Dear Students and Families,

Welcome to the Middlebury College community. This is a distinctive, energetic, and welcoming place characterized by strong friendships, stimulating course work, inspiring connections with faculty and staff, and rich experiences beyond the classroom. Throughout these diverse facets of a Middlebury experience, students encounter ideas that shape their thoughts, beliefs, actions, and goals for the rest of their lives. This is a time rich with opportunity. It is also a time of some understandable anxiety.

In every student’s college experience there will be moments of exhilaration and success. But there will also be long nights of study, homesickness, and other challenges. How will each student manage these rewards and frustrations, the triumphs as well as the occasional setbacks?

In truth, this transition can be a bit daunting at first (perhaps as much for families as for their children), but new students typically make friends, dive into course work, and join student organizations or sports teams or music groups with relative speed. And that, in part, is the point: learning to exercise new freedoms and responsibilities with growing maturity in novel and challenging contexts is one of the most important aspects of a liberal arts education. It is one aspect of becoming an informed, active contributor to society. It is also an essential component of a life well lived.

Best of luck with your preparations this summer. I look forward to meeting you on campus.

Warmly,

Katy Smith Abbott
Vice President of Student Affairs and Dean of the College; Assistant Professor, History of Art and Architecture
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How to get here, where to stay, and how to stay in touch throughout the year.

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Everything you need to know about Middlebury new-student orientations.

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Important information about the College calendar and vacation shuttle buses, plus fun perks like Panther Points and MiddKid Gifts.

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From special events to volunteer opportunities, there are many ways for you to get involved with Middlebury.
ACADEMIC LIFE 27
Understanding what’s expected of students—and all that’s available to them—during the academic experience at Middlebury.

COMMUNITY LIVING 33
Middlebury is home to a diverse and dynamic population—here’s how students can become an active part of it.

CREATIVITY, INNOVATION, AND EXPLORATION 39
Educational and experiential opportunities beyond the classroom.

HEALTH, WELLNESS EDUCATION, AND SAFETY 43
Find out more about the many resources we provide, including campus policies, to help students be responsible and self-aware citizens.

ARTS 49
A vibrant arts scene is an integral part of the Middlebury experience.

ATHLETICS 53
Discover Middlebury’s Panther Pride—from varsity teams and club sports to state-of-the-art facilities.
Middlebury College is redefining liberal arts for the 21st century.
Welcome

Each year Middlebury College welcomes new students and families from throughout the country and around the world. Whether you arrive in September or February, this guide will help you better understand and acclimate to all things Middlebury.

**THINGS TO DO NOW**

- **Start Your Prearrival Checklist on BannerWeb**
  BannerWeb is Middlebury’s online database for academic and personal information. You’ll find your pre-arrival checklist at [go.middlebury.edu/prearrival](http://go.middlebury.edu/prearrival) and several forms you need to complete as soon as possible. Many are due immediately, and some over the next few months. All can be completed easily and electronically on BannerWeb. Log in with your user ID (check your welcome email for your 8-digit ID) and PIN (your birthdate: MMDDYY) at [go.middlebury.edu/bannerweb](http://go.middlebury.edu/bannerweb).

- **Make Your Orientation Plans**
  Please review the orientation website at [go.middlebury.edu/orientation](http://go.middlebury.edu/orientation). If you have questions that can’t be answered by consulting the website, email orientation@middlebury.edu or call us at 802-443-3103.

- **Set Up Your Middlebury College Email**
  If you haven’t already activated your email account, do it now. It’s our primary source of communication during these prearrival months, and you don’t want to miss anything important. At [go.middlebury.edu/activate](http://go.middlebury.edu/activate), log in with your user ID (check your acceptance email for your 8-digit ID) and PIN (your birthdate: MMDDYY, unless you have already created a new one). Once you’ve activated your account, check your email regularly at [go.middlebury.edu/webmail](http://go.middlebury.edu/webmail).

- **Set Up Your Middlebury College Health Portal**
  If you haven’t already, activate your Health Portal now at [go.middlebury.edu/healthportal](http://go.middlebury.edu/healthportal). You’ll also need to schedule a physical exam appointment with your healthcare provider to complete the required forms, available through the portal and due July 1.

- **Complete Your Insurance Waiver and Enrollment Form**
  All students must have health insurance. You must choose to either enroll or opt out of the Student Health Insurance Plan. Students arriving in February will be able to waive or enroll starting November 1.

- **Submit Your ID Photo**
  Your MiddCard is your main form of ID while you’re at Middlebury. You’ll need it for a range of things, including access to buildings. Look for the MiddCard page on the left tool bar at [go.middlebury.edu/publicsafety](http://go.middlebury.edu/publicsafety).
**EACH YEAR** Middlebury College welcomes new students and families from throughout the country and around the world. Whether you arrive in September or February, this guide will help you better understand and acclimate to all things Middlebury.

**GENERAL INFORMATION**

**BannerWeb**

BannerWeb is Middlebury’s online database for all students’ academic and personal information. To use it you will need your 8-digit ID, assigned to you in your welcome email, and a unique 6-digit PIN, which is your birthdate (MMDDYY) until you change it. [go.middlebury.edu/bannerweb](http://go.middlebury.edu/bannerweb)

**Campus Maps**

Find printable and interactive maps at [go.middlebury.edu/campusmap](http://go.middlebury.edu/campusmap).

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**College Bookstore**

The College Bookstore offers products and services to help with your transition into the residence halls at the start of the year. [go.middlebury.edu/bookstore](http://go.middlebury.edu/bookstore)

*Panther Dorm Shop* has assorted room supplies for sale.

*Apple Campus Store* offers Apple products, some at educational discount prices.

*Loyalty Rewards Program* lets you earn points for shopping. Points accumulated in increments of 250 can be redeemed as bookstore gift cards.

**Computers**

Windows and Apple are supported on campus. Visit [go.middlebury.edu/computers](http://go.middlebury.edu/computers) or email helpdesk@middlebury.edu for recommended systems and configurations. Residence halls are hardwired and wireless.

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**Email**

Email is the primary mode of all-College communications and students should check their accounts regularly. [go.middlebury.edu/webmail](http://go.middlebury.edu/webmail)

**Enrollment Billing**

The comprehensive fee invoice is accessed through our third-party billing partner, NELNET. You can view and pay your bill online at [go.middlebury.edu/enrollmentbilling](http://go.middlebury.edu/enrollmentbilling). The bill may include campus charges, such as parking fines and dorm damage. Balances overdue by 30 days or more may delay students from receiving transcripts, registering for courses, or participating in room draw. Bills are issued each semester, payable by August 15 and December 15, and are sent electronically to students and whomever they have designated as an authorized payer. A $250 late fee may be added to

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**IMPORTANT DEADLINES**

Unless otherwise specified, these forms can be accessed and submitted through BannerWeb at [go.middlebury.edu/bannerweb](http://go.middlebury.edu/bannerweb). International and exchange students see page 15, and transfer students see page 16 for additional information.

**JUNE 1:** Review student health forms at [midb.studenthealthportal.com/PyramedPortal](http://midb.studenthealthportal.com/PyramedPortal). See [go.middlebury.edu/parton](http://go.middlebury.edu/parton) for instructions.

**JUNE 9:** First-year seminar registration (except transfer and exchange students) starts at NOON and stays open until June 16 at 5 p.m. for September admits. Febs will register for first-year seminars starting January 3, 2017.

**JUNE 12:** Last day for MiddView trips registration at [go.middlebury.edu/trips](http://go.middlebury.edu/trips) for September admits, including transfer and exchange students. For Febs, registration is live in late November.

**JUNE 17:** Housing contract due for September first-years. For transfer and exchange students arriving in September, due August 1. For first-year, transfer, and exchange students arriving in February, due January 15, 2017.

**JUNE 17:** Housing questionnaire due for September first-years. For transfer and exchange students arriving in September, due August 1. For first-year and exchange students arriving in February, due December 15, 2016. For transfer students arriving in February, due January 5, 2017.

**JULY 1:** Submit required student health forms at the Student Health Portal, where you’ll find instructions for uploading the forms. If you might be participating in an intercollegiate sport or club rugby or crew, the NCAA requires your completed physical exam within six months of the start of your athletic season.

**JULY 15:** Complete the Accommodations Request Form. Middlebury College recognizes and supports the standards set forth in Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA), which are designed to eliminate discrimination against qualified individuals with disabilities.

**AUGUST 1:** Review Parton Health Center’s health-related travel information for the most up-to-date information, as well as other guidance that might impact your studies at Middlebury.

**AUGUST 1:** Online placement exams open for September admits. Whenever possible, placement exams should be taken in advance of your arrival on campus. There is time allotted during orientation for placement exams that must happen on campus. For February admits, placement exams open in January.

**AUGUST 10:** Enter new or updated parent contact/family information. After this date, any changes must be directed to your Commons office.

**AUGUST 15:** Register your bicycle via BannerWeb, if you are bringing one. Register your vehicle via BannerWeb, if you are bringing one, and purchase a parking permit via the Public Safety Storefront at [go.middlebury.edu/publicsafety](http://go.middlebury.edu/publicsafety). Provide a missing person contact to reach if student is reported missing.
bills not paid on time. The tuition bill is ultimately the responsibility of the student. Interest-free payment plans are available through NELNET. Questions about account balances and payment plans should be directed to Student Financial Services at 802-443-5158. go.middlebury.edu/ugtuitionpayment

Local Banking
Several banks in town (listed below) accept student accounts and have ATMs. The Cashier's Office is open 8:30 a.m.–4 p.m., Monday–Friday. Students can cash up to $50 in traveler's checks, as well as checks from parents or guardians made payable to a student. One day's notice is required to cash a check more than $50.

Citizens Bank
36 Middle Road
www.citizensbank.com

Key Bank
47 Creek Road
www.key.com

National Bank of Middlebury
30 Main Street
www.nbmv.com
Has two ATMs on campus

People's United Bank
114 South Village Green
www.peoples.com

Vermont Federal Credit Union
1 Court Street
www.vermontfederal.org

Mail
Mail and packages are delivered to students' mailboxes in McCullough Student Center, addressed as follows:

Student Full Name
(Box #) Middlebury College
14 Old Chapel Rd
Middlebury, VT 05753

Mailbox information is posted on BannerWeb in July for students arriving in September and in January for students arriving in February. Students have access to their mailboxes from 7 a.m. to midnight daily. The business window has weekday hours from 9 a.m.–4 p.m., and will also be open Saturday 9 a.m.–noon in September. For packages, we recommend using a service you can track, such as UPS, FedEx, insured, certified, or registered mail. Postage stamps can be purchased at the College Bookstore and MiddXpress.

Mailing Ahead Packages
Please do not send packages before August 22, or February 1 for those arriving in February. Students will receive an email from the Mail Center when packages arrive. If packages are at the warehouse, they will need to bring their IDs to the warehouse for pickup. Packages should not weigh more than 50 lbs.

Medical Insurance
Middlebury requires all students to have a U.S.-based medical insurance policy for medical bills should the need arise. If your family plan will not cover your student and they do not have an individual plan, you need to purchase one. The College arranges for one suitable plan. Details are available at go.middlebury.edu/studentinsurance.

Preferred Name
Middlebury recognizes that some members of our community use names other than their legal names to identify themselves. At go.middlebury.edu/preferredname, you can indicate your preferred first name regardless of whether or not you have legally changed it—provided that it is not for the purpose of misrepresentation (i.e., using inappropriate names or using the process to avoid a legal obligation). Preferred names that differ from your legal name will be used solely for Middlebury’s internal systems. You can also indicate a preferred gender pronoun (him, her, them, etc.) and name prefix (Mr., Ms., Miss, etc.). If you have questions, contact Jennifer Herrera, associate director of the Anderson Freeman Resource Center at jherrera@middlebury.edu.

Student Financial Services
Student Financial Services manages all student accounts, including financial aid counseling, student account and education financing issues, payment plans, and loan repayment. go.middlebury.edu/sfs

GETTING HERE
Middlebury College is in central Vermont in the town of Middlebury.

By Car
See general driving directions at go.middlebury.edu/directions. As you approach campus for orientation, signs will direct you to the Welcome Centers.

By Air
The closest airport is Burlington International Airport (BTV). It is 35 miles north of Middlebury. Public transportation options are limited. Car rentals are available at the airport. www.btv.aero

By Train
Amtrak has three stations near Middlebury: Port Henry, N.Y. (25 minutes), Rutland, Vt. (45 minutes), and Essex Junction, Vt. (one hour). www.amtrak.com

By Taxi
Jessica's Vital Transit
802-349-8833
www.jessicasvt.com

Middlebury Transit Company
802-388-3838
www.middleburytransit.com

Lodging for Families
Middlebury is a popular vacation destination, and we recommend that you make reservations well in advance of your intended arrival dates. Find resources for lodging at go.middlebury.edu/lodging.

Lodging at Bread Loaf Campus
During orientation, we may offer affordable dorm-style housing for families at Middlebury’s Bread Loaf campus, approximately 20 minutes from campus. Accommodations include breakfast. go.middlebury.edu/breadloaflodging
WHAT TO PACK

Packing up the car? Shipping boxes? Making a list of what you’ll need? For clothing, attire is mostly informal, but you will need to dress up on occasion. The winter months bring cold days, some subzero. You will want a warm winter coat, hat, scarf, mittens, socks, boots, and sweaters. Students here often sacrifice style for warmth and comfort. Here are a few quick tips for other key items:

What’s Provided
- An extra-long twin bed (36” x 80”); mattresses are extra-long, 80-inch, twin bed
- Closet
- Desk and chair
- Bookshelf
- Waste basket and recycling bin
- Dresser
- Whiteboard on the door exterior
- Face mirror (some rooms come with full-length as well)

What to Bring
- Twin extra-long (80”) sheets, comforter, pillows, blanket(s), and mattress pad
- Towels (two are ideal, one to use while washing the other!)
- Study lamp and/or floor lamp with lightbulbs
- Small area rug or carpet remnant up to 16 x 10 feet in size
- Hangers
- Power strips (instead of extension cords) with surge protection
- Posters, pictures, flags, and other decorations that can be affixed to the wall without using nails, cellophane tape, or screws

What NOT to Bring
- Halogen lights
- String lights
- Candles, incense, and any devices that create open flames
- Electrical appliances with exposed heating elements such as toasters, heaters, and hot plates (except irons with automatic shutoff mechanisms)
- Pets, other than sanctioned support animals

Find more information at go.middlebury.edu/residentialpolicies.
Dorm-style housing is available for families at Middlebury’s Bread Loaf campus.
New students take advantage of the College's location to hike sections of the Long Trail.
MIDDLEBURY OFFERS two orientations for incoming students, one in September and one in February. In September orientation is called MiddView. During MiddView and February Orientation, new student orientation is a multiday program that focuses on academics, tradition, and community. Students meet with academic advisors, participate in traditional ceremonies and events, and engage in community-building activities to learn the values of scholarship and community while connecting with classmates.

If you are enrolled as an international, transfer, or exchange student, please read carefully the section after this one that applies to you. It will contain information specific to your arrival and orientation situation.

The theme for orientation is Explore-Connect-Create. Before arriving, students should spend some time reflecting on what these three words mean to them. What are some of the different ways we might be thinking about exploring, connecting, and creating, both as individuals and as an academic community? The faculty, staff, and students at Middlebury take very seriously the challenges and rewards of living and working together in a close-knit community, so it is important for students to give careful thought to what their roles will be as they become part of this special place.

Orientation is also a great time for families to come to campus and help students settle in. Many of Middlebury’s student services offices will be available so that families can learn about their programs and meet staff members. There will also be time set aside for students and families to explore the town of Middlebury and the cultural landscape of Vermont. There is public transportation from campus to local shops around the Middlebury area.

When students and families arrive on campus, they’ll receive a complete and detailed orientation schedule. All the information needed about schedules and activities will also be posted and updated online. go.middlebury.edu/orientation

### September 5–11, 2016
Move-in Day for New Students: September 5 from 9 a.m.–2 p.m.
Family Orientation: September 5–6
Orientation Trips: September 9–11

### February 8–12, 2017
Move-in Day for New Students: February 8 from 9 a.m.–2 p.m.
Family Orientation: February 8–9
Orientation Trips: February 18–19

#### Arrival Day
All new students, including transfer students, can arrive on campus on the first day of orientation. Moving onto campus earlier is not permitted. Welcome centers will be open from 9 a.m.–2 p.m. in September and 9 a.m.–2 p.m. in February. Commons teams or Feb leaders will be on hand to help students move into their rooms and begin the process of getting to know the College.

Although we are always delighted to welcome new Middlebury families to campus, please be assured that students who arrive solo will be well cared for by their residential staff, Commons teams, and other student life staff as they settle in. Middlebury will provide limited shuttle service from the Burlington Airport to campus on the first day of orientation.

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### ORIENTATION FOR FAMILIES
During orientation we offer educational sessions and social activities to introduce families to the Middlebury College community and to help families with their transition. A detailed orientation schedule for families will be available at go.middlebury.edu/familyresources by midsummer for September arrival and by January for February arrival. We hope to make your visit to campus as enjoyable as possible. If you or a member of your party has mobility, visual, or hearing needs, please contact us at 802-443-3103 or orientation@middlebury.edu.
orientation. Visit go.middlebury.edu/boxoffice to purchase tickets or contact orientation@middlebury.edu for more information.

Preseason Athletes
Invited students participating in preseason practices should contact their coaches directly to learn about arrival details. For coach contact information, visit go.middlebury.edu/athletics, or call 802-443-5250.

Orientation Trips
September arrivals: All new students participate in our MiddView trips. The trips are a 30-year tradition at Middlebury and allow students to begin the college experience with a small group of classmates and student leaders.

After several days on campus, all students depart on a MiddView trip. September trips are organized into three categories: community engagement, focused on connecting with community partners and providing service; Vermont exploration, exploring Vermont’s cultural landscape; and wilderness exploration, a range of outdoor adventures.

They all provide a small-group experience in which participants have the opportunity to connect with peers and learn about Middlebury College from their student leaders. No previous experience is necessary, and we encourage students to choose trips that will introduce them to something new. go.middlebury.edu/trips

February arrivals: Students have an opportunity to participate in February Orientation trips, of which there are two categories: community engagement trips and wilderness explorations trips. The goal is to provide a peer-led group experience for new students to get to know one another and their student leaders and share questions, concerns, and hopes about transitioning to life at Middlebury. It’s also a great way to explore the winter landscapes and towns that surround campus. go.middlebury.edu/febweb

International and Exchange Students
International Student and Scholar Services (ISSS) provides visa-related advising, programs, and support to international students, including exchange students and U.S. students living abroad. ISSS also oversees Middlebury’s involvement with the U.S. government’s Student and Exchange Visitor Information System (SEVIS) for issuing and maintaining visa-related documents. ISSS serves as a place of support for students who have international roots by having lived abroad or having immigrated to the U.S. ISSS looks forward to assisting you as you begin your Middlebury experience and beyond. If you have questions, please contact us at iss@middlebury.edu.

Please read the following information about your arrival carefully. Links for all the forms you will need, including visa and travel information, can be found on our website. You can also meet our staff and get to know the faces of the people who will be helping you once you arrive. go.middlebury.edu/isss

Early Arrival
If you are a new international student, including exchange students and U.S. students living abroad, we invite you to arrive on campus a few days before orientation begins. Whether you arrive in September or February, this will allow you time to recover from your travels, learn about your U.S. visa status, and become familiar with resources that will help with your transition from home to Middlebury. ISSS staff, Program Arrival Leaders (PALS), and current Middlebury students will help you find your way around. You will receive access to your residence hall and are expected to stay on campus beginning this date. Students who enter the U.S. earlier than the Early Arrival date will be responsible for their own travel arrangements and accommodations. Early access to residence halls is not possible.

Detailed information about Early Arrival is available on the ISSS website, along with the program’s prearrival guide and registration form. go.middlebury.edu/earlyarrival
September 2–5, 2016
Early Arrival Day: September 2
Check-in starts at 10 a.m. in Axinn Center

February 7–8, 2017
Early Arrival Day: February 7
Check-in starts at 10 a.m. in Axinn Center

Travel to Middlebury College
ISSS will provide transportation from Burlington, Vermont, to campus on arrival day only. Pick-up shuttles begin at 9 a.m. and continue until the last traveler arrives. Please try to arrive before 10 p.m. If you are unable to schedule your arrival during these times, contact us at isss@middlebury.edu before you book a flight. If you choose to arrive earlier than arrival day, you are responsible for your own lodging.

Shuttle Locations
Burlington International Airport (BTV)
www.btv.aero
Greyhound Bus Station
(at the Burlington International Airport)
Essex Junction–Burlington Train Station (ESX)

Connecting with Others
Students at Middlebury College come from more than 75 countries. Even if there is not a student from your country, there will certainly be someone from your region of the world. If you're interested in connecting with a current Middlebury student from your area before you arrive, contact the International Students’ Organization (ISO) at iso@middlebury.edu.

Friends of International Students Host Program
The Friends of International Students (FIS) host program matches students with local families to create an opportunity to share life experiences and cultures beyond the campus. If you are interested, fill out the questionnaire at go.middlebury.edu/fis.

FAQs
When will I get my I-20? For September entrants who completed I-20 applications by May 19, your I-20 will be sent to you by early June. If you have special circumstances, please make that request in writing. For February entrants, your I-20 application must be completed by September 15, and we’ll send your document in November.

How do I apply for a U.S. F-1 (student) visa? Complete instructions will be sent to you with your I-20. You must first obtain an I-20 form from Middlebury College, and then arrange for an interview with a U.S. embassy or consulate to apply for the visa. To find the nearest embassy or consulate, refer to www.usembassy.state.gov. Please be aware that a U.S. F-1 visa cannot be issued prior to 120 days before your program start date, which is September 2, 2016, for September entrants and February 7, 2017, for February entrants. You may want to inquire at the embassy or consulate about the visa-application process in advance regarding scheduling an appointment, necessary forms, and required fees.

How long will it take to get my student visa? Wait times vary. In some cases it only takes a week, and in other countries it may take more than a month. For an estimate of the current visa wait times at the embassy nearest you, please refer to travel.state.gov.

When can I enter the United States using my new student visa? You may enter the U.S. up to 30 days prior to the program start date noted on your I-20. Please be aware that shuttle service from the Burlington area to Middlebury College is only available on arrival day and you may not move into your residence hall any earlier.

Does my $300 enrollment deposit count towards my family contribution and my Middlebury College bill? Yes, it is applied to your bill and considered part of your family contribution. When completing the I-20 application, you can confirm that the deposit has been paid, which will serve as evidence of that portion of your contribution.

Do I need to bring the full amount of my family contribution with me? It is highly encouraged that you do. When Student Financial Services calculates your financial need and determines if you will receive assistance, they consider the estimated total costs of your first year at Middlebury. This includes items that the College bills for and your own personal expenses. The comprehensive fee and the student activities fee will appear on
your bill. Other expenses (such as books, supplies, personal items, and travel) are items you will need money for throughout the year. Taxes, health insurance, and food/lodging/travel during college breaks are other possible expenses. You will need to have funds available to pay for those expenses.

Are there other expenses I should be aware of? Yes, federal and state income taxes. You can expect to pay taxes on any income earned in the U.S., including employment wages and a portion of your grants/scholarships from Middlebury College. If you are subject to income taxes, the tax on your grants/scholarships will be charged to your bill at the beginning of each term. The amount of tax you owe will depend on the amount of funds you earn or receive and the tax treaty (if any) between your home country and the U.S. Taxes may represent an additional expense of more than $500 per year. It is your responsibility to file your income tax forms annually and pay your taxes in a timely way. Direct any questions to middleburytaxoffice@middlebury.edu.

TRANSFER STUDENTS
Middlebury enrolls a limited number of transfer students in September and February depending upon available space. The majority of transfer students are admitted as sophomores or first-semester juniors.

Arrival
Orientation for September transfers will begin on September 5 and for February transfers on February 8. Early arrivals are not permitted.

Each year the orientation planning team develops an orientation schedule designed to meet the unique needs of transfer students. This schedule also includes international and domestic exchange students. For quick answers to questions that might emerge for you between now and when you arrive, we encourage you to spend time on the orientation website at go.middlebury.edu/orientation and be sure to browse the Transfer and Exchange section under the orientation links to the left. We update the site regularly. The final transfer and exchange orientation schedule will be posted in the summer for September arrival and in January for February arrival. If you have questions that can’t be answered on the site, feel free to email orientation@middlebury.edu or call 802-443-3103.

Orientation Trips
September arrivals: As part of orientation, transfer students participate in two days of off-campus experiences, returning to campus each evening. During these days you’ll explore areas and communities surrounding campus. You’ll travel with other transfer and exchange students to different places, always guided by student leaders. Past trips have included volunteering at a local school, visiting nearby farms or heading out on a day hike. We’ll let you know if you need to bring anything special, but most of the activities are fairly simple. For day trips, we recommend bringing a small backpack to carry a water bottle and sunscreen. The rest will depend on the activities you participate in. Each night you’ll return to your room on campus.

February arrivals: Transfer students arriving in February have the option to participate in February Orientation trips, of which there are two categories: community engagement trips and wilderness explorations trips. The goal is to provide a peer-led group experience for new students to get to know one another and their student leaders and share questions, concerns, and hopes about transitioning to life at Middlebury. It’s also a great way to explore the winter landscapes and towns that surround campus.

Connecting with Others
If you are interested in hearing from a current Middlebury transfer student, visit go.middlebury.edu/meetatransfer.

Questions?
If you have other questions regarding the transfer and exchange student orientation, please email orientation@middlebury.edu. Our staff checks this email regularly, and we will be in touch.
Small class sizes leads to stimulating discussions and camaraderie.
Fall Family Weekend is a popular time for families to visit campus.
MIDDLEBURY FAMILIES are a welcome, active, and important part of the community. We invite you to participate in a variety of ways and to attend Middlebury events held on campus, around the country, and overseas.

Welcome Receptions
These receptions are organized by the College for new students and their families and are hosted by families and alumni. Also known as “send-off parties,” these receptions are a fun way to get to know the Middlebury families in your local area. For more information visit go.middlebury.edu/welcomereceptions.

Alumni College
Families are welcome and encouraged to attend Alumni College, which combines a relaxing late-summer weekend in Vermont with the opportunity to be inspired by some of our finest faculty. Share in a professor’s knowledge and enthusiasm during engaging discussions and field trips, enjoy delicious meals with faculty and classmates, and have a chance to see firsthand what your student has been experiencing. For more information visit go.middlebury.edu/alumnicollege.

Alumni Golf Tournament
Families and alumni are invited to join in this annual golf tournament, with its magnificent views of the Green Mountains, in early September. For more information visit go.middlebury.edu/alumnigolf.

Fall Family Weekend
Fall Family Weekend is an opportunity for families to visit campus and participate in a wide variety of academic, social, cultural, and athletic events beginning with open classes on Friday. Families of incoming Febs are welcome to attend in the fall, prior to their student’s arrival. Information about this weekend is posted in late June at go.middlebury.edu/ffw.

Homecoming
Fall in Vermont is a beautiful time of year. Spend time on campus or take your student for a hike or day trip to see some of the many nearby sights. Homecoming programming is generally geared towards alumni but is open to all families. For more information visit go.middlebury.edu/homecoming.

Family ID Card
In a separate summer mailing, you’ll receive your Family ID Card. This provides free admission to regular-season hockey games, and discounts at the Ralph Myhre Golf Course and for the Performing Arts Series, as well as many performances by the theatre, dance, and music departments. Tickets can be purchased at the Box Office (go.middlebury.edu/boxoffice). Your ID also grants you free access to Middlebury’s athletic facilities, including the fitness center, natatorium, and squash and tennis courts, when you are visiting.

ONLINE RESOURCES

Middlebury Magazine
middmag.com

Middlebury News Room
middlebury.edu/newsroom

The Campus (student newspaper)
middleburycampus.com

Student Blog
middbeat.org

Facebook
facebook.com/middleburycollege
Also search for “Middlebury Parents”

Twitter
twitter.com/middlebury
twitter.com/middathletics
twitter.com/middcampus

Instagram
“Middlebury College”
WAYS TO GET INVOLVED

Become an Advocate for the Center for Careers and Internships
Support Middlebury student career exploration by any of the following:

- Participating in career panels on campus.
- Hosting students at your organization for a visit or job-shadowing experience.
- Posting an internship or job opening from your organization on our Middlebury-only database.
- Joining one of our professional networks, including Industry Advisory Committees (parents and alumni within a specific field) and Middlebury Interest Groups (a Middlebury cohort within a single organization).
- Becoming a MiddNet volunteer career advisor and mentor. See go.middlebury.edu/middnet for more information.

Be a Panelist
Family members can serve as panelists for Preview Days in April, sharing insights with families of admitted students. During Fall Family Weekend, Homecoming, and other special events, family members can participate in educational and career-oriented panels.

Host an Event
Families often host events such as summer welcome receptions and other regional dinners, talks, and receptions. As ambassadors, family members can attend regional events and spread the word about Middlebury in their local communities.

Join the Parents’ Fund Committee
Each year a group of roughly 60 families comes together to support Middlebury as members of the Parents’ Fund Committee. Experienced volunteers enhance fundraising efforts through targeted solicitations of other families. go.middlebury.edu/parentsfund

We’re Here for You
Please don’t hesitate to contact Lyn DeGraff, assistant director of Alumni and Parent Programs, at 802-443-5777 or ldegraff@middlebury.edu, if there is anything we can do to make your Middlebury experience more memorable. We look forward to seeing you on campus.

Families and friends often come to campus to catch games or performances.
For years the Green Mountains have inspired students on campus.
Students and faculty often meet casually in Wilson Café.
Planning Ahead

**WHETHER YOU’RE PLANNING** a visit to campus, a birthday surprise, or a family vacation during the college breaks, take some time now to consider your options.

**Break Shuttle — Booking Starts July 1!**
For college breaks, the SGA provides inexpensive and convenient Premier Coach service to and from the following:
- Burlington International Airport
- Burlington Greyhound Station (daily bus service to Montreal and Boston)
- Boston (stopping in Hooksett, N.H., and South Station)
- New York City (Penn Station, Grand Central Station, and White Plains Metro North Station)
- New Jersey (Ridgewood Park and Ride)
- Montreal (currently fall break only, but check for updates using the links below)

Premier Coach buses have wifi and depart from campus at Adirondack Circle. Purchase tickets through the Box Office online at [go.middlebury.edu/boxoffice](http://go.middlebury.edu/boxoffice) or in the Mahaney Center for the Arts or McCullough Student Center. [go.middlebury.edu/sgabus](http://go.middlebury.edu/sgabus)

**College Vacation Periods**
Fall term recesses are in October, November, and December. Students can remain on campus during October and November recesses, although the dining halls may close for some portion of November (Thanksgiving) recess. The College closes completely during December recess into early January; students cannot remain on campus at all during this period. Students with special circumstances may request permission; if granted, students are responsible for their own meals.

During February and March recesses, students can stay on campus and eat in the dining halls. Only students who register for winter term classes or internships taking place on campus may live on campus during winter term; all students who are not registered for a winter term class on campus are required to turn in their room keys when they leave campus at the end of the fall term.

**Travel Plans**
We often receive requests from students to change their final examination schedules because they have purchased nonrefundable plane tickets that require them to leave campus before their exams are finished. Academic obligations must come first, and we do not issue examination changes in order to accommodate travel plans. We encourage students to book their return flights only after they know their examination schedules. Students who must book flights in advance should make arrangements to fly after the last examination of the semester is given. This information is available two years in advance on Middlebury’s academic calendar. [go.middlebury.edu/ac](http://go.middlebury.edu/ac)

**Events Calendar**
Middlebury’s comprehensive calendar includes day-to-day happenings on and around campus. [go.middlebury.edu/events](http://go.middlebury.edu/events)

**Panther Points**
Middlebury has several non-dining hall spots to eat around campus, and students can purchase a refillable Panther Points smart card to use when dining there.
It’s a great way to grab a quick bite at places like the Grille, Bi Hall Kiosk, Crossroads, MiddXpress, Rehearsals, and Wilson Café, as well as at the Snow Bowl cafeteria, golf course snack bar, and 51 Main at the Bridge in town. Purchase a card online at the Box Office between July and September and receive bonus cash for use throughout the year. go.middlebury.edu/boxoffice

Cakes and Care Packages
For birthdays, holidays, congratulations, exam survival, or any other special occasion, browse the Box Office for gift ideas to treat your student from afar. Order online anytime! go.middlebury.edu/boxoffice

Departing from Campus
At the end of the fall and spring terms, students must vacate their rooms within 24 hours after their last exam. Failure to do so will result in a $400-per-day fine. go.middlebury.edu/housing

KEEPING IN TOUCH
It’s easy for students and families to stay in touch. Here are a few guidelines and suggestions to make the process as smooth as possible.

Mail
Mail and packages are delivered to students’ boxes in the Mail Center in McCullough Student Center, addressed as follows:

Student Full Name
(Your box #) Middlebury College
14 Old Chapel Rd
Middlebury, VT 05753

Middlebury Directory
Middlebury offers an online directory of email addresses, telephone extensions, and campus mailing addresses. Some directory information fields (such as student residences and home addresses) are not displayed outside of the College’s network. go.middlebury.edu/directory

Fax Services
Incoming faxes may be sent to 802-443-2068, which is in the College Mail Center and accessible only to Mail Center staff members. The fax is delivered to the student’s mailbox. Please be sure the fax includes both the student’s name and box number. In addition, there is an outgoing-only fax machine located near the Davis Family Library information desk. There is no charge to fax from this machine.

Faxes may also be sent from and received at the following numbers in the Commons offices:
• Atwater: 802-443-3319
• Brainerd: 802-443-3329
• Cook: 802-443-3339
• Ross: 802-443-3349
• Wonnacott: 802-443-3359

Telephones
Courtesy telephones are provided in all residence halls. These are located in common areas and hallways. In smaller houses there is one courtesy phone in a common area. These phones may be used for emergency calls to 911 or Public Safety x5911, calls to on-campus locations, and local and toll-free calls. Long-distance calling requires a calling card.

Cell Phone Service
Verizon Wireless, AT&T Wireless, and Sprint offer the best reception for the Middlebury area. For details on any company’s coverage, please visit their websites. Prepaid cellular services are also an option. To check coverage, use the Middlebury zip code: 05753.

Change of Address
To change your mailing address in Middlebury’s database, please contact your student’s Commons office. To change an address prior to your student’s matriculation, you may email orientation@middlebury.edu.
College Publications
In addition to occasional mailings, families can receive the following communications:
- MiddNews, emailed monthly to all family members whose email addresses are provided to us when students enroll.
- Middlebury Magazine, the alumni magazine, published quarterly.
- College Engagement Calendar, published annually.
- The Middlebury Campus, the weekly student newspaper, available online at go.middlebury.edu/campus. To receive print copies, you can subscribe through the Box Office at go.middlebury.edu/boxoffice.

Communication with Families
One of the ways in which we reinforce students’ development into mature adults is by emphasizing responsibility and accountability for their behavior. If academic or behavioral issues arise, our deans, staff, and professors work directly with students to resolve matters. We consider all students to be adults, regardless of age, and refrain from informing parents or guardians about individual issues except in unusual circumstances, such as a serious medical (or other) emergency, involuntary hospitalization, reports of actions affecting academic standing, and serious disciplinary actions. Middlebury College will contact families or guardians when students are issued serious College judicial sanctions (such as a reprimand, probationary status, official college discipline, suspension, or expulsion) and in situations in which students may pose a danger to themselves or to others.

In the academic realm, if a student is performing below a C- level, professors may send the student a warning and send a copy to the student’s Commons dean. Normally if a student receives two or more warnings, families are notified. If students experience serious academic difficulties that result in probation or suspension, the student’s Commons dean will send notification to the student and to families. It is not unusual for students to receive warnings in their first year while they adjust to Middlebury College requirements. For students who are struggling, resources are available to help them plan their work, arrange for tutors, strengthen their study skills, or improve their time management skills. At the end of each semester, grades are posted on a secure website to which students have access, and we strongly encourage students to share this information with their families.

As you prepare for your student’s college years, it is important to understand the areas of communication with Middlebury College that are governed by the federal Family Educational Rights and Privacy Act (FERPA). FERPA prohibits colleges from disclosing personally identifiable information from student education records without a student’s written consent, unless an exception applies. Covered student education record information may include information regarding social security numbers, class schedules, grades, and information in certain disciplinary records. Exceptions permit disclosure without a student’s written consent in circumstances involving health and safety emergencies, subpoenas, disclosures to other institutions where the student seeks or intends to enroll, certain disciplinary matters, and disclosures to parents of dependent students. (Though as a matter of policy, out of respect for the privacy-related decisions of its adult students, Middlebury usually seeks their consent to disclose education record information to parents unless another exception applies.) See the complete FERPA policy at go.middlebury.edu/ferpa.
The Davis Family Library is a hub of activity throughout the year.
Academic Life

**MIDDLEBURY PREPARES STUDENTS**
to be active citizens and leaders who can address the world’s most pressing problems. A balance of individual and community health and growth is reflected in our community standards:
- Cultivating respect and responsibility for self, others, and our shared environment;
- Encouraging personal and intellectual courage and growth;
- Manifesting integrity and honesty in all decisions and actions;
- Promoting healthy, safe, and balanced lifestyles;
- Fostering a diverse and inclusive community committed to civility, open-mindedness, and finding common ground.

**First-Year Seminars and First-Year Advising**
All students begin their first semester with a first-year seminar. These small-group courses allow students to participate actively in their own learning and to acquire the writing and speaking skills necessary for independent, intellectual achievement throughout college and beyond. Students in class together also live in the same Commons, allowing them to extend classroom discussions into the residence halls. First-year seminar instructors also serve as academic advisors to their students, helping with course selection and planning until students declare majors. Your first one-on-one meeting with your advisor takes place during orientation, shortly after you arrive on campus. During this meeting, you can expect to discuss your hopes and expectations for a liberal arts education at Middlebury and the courses and areas of study that interest you. [go.middlebury.edu/fys](http://go.middlebury.edu/fys)

**Curriculum**
Middlebury’s curriculum is designed to ensure an education that includes breadth of experience across many fields and disciplines, as well as in-depth study in one area defined by the major. An emphasis on writing in all disciplines sharpens students’ capacities for critical thinking and expression.

**THE HONOR CODE**
Students pledge to hold themselves and each other to high standards of academic integrity. The essence of Middlebury’s honor code is that, in order to become educated people, students must be honest about what they do and do not know. They must express their ideas without unauthorized help; give credit to others for their ideas and their influence on their insights; and expect the same intellectual integrity from their peers. [go.middlebury.edu/honorcode](http://go.middlebury.edu/honorcode)

**Majors**: A major is the area of study in which a student takes the most courses and explores in the greatest depth. Each department has designed its major to ensure that students not only learn key content but also the methodologies, languages, and modes of thinking and expression that characterize that discipline. It is also possible to pursue a joint major that combines and synthesizes two areas of study, or to pursue two separate majors, but these paths require considerable planning with an advisor. A student may also choose to pursue a minor area of study.

**Minors**: Less comprehensive than a major, a minor is a cluster of courses designed to provide a basic level of proficiency in a particular field.

**Distribution Requirements**: To ensure breadth of learning in our liberal arts curriculum, students must take classes in each of the eight different academic categories: literature; the arts; philosophical and religious studies; historical studies; physical and life sciences; deductive reasoning and
analytical processes; social analysis; and foreign language. Students are also required to complete one course in each of these four categories: Africa, Asia, Latin America, the Middle East, and the Caribbean; Europe; North America; and a course comparing cultures and civilizations, or on the identity and experience of separable groups within cultures. go.middlebury.edu/requirements

Declaring a Major
Declaring a Major: A major requires a minimum of 10 fall and spring semester courses. Students may take no more than 16 fall and spring semester courses and, in addition, no more than two winter term courses in a major department or program (one of which may be senior work). All students must officially declare a major by the end of the third semester. Any student who wishes to complete a second major must officially declare by the end of the fourth semester of study. After the fourth semester, students wishing to add a second major, or change majors, must petition and gain approval from the new department or program to ensure that the student can complete the major by the end of the eighth semester. Some highly structured programs, particularly those involving study in the foreign languages or the natural sciences, are facilitated by a declaration of a major by the end of the second semester.

Preprofessional Programs
Preprofessional Programs
Our undergraduate program focuses on the liberal arts, but offers specific curricula and resources designed to prepare students for professional careers, regardless of a major. go.middlebury.edu/preprof

• Health Professions Program helps students fulfill curricular requirements for further graduate study to become a medical practitioner.
• Pre-Law Program prepares students to be competitive applicants for law schools.
• Education Studies Program trains students as teachers, with an option for professional certification.
• Pre-Engineering Program provides background for graduate study and potential collaboration with another institution for a dual degree program.
• Architectural Studies Program prepares students for graduate work in architecture.

ROTC
Middlebury College, in partnership with the University of Vermont Army ROTC Program, provides leadership training to motivated college students interested in serving as commissioned officers in the United States Army after graduation. go.middlebury.edu/rotc

Class Attendance
Professors will share their attendance policies with students on the first day of class, but the general idea will be the same: missing classes means missing opportunities to engage thoughtfully with the work, exchange ideas with peers, and learn fully and deeply. If students anticipate missing a class or miss a class unexpectedly, it is important to communicate with professors immediately. Professors may be able to work with students to extend deadlines, or direct them to Commons deans, who under exceptional circumstances, such as serious illness, may provide a dean’s excuse. Students participating in varsity athletics should visit go.middlebury.edu/rotc and review the “Guidelines for Handling Athletics-Explained Absences” under “Course Registration and Conduct of Courses” for specific instructions.

Advising
Academic advising is central to the Middlebury experience, whether in your first-year seminar or the final stages of completing a major and writing your thesis. Throughout the college years, students work individually with professors to develop multiyear strategies that reflect their interests, strengths, and academic goals. Students begin the first semester with a first-year seminar, and the instructor of that small-group seminar serves as their advisor until they declare majors. At that time, students choose professors in the departments or programs of their majors to serve as their advisors. In addition, students find advising support through their Commons and from other professors and staff members who may have valuable information and insights to share.

go.middlebury.edu/advising
Evaluation
Every class includes a sufficient amount of written, oral, and practical work so that both students and professors are able to evaluate their progress. Professors strive to encourage free discussion, inquiry, and expression and to evaluate students solely on academic merit, not on the basis of opinions or conduct unrelated to academic standards. For fall and spring semesters, the final examination period usually begins two to three days following the end of classes and lasts for five days. An unexcused absence from a preannounced examination will result in a grade of F for that unit of work. If students have compelling personal circumstances, illnesses, or injuries that prevent or prevented them from completing an exam or other large assignment, students must contact their Commons dean.
go.middlebury.edu/evaluation

Withdrawal, Suspension, and Readmission
It is not uncommon for students to take a semester or even a year off at some point during their studies. In most cases, this is a voluntary withdrawal. Students must notify the Commons dean of an intention to withdraw for a semester (or longer), and must contact the dean again several months in advance of return (by June 1 for a fall semester return and by November 15 for a spring semester return). Students generally may not return in winter term after a withdrawal. Occasionally, students experience challenges that compromise their ability to function in a healthy manner on campus. When students are unable to function safely and effectively in our academic and residential environment, we may support their voluntary withdrawal or, in very rare cases, enact an involuntary withdrawal. Students must address the issue of concern with an appropriate professional before they return to Middlebury. Students may also be withdrawn for academic reasons, or be suspended for major policy violations. When students are withdrawn for academic failure, they may return to Middlebury when they can demonstrate that they have addressed whatever issues led to their academic struggles. This is usually accomplished by enrolling at another four-year college for a semester and earning grades of B- or better in a four-course liberal arts program. go.middlebury.edu/studentstatus

Winter Term
During winter term (also known as J-term), each student enrolls in only one academic, credit-bearing course and faculty members each teach only one course. Students can study at the College or, after their first year, away from campus; independently or as participants in a course; in their major fields or in disciplines they have never studied before. The winter term curriculum consists of a variety of interdepartmental and departmental courses of various levels. Students can also undertake a winter internship instead of formal study. Normally, a department may require its students to take no more than one of its winter term courses, in addition to winter term senior work, during four years. Students are urged to take winter term courses in substantially different areas in their first two years. A minimum of two and a maximum of four winter term courses will count toward the graduation requirement of 36 credits. go.middlebury.edu/winter-term

Study Abroad
Each year about 50 percent of the junior class studies abroad in more than 40 countries at more than 75 different programs and universities. Middlebury has Schools Abroad in Argentina, Brazil, Cameroon, Chile, China, France, Germany, India, Israel, Italy, Japan, Jordan, Morocco, Russia, Spain, the United Kingdom, and Uruguay. Middlebury also has exchange agreements in England with the University of East Anglia and the University of Nottingham. Externally sponsored (non-Middlebury) programs are also available in several countries.

Study abroad is an integral part of a student’s academic experience, and students from all majors choose to do it. For those studying foreign languages and cultures, study abroad is a natural component of their degree. Students majoring in international and global studies or international politics and economics are required to study abroad. Students should plan early in their

Smart classrooms with technological enhancements are common around campus.
academic program in preparation for study abroad. go.middlebury.edu/sa

Summer Study
Summer study provides opportunities for travel- or field-based courses and exciting experiential learning opportunities that would otherwise be difficult to accommodate during the regular academic year. It’s an optional extra experience for Middlebury students and not part of the regular academic year. Summer study courses carry Middlebury academic credit and can count toward graduation requirements as outlined in the academics section of the College handbook. Need-based financial aid is available to current financial aid recipients taking a summer study course for the first time. go.middlebury.edu/summerstudy

Rohatyn Center for Global Affairs
The Rohatyn Center for Global Affairs promotes Middlebury’s goal of advancing global understanding that radiates from a core linguistic and cultural competency. The center works with a faculty committee to create cocurricular programming for students and supports faculty in their teaching and professional development. go.middlebury.edu/rohatyn

Center for the Comparative Study of Race and Ethnicity
The Center for the Comparative Study of Race and Ethnicity serves the Middlebury College community through its support for pedagogy and research that employs interdisciplinary approaches towards the understanding of formations of race and ethnicity. It encourages scholarship that considers race and ethnicity as intersecting with class, gender, sexuality, religion, age, disability, language, communication, migration, and the environment in human relations. The center and its affiliates are committed to broad discussions of race and ethnicity in local, regional, national, transnational, and global contexts. go.middlebury.edu/ccsre

Center for Teaching, Learning, and Research (CTLR)
With more than 46 percent of Middlebury students utilizing its services, CTLR is a hub of educational inquiry and academic growth in writing, oral presentations, quantitative reasoning, and time management, as well as peer-mentoring, course-content tutoring, and English as a second language support. Students can also get information and advice about undergraduate research opportunities, including those in the Digital Liberal Arts, and about a number of nationally competitive fellowships and scholarships, such as Fulbright, Watson, Rhodes, and Truman. Located on the main floor of the Davis Family Library, the center incorporates many programs. go.middlebury.edu/ctlr

Student Accessibility Services
Nearly one in every 13 Middlebury students has self-identified as having a disability in some way. If your student has a documentable learning disability or other form of disability, please contact Student Accessibility Services (SAS), which provides confidential services and accommodations for students who have special needs affecting their learning, vision, hearing, speech, mobility, and physical and psychological health. Such services can include the assigning of note takers, readers, or scribes; access to scanners, screen-reading software, or large-print software; interpreting services; Phonic Ear assistive listening systems; extended time on tests; and more. Students are highly encouraged to contact SAS to receive appropriate accommodations. go.middlebury.edu/ada

International Student and Scholar Services
International Student and Scholar Services (ISSS) provides advising, programs, and support to our international students, staff, and faculty. Middlebury enrolls more than 250 international undergraduates from more than 75 countries and employs approximately 250 international faculty and staff members. ISSS manages the College’s involvement in the U.S. Government’s Student and Exchange Visitor System (SEVIS), as well as institutional compliance with immigration regulations. They coordinate early arrival for international students and the Friends of International Students (FIS) host program. ISSS also serves as a place of support for students who have international roots by having lived abroad or having immigrated to the U.S. go.middlebury.edu/isss

STUDENT SYMPOSIUM
The annual Spring Student Symposium is an all-campus multiday event that showcases the scholarly and creative pursuits of the student body. Students present their independent work—including lectures, performances, posters, panels, artwork, open rehearsals, and readings—to a wide audience from the campus and the community.
Franklin Environmental Center at Hillcrest
Environmental stewardship is an integral part of the Middlebury experience. It’s visible in the habits of individuals, the actions of multiple sustainability-related student groups, and in overall institutional initiatives—such as the commitment to be carbon neutral by the end of 2016, the Organic Farm, the emphasis on using local ingredients in dining halls, the biomass system, and the LEED Platinum Franklin Environmental Center at Hillcrest, which is home to the Dean of Environmental Affairs, the Sustainability Integration Office, and the Environmental Studies Program. go.middlebury.edu/fech

OTHER MIDDLEBURY SCHOOLS AND PROGRAMS

Middlebury Language Schools: Middlebury College has a reputation for excellence in language teaching at its undergraduate college, intensive summer programs, and Schools Abroad. During the summer, courses are offered from beginning to graduate level in Arabic, Chinese, French, German, Hebrew, Italian, Russian, and Spanish; study is also offered in Japanese, Korean, and Portuguese. Approximately 1,500 students attend the Language Schools, from all 50 states, the District of Columbia, and more than 50 foreign countries. Students sign the Language Pledge®, a promise to speak only the language they are studying for the duration of their time in the program. This complete linguistic immersion, combined with rigorous classroom learning, highly skilled professors, and scores of in-language cocurricular activities, helps students achieve dramatic breakthroughs, no matter their proficiency level. The Language Schools sessions take place on campus at Middlebury College and on the West Coast at Mills College in Oakland, California. go.middlebury.edu/ls

Middlebury Institute of International Studies at Monterey: The Middlebury Institute of International Studies at Monterey provides graduate professional education in areas of critical importance to a rapidly changing global community, including international policy and management, translation and interpretation, language teaching, sustainable development, and nonproliferation. It prepares students from all over the world to make a meaningful impact in their chosen fields through degree programs characterized by immersive and collaborative learning, and opportunities to acquire and apply practical professional skills. Its students are emerging leaders capable of bridging cultural, organizational, and linguistic divides to produce sustainable and equitable solutions to a variety of global challenges. Middlebury College and the Institute have established an integrated degree program in which students can earn a BA and an MA in five years. go.middlebury.edu/miis

Bread Loaf School of English: Each summer since 1920, the Bread Loaf School of English has offered a rich array of graduate courses in literature, the teaching of writing, creative writing, and theater arts to students from across the United States and the world. Bread Loaf campuses are located in Santa Fe, New Mexico; Oxford, United Kingdom; and Middlebury’s Bread Loaf campus in Ripton, Vermont. go.middlebury.edu/blse

Bread Loaf Conferences: Bread Loaf Writers’ Conference, founded in 1926, is the cornerstone of the Bread Loaf Conferences, which have grown to include Bread Loaf Orion Environmental Writers’ Conference and Bread Loaf Translators’ Conference. Some of the world’s most notable writers and translators come each summer as faculty and often return year after year. go.middlebury.edu/blwc

School of the Environment: Middlebury’s prominence in environmental studies has produced a global network of alumni, families, and friends who head environmental organizations, progressive businesses, government organizations, and educational and policy institutions. At the School of the Environment, students work one-on-one with some of these leaders, forming a network for future education and careers. go.middlebury.edu/soe

Students have an opportunity to truly experience a different culture when they study abroad.
Students get into the spirit for a College-wide square dance.
Community Living

**THE RESIDENTIAL** undergraduate college experience creates an opportunity for community that often comes along only once in a lifetime. The enormously supportive and engaged faculty and staff at Middlebury College work hard every day to help students make the most of it for themselves and those around them. As Middlebury attracts students from diverse backgrounds, its system must nurture the educational and personal development—and personal responsibility—of all students. go.middlebury.edu/studentlife

**Dean of Students**
The Office of the Dean of Students encompasses key components of campus life, including orientation, health and wellness education, judicial affairs, and residential life, as well as student activities, governance, and organizations. Within these areas, staff members work to build and maintain a diverse and inclusive community. Collaborating with the Commons and other offices, they help students explore the rich intersections of academic, cocurricular, and residential life, providing opportunities for leadership development, personal growth, creativity, and community problem solving. Underlying their work is a firm commitment to the highest standards of integrity, respect, and concern for others.

**Diversity and Inclusivity**
We are deeply committed to creating a diverse and welcoming community with full and equal participation for all individuals and groups. We work together daily to foster a respectful and engaged community that embraces all the complexity and individuality each person brings to campus. We are dedicated to learning, growing, and becoming our best selves. Groups of people from a variety of backgrounds and with differing viewpoints are often more resilient and adaptive in solving problems and reaching complex goals than more homogeneous groups. They coalesce into an effective community that benefits from the talents and identities of each individual. On campus, we offer students the opportunity to connect in different ways. go.middlebury.edu/diversity

**Alliance for an Inclusive Middlebury**
The Alliance for an Inclusive Middlebury (AIM) works to promote a College-wide approach to issues of diversity, access, and equity. President Patton often speaks to this community about inclusivity as an everyday ethic, and she believes every one of us can be part of creating a better Middlebury. Through strategic planning and programmatic development, AIM will help the community foster an inclusive campus so that no one should experience it as an outsider. AIM members include faculty, staff, and students. go.middlebury.edu/aim

**LGBTQ+**
Middlebury has many active and welcoming resources for students identifying as lesbian, gay, bisexual, transgender, queer—or questioning their identities—and those who support them. go.middlebury.edu/lgbtq

**Anderson Freeman Resource Center**
The Anderson Freeman Resource Center (AFC) promotes an inclusive...
learning environment for the community, with particular support for the needs of students of color, first-generation college students, students from low-income backgrounds, LGBTQ+ students, international students, and other students that have been historically underrepresented or marginalized in U.S. higher education. In conjunction with the Center for the Comparative Study of Race and Ethnicity, the AFC provides resources and programming that encourage the holistic development of Middlebury’s increasingly diverse undergraduate student body as they attain their goals of academic achievement and personal growth while exploring and sustaining their identities and cultures. go.middlebury.edu/afc

Charles P. Scott Center for Spiritual and Religious Life
Middlebury welcomes students of all religious faiths and views the College’s religious and spiritual diversity as a strength. Through its Religious Life Council, the Scott Center offers support for the many student-led religious, spiritual, and meditation groups that meet regularly on campus, and provides opportunities for interfaith dialogue and work projects in the community and beyond. The chaplains and staff also help students make connections between academic work and the exploration of deep and abiding questions through special programs and discussions. go.middlebury.edu/scottcenter

May Belle Chellis Women’s Resource Center
Chellis House is named after Middlebury’s first woman graduate, Class of 1886, and it provides informational, educational, and cultural resources for students, staff, and faculty, as well as a forum for the advancement of women’s and gender issues. It contains a diverse collection of books relating to women’s and gender studies and is open to any student or organization looking for an alternate place to study, chat, and relax with friends, or host meetings or events. go.middlebury.edu/chellis

STUDENT ACTIVITIES
There are plenty of opportunities to find one’s niche at Middlebury, whether through student activities, student government, programs and events, or groups and affiliations.

The Middlebury College Activities Board (MCAB)
The largest student programming body on campus, MCAB plans everything from concerts and film screenings to speakers and Winter Carnival. MCAB is always open to questions, comments, and suggestions. It’s also a great way for students to get involved in shaping social life on campus. go.middlebury.edu/studentactivities

Student Organizations
Clubs, publications, intramurals, cultural activities and events, student government, outings, religious and spiritual activities, and community engagement are great ways to get involved at Middlebury. go.middlebury.edu/orgs

Club Sports
Club sports offer students the opportunity to participate in intercollegiate competition in a less-structured environment. There’s no shortage of options: badminton, cycling, fencing, figure skating, ultimate Frisbee, rugby, water polo, sailing, and Quidditch—the muggle-friendly version that was founded right here at Middlebury. go.middlebury.edu/clubsports

Community Council
The Community Council serves as a forum in which all segments of the College community have a voice on nonacademic issues on campus. With a membership that represents students, faculty, and staff, their deliberations and decisions consider the interests and concerns of the whole community. go.middlebury.edu/communitycouncil

Student Government Association (SGA)
The SGA acts as a single unified group, representing students in the decision-making processes of the College. It is the official channel for student participation in formulating institutional policy affecting academic and student affairs. The SGA is made up of the senate (elected Commons representatives and class representatives), the cabinet (appointed advisors), and the president (elected Singer and songwriter Angélique Kidjo performs at Middlebury College.
RESIDENCE LIFE
Middlebury’s residential system embodies the College’s conviction that an excellent liberal arts education takes place around the clock—as easily over dinner as in the classroom.

There are 60 buildings for student housing on campus, and all first-year students are assigned to one of five Commons, where they live for the first two years. As juniors and seniors, students can choose from other housing options across campus, though they remain members of their Commons throughout their four years.

The Commons System
The Commons, Middlebury’s living-learning residential system, weaves the academic, social, and residential components of college life into an integrated community experience. Through the Commons, students have structure and support for exploration and growth, and the freedom to govern their own intellectual, cultural, and social development.

The five Commons—Atwater, Brainerd, Cook, Ross, and Wonnacott—are each named for an important figure in Middlebury’s history. Each is a community of about 500 students, first-years through seniors, living in a cluster of neighboring residence halls and houses. Students are assigned to a Commons when they enroll, are housed in that Commons through their sophomore year, and retain membership in it through their senior year. Each of the five Commons is supported by a team of faculty, staff, and students who regularly participate in Commons life and share their expertise.

Commons Head: Seasoned faculty members set the intellectual tone of each Commons. They live in houses adjacent to campus, frequently host student events, and work directly with students and faculty colleagues to create a vibrant educational atmosphere in their residential community.

Commons Dean: Deans oversee all aspects of the residential experience and provide academic and personal support, assist in resolving conflict, and enforce College policy. Along with the Commons heads, the Commons deans help bridge academic and residential experiences, playing a crucial role in supporting Middlebury’s goal of a seamless educational environment.

Commons Coordinator: The Commons coordinator oversees daily operations, advises students on the logistics of residential life, and creates a welcoming atmosphere in the office.

Commons Residential Advisor (CRA): CRAs are recent graduates who live in the residence halls and work with the Commons team to build community, support the student residential-life staff, and provide after-hours support for students.

First-Year Counselor (FYC): FYCs are returning students who serve as live-in mentors in first-year residence halls to provide academic guidance and personal support for new students.

Resident Assistant (RA): RAs are students who serve as community leaders in sophomore dorms. They maintain residential standards, facilitate a sense of community, and work directly with Commons heads, deans, residential advisors, and other staff. RAs are also liaisons to facilities management and other offices on campus.

Community Assistants (CA): CAs are students who live in junior and senior houses, special interest houses, and residence halls. CAs support students’ residential experiences and understand the network of resources available on campus.

Residential Programming
Commons teams integrate academic experiences with residential life to encourage the free exchange of ideas and a robust intellectual community. This begins with the first-year seminar (see page 27); students who are in class together also live in the same Commons, allowing them to bring classroom experiences into the residence halls. Each Commons offers activities and programs inspired by academic events taking place on campus. There are also a great number of social and cocurricular programs provided by residential life to build a strong and lively community.

Roommates
One of the most wonderful and sometimes challenging aspects of new college life is learning to live with a roommate. Roommates are selected based on responses to a detailed questionnaire, and we do our best to match roommates by interest, personality, and habits. The initial adjustment period can sometimes be difficult and awkward. If and when roommate conflicts arise, we encourage students to try to work out their differences. We do not permit new students to change rooms for the first month of school. After this period, students still having difficulty—who have made use of all of the assistance we offer (FYCs, CRAs, and Commons deans)—may change roommates, space permitting.

Other Living Options
After leaving the Commons residence halls, juniors and seniors have a range of living situations to choose from. Middlebury maintains a number of large dormitories such as Forest, Painter, and Starr. These buildings primarily have singles and doubles.

Small Houses: Small houses are scattered in and around the College for groups of students to live together. They range in size from three to 10 beds and many have kitchens and larger living spaces.

Suites and Townhouses: A number of options around campus allow for students to live in apartment-style housing. These accommodate three to seven students, and many have kitchens.
Superblocks: Groups of students (from seven to 30) who share a common interest can apply to live as a group in one of the 10 superblocks. These competitively selected, single-year theme houses receive a small budget for events and activities.

Social Houses: Social houses allow students to assume responsibility for activities and programs that enhance the social life of the student community. Some students reside in the houses, but many do not. The social-house system is self-governed by the InterHouse Council.

Academic and Special Interest Houses: Residents pursue a common academic or special interest and share the fruits of that interest with the campus community. Currently language houses include Arabic, Chinese, French, German, Hebrew, Italian, Japanese, Portuguese, Russian, Spanish; and special interests include InSite (a 2013 award-winning Solar Decathlon house), Intentional Living, Outdoor Interest, PALANA (Pan-African, Latino, Asian, and Native American), Queer Studies, Self-Reliance (a 2011 award-winning Solar Decathlon house), and Weybridge House.

Room Draw
After the first year, students may either apply to live in special interest or superblock housing or are assigned to housing via room draw. Students receive a random number that determines the order in which they may select a room. Students should make housing plans based on friendships and not on the hope of living in a suite or any other type of housing. Those who do are happier with their living arrangements in the long run.

go.middlebury.edu/roomdraw

Campus Access and Keys
Middlebury uses an electronic access system to ensure students, faculty, and staff safe access to College facilities. The MiddCard allows students entry to all residence halls and appropriate access to other campus facilities. Students are also issued a room key or key code for their bedrooms. We urge all students to protect their property and ensure their personal safety by locking their rooms when they are away or are sleeping. Middlebury does not accept responsibility for the loss of money or personal property or for damage to belongings in the residence halls or anywhere else on campus. Check with your insurance carrier to confirm if your student’s belongings are adequately covered.

Cleaning
Cleaning equipment is readily available, and students are responsible for keeping their rooms in order. The custodial staff cleans and maintains common areas, such as kitchens, bathrooms, and lounges, but students are collectively responsible for ensuring that these common areas are kept tidy. In the event that common areas in the residence halls are damaged and those responsible cannot be identified, all students living in the residence are billed a prorated share of the expenses. Charges are imposed for damage to rooms or furniture, for removal of furniture, and for rooms not left in neat condition at the end of the occupancy period.

Dorm Damage
We call upon every member of the community to respect our buildings, landscaping, and educational resources. They are shared among students, faculty, and staff, today and tomorrow, this year and next. Theft of or damage to College property is considered a serious offense, which may lead to disciplinary proceedings with penalties up to and including suspension or expulsion. Students will also be charged for any costs associated with replacing or fixing stolen or damaged property.

go.middlebury.edu/dormdamage

Bikes and Cars
Parking on campus is limited and often far from residence halls. Most businesses in town are within a short walk. If students bring bicycles to campus, they must register them with Public Safety. We encourage bringing a sturdy bike lock. There is ample outdoor bike-rack space and indoor storage is available during the winter.

go.middlebury.edu/bikereg

If students bring cars, all vehicles must be registered with Public Safety, display a valid permit, and be parked in designated parking areas in accordance with the parking rules, which are in effect all year.

go.middlebury.edu/parking

WHICH COMMONS AM I IN?
Shortly before orientation new students are notified via Middlebury email how to access information posted on BannerWeb about housing assignments, potential roommates, and Commons affiliations. Students can begin connecting with their future roommates through direct email communication prior to arrival, if possible. We encourage you to approach this communication process and these relationships with the understanding that while you may discover differences, you will inevitably also discover important similarities.
Laundry Facilities
Laundry facilities are conveniently located around campus (see a list online). Up-to-date prices can be found at the link below. Rechargeable cards can also be purchased at the College Bookstore.
go.middlebury.edu/laundry

Storage
Some residential facilities offer storage spaces for empty boxes, trunks, and suitcases. All personal belongings must be removed from residential storage spaces at the end of the academic year, or when a student withdraws from the College or leaves to participate in an off-campus study program. Items not claimed at the end of the storage period are disposed of. Middlebury is not responsible for items placed within storage spaces.
go.middlebury.edu/storage

Reduce, Reuse, Recycle
Waste reduction and recycling are important aspects of living sustainably on campus. About 65 percent of our waste never goes in the landfill and we compost over 300 tons per year. You can do your part by reducing the amount of waste you generate—carrying a reusable water bottle and mug, purchasing goods with minimal packaging, and reading articles electronically—and by recycling what you can. All students receive personal-size blue recycling bins for recyclable materials. Please take the time to sort properly.
go.middlebury.edu/recycle

Dining Services
Middlebury provides breakfast, lunch, and dinner seven days a week in dining halls as part of the meal plan included in the comprehensive fee. There are no restrictions on the number of times you can enter a dining hall during each meal period—eat dinner at one dining hall and enjoy coffee and dessert with friends at another.

Ingredient lists are posted for all main entrées and many other foods. Students are encouraged to take advantage of Dining Services’ open-kitchen policy to speak with managers and chefs about special needs or requests.

Dining Services maintains a green-dining approach to campus food practices—buying local and organic foods, composting, using biodegradable products, and partnering with the Middlebury College Organic Farm for produce, among other initiatives.
go.middlebury.edu/dining

There are plenty of other dining options on campus as well:

**Bi-Hall Kiosk** is located in the Great Hall and features coffee, snacks, and grab-and-go sandwiches, salads, and fresh-made sushi.

**Crossroads Café**, in McCullough Student Center, is a student-run business committed to using local, organic, and sustainable products whenever possible. Items include fruit smoothies, coffee and tea, homemade baked goods, soups, and sushi.

**Dolci** is a student group that hosts restaurant-style dinners on campus. Tickets to meals are free, and students get paid to serve as head chef, chef, prep chef, dishwashers, and servers.

**The Grille** is perfect for casual lunches with professors and late-night snacks—from Caesar salads and veggie wraps to sweet potato fries and cheeseburgers.

**MiddXpress** provides snack food, prepared lunches, and beverages, as well as general drugstore items, cards, and newspapers.

**Rehearsals Café**, located in the Mahaney Center for the Arts, serves beverages and light fare. The grab-and-go menu features coffee, tea, espresso drinks, yogurt parfaits, salads, sandwiches, soups, and sushi.

**Wilson Café**, in the Davis Family Library lobby, offers gourmet coffees and teas, plus grab-and-go sandwiches, salads, bagels, and muffins.

**51 Main at the Bridge** is a College-owned restaurant and lounge in town that provides a social venue for students, faculty, staff, and the local community to enjoy international cuisine with locally sourced ingredients, live music, and art.

Students enjoy a wide range of menu options in Ross Dining Hall.
WRMC 91.1 FM is Middlebury’s student-run radio station—a great opportunity for expression.
Creativity, Innovation, and Exploration

Leadership, Creative Thought, and intellectual risk taking: these are skills many Middlebury students are eager to develop as they look ahead to four years of college and life beyond. And there are a multitude of opportunities on and off campus. Through classes, funding competitions, symposiums, service learning, and volunteer opportunities, as well as workspaces for ideation and collaboration, Middlebury helps students try new things and take their creative ideas forward.

Center for Careers and Internships
The Center for Careers and Internships (CCI) connects students to a range of resources, guiding them through the career-exploration process throughout all four years and providing summer and winter term internship opportunities. CCI prepares students to translate their Middlebury experiences into successful pursuit of their postgraduate goals.

Professional and Career Development: Advisors help students explore their aspirations and career options through individual counseling, workshops, and internship planning that includes our robust network of Middlebury alumni, who provide advice and opportunities. go.middlebury.edu/careers

Internships: Students can apply their liberal arts learning and gain real-world experience through internships. CCI maintains a database of more than 500 internship opportunities in many fields and supports 250 students every summer with funding for unpaid internships.

Health Professions: CCI’s Health Professions and STEM team advises on curricular planning and experiential opportunities and helps students and alumni explore health professional careers and navigate the postgraduate admissions process. go.middlebury.edu/internships

Center for Social Entrepreneurship
With an understanding that social entrepreneurship education is integral to the 21st-century liberal arts curriculum, the Center for Social Entrepreneurship (CSE) creates opportunities for students to be effective agents of social change. By reflecting on who they are, analyzing systemic challenges, and engaging

Students plot a business plan during a MiddCORE exercise.
the world around them, students can become involved with CSE’s connections to a global network of schools, NGOs, government agencies, businesses, and foundations that share a commitment to developing 21st-century solutions. CSE also sponsors a weekly speaker series, a January symposium, and a June educator’s forum. Additionally, CSE provides funding for cohorts of CSE Fellows and summer grant recipients to carry out projects related to social entrepreneurship. go.middlebury.edu/cse

Community Engagement
Locally and around the world, Community Engagement (CE) helps students explore civic identity and pursue projects in collaboration with communities—all while striving to contribute to the public good. Through volunteerism, alternative-break trips, service-related initiatives, and community-connected research, Middlebury students become active participants in the world and can often receive funding to pursue rewarding opportunities locally and abroad. CE’s core programs include Privilege & Poverty, Shepherd internships, Language in Motion, youth and mentoring programs, and Middlebury Alternative Break trips (MAlt). go.middlebury.edu/ce

MiddCORE
MiddCORE is a leadership and innovation program designed to help students develop the skills, confidence, and experience to be successful in life and work. Through mentor-driven, experiential learning workshops and courses, students engage in highly collaborative and hands-on activities to address real-world challenges. MiddCORE offers Middlebury students a winter term course, a 10-week academic internship program, and a fall and spring workshop series. A four-week summer program designed for current and recent college students is open to anyone. go.middlebury.edu/middcore

Student Art and Music
There are many opportunities for student-generated creativity outside the classroom, and these are just a few:

- The Student Darkroom, in the basement of Forest Hall, is operated by the Darkroom Club, which offers introductory tutorials, open hours, and workshops throughout the year. go.middlebury.edu/darkroom
- M Gallery, located in Old Stone Mill, is a student-run art gallery fostering the arts for Middlebury students. M Gallery offers frequently changing exhibitions of student artwork, performing-arts events, and lectures and discussions.
- The Center Gallery, located in McCullough Student Center is dedicated to the display of student artwork through a series of changing exhibitions.
A spoken-word poetry forum is one of many student activities available.
There are plenty of trails around campus—like this one near the solar array.
Health, Wellness, and Safety

LIFE AT COLLEGE can be exciting, with great classes, lots of people, and a new community. But it can also be challenging—studying for exams, fitting in, and discovering a new level of independence. It’s important for students to take care of themselves through a balanced lifestyle that includes a good diet and an appropriate amount of exercise, sleep, and play.

Culture Shock
Adjusting to a different place and environment can be full of ups and downs. It’s important to understand the difficulties that students who have been living abroad or in urban environments might confront in rural Middlebury. Some may experience emotions that range from excitement and curiosity to a sense of overwhelming confusion and anxiety. These issues are normal occurrences that everyone goes through when living in a new culture or place.

Health and Wellness Education
Health and Wellness Education programs support students’ holistic health and wellness by integrating prevention and health promotion into the campus community through lectures, workshops, and peer education and advocacy. The core of health promotion is providing support and tools that allow students to explore their own wellness in the context of their Vermont-based and global communities. go.middlebury.edu/hwe

Parton Center for Health and Wellness
Parton Center promotes sustainable student well-being in a confidential environment. Parton’s excellent medical, counseling, and sports medicine staff are available free of charge to help students with physical, emotional, or interpersonal issues.

The college years can be predictably stressful and demanding—physically, emotionally, socially, and intellectually. Students’ abilities to cope, develop skills, care for, and understand themselves within the college environment develops over the course of their four years as they learn to manage more independently and to identify resources for support. If students have healthcare questions, they should call 802-443-5135 or visit our health and counseling website at go.middlebury.edu/parton.

Health Services: Provides comprehensive acute health care for students, including caring for musculoskeletal injuries; assisting students in meeting their health needs; and facilitating a partnership with students to increase their knowledge of health and healthcare issues. go.middlebury.edu/health

Counseling: Provides support for students’ well-being and developmental growth within a safe environment. All services are confidential and free of charge: go.middlebury.edu/counseling

Sports Medicine: Provides athletic training and sports-medicine services for varsity, club crew, and club rugby athletes, including injury-prevention education and the management and rehabilitation of athletic injuries. go.middlebury.edu/sportsmed

Campus Policies
Middlebury has several policies to support its goals of building a safe, diverse, and

OFF-CAMPUS MEDICAL RESOURCES
Check out “Health Topics A–Z” at go.middlebury.edu/health and look up Off-Campus Medical Resources for a helpful list of dentists, doctors, and pharmacies, as well as contact information for Porter Hospital, which is less than a mile from campus.
inclusive campus where bigotry and intolerance are unacceptable. These include a threat assessment and response policy and other policies that strictly prohibit unlawful discrimination and harassment, including sexual harassment and sexual misconduct, domestic and dating violence and misconduct, stalking, and related retaliation. Middlebury treats these matters seriously, and we encourage students who experience or witness any of these behaviors to speak up and contact their Commons dean, Public Safety, or Middlebury's human relations officers (go.middlebury.edu/hro) or judicial affairs officers (go.middlebury.edu/judicial). College policies relating to student conduct are detailed in the Middlebury College Handbook, available at go.middlebury.edu/handbook.

Nondiscrimination Statement/Title IX

Middlebury complies with all applicable state and federal laws, which prohibit discrimination in employment, or in admission or access to its educational or extracurricular programs, activities, or facilities, on the basis of race, creed, color, place of birth, ancestry, ethnicity, national origin, religion, sex, sexual orientation, gender identity or expression, age, marital status, service in the armed forces of the United States, positive HIV-related blood test results, genetic information, or against qualified individuals with disabilities on the basis of disability and/or any other status or characteristic as defined and to the extent protected by applicable law. The College’s compliance officer and Title IX coordinator are responsible for coordinating compliance with federal and state antidiscrimination laws, including Title IX of the Education Amendments of 1972 as amended, which prohibits sex discrimination, including sexual harassment and sexual misconduct, and Section 504 of the Rehabilitation Act of 1973, which prohibits discrimination on the basis of disability. The full text of the College’s Nondiscrimination Statement is available at go.middlebury.edu/nondiscrimination.

Compliance Officer/Title IX Coordinator

Susan P. Ritter, JD
Service Building 213
802-443-3289
sriter@middlebury.edu

Antiharassment/Discrimination Policy

Discrimination and harassment, including sexual harassment and related retaliation, as defined by applicable law, are antithetical to Middlebury’s mission. Students who wish to report discrimination or harassment, including sexual harassment or related retaliation, should contact the College’s human relations officer or their Commons deans. The College will take reasonable and appropriate remedial action to prevent discrimination, harassment, and/or related retaliation, eliminate any hostile environment, and prevent recurrence of the behavior. The full text of the Antiharassment/Discrimination Policy and explanation of how complaints are handled are available at go.middlebury.edu/antiharassment.

Human Relations Officers

Steve Collier, JD
Service Building 215
802-443-3474
scollier@middlebury.edu

Earl Fechter, JD
Service Building 216
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efechter@middlebury.edu

Alternate Human Relations Officer

Laura Carotenuto
Marble Works 120
802-443-2012
lcaroten@middlebury.edu

Policy Against Sexual Misconduct, Domestic and Dating Violence and Misconduct, and Stalking

Middlebury’s Policy Against Sexual Misconduct, Domestic and Dating Violence and Misconduct, and Stalking governs the behavior of all Middlebury students, faculty, and staff. The policy strictly prohibits sexual misconduct (including sexual assault and sexual exploitation), as well as domestic and dating violence and misconduct, and stalking. Complaints or reports under the policy should be brought to the immediate attention of the College’s judicial affairs officers or the human relations officers. Students involved in the complaint process will be treated with the utmost sensitivity, dignity, and respect. The full text of the policy and explanation of how complaints are handled are available at go.middlebury.edu/sexualmisconduct.

HOW FAMILIES CAN HELP

Take a minute to discuss the basics of your family (or college student) health insurance plan, including benefits and limitations. We also strongly recommend that you discuss personal health care with your student so they understand how to use the following:

- Thermometer (bring one and know how to use it)
- Anti-inflammatory medication (ibuprofen or naproxen sodium)
- Pain relief medication, such as acetaminophen
- Cough medicine
- Nasal spray decongestant (oxymetazoline, a.k.a Afrin)
- Nasal irrigation (a.k.a. Sinus Rinse)
If you experience an event you think might be sexual assault, sexual exploitation, domestic and dating violence and misconduct, or stalking, seek help as soon as possible from others who can provide medical care, supportive counseling, and other services and accommodations. There are a wide array of emergency and long-term resources available to support you. Please refer to the resources and information outlined at go.middlebury.edu/sexualviolenceinfo. All students are encouraged to report sexual misconduct, domestic and dating violence and misconduct, and stalking incidents to the Middlebury police, the Vermont state police, or other state or federal agencies. Middlebury will offer, and upon request provide, assistance to students in contacting law enforcement agencies (contact information is listed in the policy’s appendices).

Judicial Affairs Officers
Karen Guttentag
Associate Dean for Judicial Affairs and Student Life
Service Building 219
802-443-2024
kguttent@middlebury.edu

AJ Place
Associate Dean for Judicial Affairs and Student Life
Service Building 217
802-443-5385
ajplace@middlebury.edu

Threat Assessment and Response Policy
Middlebury is committed to maintaining a safe and secure campus and workplace environment. As part of this commitment, Middlebury has established a Threat Assessment and Management Team (TAM Team), which is empowered to assess risk and, in cooperation with other College teams or offices as appropriate, formulate an appropriate response in situations where an individual’s behavior and/or statements generate concern that they may present a threat to the health or safety of others. The TAM Team seeks to mitigate potential risks before they result in harm. Any student who believes that an individual has committed or may commit an act of violence, is engaging in behavior or making statements that generate concern about the potential for violence, or otherwise may pose a threat to the health or safety of any member of the College community should call the Department of Public Safety immediately at 802-443-5911. Individuals may also make a report to their Commons dean or any member of the TAM Team. (TAM Team members are listed on the website: go.middlebury.edu/threatassessment.) In case of an emergency, students should call 911.

Alcohol and Drug Policy
The legal drinking age in Vermont is 21. All Middlebury policies have been crafted to comply with Vermont state law and to ensure student and community safety. We encourage students to familiarize themselves with the specific restrictions around alcohol and drugs for all students, not just those below the legal drinking age, by consulting the handbook (see “Alcohol and Other Drugs” at go.middlebury.edu/alcoholpolicy). In addition to prohibiting underage drinking, these policies also prohibit possessing alcohol as a minor (someone not of legal drinking age); providing alcohol to minors; walking in public with an open container of alcohol; bringing alcohol into an academic space; and other activities. There are also specific regulations for students of legal age who wish to host parties or informal gatherings with alcohol. The use, sale, or distribution of illegal drugs, including prescription drugs without a prescription, is prohibited at Middlebury and is a violation of Vermont state law and federal law. Discovery of illegal drugs, and/or of drug paraphernalia with evidence of use, is taken very seriously. In addition to disciplinary consequences at the College, we may be required to notify local law enforcement authorities.

Smoking Policy
Smoking is prohibited in all buildings at Middlebury, including residence halls and individual student rooms. Smoking should not take place in areas where it is likely to enter buildings, including in building entranceways, near open windows, and especially near building air intakes. This policy not only reflects Vermont state law but our concerns for the safety of all members of the community. Smoking creates a significant fire hazard, and secondhand smoke can have debilitating effects on the individuals who inhale it, including our custodial staff who may be required to work in spaces that others could contaminate with smoke. If students are found to have been smoking in their rooms, they can expect a significant monetary fine, as well as disciplinary action. go.middlebury.edu/smoking

A balanced life is important to many students at Middlebury.
A Note to Families
Families often underestimate the critical role that they can continue to play with respect to drugs and alcohol in the lives of their students once they leave home. Research tells us that students do care what their families think about alcohol and drug use. Underage students are more likely to make decisions based on their perception of their parents’ approval of alcohol use, while of-age students look to the consumption behaviors in their families to guide their own. We can also assume that expectations and conversations around drug use are similarly impactful. Talking with your student about your expectations is important, as is asking open-ended questions about your student’s experiences before and after arrival on campus.

Partnering with families is critical as we work together to create an environment where students can make informed decisions about reducing risk and increasing safety. On-campus efforts include educational programming, interventions, counseling, and evaluative/treatment referrals. This includes Think About It, the comprehensive online education tool covering alcohol, drugs, and sexual violence that all new students are required to complete. Access information and deadlines will be provided to new students and families over the summer. Your student’s thoughtful participation in Think About It allows us to start an important conversation that we hope to continue more deeply throughout your student’s time at Middlebury.

Social norms are group-held beliefs around behavior and expectations. We know that students routinely overestimate the quantity and frequency of alcohol and drug use among their peers and believe that the attitudes of their peers are far more permissive than they really are. Carriers of these misperceptions are not limited to students—alumni, faculty, staff, community members, and families can also contribute to an environment supportive of high-risk behaviors around alcohol and drugs. Some important and accurate social norms to discuss with your student include the fact that 94 percent of Middlebury students do not view Middlebury as a party school, and 90 percent of Middlebury students agree that students who choose not to consume alcohol are respected by their peers. By working to reset important social norms, students are encouraged to make healthier choices and reduce their risk for negative outcomes correlated with alcohol and drug use, including, but not limited to, experiences of violence, lower GPAs, chronic health problems, and mental health outcomes like depression and anxiety. For more information and talking tips, visit go.middlebury.edu/aodparents.

Public Safety
The Department of Public Safety provides services to the campus community 24 hours a day, seven days a week. The department includes uniformed security officers and telecommunications staff. Officers conduct patrols of campus properties and buildings, respond to campus emergencies, and enforce College rules and policies, including those related to parking. Public Safety officers do not have power of arrest but work closely with local law enforcement agencies. For emergency services, students should call 443-5911 or 911. go.middlebury.edu/psafe

ID Cards: The MiddCard is your official form of identification at Middlebury. Students are required to carry the cards at all times. It qualifies students for certain privileges and gives appropriate access to residence halls equipped with enhanced access.

Emergency Phones and Call Boxes: Emergency phones are located at the entrances of residence halls equipped with enhanced access, in parking lots, and along some walkways.

Safety Escorts: Public Safety officers will provide safety escorts to and from on-campus locations during the hours of darkness when personal safety is a concern.

Mobility Escorts: Public Safety will give escorts to students with mobility or vision impairments, and/or students with medical conditions that restrict driving or walking around campus.

MiddRides: MiddRides is an evening transportation service on and around campus that is available during the academic year when classes are in session. Specific schedule information is available by calling 443-RIDE. go.middlebury.edu/middrides

Parking: All vehicles must be registered with Public Safety, display a valid permit, and be parked in designated parking areas in accordance with the parking rules, which are in effect all year. go.middlebury.edu/parking

GOOD SAMARITAN POLICY
Because the welfare and safety of individuals is our primary concern, when students contact Public Safety or other emergency personnel to seek care for students in drug- or alcohol-related distress, neither the student in distress nor the student seeking assistance will ordinarily be subject to disciplinary action for the possession, provision, or consumption of drugs or alcohol.
McCullough Student Center provides dining options and meeting and event spaces.
The visual and performing arts are integral to the life and culture at Middlebury.
**Arts**

**The Visual and Performing Arts** are fundamentally important to the life and culture of the Middlebury experience, and students will likely find themselves involved in one way or another—on the stage, in the studio, or among the audience.

Middlebury offers eight academic arts programs and majors: architectural studies, dance, film and media culture, history of art and architecture, museum studies, music, studio art, and theatre. And faculty members often find ways to incorporate the many arts activities, events, and facilities around campus and in town into their academic courses. [go.middlebury.edu/arts](http://go.middlebury.edu/arts)

**Kevin P. Mahaney '84 Center for the Arts**
The Mahaney Center serves as a hub of arts activity on campus. Primarily it provides an environment for the creation of art, and invites audiences to experience the work of local, national, and international artists. It’s also home to the black-box style Seeler Studio Theatre, the dance theatre, the stunning 375-seat Olin C. Robison Concert Hall, and Rehearsals Café, as well as the academic departments for dance, music, theatre, art history, and museum studies. [go.middlebury.edu/mca](http://go.middlebury.edu/mca)

**Middlebury College Museum of Art**
The Museum of Art, adjacent to the Mahaney Center, is both a cultural and educational component of the College, as well as a relaxing place to visit for a study break. Its collection of several thousand objects ranges from ancient to contemporary, and includes distinguished collections of antiquities, Asian art, photography, 19th-century European and American sculpture, and contemporary art. Special exhibitions, often curated in-house with students and faculty, are on display throughout the year, and the museum regularly hosts lectures, gallery talks, films, school programs, and workshops. The Museum Assistants Program and internships offer opportunities for applied learning. [go.middlebury.edu/museum](http://go.middlebury.edu/museum)

**Performing Arts Series**
A College treasure nearly a century old and highly attended by the local community as well, this series of events throughout the year offers a diverse selection of performances and residencies by highly acclaimed and emerging artists in chamber music, jazz, world music, dance, and theater. Tickets are incredibly affordable, especially for students, and this is a cultural opportunity not to be missed. [go.middlebury.edu/pas](http://go.middlebury.edu/pas)

**Christian A. Johnson Memorial Building and Wright Theatre**
Situated in the center of campus, Johnson houses the architectural studies and studio art programs and contains numerous studios, as well as lecture and exhibition spaces for student work in both programs. Located next door, Wright Theatre, a classic proscenium theater, hosts performances and other events.

**Tickets**
Many of the arts events and activities throughout the year are free, and those that are not are very affordable. [go.middlebury.edu/boxoffice](http://go.middlebury.edu/boxoffice)
**Hirschfield Film Series**
This highly popular film series brings a wide range of recent foreign and independent films to campus throughout the year. They are free and open to the public. [go.middlebury.edu/hirschfield](go.middlebury.edu/hirschfield)

**Art Around Campus**
Middlebury has a distinguished collection of public art that includes some 25 works—mostly sculpture—by different artists, many of them nationally or internationally known. Each piece in the collection is installed, maintained, and interpreted by the Committee on Art in Public Places (CAPP), which is chaired by the director of the museum. [go.middlebury.edu/capp](go.middlebury.edu/capp)

**Town Hall Theater**
Located just a short walk away in downtown Middlebury, the Town Hall Theater brings great talent to a small community. Diverse offerings include plays and musicals with local community talent, concerts featuring nationally known musicians, and broadcasts from the National Theatre of Great Britain and the Metropolitan Opera. Ticket prices are reasonable, and the recently restored space is intimate, for a close-up opportunity to experience some great productions. The space is also home to many college events, including the annual winter term production of a major musical, student performances, and Language School students’ performances. [go.middlebury.edu/tht](go.middlebury.edu/tht)

**Sheldon Museum of Vermont History**
The Sheldon Museum downtown is the oldest community-based museum in the country. It preserves the rich cultural legacy of Addison County and neighboring communities. The museum has an education program offering on-site and outreach programs using reproductions of maps, documents, and artifacts from the museum collections, as well as several internships open to Middlebury students. [go.middlebury.edu/sheldon](go.middlebury.edu/sheldon)
The Performing Arts Series brings world-renowned artists to campus every year.
Twenty-nine percent of students participate on 31 varsity teams.
Athletics are an essential part of the overall educational experience at Middlebury College. The College provides programs that are comprehensive and varied, offering athletic opportunities to all students:

- A physical education/wellness program that stresses good health, physical fitness, and lifetime activities.
- A vigorous intercollegiate sports program that strives for achievement and excellence.
- An intramural program that encourages students of varied abilities and skills to participate in a wide range of recreational athletic activities.
- A club sports program that offers opportunity for intercollegiate competition in a less-structured environment.

Physical Education Requirement
Every student must earn two physical education credits. Middlebury has a tradition of offering classes that concentrate on lifetime sports so that students will benefit from skills and knowledge now and after graduation, such as fencing, ballroom dance, and golf. From certification classes (CPR, first aid) to fitness, courses are mainly introductory and are offered in four- or five-week intervals each semester. go.middlebury.edu/physed

Team Sports
Middlebury’s student-athletes demonstrate that a pursuit of excellence on the playing field is compatible with the pursuit of excellence in the classroom, and that a combination of the two lends itself to a more complete educational experience. Furthermore, Middlebury’s size and balanced curriculum allow two- and three-sport athletes to compete throughout the year without jeopardizing their academic standing. The College’s varsity teams compete within the NCAA Division III and the New England Small College Athletic Conference (NESCAC). go.middlebury.edu/athletics

Varsity Sports: Superb coaching and training facilities provide a setting in which student-athletes can develop themselves both as players and individuals. go.middlebury.edu/vsports

Club Sports: Interested in club sports? Find out more in Student Activities on page 34.

Intramural Sports: Intramurals provide a varied program of activities to meet the competitive and recreational needs of all students. Faculty and staff members are also encouraged to participate. An individual’s skill level is not as important as the player’s desire to participate and to enjoy the experience of good fun, sportsmanship, and competition. go.middlebury.edu/intramurals
Cheering Section
Even if you don’t play a varsity sport, you can still be involved by cheering them on. All regular-season games and many postseason games are free, so we encourage your support of the teams.

Live Coverage
Families can keep tabs on Panther athletics from afar through the College’s live coverage, including live stats as well as video when available. Find more information at go.middlebury.edu/athletics in the About section.

Facilities
Middlebury has more athletic facilities than we can possibly describe here. Indoor facilities include the 11,600-square-foot multilevel fitness center, the Chip Kenyon ’85 Arena, a 2,200-seat ice hockey arena, and an Olympic-size natatorium, as well as the newly opened squash center and recently completed Virtue Field House, which features a 21,000-square-foot turf field, a track, and other fitness options. Outside are several fields, including three synthetic fields. go.middlebury.edu/athleticfacilities

In addition, Middlebury’s athletes train and compete at several off-campus facilities, which are also open to the general public:

Ralph Myhre Golf Course
Middlebury’s 18-hole golf course is located on the edge of campus and is open to the public. The driving range and snack bar are also worth visiting. Students can purchase day, term, or year-round passes at reduced rates. go.middlebury.edu/golfcourse

Middlebury Snow Bowl
Three chairlifts—two triples and one double—serve 17 trails and several glade areas for skiing and riding. State-of-the-art snowmaking ensures quality, and the historic lodge features the original fieldstone fireplace and a full service cafeteria. The Ski and Board Shop provides rental equipment and other services, and the Snow School offers lessons for all abilities. Students can purchase day or season passes at reduced rates. go.middlebury.edu/snowbowl

Rikert Nordic Center
The Carroll and Jane Rikert Nordic Center, located at Middlebury’s Bread Loaf campus, offers 42 kilometers of maintained trails augmented by newly installed snowmaking capabilities. Rental equipment, repairs, waxing rooms, and lessons are available. Students can purchase day or season passes at reduced rates. go.middlebury.edu/rikert

Off the Beaten Path
For some off-the-beaten-path recreation, be sure to try these Middlebury gems as well:

- The indoor climbing wall in Nelson features top-rope, sport climbing, and bouldering, and has a cave, roof, and overhangs. Shoes, harnesses, and chalk are provided free of charge for Middlebury students. go.middlebury.edu/climbingwall

- YouPower is a student-run cycling room in the basement of Freeman International Center. go.middlebury.edu/middyoupower

- The Trail Around Middlebury—TAM—is the town’s most popular natural resource for enjoying trail runs of a variety of lengths and challenges. www.maltvt.org/trail/tam-trail/

You Can Play
Middlebury joined several other schools to release our own short video for the national You Can Play campaign, promoting inclusion and diversity for all athletes, coaches, staff, and fans. go.middlebury.edu/youcanplay
Middlebury is home to all kinds of sporting challenges no matter what season or weather.