paul in Vermont; he accepted a two-year position that led to a tenure track job.

Paul Monod, History, Celebrates 25 Years

“Teaching is something that gets easier over the years,” Paul says, adding, “Those first years you don’t have your lectures down, and you obsess about your discussion sections. At first you think that if the students are not talking, it’s you. Then you realize if they’re not talking it’s because they haven’t done the reading!” The responsibilities Paul most enjoys are teaching and writing. He says, “Teaching in the classroom is great. I could do it all day long.” Paul has also published four books, has edited a book of essays, and is currently working on a book about magic and the occult in 18th century Britain.

For Paul, there is not a big separation between his writing and his teaching. “They play off each other – I work what I know into what I teach, and I learn what I know by writing. You almost need to write about a topic to really know it,” Paul explains. Much of Paul’s writing is focused on his main areas of expertise: 17th-18th century Britain, European history from 1500-1800, medieval history, imperialism. For his writing, Paul likes to focus on a broad topic for one project, and then choose a more particular and focused

First Day of Classes

Monday, September 7 is Labor Day, a floating holiday under the College’s holiday policy. Because it is also the first day of classes for the new academic year, many departments will be open on that day. Please check with your supervisor about the schedule for your department.

If you work on Labor Day…

• Hourly (non-exempt) staff who do work on Labor Day should record their worked hours as usual.
• Salaried (exempt) staff do not need to make any entry if they work this day.

If you do not work on Labor Day …

• All benefits-eligible staff should record CTO if they do not work on a floating holiday (if the holiday falls a day they would normally work).
• Non-benefits-eligible staff do not record anything if they do not work.

Please note that different pay policies apply to regular holidays, including Holiday Pay and Premium Pay. These types of pay are not available on floating holidays.

For more information about floating and regular holidays, please see section 4.4 of the Employee Handbook, or contact your Human Resources Generalist.
**SAVE THE DATE FOR THE ERGONOMICS SYMPOSIUM**

On **Thursday, September 24**, in **Dana Auditorium** there will be an Ergonomics Symposium that will focus on staying healthy and preventing injuries.

Presenters at the symposium include:

Chuck Del Tatto, PC, FCE – Physical Therapist specializing in ergonomics. Topic: corrective actions to prevent repetitive motion injury.

Dr. James McDaniel, DC – Chiropractor. Topic: body mechanics – understanding why we hurt.

Hanni Guinn, NCTMB, AMTA and Samantha Isenburger, NCTMB – Massage Therapists. Topic: how massage therapy can return muscle tone to your body.

Speakers will stress how to maintain good health and prevent injuries for employees in all types of jobs. There will be demonstrations of ergonomically correct body movements for employees in all types of jobs, from the highly physical to sedentary desk work.

**Morning session will run from 9 a.m.–12 p.m.**

**Afternoon session will run from 1–4 p.m.**

This event is geared toward all employees! Sign-up information will be published in the September 4 issue of *MiddPoints*.

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**BEATING THE SUMMER HEAT**

**Heat Precautions for Employees**

The combination of heat and humidity can be a serious health threat to outdoor workers during the summer months. In fact, workers are susceptible to heat stroke, heat exhaustion and sun poisoning when they are exposed to excessive amounts of sun.

**To beat the heat:**

- Drink plenty of water before you get thirsty.
- Wear light, loose-fitting, breathable clothing such as items made of cotton.
- Eat smaller meals before work activity.
- Ask your doctor if the heat will aggravate your body because of any medications you are taking, and take the proper precautions.
- Be aware that equipment such as respirators or work suits can increase heat stress.

_Don’t forget to use sun block of at least 15 SPF, which blocks out 93 percent of harmful UV rays._

**Do You Know the Warning Signs Of Dehydration?**

You can lose up to 10 cups of water a day by sweating, breathing, and eliminating waste. This is potentially harmful to your body since water and electrolytes are essential for proper body functions. To combat heat-related illnesses, re-hydrate when you experience one or more of these symptoms:

- Excessive thirst
- Sleepiness or tiredness
- Dry mouth
- Muscle weakness
- Headache
- Dizziness or lightheadedness

_In warm weather, skip the soda or coffee, which contain caffeine, and go straight for H2O!_
Paul Monod, ctd. from page 1

subject for his next to keep him interested. He says he writes occasionally about subjects he doesn’t teach to get his mind elsewhere. That freedom is one of the high points about Paul’s work at the College; he loves that he can choose his own “scholarly pursuits. I can get interested in something and want to read more about it, so I research it.”

Paul has noticed many changes here over the past 25 years, both in the way things work and in the students. For Paul’s first review in his second year of teaching, he was asked, “So, do you love teaching?” When Paul responded that yes, he really liked teaching, the reviewer answered, “That’s all I need to hear,” and that was the end of the review. “Those days were much less formal,” Paul says, adding that there are much higher expectations for faculty now, as well as more of a sense of using rules to protect people – to make sure they are not losing their jobs unnecessarily. Paul also believes there has been a change in the students. He says that back when he first came here, the students “were nice, pleasant, good students, often very sporty and interested in a variety of things, but they didn’t push themselves. Now the students are much more self-motivated. They are incredibly focused – they know exactly what they want to do – they have very clear ambitions.”

Outside of work, in addition to spending time with Jan and Evan, Paul enjoys many of the activities often associated with Vermont: canoeing, cross-country skiing, bicycling. He also is a collector of “historical odds and ends” — medieval coins, bottles, 18th century buckles and buttons, toy soldiers, fossils — and enjoys the fact that there is always somebody on campus who knows about the objects he acquires.

Paul has collected eight magic lanterns from the late 1800s. Magic lanterns are early projection devices (also made in the 1600s and 1700s) that were originally made for children. The lanterns projected onto walls or cloth drapes, images that were painted on glass slides. Paul explains, “Over time they got bigger and more elaborate, made for professional shows of sets of glass slides.” Slide shows might feature historical events and people, literature and fairy tales, landmarks. After he began collecting the lanterns, Paul learned that the College actually has in its collection approximately 4,000 art history magic lantern slides.

“There is variety, always,” Paul says of these past 25 years of teaching at Middlebury.

Paul and Jan’s son Evan will enter his senior year at MUHS in the fall, and the family is about to get serious about his college search. “Very talkative” and interested in politics and languages, Evan is looking for a college where it’s relatively flat and warm (it’s not likely he’ll find that in Vermont!).

~ Liz Hammel
On Tuesday, August 11, over 100 College employees met at the Ralph Myhre Golf Course to participate in the annual best-ball tournament. A brief lightning delay and an increasingly steady rain didn’t dampen the spirits of the participants. After the tournament, golfers were treated to a delicious supper prepared at the Grille and served inside at the Kirk Alumni Center.

Results

On the front nine:
First Place: Bob Preseau, Justin Allen, Reg Menard, Ernie LaFramboise
Second Place: Phil Cyr, Mike Moore, Myron Selleck, Chris Ayers
Third Place: Rick James, Howie McCausland, Jeff Lahaie, Mark Pyfrom
Fourth Place: Thomas Ball, Bill Hill, Kelly Trayah, Paul Gurney
Women’s Team First: Patty Murray, Melissa Sullivan-Many, Jacki Galenkamp, Pam Sands

Closest to Pin on hole #4 was Patty Murray at 11’1”, and on hole #7 was Bill Hill at 16’.

On the back nine:
First Place: John Slocum, Jason Thuma, Mike Sundstrom
Second Place: Mike Pixley, Shelly Payne, David LaRose, Kyle Kelton
Third Place: Peter Mackey, John Nuceder
Fourth Place: Steve Goodman, Skip Brush, Larry Bassett, Kevin Peters

Closest to Pin on hole #12 was Paul Slocum at 7’, and on hole #14 was Brooks Barhydt at 6’1”.

Many thanks to Jim Dayton and the golf course staff and Beth Miller and her volunteers from Human Resources for making this such a fun event.
MiddPoints Goes Back to Black and White

In order to save money, MiddPoints will no longer be printed in two colors. From the September 4 issue going forward, paper copies of the publication will appear in black and white only. The online version will retain the blue banner and the other text that previously was printed in varying shades of blue, and of course all photos will appear in color in the online MiddPoints.

Elderly Services, Inc. announces ESI College fall courses

Elderly Services, Inc. has published its ESI College class schedule for classes beginning September 7, 2009. There are many interesting and engaging learning opportunities for people over age 60 who may enjoy and benefit from the fun of lifelong learning. ESI College's classes offer participation, socializing, field trips, and some even include a meal. Elderly Services, Inc. is located on Exchange St. in Middlebury.

To receive a printed brochure and more information, please call Scott at 388.3983 or e-mail college@elderlyservices.org.

Newest Employees

Michael Thomas – Michael worked part-time in Ross kitchen for a little over a year before being hired full-time in October for Proctor servery. Until Proctor reopened, he worked in FIC. Michael enjoys spending time with his girlfriend and his daughter, and he also likes playing in the mud with the four-wheeler.

Oliver Carling – Oliver was hired as the Arabic School Coordinator in February. Previously, he was a lecturer in philosophy at UVM. Oliver holds an MA in philosophy from Harvard University, and he earned his BA at UVM. In the summers of 1989 and 1990, he attended the Middlebury College Russian School. Oliver lives in Buel’s Gore with his wife Cynthia and sons Arden and Ira. He enjoys playing musical instruments, especially with friends and family.

Faculty Grants

Daniel Scharstein (Computer Science) has received a three-year grant from National Science Foundation through the NSF-RUI activity (Research in Undergraduate Institutions) to support his ongoing research on computer vision. The project will explore novel image matching algorithms and will also provide new challenging benchmarks to the international research community. The grant will support at least nine undergraduate students who will be actively involved in both data acquisition and algorithm development. Project title: Towards the Next Generation of Stereo Algorithms.

Bevan Barton ’10 and Tim Huang (Computer Science) received a grant from the Vermont Center for Emerging Technologies to start a software venture named Appstone. Appstone will develop a marketplace for software developers to trade on their expertise and experience.

James Larrabee (Chemistry & Biochemistry) has received a three-year research grant from the National Science Foundation through NSF’s Research in Undergraduate Institutions activity. This is Jim’s fourth NSF-RUI grant and it provides funding to enable 12 undergraduate students to participate in his research, which should lead to a better understanding of enzyme mechanisms that could help other researchers design better drugs. Title: Magnetic Circular Dichroism of Dicobalt(II) Enzymes and Complexes.
Classifieds

Ads must be submitted seven days prior to the publication date. Guidelines for ads can be found on the MiddPoints section of the HR Website. Please send ads to Classifieds, MiddPoints, HR, Service Building, or e-mail to middpoints@middlebury.edu (electronic submissions preferred).

Other

For Rent: Refrigerator, dishwasher, microwave, all in good working order. Kenmore fridge, white, top freezer, 65h x 29-1/2w x 29d, $75 obo. Kenmore Ultrawash dishwasher, black, $50 obo. Sharp Carousel II microwave, black front, 12h x 21-1/2w x 16d, $25 obo. E-mail middfac@gmail.com w/?s or set up an appt. to see the appliances.

For Sale: Road bike – StumpJumper Specialized OMB Direct MaxxDrive. Dark blue aluminum 20” frame. Very good condition. $500 obo. Call 462.2899 or e-mail mkatz@middlebury.edu.

Real Estate

For Sale: Middlebury. Very well maint. 3 BR, 1-1/2 BA home at end of cul-de-sac in a lovely nbrhd. w/great play area for children. Spacious screened porch off the kitchen/dining area, newer 1 car garage w/paved driveway, carpeted full bsmt, hrdwd, flrs. in LR & DR. Wonderful home for very affordable price of $189,500. Contact Bob, 453.5110 or rjansen@middlebury.edu.

For Sale: Middlebury building lot. 4.5 beautiful wooded acres in natural setting off Halladay road. Septic design approved. Available by private sale for $99,500 but will soon be listed. Call Chris at x5420 to arrange a visit.

For Rent: East Midd. apartment. Very nice. 3 BR, large LR, kitchen, den, 1-1/2 BA, porch, laundry hookups, heat/garbage included, no smokers/pets, $1,250/mo., first/last/security references. 382.8522 (days), 734.1166 (cell).

House Share: Charming village home next to campus to share w/female roommate. $550/month, heat & electricity included. Fully furnished BR w/shared full BA; large eat-in kitchen, wifi, washer/dryer. Please contact Jessica Hart by e-mail: jhart@middlebury.edu or phone 802.989.8970 for more info.

For Rent: Restored barn for rent from 1/1/10 to end of 5/10. 2669 South St. Ext., 5 min. from campus. 2nd level master BR & BA sep. from upper loft BR/study & mid-level mezz. sitting rm. Country kitch., DR, LR w/wood stove, full BA, laundry rm., screened porch. Storage. Oil furn. & baseboard hot h20 heat. $1,500/mo., all util. incl. Opt. payment for phone, internet, & sat. TV. Car rental avail. Contact Carrie at 388.0436 or x5703, or Bob & Betty at 388.3960.

For Rent: 4 BR house on quiet street in East Middlebury for rent. Newly renovated, new appliances, large lot. Walking dist. to store & playground. Snow plowing included. No smokers or large pets, please. First and last months’ rent & security deposit required. Available September 1 for $1,550 per month, plus utilities. 352.1009.

For Rent: Middlebury townhouse condo. 2 BR, 1-1/2 BA, washer/dryer, dishwasher, private deck, very close to Battell Woods hiking & skiing trails, quiet nbrhd., walking dist. to dntwn., Adk. views. $1,100/mo. + utilities. Please contact 802.989.8782.

For Rent: Faculty house for rent from February (or possibly January) through June, 2010. Comfortable home in Cornwall: 3 BR, 3 BA, 2 studies. Private setting, 10 min. from campus. Rent includes care of 3 cats. $800/mo. + utilities. Call 462.2899 or e-mail mkatz@middlebury.edu.

For Rent: Lovely, bright 1 BR furnished apartment in Waybridge, 2 mi. from campus in beautiful home w/private entrance. Large LR, full BA & “efficiency” kitchen. Utilities included. Off-street parking. No smoking; pets and term of lease are negot. Avail. Sept. 1. Call Deborah Francis at x5011.

For Rent: Newly built 3 BR house in the country on Rt. 30 in Sudbury. 1st, last & deposit required at $1,250/mo. Call to inquire at 802.558.1069. Would like at least a 1 year lease.

For Rent: Lake Dunmore, Salisbury. Two winterized 2BR chalets available during academic year. Walking distance to store, snack bar, laundry mat. No pets/smoking. $950 monthly, includes satellite & elec. Monthly rentals Sept. 1 to June 1. Call Dolly at 989.3693 after 4 p.m. or 352.4378.

Wanted

Wanted to Rent Summer 2010: Looking for an apartment or house for rent for 6-7 weeks from the end of June to mid August 2010 (summer school). Possibly walking dist. to campus and 2-3 BR. Please contact Alessia Blad at blad.3@nd.edu.

Wanted: Small pop-up camper. Older model is fine if clean and in good repair. We’re hoping to pay around $1,000 or less. For use in late October. Please call Ann or Lowell at 453.3282.

Wanted: The Middlebury College chapter of Habitat for Humanity of Addison County needs help. We are looking for people to put together teams to help us build the new Habitat House going up on Weybridge St. Teams can be large or small, up to 12 volunteers at a time and can help once or come back often. The building happens on Wed. and Sat. – Saturdays are when we need the most help. Please join in the fun and help a very deserving local family. For more information on available dates please e-mail fishmidd@gmail.com.

College Book Store

VERMONT SALES TAX HOLIDAY
SAT., AUGUST 22, 2009

ONLINE ORDERS PURCHASED ONLY ON THIS DAY WILL BE TAX FREE.
ORDERS WILL BE PROCESSED ON MONDAY, AUGUST 24.