Dear Students and Families,

Welcome to the Middlebury College community. This is a distinctive, energetic, and welcoming place characterized by strong friendships, stimulating course work, inspiring connections with faculty and staff, and rich experiences beyond the classroom. Throughout these diverse facets of a Middlebury experience, students encounter ideas that shape their thoughts, beliefs, actions, and goals for the rest of their lives. This is a time rich with opportunity. It is also a time of some understandable anxiety.

In every student’s college experience there will be moments of exhilaration and success. But there will also be long nights of study, homesickness, and other challenges. How will each student manage these rewards and frustrations, the triumphs as well as the occasional setbacks?

In truth, this transition can be a bit daunting at first (perhaps as much for families as for their children), but new students typically make friends, dive into course work, and join student organizations or sports teams or music groups with relative speed. And that, in part, is the point: learning to exercise new freedoms and responsibilities with growing maturity in novel and challenging contexts is one of the most important aspects of a liberal arts education. It is one aspect of becoming an informed, active contributor to society. It is also an essential component of a life well lived.

Best of luck with your preparations this summer. I look forward to meeting you on campus.

Warmly,

Katy Smith Abbott

Vice President of Student Affairs and Dean of the College; Assistant Professor, History of Art and Architecture
What you’ll find inside

WELCOME 5
How to get here, where to stay, and how to stay in touch throughout the year.

ORIENTATION 11
Everything you need to know about Middlebury new-student orientations.

PLANNING AHEAD 15
Important information about the College calendar and vacation shuttle buses, plus fun perks like Panther Points and MiddKid Gifts.

PARENT PROGRAMS 19
From special events to volunteer opportunities, there are many ways for you to get involved with Middlebury.

ACADEMIC LIFE 25
Understanding what’s expected of students—and all that’s available to them—during the academic experience at Middlebury.

COMMUNITY LIVING 31
Middlebury is home to a diverse and dynamic population—here’s how students can become an active part of it.

CREATIVITY, INNOVATION, AND EXPLORATION 41
Educational and experiential opportunities beyond the classroom.

HEALTH, WELLNESS EDUCATION, AND SAFETY 45
Find out more about the many resources we provide, including campus policies, to help students be responsible and self-aware citizens.

ARTS 53
A vibrant arts scene is an integral part of the Middlebury experience.

ATHLETICS 57
Discover Middlebury’s Panther Pride—from varsity teams and club sports to state-of-the-art facilities.

DIRECTORY 60

Traveling to Middlebury
Middlebury College is located in west-central Vermont in the town of Middlebury. Middlebury is a two-and-a-half-hour drive from Montreal, about four hours from both Boston and Hartford, five hours from New York City, and six and a half hours from Philadelphia.

By Car: General driving directions to campus are available at go.middlebury.edu/directions. As you approach campus for orientation, you will see signs directing you to the Welcome Centers.

By Air: The closest airport to Middlebury is Burlington International Airport (BTV). It is 35 miles north of Middlebury. Please note that public transportation options are limited. Car rentals are available at the airport. www.burlingtonintlairport.com

By Train: Amtrak trains may be accessed at three points near Middlebury: Port Henry, NY (25 minutes), Rutland, VT (45 minutes), and Essex Junction, VT (one hour). When arranging for train travel, please make sure to note the distance of stations from Middlebury. www.amtrak.com

Local Taxi Service:
Jessica’s Vital Transit
802-349-8833 | www.jessicasvt.com
Middlebury Transit Company
802-388-3838 | www.middleburytransit.com

Lodging for Families
Middlebury is a popular vacation destination year round; we recommend that you make reservations well in advance of your intended arrival dates. You may find the resources for lodging at go.middlebury.edu/lodging.

Where to Stay
Blue Spruce Motel, 2428 Rt. 7 South
Chipman Inn, Rte. 125
Courtyard by the Marriott, 309 Court Street
Greystone Motel, 1395 Rt. 7 South
Inn on the Green, 71 S. Pleasant Street
Middlebury Inn, 14 Court Square
On the Creek Bed and Breakfast, 284 Pulp Mill Bridge Road
The Swift House Inn, 25 Stewart Lane
Tourterelle Inn and Dining, 3629 Ethan Allen Hwy
Waybury Inn, 47 E. Main Street

Established more than 200 years ago, Middlebury College is redefining liberal arts for the 21st century.

Welcome
Each year Middlebury College welcomes a range of new students and their families from throughout the country and around the world. Whether you arrive in September or February, this guide will help you acclimate to, and better understand, all things Middlebury.
Local Banking
Banks in town accept student accounts and have cash machines, and there are several on-campus automatic teller machines (ATMs). The College Cashier's Office is open from 8:30 am to 4:00 pm Monday through Friday. Students may cash up to $50 in traveler’s checks at the Cashier’s Office, as well as checks from parents or guardians when made payable to a student. One day’s notice is required to cash a check for more than $50. Students interested in establishing local bank accounts may contact any of the banks below.

Citizens Bank
36 Middle Road
www.citizensbank.com

Key Bank
47 Creek Road
www.key.com

National Bank of Middlebury
30 Main Street
www.nbmvt.com
Offers ePanther accounts for Middlebury College students and has two ATMs on campus.

People’s United Bank
114 South Village Green
www.peoples.com

Vermont Federal Credit Union
1 Court Street
www.vermontfederal.org

Enrollment Billing
The invoice for the comprehensive fee is accessed through the student’s BannerWeb account. This links to QuikPay, where statements can be printed and payments made online. The bill may also include campus charges, such as parking fines and dorm damages. Balances that are overdue by 30 days or more may delay students from receiving copies of transcripts, registering for courses, or drawing a room in April for the following year. Bills for enrollment at the College are issued each semester, payable by August 15 and January 15. The bills are sent electronically to students and whomever they have designated as an authorized payer. A $250 late fee may be added to bills not paid by the due dates. The tuition bill is ultimately the responsibility of the student. If the bill goes unpaid, it is the student who will be sent to collection. Interest-free payment plans are available through FACTS Management Company (also known as NELNET). A payment plan may be set up online at the QuikPay site. Questions about account balances and payment plans may be directed to the Student Financial Services Office at 802-443-5158 or visit go.middlebury.edu/ugtuitionpayment.

Medical Insurance
Middlebury College requires that all students have a U.S.-based medical insurance policy to pay hospital costs and medical bills should they become injured or develop a major illness. If your family plan will not cover your student and they do not have an individual plan, you need to purchase one. The College has arranged for a plan to be available to your student through Gallagher Health and Special Risk Insurance. go.middlebury.edu/studentinsurance

Student Financial Services
Student Financial Services is your one-stop spot for financial aid, education financing, and student accounts, including financial aid counseling, student-account and education-financing issues, payment plans, and loan repayment. go.middlebury.edu/sfs
KEEPING IN TOUCH

It’s easy for students and families to stay in touch. Here are a few guidelines and suggestions to make the process as smooth as possible.

Mail
Mail and packages are delivered to students’ boxes in the Mail Center in McCullough Student Center, addressed as follows:

Student Full Name
(Box #) Middlebury College
14 Old Chapel Rd
Middlebury, VT 05753

Mailbox information for students arriving in September will be on BannerWeb in July, and in January for students arriving in February.

Students have access to their mailboxes from 7 AM to midnight daily. The business window has weekday hours from 9 AM–4 PM, and will also be open Saturday 9 AM–noon during the month of September.

When sending a package we recommend using a service you can track, such as UPS, FedEx, insured, certified, or registered mail. Postage stamps can be purchased at the College Bookstore and MiddXpress.

Email
Electronic mail is used extensively at Middlebury College and is the primary mode of all College communications. We expect students to check their email accounts regularly. All students, faculty, and staff are provided a free email account. By now, students should have activated their accounts and already be checking email.
go.middlebury.edu/webmail

Middlebury Directory
Middlebury offers an online directory of email addresses, telephone extensions, and campus mailing addresses. Some directory information fields (such as student residences and home addresses) are not displayed outside of the College’s network.
go.middlebury.edu/directory

Fax Services
Incoming faxes may be sent to 802-443-2068, which is in the College Mail Center and accessible only to Mail Center staff members. The fax is delivered to the student’s mailbox. Please be sure the fax includes both the student’s name and box number. In addition, there is an outgoing-only fax machine located near the Davis Family Library information desk. There is no charge to fax from this machine.

Faxes may also be sent from and received at the following numbers in the Commons offices:
- Art/Ver: 802-443-3339
- Brainerd: 802-443-3329
- Cook: 802-443-3339
- Rose: 802-443-3349
- Wonnacott: 802-443-3359

Telephones and Cell Phones
Courteous telephones are provided in all residence halls. These telephones are located in common areas and hallways. In smaller houses there is one courtesy phone in a common area. These phones may be used for emergency calls to 911 or Public Safety 3511, calls to on-campus locations, and local and toll-free calls. Long-distance calling requires a calling card.

In-Room Telephone Service
Academic Year Only: Residence hall rooms do not have telephone service. However, if students desire a telephone landline in their rooms, they may request service that includes a voice mailbox through the Personal Information link on BannerWeb. There is a $50 installation fee per academic year. Students can expect service within approximately two weeks of the request. Students will need to provide their own telephones.

Summer: There is no residence hall room telephone service available in the summer.

Cell Phone Service
Verizon Wireless, AT&T Wireless, and Sprint offer the best reception for the Middlebury area. For details on any company’s coverage, please visit their websites. Prepaid cellular services are also an option. To check coverage, use the Middlebury zip code: 05753.

Change of Address
To change your or your student’s mailing address in Middlebury’s database, please contact your student’s Commons office. To change an address prior to your student’s matriculation, you may email orientation@middlebury.edu.

In addition to occasional mailings from the College, families may receive the following communications:
- MiddNews, emailed monthly to all family members whose email addresses are provided to us when students enroll.
- Middlebury Magazine, the alumni magazine, published quarterly.
- College Engagement Calendar, published annually.
- The Middlebury Campus (go.middlebury.edu/campus), the weekly student newspaper, available on the Web. To receive copies in the mail, you may subscribe by going to the Box Office website at go.middlebury.edu/boxoffice.

Mailing Ahead Packages
Please do not send packages before August 29, or January 29 for those arriving in February. Students will receive an email from the Mail Center for each package when it arrives. If packages are at the warehouse, they will receive white slips in their mailboxes, which they should bring with their IDs to the warehouse for pickup. Packages should not weigh more than 50 lbs.
The theme for Orientation is Explore-Connect-Create. The planning team develops programming linked to this theme, and students are likely to see it woven into offerings throughout the academic year. Before their arrival, students should spend some time reflecting on what these three words mean to them. What are some of the different ways we might be thinking about exploring, connecting, and creating, both as individuals and as an academic community? The faculty, staff, and students at Middlebury College take very seriously the challenges and rewards of living and working together in a close-knit community, so it is important for students to give careful thought to what their roles will be as they become part of this special place.

Orientation is also a great time for families to come to campus and help students settle in. Many of Middlebury’s student services offices will be available so that families can learn about their programs and meet staff members. There will also be time set aside for students and families to discover the town of Middlebury and the cultural landscape of Vermont. There is public transportation from campus to local shops around the Middlebury area.

When students and families arrive on campus, they will receive a complete and detailed schedule. All the information needed about schedules and activities will also be posted online.

go.middlebury.edu/orientation

STUDENT WORKBOOK
All new students, whether arriving in September or February, or as international, exchange, or transfer students, should carefully read the section that applies to their situations in the student workbook in the back pocket of this guide.
FOR FAMILIES
During orientation we offer educational sessions and social activities to introduce families to the Middlebury College community and to help families with their transition. A detailed orientation schedule for families will be available at go.middlebury.edu/familyresources by midsummer for September arrival and by January for February arrival. We hope to make your visit to campus as successful as possible. If you or a member of your party has mobility, visual, or hearing needs, please contact us at 802-443-3103 or orientation@middlebury.edu.

September 8–15, 2015
- Early Arrival: Sept. 5–8 (for registered international students, including exchange and U.S. abroad students)
- Move-in Day for New Students: Sept. 8 from 9 AM–2 PM
- Family Orientation: Sept. 8–9 (begins and ends around noon)
- Orientation Trips: Sept. 11–13

February 10–14, 2016
- Early Arrival: Feb. 9–10 (for registered international students, including exchange and U.S. abroad students)
- Move-in Day for New Students: Feb. 10 from 8:30 AM–2 PM
- Family Orientation: Feb. 10–11 (begins and ends around noon)
- Orientation Trips: Feb. 20–21

Arrival Day
All new students, including transfer students, may arrive on campus on the first day of orientation. Moving onto campus earlier is not permitted. Welcome centers will be open from 9 AM–2 PM in September and 8:30 AM–2 PM in February. Commons teams or Feb leaders will be on hand to help students move into their rooms and begin the process of getting to know the College.

Although we are always delighted to welcome new Middlebury families to campus, please be assured that students who arrive solo will be well cared for by their residential staff, Commons teams, and other student life staff as they settle in. Middlebury will provide limited shuttle service from the Burlington Airport to campus on the first day of orientation. Visit go.middlebury.edu/boxoffice to purchase tickets or contact orientation@middlebury.edu for more information.

Arrival for International Students
International students, including exchange and U.S. abroad students, are invited to participate in Early Arrival, Middlebury’s preorientation program. Detailed information about this program is available on the International Students and Scholars Services (ISSS) web page. go.middlebury.edu/iss

Arrival for Preseason Athletes
Students who have been invited to participate in preseason practices should contact their coach directly to learn about arrival details. For coach contact information, visit go.middlebury.edu/athletics, or call 802-443-5260. No other early arrivals are permitted.

Orientation Trips
September arrivals: all new students will have the opportunity to participate in our MiddView trips. The trips are a 25-year tradition at Middlebury and offer a once-in-a-lifetime opportunity to begin the college experience with a small group of classmates and student leaders. After several days on campus, all students will depart on a MiddView trip. September trips are organized into three categories: community engagement, Vermont exploration, and wilderness exploration. Community engagement trips focus on connecting with community partners and providing service. Vermont exploration trips explore various aspects of Vermont’s cultural landscape. Wilderness exploration trips are outdoor adventures. They all provide a small-group experience in which new students get to know one another and their upper-class leaders have the opportunity to connect with peers and learn about Middlebury College from those who know most about it: student leaders. No previous experience is necessary, and we encourage students to choose trips that will introduce them to something new. Transfer and exchange students will participate in similar daylong, off-campus experiences.

gomiddlebury.edu/trips

February arrivals: Students have an opportunity to participate in February Outdoor Orientation (FOO!). Small groups of five to eight new students and two or three trained leaders can head into the winter backcountry on skis or snowshoes for two days and one night of frosty fun and challenge. FOO! trips take place in the Green Mountains of Vermont and the Adirondacks of New York. Other groups can participate in community engagement activities. The goal is to provide an intimate group experience in which new students get to know one another and their upper-class leaders and share questions, concerns, and hopes about transitioning to life at Middlebury. It’s also a great way to explore the winter landscapes and towns that surround campus.

gomiddlebury.edu/fo
Planning Ahead

Whether you’re planning a visit to campus, a birthday surprise, or a family vacation during the college breaks, take the time now to consider your options.

Panther Points
Middlebury has a range of non-dining hall spots to eat around campus, and students can purchase a refillable Panther Points smart card to use when dining there. It’s a great way for them to grab a quick bite at places like the Grille, Bi Hall Kiosk, Crossroads, MiddXpress, Rehearsals and Wilson Café, as well as the Snow Bowl cafeteria, golf course snack bar, and 51 Main at the Bridge in town. Purchase a card online at the Box Office between July and September and receive bonus cash to use throughout the year. Go/go.middlebury.edu/boxoffice
- $25-200 get an extra 5%
- $225-300 get an extra 7.5%
- $325+ get an extra 10%

Gifts for MiddKids
For birthdays, holidays, congratulations, exam survival, or any other special occasion, these gift ideas are a great way to send students a treat from afar. Order online anytime! Go/go.middlebury.edu/boxoffice

Academic Calendar
Be sure to check the College’s online calendar for the most up-to-date changes. Go/go.middlebury.edu/ac

College Vacation Periods
During the fall term, there are College recesses in October, November, and December. Students are allowed to remain on campus during the October and November recesses, although the dining halls may close for some portion of the November (Thanksgiving) recess. The College completely closes during the December recess between Christmas and early January; dining halls are closed and students cannot remain on campus during this period. Students with special circumstances may request permission to remain on campus during the December recess; if it is granted, students are responsible for their own meals.

During the February and March recesses, students may stay on campus and eat in the dining halls. Only students who register for winter term classes or internships taking place on campus may reside on campus during winter term; all students who are not registered for a winter term class on campus are required to turn in their room key when they leave campus at the end of the fall term.

Events Calendar
Middlebury’s comprehensive events calendar includes day-to-day happenings on and around campus, including featured events, campus-wide activities, and general information. Go/go.middlebury.edu/events
Departing from Campus
At the end of the fall and spring terms, students must vacate their rooms within 24 hours after their last exam. Failure to do so will result in a $400-per-day fine. go.middlebury.edu/housing

Travel Plans
We often receive requests from students to change their final examination schedules because they have purchased non-refundable plane tickets that require them to leave campus before their exams are finished. Academic obligations must come first, and we do not issue examination changes in order to accommodate travel plans. We encourage students to book their return flights only after they know their examination schedules. Students who must book flights in advance should make arrangements to fly after the last examination of the semester is given. This information is available two years in advance on Middlebury’s academic calendar. go.middlebury.edu/ac

Break Shuttles
For college breaks, the SGA provides inexpensive and convenient service to and from:
- Burlington International Airport (which serves as a transportation hub for major airlines such as Continental, Delta, JetBlue, United, and USAir)
- Burlington Greyhound Station (providing bus service to Montreal and Boston four times daily)
- Boston (South Station)
- New York City (Penn Station, Grand Central Station, and White Plains Metro North Station)
- New Jersey (Ridgewood Park & Ride)
The Premier Coach buses all have Wi-Fi and depart from campus at Adirondack Circle. Purchase tickets through the Box Office online at go.middlebury.edu/boxoffice or in the Mahaney Center for the Arts or McCullough Student Center. go.middlebury.edu/sgabus

Communication with Families
One of the ways in which we reinforce students’ development into mature adults is by emphasizing responsibility and accountability for their behavior. If academic or behavioral issues arise, our deans, staff, and professors work directly with students to resolve matters. We consider all students to be adults, regardless of age, and refrain from informing parents or guardians about individual issues except in unusual circumstances, such as a serious medical (or other) emergency, involuntary hospitalization, reports of actions affecting academic standing, and serious disciplinary actions. Middlebury College will send notices to families when students are issued serious College judicial sanctions (such as a reprimand, probation, or suspension) and in situations in which students pose a danger to themselves or to others.

In the academic realm, if a student is performing below a C-level, most professors will send the student a warning and send a copy to the student’s Commons dean. Normally if a student receives two or more warnings, families are notified. If students experience serious academic difficulties that result in probation or suspension, the student’s Commons dean will send notification to the student and to families. It is not unusual for students to receive warnings in their first year while they adjust to Middlebury College requirements. We generally know when students are struggling and can help them plan their work, arrange for tutors, strengthen their study skills, or better manage their time. At the end of each semester, grades are posted on a secure website to which students have access, and we strongly encourage students to share this information with their families.

As you prepare for your student’s college years, it is also important to understand the areas of communication with Middlebury College that are governed by the Family Education Rights and Privacy Act, or FERPA. Under the federal guidelines of FERPA, Middlebury may not disclose to anyone (including families) confidential, personally identifiable student data from education records without written consent from the student. This information includes, but is not limited to, social security numbers, date of birth, ethnicity, gender, country of citizenship, class schedules, grades, grade-point averages, and parents’ or guardians’ names and addresses. As noted above, Middlebury also may not disclose information about student illness, disciplinary issues, or other personal events unless we have received written consent from the student or the situation is significantly serious. go.middlebury.edu/ferpa
Family Programs

Middlebury families are a welcome, active, and important part of the community. We invite you to participate in a variety of ways and to attend Middlebury events held on campus, around the country, and overseas.

Welcome Receptions
Held in cities around the country and overseas during the month of August, these receptions are organized by the College for new students and their families and are hosted by other families and alumni. Also known as “send-off parties,” these receptions are a fun way to get to know other Middlebury families in your local area. More information is online at go.middlebury.edu/welcomereceptions.

Alumni College
Families are welcome and encouraged to attend Alumni College, which combines a relaxing late-summer weekend in Vermont with the opportunity to be inspired by some of our finest faculty. Share in a professor’s knowledge and enthusiasm during engaging discussions and field trips, enjoy delicious meals with faculty and classmates, and have a chance to see firsthand what your student has been experiencing. Information about this weekend is available online at go.middlebury.edu/alumnicollege.

Alumni Golf Tournament
Families and alumni are invited to join in this annual golf tournament, with its magnificent views of the Green Mountains, in early September. More information is available online at go.middlebury.edu/alumnigolf2015.

Fall Family Weekend
Fall Family Weekend is an opportunity for families to visit campus and participate in a wide variety of academic, social, cultural, and athletic events beginning with open classes on Friday. Families of incoming Febs are welcome to attend in the fall, prior to their student’s arrival. Information about this weekend will be posted in late June at go.middlebury.edu/ffw.

Homecoming
Fall in Vermont is a beautiful time of year. Spend time on campus or take your student for a hike or day trip to see some of the many nearby sights. Homecoming programming is generally geared towards alumni but is open to all families. Information about this weekend is available at go.middlebury.edu/homecoming.
Ways to Get Involved

Each year a group of roughly 60 families come together to support Middlebury as members of the Parents’ Fund Committee. Experienced volunteers enhance fundraising efforts through targeted solicitations of other families.

Center for Careers and Internships Advocate
You can support Middlebury student career exploration by:

- Participating in career panels on campus.
- Volunteering for an informal career conversation with a small group of students.
- Posting an internship or job opening from your company/organization, or encouraging the HR department in your company to post opportunities for Middlebury students.
- Becoming a MiddNet volunteer career adviser. Visit go.middlebury.edu/middnet for more information.

For more information about supporting students through the Center for Careers and Internships, see page 41 in this guide.

Admissions Panelists
Family members sometimes serve as panelists for Preview Days in April, sharing insights with families of admitted students.

Event Hosts
Families host events such as summer welcome receptions and other regional dinners, talks, and receptions.

Events
As ambassadors, family members attend regional events and spread the good word about Middlebury in their local schools and communities.

Collaborators
Family members provide ideas and expertise for the educational programs offered during Fall Family Weekend, Homecoming, and other special events.

Family ID Card
At the back of this guide, on the inside pocket, you’ll find your Family ID Card. This provides free admission to regular-season hockey games, and discounts at the Ralph Myhre Golf Course and the Performing Arts Series, as well as any of the shows put on by the theatre, dance, and music departments. Tickets to events and performances can be purchased at the Middlebury College Box Office. The ID card will also give you access to our athletic facilities, including the fitness center, natatorium, and squash and tennis courts.

Facebook
Join the Middlebury Parents Facebook group to connect with other families, ask questions, and get information.

WE’RE HERE FOR YOU
Please don’t hesitate to contact Lyn DeGraff, assistant director of Alumni and Parent Programs, at 802-443-5777 or ldegraff@middlebury.edu, if there is anything we can do to make your Middlebury experience more memorable. We look forward to seeing you on campus.
Academic Life

Middlebury College prepares students to be active citizens and leaders who can address the world’s most pressing problems. Its mission is advanced through students’ experiences with successes and challenges and is reflected in the following Community Standards:

- Cultivating respect and responsibility for self, others, and our shared environment;
- Encouraging personal and intellectual courage and growth;
- Manifesting integrity and honesty in all decisions and actions;
- Promoting healthy, safe, and balanced lifestyles;
- Fostering a diverse and inclusive community committed to civility, open-mindedness, and finding common ground.

Curriculum

Middlebury’s curriculum is designed to ensure an education that includes breadth of experience across many fields and disciplines, as well as in-depth study in one area defined by the major. An emphasis on writing in all disciplines sharpens students’ capacities for critical thinking and expression.

Majors/Minors: A major is the area of study in which a student takes the most courses and explores in the greatest depth. Each department has designed its major to ensure that students not only learn key content but also the methodologies, languages, and modes of thinking and expression that characterize that discipline. A student may also choose to pursue a minor area of study.

THE HONOR CODE

Students pledge to hold themselves and each other to high standards of academic integrity. The essence of Middlebury’s honor code is that in order to become educated people, students must be honest about what they do and do not know. They must express their ideas without unauthorized help; give credit to others for their ideas and their influence on their insights; and expect the same intellectual integrity from their peers.

go.middlebury.edu/honorcode
Less comprehensive than a major, a minor is a cluster of courses designed to provide a basic level of proficiency in a particular field. It is also possible to pursue a joint major that combines and synthesizes two areas of study, or to pursue two separate majors, but these paths require considerable planning with an adviser.

Distribution Requirements: To ensure breadth of learning in our liberal arts curriculum, students must take classes in seven of eight different academic categories: literature; the arts; philosophical and religious studies; historical studies; physical and life sciences; deductive reasoning and analytical processes; social analysis; and foreign language. Students are also required to complete one course in each of these four categories: Africa, Asia, Latin America, the Middle East, and the Caribbean; Europe; North America; and a course comparing cultures and civilizations, or on the identity of which may be senior work). All students must officially declare a major by the end of the second semester.

Preprofessional Programs
Middlebury believes that a liberal arts curriculum develops critical thinking and communication skills that are essential for beginning any career or profession. Our undergraduate program focuses on the liberal arts, but offers specific curricula and resources designed to prepare students for professional careers, regardless of a major. The Health Profession Program helps students fulfill curricular requirements for further graduate study to become a medical practitioner. The Pre-Law Program prepares students to be competitive applicants for law schools. The Education Studies Program trains students as teachers, with an option for professional certification. The Pre-Engineering Program provides background for graduate study and potential admission to one or more institutions of higher learning for a dual-degree program. The Architectural Studies Program prepares students for graduate study in architecture. The Preprofessional Programs are designed to prepare students for graduate study in professional schools.

Declaring a Major: A major requires a minimum of 16 fall and spring semester courses. Students may take no more than 16 fall and spring semester courses and, in addition, no more than two winter term courses in a major department or program (one of which may be senior work). All students must officially declare a major by the end of the third semester. Any student who wishes to declare a major must officially declare a major by the end of the fourth semester of study. The fourth semester, students wishing to add a second major, or change majors, must petition and gain approval from the new department or program to ensure that the student can complete the major by the end of the eighth semester. Some highly structured programs, particularly those involving study in the foreign languages or the natural sciences, are facilitated by a declaration of major by the end of the second semester.

Advising
Academic advising is the heart of the Middlebury experience, whether in a first-year seminar or the final stages of completing a major and writing a thesis. Throughout the college years, students work individually with professors to develop midyear strategies that reflect their interests, strengths, and academic goals. Students begin the first semester with a first-year seminar, and the instructor of that small-group seminar serves as their adviser until they declare majors. At that time, students choose professors in the departments or programs of their majors to serve as their advisers. In addition, students find advising support through their Commons and from other professors and staff members who may have valuable information and insights to share.

Evaluation
Every class includes a sufficient amount of written, oral, and practical work so that both students and professors are able to evaluate their progress. Professors strive to encourage free discussion, inquiry, and expression and to evaluate students solely on academic merit, not on personal characteristics or conduct unrelated to academic standards. For fall and spring semesters, the final examination period usually begins two to three days following the end of classes and lasts for five days. An unexcused absence from an examination will result in a grade of F for that unit of work. If students are absent from personal circumstances, illnesses, or injuries that prevent or prevented them from completing an exam or other large assignment, students must contact their Commons dean.

ROTC
Middlebury College, in partnership with the University of Vermont Army ROTC Program, provides leadership training to motivated college students interested in serving as commissioned officers in the United States Army after graduation. go.middlebury.edu/rotc

PASS/D/FAIL Students can elect to take some courses on a Pass/D/Fail basis but these are limited to electives, meaning they can’t satisfy major, College Writing, or distribution requirements, and students can only take two courses P/D/F during their time at Middlebury. There are other restrictions on taking a course P/D/F, so students should work closely with advisers to determine the best options. go.middlebury.edu/pdf

Winter Term
Winter term (also known as J-term), offers both students and faculty unique opportunities for study and learning. Each student enrolls in only one academic, credit-bearing course, and each instructor teaches only one course. Students must study at the College or, after their first year, away from campus; independently or as participants in a course; in their major fields or disciplines in which they have never studied before. The winter term curriculum consists of a variety of interdepartmental and departmental courses of various levels. Students can also undertake a winter internship instead of formal study. Occasionally, students experience challenges that compromise their ability to function in a healthy manner on campus. When students are unable to function safely and effectively in our academic and residential environment, we may support their voluntary withdrawal or, in very rare cases, enact an involuntary withdrawal. Students must address the issue of concern with an appropriate professional before they return to Middlebury. Students may also be withdrawn for academic reasons, or be suspended for major policy violations. When students are withdrawn for academic failure, they may return to Middlebury when they can demonstrate that they have addressed whatever issues led to their academic struggles. This is usually accomplished by enrolling at another four-year college for a semester and earning grades of B- or better in a four-course liberal arts program. go.middlebury.edu/studentstatus
Middlebury programs are available as well in several countries. Study abroad is an integral part of a student’s academic experience, and students from all majors choose to do it. For those studying foreign languages and cultures, study abroad is a natural component of their degree. Students majoring in international and global studies (ICGS) or international politics and economics (IP&E) are required to study abroad. All students interested in study abroad are required to provide compelling academic rationales for their programs of study. Students should plan early in their academic program in preparation for study abroad.

Summer Study
Summer study provides opportunities for travel- or field-based courses and exciting experiential learning opportunities that would otherwise be difficult to accommodate during the regular academic year. It’s an optional extra experience for Middlebury students and not part of the regular academic year. Summer study courses carry Middlebury academic credit and can count toward graduation requirements as outlined in the academics section of the College handbook. Need-based financial aid is available to current financial aid recipients taking a summer study course for the first time.

Rohatyn Center for Global Affairs
The Rohatyn Center for Global Affairs promotes Middlebury’s goal of advancing global understanding that radiates from a core linguistic and cultural competency. The center works with a faculty committee to create cocurricular programming for students and supports faculty in their teaching and professional development.

Center for the Comparative Study of Race and Ethnicity
The Center for the Comparative Study of Race and Ethnicity serves the Middlebury College community through its support for pedagogy and research that employs interdisciplinary approaches towards the understanding of formations of race and ethnicity. It encourages scholarship that considers race and ethnicity as intersecting with class, gender, sexuality, religion, age, disability, language, communication, migration, and the environment in human relations. The center and its affiliates are committed to broad discussions of race and ethnicity in local, regional, national, transnational, and global contexts.

Center for Teaching, Learning, and Research (CTLR)
With more than 46 percent of Middlebury students utilizing its services, CTLR is a hub of educational inquiry and academic growth in writing, oral presentations, quantitative reasoning, and time management, as well as peer-mentoring, course-content tutoring, and English as a second language support. Students can also get information and advice about undergraduate research opportunities, including those flowing from the new Digital Liberal Arts Initiative, and about a number of nationally competitive fellowships and scholarships, such as Fulbright, Watson, Rhodes, and Truman. Located on the main floor of the Davis Family Library, the center incorporates many programs.

Student Accessibility Services
Nearly one in every 13 Middlebury students has self-identified as having a disability in some way. If your student has a documentable learning disability or other form of disability, please contact Student Accessibility Services (SAS), which provides confidential services and accommodations for students who have special needs affecting their learning, vision, hearing, speech, mobility, and physical and psychological health. Such services can include the assigning of note takers, readers, or scribes; access to scanners, screen-reading software, or large-print software; interpreting services; Phonic Ear assistive listening systems;
program in which students can earn a BA and an MA in five years. go.middlebury.edu/miis

Bread Loaf School of English: Middlebury College has a reputation for excellence in language teaching at its undergraduate college, intensive summer programs, and schools abroad. During the summer, courses are offered from beginning to graduate level in Arabic, Chinese, French, German, Italian, Russian, and Spanish; study is also offered in Hebrew, Japanese, and Portuguese. Approximately 1,500 students attend the Language Schools, from all 50 states, the District of Columbia, and more than 50 foreign countries. Students sign the Language Pledge®, a promise to speak only the language they are studying for the duration of their time in the program. This complete linguistic immersion, combined with rigorous classroom learning, highly skilled professors, and scores of in-language cocurricular activities, helps students achieve dramatic breakthroughs, no matter their proficiency level. The Language Schools sessions take place on campus at Middlebury College and on the West Coast at Mills College in Oakland, California. go.middlebury.edu/blse

School of the Environment: Middlebury’s prominence in environmental studies has produced a global network of alumni, families, and friends who head environmental organizations, progressive businesses, government organizations, and educational and policy institutions. At the School of the Environment, students work one on one with some of these leaders, forming a network for future education and careers. go.middlebury.edu/soe

Other Middlebury Schools and Programs

Middlebury Language Schools: Middlebury College has a reputation for excellence in language teaching at its undergraduate college, intensive summer programs, and schools abroad. During the summer, courses are offered from beginning to graduate level in Arabic, Chinese, French, German, Italian, Russian, and Spanish; study is also offered in Hebrew, Japanese, and Portuguese. Approximately 1,500 students attend the Language Schools, from all 50 states, the District of Columbia, and more than 50 foreign countries. Students sign the Language Pledge®, a promise to speak only the language they are studying for the duration of their time in the program. This complete linguistic immersion, combined with rigorous classroom learning, highly skilled professors, and scores of in-language cocurricular activities, helps students achieve dramatic breakthroughs, no matter their proficiency level. The Language Schools sessions take place on campus at Middlebury College and on the West Coast at Mills College in Oakland, California. go.middlebury.edu/blse

Bread Loaf School of English: Each summer since 1920, the Bread Loaf School of English has offered a rich array of graduate courses in literature, the teaching of writing, creative writing, and theater arts to students from across the United States and the world. Bread Loaf campuses are located in Santa Fe, New Mexico; Oxford, United Kingdom; and Middlebury’s Bread Loaf campus in Ripton, Vermont. go.middlebury.edu/blse

Bread Loaf Writers’ Conference: The Bread Loaf Writers’ Conference is one of America’s most valuable literary institutions. For nearly 90 years the workshops, lectures, and classes, held in the shadow of the Green Mountains, have introduced generations of participants to rigorous practical and theoretical approaches to the craft of writing. go.middlebury.edu/blwc

International Student and Scholar Services
International Student and Scholar Services (ISSS) provides advising, programs, and support to our international students, staff, and faculty. Middlebury enrolls more than 250 international undergraduates from more than 75 countries and employs approximately 250 international faculty and staff members. ISSS manages the College’s involvement in the U.S. Government’s Student and Exchange Visitor System (SEVIS), as well as institutional compliance with immigration regulations. They coordinate early arrival for international students and the Friends of International Students (FIS) host program. ISSS also serves as a place of support for students who have international roots by having lived abroad or immigrated to the U.S. go.middlebury.edu/issss

Smart classrooms with technological enhancements are common around campus.
Community Living

The residential undergraduate college experience creates an opportunity for community that often comes along only once in a lifetime. The enormously supportive and engaged faculty and staff at Middlebury College work hard every day to help students make the most of it for themselves and those around them. As Middlebury attracts students from diverse backgrounds, its system must nurture the educational and personal development—and personal responsibility—of all students.

go.middlebury.edu/studentlife

Dean of Students

The Office of the Dean of Students encompasses key components of campus life, including orientation, health and wellness education, judicial affairs, and residential life, as well as student activities, governance, and organizations. Within these areas, staff members work to build and maintain a diverse and inclusive community. Collaborating with the Commons and other offices, they help students explore the rich intersections of their academic, cocurricular, and residential lives, and provide opportunities for leadership development, personal growth, creativity, and community problem solving. Underlying their work is a firm commitment to the highest standards of integrity, respect, and concern for others.

go.middlebury.edu/diversity

Diversity and Opportunity

At Middlebury, we are deeply committed to creating a diverse, welcoming community with full and equal participation for all individuals and groups. We work together daily to foster a respectful and engaged community that embraces all the complexity and individuality each person brings to campus. We are dedicated to learning, growing, and becoming our best selves.

Groups of people from a variety of backgrounds and with differing viewpoints are often more resilient and adaptive in solving problems and reaching complex goals than more homogeneous groups. They coalesce into an effective community that benefits from the talents and identities of each individual. On campus, we offer students the opportunity to connect in different ways.

go.middlebury.edu/diversity
Charles P. Scott Center for Spiritual and Religious Life: Middlebury welcomes students of all religious faiths and views the College’s religious and spiritual diversity as a strength. Through its Religious Life Council, the Scott Center offers support for the many student-led religious, spiritual, and meditation groups that meet regularly on campus, and provides opportunities for interfaith dialogue and work projects in the community and beyond. The chaplains and staff also help students make connections between academic work and the exploration of deep and abiding questions through special programs and discussions. go.middlebury.edu/scottcenter

May Belle Chellis Women’s Resource Center: Chellis House is named after Middlebury’s first woman graduate, Class of 1886, and it provides informational, educational, and cultural resources for students, staff, and faculty, as well as a forum for the advancement of women’s and gender issues. It contains a diverse collection of books relating to women’s and gender studies and is open to any student or organization looking for an alternate place to study, chat, and relax with friends, or host meetings or events. go.middlebury.edu/chellis

Anderson Freeman Resource Center: The Anderson Freeman Resource Center (AFC) works to promote an inclusive learning environment for the community. This work includes particular support for the needs of students of color, first-generation college students, students from low-income backgrounds, LGBTQ+ students, international students, and other students that have been historically underrepresented or marginalized in U.S. higher education. In conjunction with the Center for the Comparative Study of Race and Ethnicity (CCSRE), the AFC provides resources and programming that encourage the holistic development of Middlebury’s increasingly diverse undergraduate student body as they attain their goals of academic achievement and personal growth while exploring and sustaining their identities and cultures. The staff and faculty of AFC and CCSRE serve as advocates for our student and alumni constituencies, their families, and their communities.

Student Activities: There are plenty of opportunities to find one’s niche at Middlebury, whether through student activities, student government, programs and events, or groups and affiliations.

The Middlebury College Activities Board (MCAB): The largest student programming body on campus, MCAB plans everything from concerts and film screenings to speakers and Winter Carnival. MCAB is always open to questions, comments, and suggestions. It’s also a great way for students to get involved in shaping social life on campus. go.middlebury.edu/mcab

Student Organizations: Clubs, publications, intramurals, cultural activities and events, student government, outings, religious and spiritual activities, and community engagement are great ways to get involved at Middlebury. go.middlebury.edu/orgs

Community Council: The Community Council serves as a forum in which all segments of the College community have a voice on nonacademic issues on campus. With a membership that represents students, faculty, and staff, their deliberations and decisions consider the interests and concerns of the whole community. go.middlebury.edu/communitycouncil

Student Government Association (SGA): The SGA acts as a single unified group, representing students in the decision-making processes of the College. It is the official channel for student participation in formulating institutional policy affecting academic and student affairs. The SGA is made up of the senate (elected Commons representatives and class representatives), the cabinet (appointed advisers), and the president (elected by the student body). The SGA also makes appointments to student, joint student/faculty, and trustee councils and committees. go.middlebury.edu/sga

Franklin Environmental Center at Hillcrest: Environmental stewardship is an integral part of the Middlebury experience. It’s visible in the habits of individuals, the actions of multiple sustainability-related student groups, and in overall institutional initiatives—such as the commitment to be carbon neutral by 2016, the Organic Farm, the emphasis on using local ingredients in dining halls, the biomass system, and the LEED Platinum Franklin Environmental Center at Hillcrest, which is home to the dean of Environmental Affairs, the Sustainability Integration Office, and the Program in Environmental Studies. go.middlebury.edu/fech

Student Employment on Campus: Middlebury is committed to providing opportunities beyond the classroom that encourage student learning. Securing a part-time job on campus allows students to acquire and hone certain workplace skills, knowledge, and abilities that can be the foundation for building a résumé. go.middlebury.edu/fech

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Middlebury has many active and welcoming resources for students identifying as lesbian, gay, bisexual, transgender, queer—or questioning their identities—and those who support them. go.middlebury.edu/lgbtq

Angélique Kidjo performs at Middlebury College.
RESIDENCE LIFE

Middlebury’s residential system embodies the College’s conviction that an excellent liberal arts education takes place around the clock—as easily over dinner as in the classroom.

There are 60 buildings for student housing on campus, and all first-year students are assigned to one of five Commons, where they live for the first two years. As juniors and seniors, students may choose from the range of housing options available across campus, while remaining a member of their original Commons throughout their four years.

The Commons System

The Commons is Middlebury’s unique living-learning residential system that weaves the academic, social, and residential components of college life into an integrated community experience. Through the Commons, we provide students with the structure and support for exploration and growth, and the freedom to govern their own intellectual, cultural, and social development.

Each Commons is a community of about 500 students, first-years through seniors, living in a cluster of neighboring residence halls and houses. Students are assigned to a particular Commons when they enroll; all students are housed in that Commons through their sophomore year and retain membership in it through their senior year. More than 30 assigned faculty and staff members regularly participate in each Commons’ community meals, share their expertise, and help develop programming of interest to their particular community. Each Commons—Atwater, Brainerd, Cook, Ross, and Wonnacott—is named after an important figure in Middlebury’s history.

The Commons also offer programming inspired by academic events taking place on campus. The success of these programs and the College’s commitment to the facilities that support them—residence halls, dining halls, and event space—mean that many social and academic activities are centered in the Commons. There are also a great number of social and cocurricular programs provided by residential life to build a strong and lively community.

Resident Assistant (RA): RAs are students who serve as community leaders in sophomore dorms. They are friendly and accessible, maintain residential standards, facilitate a sense of community, and work directly with Commons heads, deans, residential advisers, and other staff. RAs are also liaisons to facilities management and other offices on campus.

Community Assistants (CA): CAs are students who live in junior and senior houses, special interest houses, and residence halls. CAs support students’ residential experiences and know and understand the network of resources available on campus.

Commons Dean: The deans are responsible for overseeing all aspects of the residential experience for their students. They provide academic and personal support, assist in resolving conflict, and enforce College policy. Along with the Commons heads, the Commons deans help bridge academic and residential experiences, playing a crucial role in supporting Middlebury’s goal of a seamless educational environment.

Commons Coordinator: The Commons coordinator oversees all daily operations, advises students on the logistics of residential life, and creates a welcoming atmosphere in the office.

Commmons Residential Adviser (CRA): CRAs are recent graduates who live in the residence halls and work with the Commons team to build community, support the student residential life staff, and provide after-hours support for students.

First-Year Counselor (FYC): FYCs are returning students who apply through a highly selective process to serve as live-in mentors in first-year residence halls to provide academic guidance and personal support for Middlebury’s newest students.

Commons Team: Each of the five Commons is supported by a team of faculty, staff, and students dedicated to helping shape an environment that challenges assumptions, engages imaginations, and broadens horizons.

Commons Head: Seasoned faculty members set the intellectual tone of each Commons and lead these communities while maintaining their identities as scholars and teachers. They live in houses adjacent to campus, frequently host student events on campus and in their homes, and work directly with students and faculty colleagues to create a vibrant educational atmosphere in their residential community.

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First-Year Counselor (FYC): FYCs are returning students who apply through a highly selective process to serve as live-in mentors in first-year residence halls to provide academic guidance and personal support for Middlebury’s newest students.

Residential Programming

Commons teams integrate academic experiences with residential life to encourage the free exchange of ideas and a robust intellectual community. This begins with the first-year seminar; students who are in class together also live in the same Commons, allowing them to bring classroom experiences into the residence halls. Each Commons also offers activities and programs inspired by academic events taking place on campus. The success of these programs and the College’s commitment to the facilities that support them—residence halls, dining halls, and event space—mean that many social and academic activities are centered in the Commons. There are also a great number of social and cocurricular programs provided by residential life to build a strong and lively community.

Roommates

One of the most wonderful and sometimes challenging aspects of new college life is learning to live with a roommate. Roommates are selected based on responses to a detailed questionnaire, and we do our best to match roommates by interest, personality, and habits. The initial adjustment period can sometimes be difficult and awkward. We consider the residential experience a vital component of their education and growth, and if and when roommate conflicts arise, we encourage students to try to work out their differences. To this end, we do not permit new students to change rooms for the first month of school. After this period, students still having difficulty—who have made use of all of the assistance we offer (FYCs, CRAs, and
Commons deans)—may change roommates, space permitting.

We invite students to begin connecting with their future roommates through direct email communication prior to arrival, if possible. Shortly before their arrival new students are notified via their Middlebury email account on how to access information posted on their BannerWeb pages about housing assignments, potential roommates, and Commons affiliations. We encourage students to approach this communication process and these relationships with the understanding that while they may discover differences, they will inevitably also discover important similarities.

Other Living Options
After leaving the Commons residence halls, juniors and seniors have a range of living situations to choose from.

go.middlebury.edu/housing

Residence Halls: Middlebury maintains a number of large dormitories such as Forest, Painter, and Starr. These buildings primarily have singles and doubles.

Small Houses: Small houses are scattered around campus allow for students to live in apartment-style housing. These accommodate three to seven students, and many have kitchens.

Superblocks: Groups of students (from seven to 30) who share a common interest can apply to live as a group in one of the 10 superblocks. The competitively selected, single-year theme houses receive a small budget for events and activities.

Social Houses: Social houses allow students to assume responsibility for activities and programs that enhance the social life of the student community. Some students reside in the houses, but many do not. The social-house system is self-governed by the InterHouse Council.

Academic and Special Interest Houses: In these houses, residents pursue a common academic or special interest and share the fruits of that interest with the campus community. Currently there are 10 language houses (Arabic, Chinese, French, German, Hebrew, Italian, Japanese, Portuguese, Russian, Spanish) and seven special interest houses (InSite, Intentional Living, Outdoor Interest, PALANA, Queer Studies, Self-Reliance, Weybridge).

Room Draw
After the first year, students may either apply to live in special interest or superblock housing or are assigned to housing via room draw. Students receive a random number that determines the order in which they may select a room. Students should make housing plans based on friendships and not on the hope of living in a suite or any other type of housing. Those who do are happier with their living arrangements in the long run.

go.middlebury.edu/roomdraw

Campus Access and Keys
Middlebury uses an electronic access system to ensure students, faculty, and staff safe access to College facilities. The MiddCard allows students to access all residence halls and appropriate access to other campus facilities. Students are also issued a room key or key code for their bedrooms. We urge all students to protect their property and ensure their personal safety by locking their rooms when they are away or are sleeping. Middlebury does not accept responsibility for the loss of money or personal property or for damage to belongings in the residence halls or anywhere else on campus. Check with your insurance carrier to confirm if your student’s belongings are adequately covered.

Cleaning
Cleaning equipment is readily available, and students are responsible for keeping their rooms in order. The custodial staff cleans and maintains common areas, such as kitchens, bathrooms, and lounges, but students are collectively responsible for ensuring that these common areas are kept tidy. In the event that common areas in the residence halls are damaged and those responsible cannot be identified, all students living in the residence are billed a prorated share of the expenses. Charges are imposed for damage to rooms or furniture, for removal of furniture, and for rooms not left in neat condition at the end of the occupancy period.

Dorm Damage
Middlebury College is a beautiful place to live, work, and study, and we’d like to keep it that way. We call upon every member of the community to respect our buildings, landscaping, and educational resources. They are shared among students, faculty, and staff, today and tomorrow, this year and next.

Theft of or damage to College property is considered a serious offense, which may lead to disciplinary proceedings with penalties up to and including suspension or expulsion. Students will also be charged for any costs associated with replacing or fixing stolen or damaged property. To see just how much it really costs to repair or replace doors, walls, and furniture, visit go.middlebury.edu/dormdamage.

Bikes and Cars
Parking on campus is limited and often far from residence halls. Most businesses in town are within a short walk. Zipcar, ride sharing, and carpooling are also resources. If students bring bicycles to campus, they must register them with Public Safety. We also encourage bringing a sturdy bike lock. There is ample outdoor bike-rack space and indoor storage is available during the winter.

If students bring cars, the cars must also be registered with Public Safety before arrival.

go.middlebury.edu/parking

Laundry Facilities
There are laundry facilities with washers and dryers located in Atwater, Brackett, Brooker, Coffrin, Forest, Gifford, Hadley, Hepburn, Kelly, LaForce, Munford, Palmer, Prescott, Stewart, and 51 Franklin Street. On average, loads cost $1.25 to wash and $1 to dry. Rechargeable smart chip cards cost $5: a one-time $2 fee for the card and $3 of laundry value.

Storage
Some residential facilities offer in-building storage spaces for empty boxes, trunks, and suitcases. All personal belongings must be removed from residential storage spaces at the end of the academic year or when a student withdraws from the College or leaves to participate in an off-campus study program. Items not claimed at the end of the storage period are disposed of. The College is not responsible for items placed within storage spaces. For storage options outside of a student’s enrollment on campus, please see the information posted at go.middlebury.edu/storage.
Reduce, Reuse, Recycle

Waste reduction and recycling are important aspects of living sustainably on campus. Because of our incredible recycling and composting programs, about 65 percent of our waste never goes in the landfill, and we compost over 300 tons per year. Students can do their part by reducing the amount of waste generated—carrying a reusable water bottle and mug, purchasing goods with minimal packaging, and reading articles electronically—and then by recycling what they can. All students receive personal-size blue recycling bins for temporary storage of recyclable materials. Please take the time to sort properly—especially during move-out in the spring! go.middlebury.edu/recycle

Dining Services

Middlebury provides breakfast, lunch, and dinner seven days a week in our dining halls as part of the meal plan included in the comprehensive fee. Students can eat wherever they’d like, whenever they’d like, and as much as they’d like. There are no restrictions on the number of times a student may enter a dining hall during each meal period; this means a student may eat dinner at one dining hall and then enjoy coffee and dessert with friends at another.

To accommodate some student schedules, a bag lunch option is also available, and Dining Services offers early and late meals to athletic teams when practices and competitions create scheduling conflicts. Some members of the campus community have special dietary needs. Ingredient lists are posted for all main entrées and for many other foods. Dining Services is able to meet the dietary needs of the vast majority of diners and can make special arrangements for students on a case-by-case basis. Students are encouraged to take advantage of Dining Services’ open-kitchen policy to speak with managers and chefs about special needs or requests. Middlebury Dining Services strives to maintain a green-dining approach to campus food practices. These include buying local and organic foods, maintaining an active composting system, using biodegradable utensils and products, partnering with the Middlebury College Organic Farm to provide student-grown produce in the dining halls, and many other initiatives. go.middlebury.edu/dining

There are plenty of other dining options on campus as well:

**Bi-Hall Kiosk** is located in the Great Hall and features coffee, snacks, and grab-and-go sandwiches, salads, and fresh-made sushi. During late-night hours it is run as a fundraiser for different student organizations, and they receive a percentage of the sales.

**Crossroads**, in McCullough Student Center, is a student-run business committed to using local, organic, and sustainable products whenever possible. Items include fruit smoothies, coffee and tea, homemade baked goods, soups, and sushi.

**Dolci** is a student group that hosts restaurant-style dinners on campus. Tickets to meals are free, and students get paid to serve as head chef, chef, prep chef, dishwashers, and servers.

**The Grille** is perfect for casual lunches with professors, late-night snacks, and greasy food cravings—from Caesar salads and veggie wraps to sweet potato fries and cheeseburgers.

**MiddXpress** provides snack food, prepared lunches, and drinks, as well as general drugstore items, cards, and newspapers.

**Rehearsals Café**, located in the Mahaney Center for the Arts, serves beverages and light fare. The grab-and-go menu features coffee, tea, espresso drinks, yogurt parfaits, salads, sandwiches, soups, and sushi.

**Wilson Café**, in the Davis Family Library lobby, offers gourmet coffees and teas, plus grab-and-go sandwiches, salads, bagels, and muffins.

**51 Main at the Bridge** is a College-owned restaurant and lounge in town that provides a social venue for students, faculty, staff, and the local community to enjoy international cuisine with locally sourced ingredients, live music, and art.
Creativity, Innovation, and Exploration

Leadership, creative thought, intellectual risk taking: these are the skills many Middlebury students are eager to develop as they look ahead to four years of college and life beyond. And there are a multitude of accessible opportunities on and off campus. Through classes, funding competitions, symposiums, service learning, and volunteer opportunities, as well as workspaces for ideation and collaboration, Middlebury helps students try new things and take their creative ideas forward.

Center for Careers and Internships
The Center for Careers and Internships (CCI) connects students to a range of resources, guiding them through the career-exploration process throughout all four years and providing summer and winter term internship opportunities. CCI prepares students to translate their Middlebury experiences into successful pursuit of their postgraduate goals.

Professional and Career Development
Advisers help students explore their aspirations and career options through individual counseling, workshops, and internship planning that includes our robust network of Middlebury alumni, who provide advice and opportunities.

Internships
Internships allow students to apply their liberal arts learning and gain real-world experience. CCI maintains a database of more than 500 internship opportunities in many fields and also supports 250 students every summer with funding for unpaid internships.

Health Professions
CCI also has a Health Professions and STEM team who advise on curricular planning and experiential opportunities and help students navigate the postgraduate admissions process. First-year students and sophomores can explore health professional careers and receive guidance on course selections, curricular planning, and experiential development. Juniors, seniors, and alumni can get help with professional school applications.

WRMC 91.1 FM is Middlebury’s student-run radio station—a great opportunity for individual expression.
Programs on Creativity and Innovation in the Liberal Arts

Established in 2007, the Programs on Creativity and Innovation in the Liberal Arts (PCI) help make intellectual risk taking and creative problem solving second nature to Middlebury students. With financial support through grants and competitions, and designated workspaces around campus for individual and group projects, PCI provides opportunities for students to explore ideas in a nonacademic setting. Current PCI programming includes MiddEntrepreneurs, TEDxMiddlebury, MiddChallenge, the Hunt, Midd Ventures, MIDDSTART, Davis Projects for Peace, Tree House Fund, and New Millennium Fund. Spaces around campus include Old Stone Mill, Annex, M Gallery, and Center Gallery. go.middlebury.edu/pci

Center for Social Entrepreneurship

With an understanding that social entrepreneurship education is integral to the 21st-century liberal arts curriculum, the Center for Social Entrepreneurship (CSE) creates opportunities for students to be effective agents of social change. By reflecting on who they are, analyzing systemic challenges, and engaging the world around them, students can become involved with CSE’s connections to a global network of schools, NGOs, government agencies, businesses, and foundations that share a commitment to developing 21st-century solutions. CSE also sponsors a weekly speaker series, a January symposium, and a June educator’s forum. Additionally, CSE provides funding for cohorts of CSE Fellows and summer grant recipients to carry out projects related to social entrepreneurship. go.middlebury.edu/mcservice

Community Engagement

Locally and around the world, Community Engagement (CE) helps students explore civic identity and pursue projects in collaboration with communities—all while striving to contribute to the public good. Through volunteerism, alternative-break trips, service-related initiatives, and community-connected research, Middlebury students become active participants in the world and can often receive funding to pursue rewarding opportunities locally and abroad. CE’s core programs include Privilege & Poverty, Shepherd internships, Language in Motion, youth and mentoring programs, and Middlebury Alternative-Break Trips (MAlt). go.middlebury.edu/ce

MiddCORE

MiddCORE is a leadership and innovation program designed to help students develop the skills, confidence, and experience to be successful in life and work. Through mentor-driven, experiential-learning workshops and courses, students engage in highly collaborative and hands-on activities to address real-world challenges. MiddCORE offers Middlebury students a winter term course, a 10-week academic internship program, and a fall and spring workshop series. A four-week summer program designed for current and recent college students is open to anyone. go.middlebury.edu/middcore

Student Art and Music

There are many opportunities for student-generated creativity outside the classroom, and these are just a few:

- The Center Gallery, located in the McCullough Student Center is dedicated to the display of student artwork through a series of changing exhibitions.
- The Student Darkroom, in the basement of Forest Hall, is operated by the Darkroom Club, which offers introductory tutorials, open hours, and workshops throughout the year to promote analog black and white photography. There are also winter term workshops such as Beginning Photography and Advanced Photography. go.middlebury.edu/darkroom
- M Gallery, located in Old Stone Mill, is a student-run art gallery fostering the arts for Middlebury students. M Gallery offers frequently changing exhibitions of student artwork, performing-arts events, and lectures and discussions.
- Middlebury Music United cultivates the music scene at the College by providing students with performance opportunities, practice and recording space, and multiple ways to network with other musicians. go.middlebury.edu/practice and go.middlebury.edu/record

VOICES OF EXPERIENCE

Find something outside academics that you want to try while at Middlebury.

—Taylor Custer ’15

Students plot a business plan during a MiddCORE exercise.
Culture Shock
The Middlebury community is made up of students from a wide variety of places and backgrounds who arrive new to campus in both September and February. Adjusting to a different place and environment can be full of ups and downs. It is important to understand the difficulties that students who have been living abroad or in urban environments might confront in rural Middlebury. Some may experience emotions that range from excitement and curiosity to a sense of overwhelming confusion and anxiety. These issues are normal occurrences that everyone goes through when living in a new culture or place.

Health and Wellness Education
Health and Wellness Education supports students’ holistic health and wellness by integrating prevention and health promotion into the campus community through lectures, workshops, and peer education and advocacy. The core of health promotion is providing support and tools that allow students to explore their own wellness in the context of their Vermont-based and global communities.

go.middlebury.edu/hwe

Parton Center for Health and Wellness
Parton Center promotes sustainable student well-being in a confidential environment.

MIDDsafe: Middlebury Safe and Confidential Advocates
MIDDsafe advocates are Middlebury students, faculty, and staff members committed to providing a safe and confidential resource for students in need of support and information around sexual assault, stalking, dating violence, domestic violence, and other personal violations. The student-staffed hotline is available 24/7 when undergraduate classes are in session: 802-377-0239. go.middlebury.edu/middsafe

Life at college can be exciting, with great classes, lots of people, and a new community. But it can also be challenging—studying for exams, fitting in, and discovering a new level of independence. It’s important for students to take care of themselves through a balanced lifestyle that includes a good diet and an appropriate amount of exercise, sleep, and play.
medications staff are available to help if physical, emotional, or interpersonal issues become a problem. Routine services are free of charge.

The college offers counseling services to help students manage stress, anxiety, depression, and other mental health issues. The counseling center offers individual, group, and couples counseling, as well as short-term therapy and crisis intervention.

First, take a minute to discuss the basics of health care with your student so they understand how to use the following:

- Thermometer
- Pain relief medication (ibuprofen or naproxen sodium)
- Cough medicine
- Nasal spray decongestant (oxymetazoline, a.k.a Afrin)
- Nasal irrigation (a.k.a. Sinus Rinse)

Finally, if students have health care questions, they should call 802-443-5539 or visit our health and counseling website at go.middlebury.edu/counseling.

Counseling Policies:

Middlebury has several policies to support its academic, social, and personal needs of its students. The College provides counseling services to support students who experience or witness any of these behaviors to speak up and contact their Commons deans. The College will offer, and students can access, emergency and long-term resources available from others who can provide medical care, supportive counseling, and other services and accommodations. There are also wide arrays of emergency and long-term resources available to support you. Please refer to the resources and information outlined at go.middlebury.edu/sexualmisconduct.

If you experience an event you think might be sexual assault, inappropriate sexual conduct, domestic violence, dating violence or stalking, seek help as soon as possible from others who can provide medical care, supportive counseling, and other services and accommodations. There are also wide arrays of emergency and long-term resources available to support you. Please refer to the resources and information outlined at go.middlebury.edu/sexualviolenceinfo.

All students are encouraged to report sexual misconduct, domestic violence, dating violence, and stalking incidents to the Middlebury police, the Vermont State police, or other state or federal agencies. Middlebury will offer, and upon request provide, assistance to students in contacting law enforcement agencies (contact information is listed in the policy’s appendices).
The legal drinking age in Vermont is 21. All Middlebury policies of an emergency, students should call 911. The TAM Team seeks to mitigate potential risks before they result in harm. Any student who believes that an individual has committed or may commit an act of violence, is engaging in behavior or making statements that generate concern about the potential for violence, or otherwise may pose a threat to the health or safety of any member of the College community should call the Department of Public Safety immediately at 802-443-5911. Individuals may also make a report to their Commons dean or any member of the TAM Team. (TAM Team members are listed on the website: go.middlebury.edu/threatassessment) In case of an emergency, students should call 911.

Alcohol and Drug Policy: The legal drinking age in Vermont is 21. All Middlebury policies have been crafted to comply with Vermont state law and to ensure student and community safety. We encourage you to familiarize yourself with the specific restrictions around alcohol and drugs for all students, not just those below the legal drinking age, by consulting the handbook (see “Alcohol and Other Drugs” at go.middlebury.edu/alcoholpolicy). In addition to prohibiting underage drinking, these policies also prohibit possessing alcohol as a minor (someone not of legal drinking age); providing alcohol to minors; walking in public with an open container of alcohol; bringing alcohol into an academic space; and other activities. There are also specific regulations for students of legal age who wish to host parties or informal gatherings with alcohol. The use, sale, or distribution of illegal drugs is prohibited at Middlebury and is a violation of Vermont state law and federal law. Discovery of illegal drugs, and/or drug paraphernalia with evidence of use, is taken very seriously. In addition to disciplinary consequences at the College, we may be required to notify local law enforcement authorities. go.middlebury.edu/alcoholpolicy

A Note to Families
Families often underestimate the critical role that they can continue to play with respect to drugs and alcohol in the lives of their students once they leave home. Research tells us that students do care what their families think about alcohol and drug use. Underage students are more likely to make decisions based on their perception of their parents’ approval of alcohol use while of-age students look to the consumption behaviors in their own families to guide their own. We can also assume that expectations and conversations around drug use are similarly impactful. Talking with your student about your expectations is important, as is asking open-ended questions about your student’s experiences before and after arrival on campus.

Social norms are group-held beliefs around behavior and expectations. Partnering with families is critical as we work together to create an environment where students can make informed decisions about reducing risk and increasing safety. On-campus efforts include educational programming, interventions, counseling, and evaluative/treatment referrals. This includes Think About It, the comprehensive online education tool covering alcohol, drugs, and sexual violence that all new students are required to complete. Access information and deadlines will be provided to new students and families over the summer. Your student’s thoughtful participation in Think About It allows us to start an important conversation that we hope to continue more deeply throughout your student’s academic career.

We know that students routinely overestimate the quantity and frequency of alcohol and drug use among their peers and believe that the attitudes of their peers are far more permissible than they really are. Carriers of these misperceptions are not limited to students; alumni, faculty, staff, community members, and families can also contribute to a reign of error and a normative environment supportive of high-risk behaviors around alcohol and drugs. Some important and accurate social norms to discuss with your student include the fact that 94 percent of Middlebury students do not view Middlebury as a party school, and 90 percent of Middlebury students agree that students who choose not to consume alcohol are respected by their peers. By working to reset important social norms, students are encouraged to make healthier choices and reduce their risk for negative outcomes correlated with alcohol and drug use including, but not limited to, experiences of violence, lower GPAs, chronic health problems, and mental health outcomes like depression and anxiety. For more information and talking tips, visit go.middlebury.edu/aodparents.

Smoking Policy: Smoking is prohibited in all buildings at Middlebury, including residence halls and individual student rooms. Smoking should not take place in areas where it is likely to enter buildings, including in building entrances, near open windows, and especially near building air intakes. This policy not only reflects Vermont state law but our concerns for the safety of all members of the community. Smoking creates a significant fire hazard, and secondhand smoke can have debilitating effects on the individuals who inhale it, including our custodial staff who may be required to work in spaces that others could contaminate with smoke. If students are found to have been smoking in their rooms, they can expect a significant monetary fine, as well as disciplinary action.

Public Safety
The Department of Public Safety provides services to the campus community 24 hours a day, seven days a week. The department includes uniformed security officers and telecommunications staff. Officers conduct patrols of campus properties and buildings, respond to campus emergencies, and enforce College rules and policies, including those related to parking. Public Safety officers do not have power of arrest but work closely with local law enforcement agencies. For emergency services, students should call 443-5911 or 911. go.middlebury.edu/psafe

ID Cards: The MiddCard is each student’s official form of identification at Middlebury. Students are required to carry the cards at all times. It qualifies students for certain privileges and gives appropriate access to residence halls equipped with enhanced access.

Emergency Phones and Call Boxes: Emergency phones are located at the entrances of residence halls equipped with enhanced access, in parking lots, and along some walkways.

Safety Escorts: Public Safety officers will provide safety escorts to and from on-campus...
locations during the hours of darkness when personal safety is a concern.

**Mobility Escorts:** Public Safety will give escorts to students with mobility or vision impairments, and/or students with medical conditions that restrict driving or walking around campus.

**MiddRides:** MiddRides is an evening transportation service on and around campus that is available during the academic year when classes are in session. Specific schedule information is available by calling 443-RIDE.

go.middlebury.edu/middrides

**Parking:** All vehicles must be registered with Public Safety, display a valid permit, and be parked in designated parking areas in accordance with the parking rules, which are in effect all year. go.middlebury.edu/parking

**GOOD SAMARITAN POLICY**
Because the welfare and safety of individuals is our primary concern, when students contact Public Safety or other emergency personnel to seek care for students in drug- or alcohol-related distress, neither the student in distress nor the student seeking assistance will ordinarily be subject to disciplinary action for the possession, provision, or consumption of drugs or alcohol.
Middlebury offers eight academic arts programs and majors: architectural studies, dance, film and media culture, history of art and architecture, museum studies, music, studio art, and theater. And faculty members often find ways to incorporate the many arts activities, events, and facilities around campus and in town into their academic courses.

go.middlebury.edu/arts

Kevin P. Mahaney ’84 Center for the Arts
The Mahaney Center serves as a hub of arts activity on campus. Primarily it provides an environment for the creation of art, and invites audiences to experience the work of local, national, and international artists. It’s also home to the Middlebury College Museum of Art, the black-box style Seeler Studio Theatre, the dance theater, a stunning 375-seat concert hall, and Rehearsals Café, as well as the academic departments for dance, music, theatre, art history, and museum studies.

go.middlebury.edu/mca

Middlebury College Museum of Art
The Museum of Art is both an educational and cultural component of the College, as well as a relaxing place to visit for a break from studies. Its collection of several thousand objects ranges from ancient to contemporary, and includes distinguished collections of antiquities, Asian art, photography, 19th-century European and American sculpture, and contemporary art. Special exhibitions, often curated in-house with students, are on display throughout the year, and the museum regularly hosts lectures, gallery talks, films, school programs, and workshops. The Museum Assistants Program offers opportunities for applied learning.

go.middlebury.edu/museum

Friends of the Art Museum
The Friends of the Art Museum is an association that includes students and their families who, through annual dues, support the acquisition program and educational mission of the museum. Membership comes with many benefits, including access to special events, museum store discounts, newsletters, and mailings. Join at go.middlebury.edu/foa.

Performing Arts Series
A College treasure, and highly attended by the community as well, this series of events throughout the year offers a diverse selection of performances and residencies by highly acclaimed and emerging artists in chamber music, dance, and theater. Tickets are incredibly affordable, especially for students, and this is a cultural opportunity not to be missed. go.middlebury.edu/pas

The visual and performing arts are fundamentally important to the life and culture of the Middlebury experience, and students will likely find themselves involved in one way or another—on the stage, in the studio, or among the audience.

Arts

The visual and performing arts are integral to the life and culture at Middlebury.
**Hirschfield Film Series**
This highly popular film series brings a wide range of recent foreign and independent films to campus throughout the year. They are free and open to the public.
go.middlebury.edu/hirschfield

**Art Around Campus**
Middlebury has a distinguished collection of public art that includes more than 20 works—mostly sculpture—by different artists, many of them nationally or internationally known. Each piece in the collection is installed, maintained, and interpreted by the Committee on Art in Public Places (CAPP), which is chaired by the director of the museum.
go.middlebury.edu/capp

**Christian A. Johnson Memorial Building and Wright Theatre**
Situated in the center of campus, Johnson houses the architectural studies and studio art programs and contains numerous studios, as well as lecture and exhibition spaces for student work in both programs. Located next door, Wright Theatre, a classic proscenium theater, hosts performances and other events.

**Town Hall Theater**
Located just a short walk away in downtown Middlebury, the Town Hall Theater brings great talent to a small community. Diverse offerings include plays and musicals with local community talent, concerts featuring nationally known musicians, and broadcasts from the National Theatre of Great Britain and the Metropolitan Opera. Ticket prices are reasonable, and the recently restored space is intimate, for a close-up opportunity to experience some great productions. The space is also home to many college events, including the annual winter term production of a major musical, student performances, and Language School students’ performances.
go.middlebury.edu/tht

**Students have amazing—and affordable—access to internationally acclaimed art and performances throughout the year.**
A physical education/wellness program that stresses good health, physical fitness, and lifetime activities.

A vigorous intercollegiate sports program that strives for achievement and excellence.

An intramural program that encourages students of varied abilities and skills to participate in a wide range of recreational athletic activities.

A club sports program that offers opportunity for intercollegiate competition in a less-structured environment.

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Physical Education Requirement
Every student must earn two physical education credits. Middlebury has a tradition of offering classes that concentrate on lifetime sports so that students will benefit from skills and knowledge now and after graduation, such as fencing, ballroom dance, and golf. From certification classes (CPR, first aid) to fitness, courses are mainly introductory and are offered in four- or five-week intervals each semester. go.middlebury.edu/physed

Athletics
Athletics are an essential part of the overall educational experience at Middlebury College. The College provides programs that are comprehensive and varied, offering athletic opportunities to all students:

Team Sports
Middlebury’s student-athletes demonstrate that a pursuit of excellence on the playing field is compatible with the pursuit of excellence in the classroom, and that a combination of the two lends itself to a more complete educational experience. Furthermore, Middlebury’s size and balanced curriculum allow two- and three-sport athletes to compete throughout the year without jeopardizing their academic standing. The College’s varsity teams compete within the NCAA Division III, the New England Small College Athletic Conference (NESCAC), and the ECAC. go.middlebury.edu/athletics

Varsity Sports:
Superb coaching and training facilities provide a setting in which student-athletes can develop themselves both as players and individuals. go.middlebury.edu/vsports

Club Sports:
Club sports offer students the opportunity to participate in intercollegiate competition in a less-structured environment. There’s no shortage of options: badminton, cycling, fencing, figure skating, ultimate frisbee, rugby, water polo, sailing, and Quidditch—the muggle-friendly version that was founded right here at Middlebury. go.middlebury.edu/clubsports

Twenty-nine percent of students participate on 31 varsity teams.
Intramural Sports: Intramurals provide a varied program of activities to meet the competitive and recreational needs of all students. Faculty and staff members are also encouraged to participate. An individual’s skill level is not as important as the player’s desire to participate and to enjoy the experience of good fun, sportsmanship, and competition. go.middlebury.edu/intramurals

Cheering Section
Even if you don’t play a varsity sport, you can still be involved by cheering them on. Practically all games are free for students, so there’s no excuse not to get out and support our athletes.

Live Coverage
Families can keep tabs on Panther athletics from afar through the College’s live coverage, including live stats as well as video when available. Find more information at go.middlebury.edu/athletics in the About section.

Facilities
Middlebury has more athletic facilities than we can possibly describe here. Indoor facilities include the 11,600-square-foot multilevel fitness center, the Chip Kenyon ‘85 Arena, a 2,200-seat ice hockey arena, and an Olympic-size natatorium, as well as the newly opened squash center and recently completed Virtue Field House, which features a 21,000 square foot turf field, a track, and other fitness options. Outside are several fields, including three synthetic fields. go.middlebury.edu/athleticfacilities

In addition, Middlebury’s athletes train and compete at several off-campus facilities, which are also open to the general public:

Ralph Myhre Golf Course: Middlebury’s 18-hole golf course is located on the edge of campus and is open to the public. The driving range and snack bar are also worth visiting. Students can purchase day, term, or year-round passes at reduced rates. go.middlebury.edu/golfcourse

Snow Bowl: Three chairlifts—two triples and one double—serve 17 trails and several glade areas for skiing and riding. State-of-the-art snowmaking ensures quality, and the historic lodge features the original fieldstone fireplace and a full service cafeteria. The Ski and Board Shop provides rental equipment and other services, and the Snow School offers lessons for all abilities. Students can purchase day or season passes at reduced rates. go.middlebury.edu/snowbowl

Rikert Nordic Center: The Carroll and Jane Rikert Nordic Center, located at Middlebury’s Bread Loaf Campus, offers 42 kilometers of maintained trails augmented by newly installed snowmaking capabilities. Rental equipment, repairs, waxing rooms, and lessons are available. Students can purchase day or season passes at reduced rates. go.middlebury.edu/rikert

Off the Beaten Path
For some off-the-beaten-path recreation, be sure to try these Middlebury gems as well:

• The indoor climbing wall in Nelson features top-roping, sport climbing, and bouldering, and has a cave, roof, and overhangs. Shoes, harnesses, and chalk are provided free of charge for Middlebury students.

• YouPower is a student-run cycling room in the basement of Freeman International Center.

• The Trail Around Middlebury—TAM—is the town’s most popular natural resource for enjoying trail runs of a variety of lengths and challenges.

You Can Play
Middlebury joined several other schools to release our own short video for the national You Can Play campaign, promoting inclusion and diversity for all athletes, coaches, staff, and fans. go.middlebury.edu/youcanplay
<table>
<thead>
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