Introduction

Welcome to the 2018 Winter Term Workshops (WTW) Catalog. The WTW program is a time honored tradition here at Middlebury, and we are excited to coordinate it again this year. So try something you've never done before, learn a new skill, get outside, whatever intrigues you. There’s huge variety in these pages, so make the most of winter! Happy Winter Term from all of us here in Student Activities.

Registration

*Online registration at* go/ideal *runs from 8:00am on 11/19 to 8:00am on 12/18*

- To register, navigate to go/ideal and click the “Winter Term Workshops” link at the bottom of the list beneath “MOP Dashboard”.
- Workshops fill on a first come, first served basis.
- Workshop fees *must* be paid at the time of registration. Financial assistance, generously supported by the SGA, is available for eligible students on a first come, first served basis. Details below.
- While electronic payments are easiest, we can also accept cash *(exact change only)* and checks. These payments must be made within 2 business days of your registration in the Student Activities Office on the second floor of McCullough. The SAO will be open to accept these payments Mondays, Tuesdays, Thursdays and Fridays from 8:30am-12:00pm and 1:00pm-4:30pm.
- Workshops run throughout Winter Term. Please read the dates and times in the descriptions carefully!
- In order to pay facilitators and allow for the advance purchase of materials, refunds are granted for academic scheduling conflicts only. Proof of class registration is required. No refunds will be granted after one has attended a workshop session, and all refund requests must be made by 5:00pm on January 12, 2018.
- Asterisked workshops are offered for P.E. credit. You must attend at least 7 hours of class time to receive the PE Credit. Attendance will be taken.
- If you have taken a workshop in the past for PE credit and wish to take the same workshop again, you WILL NOT receive an additional PE credit.
- Contact the Student Activities staff if you have any questions (x3013, wtw@middlebury.edu).
Financial assistance

Offered through the generous support of the Student Government Association, we’re pleased to announce that financial assistance will once again be available to eligible Middlebury College students. This program is funded by the SGA, but run entirely through the Student Activities Office. In order to maintain confidentiality, neither the SGA nor the workshop instructors will ever see the names of the students who apply for or receive aid. More details about the application process as well as terms and conditions around receiving aid are below. Please feel free to contact the Student Activities Office if you have any questions or concerns.

Terms & Conditions

- Workshop registration begins on 11/19. To apply for aid, simply register for your workshop. The quick, easy and confidential application process is embedded in the registration.
- Aid applications close at midnight on 12/5 (i.e., 12:00am on 12/6), which is BEFORE the workshop registration period ends. This is necessary to give Student Activities time to process all the applications. Apply for aid EARLY!
- Aid will be allocated on a first-come, first-served basis to eligible applicants until the $2,500 SGA fund has been exhausted, and will cover the full workshop fee for a single workshop per eligible applicant. Apply for aid EARLY.
- Only current Middlebury College students with an Estimated Family Contribution (EFC) of $12,000 or less are eligible.
- Applicants may apply for aid to pay for a single workshop. Do not apply for aid for multiple workshops.
- Applicants will be informed of the status of their application by 6:00pm on 12/8.
- Applicants not awarded aid will have 24 hours after notification to either pay the workshop fee or withdraw their registration. After the 24-hour period has passed, unpaid registrations will be cancelled.
**Workshop Catalog**

**A Practical Primer to the Paracosmic**
Paracosms are extremely detailed imaginary worlds, replete with their own geography, history, language, and cultures; famous literary paracosms include Narnia, Middle-Earth, and the various imaginary kingdoms of Lewis Caroll and the Brontë siblings. This course will examine how various paracosms emerge from childhood and expand into full-fledged worlds, and will focus on guiding participants in the creation of new languages, creatures, cuisine, and cultures of their very own!

**MEETING:** Tuesday/Thursday; 7:00-8:40p  
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1  
**LOCATION:** Sunderland, Rm 110  
**INSTRUCTOR:** Benjamin Feinstein

$32.00

**A Way With Words - Everyday Rhetoric with Mateo and Khan**
Come explore the power of rhetoric with us and learn how to compellingly communicate with anyone! We are going to focus on constructing and delivering effective speeches as well as gain awareness of our bodies as instruments for communication.

**MEETING:** Tuesdays; 7:00-8:40p  
1/16, 1/23  
**LOCATION:** Axinn, Rm 220  
**INSTRUCTOR:** Mateo Games, Khan Kim

$0.00

**Art of Tea through Ceremony and Chocolate**
Join us for two very unique nights at Stone Leaf Teahouse! First we'll explore the meditative side of tea through different forms of the Tea Ceremony that have developed throughout the ages. From the famous Japanese Tea Ceremony to Gongfu Cha and beyond, we'll introduce and all participate in an informal and relaxed setting. Of course, we'll feature some of our highest quality teas. The second night, we'll change it up completely, and offer a tea and chocolate pairing...yes, they do go incredibly well together (when paired well!). We'll feature a wide variety of local high quality chocolates and pair them with our best teas in this culinary experience. These are both truly unique evenings, set at our Teahouse in the Marble Works, a short (and beautiful) walk from campus, come for one or both!

**MEETING:** Wednesdays; 7:00-9:00p  
1/10, 1/24  
**LOCATION:** Stone Leaf Teahouse, Marbleworks  
**INSTRUCTOR:** John, Stone Leaf Teahouse

$34.00
**Basic Audio Engineering For Live Events**

Come Learn the basics of audio engineering and mixing a live band. We will start with the basics and move up to mixing a full band by the last class.

**MEETING:** Tuesdays; 5:30-7:30p  
1/9, 1/16, 1/23, 1/30  
**LOCATION:** Wilson Hall, McCullough  
**INSTRUCTOR:** Sam Hurlburt, David Kloepfer

$0.00

**Beating Starbucks at Its Own Game**

Ever wanted to make high-quality, homemade coffee and espresso drinks? In this workshop, we'll learn the basics of various forms of coffeemaking (drip, cold brew, french press, etc) and learn how to make café quality espresso drinks that put Starbucks to shame. By the end of the workshop, you'll be able to make creations like cappuccinos, iced salted caramel lattes, and maple cold brew.

**MEETING:** Wednesdays; 4:15-5:15p  
1/17, 1/24  
**LOCATION:** Adirondack Coltrane Lounge  
**INSTRUCTOR:** Ry Storey-Fisher, Alex Browne

$35.00

**Beginner Swing Dance**

Do you ever wish you knew how to dance? In this workshop, you will learn how to dance many different swing styles including jitterbug, lindy hop, and charleston while listening to hits of the big band jazz era. No experience or partner is needed. **This workshop is approved for PE credit.**

**MEETING:** Monday/Wednesday; 6:30-8:00p  
1/8, 1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31  
**LOCATION:** Adirondack Coltrane Lounge  
**INSTRUCTOR:** Robert Kelley

$21.00
**Black and White Darkroom Beginner's Workshop**  
Curious about the basics of photography? Want to know a little more about what goes on in your phone camera? Join us for four weeks of fun as we go through each step of black and white photography: shooting photos, developing film, and developing the shots! By the end, you will be a resident expert in black and white photography, and completely independent with any kind of camera.

**MEETING:** Tuesday/Thursday; 7:00-8:30p  
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1  
**LOCATION:** Forest Darkroom  
**INSTRUCTOR:** Vassily Zavoico  
David Sanders  

$48.00

**Bourbon Cocktails: An introduction to Bar Tending** *  
Learn the basics of cocktail creation and design! With a focus on Bourbon and Whiskey, America's spirit, learn the history of Whiskey and Bourbon, taste a few local favorites and finally, create your own cocktails using professional bar equipment and industry standards. **This workshop is for participants 21 and older. Participants are required to show valid proof of age to workshop instructor(s).**

**MEETING:** Monday; 6:00-8:00p  
1/8/2018  
**LOCATION:** Rough Cut, 51 Main  
**INSTRUCTOR:** Sarah Giard, Ben Wells  

$30.00

**Dance and Evolution** *  
Take Evolution Dance Crew's First ever Winter Workshop! If you like watching us on stage, come join us on the dance floor. No previous dancing experience necessary! Only requirements are: positive energy, love of dance, and ambition to learn. Come, learn, and Evolve with Evolution! **This workshop is approved for PE credit.**

**MEETING:** Monday/Wednesday; 7:30-8:30p  
1/8, 1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31  
**LOCATION:** Proctor, Lower Rehearsal Rm  
**INSTRUCTOR:** Maria Nava  
Thandwa Mdluli  
Ingrid Xu  

$21.00
Designing a Serenity garden at The Knoll
Come join us in the depths of winter to dream of perennial flowers growing out at The Knoll. We will work with a local landscape designer to discuss elements of design for the new Serenity garden out at The Knoll, incorporating the Dali Lama bench and the labyrinth.

MEETING: Wednesdays; 4:15-5:15p
1/10, 1/17, 1/24
LOCATION: Hillcrest, Rm 103
INSTRUCTOR: Sophie Esser Calvi

$0.00

DIY Audio Cassette Bookmaking Workshop
Vinyl records are so 2010. Special Collections bookmaking gurus are back to celebrate the millennium renaissance of audio cassette tapes, those small, plastic, blasts from the past. We’ll provide vintage cassette tapes and you will go home with a super-cool, handsewn, blank notebook with covers fashioned out of “upcycled” audio tapes. Low fidelity, high reward. Check out a sneak peek of the book you’ll be making on Instagram @middleburyspecialcollections. All materials provided.

MEETING: Tuesday; 4:15-7:15p
1/16/2018
LOCATION: Special Collections Reading Room
INSTRUCTOR: Mikaela Taylor
Rebekah Irwin

$12.00

English Soccer/Football Workshop
This workshop is designed for students of all interest levels and backgrounds to come together to watch English soccer/football during J-Term. We will watch Liverpool vs. Manchester City in the Premier League on Saturday, January 13th, and we will then decide as a group which game we want to watch on January 20th (Premier League) and again on January 27th (FA Cup 3rd Round) Wide variety of breakfast food and drink are provided.

MEETING: Saturdays; 9:50-11:50a
1/13, 1/20, 1/27
LOCATION: Axinn, Rm 232
INSTRUCTOR: Rehan Zafar

$10.00
Explore What’s Next!
Have you ever wondered how to connect the dots between your interests, personality and skills? Engage in group activities and self-reflection for a few hours this Winter Term, and emerge with a framework that will move you toward intentional decision-making. We’ll discuss your unique personality type, decisions about your major, activities at Middlebury, as well as internships and other experiences; you’ll create a roadmap and a means to “unstuck” yourself from the expectations heaped on you. This interactive 3-session series will provide you with the “life” tools and strategies for planning your next steps during your time here at Middlebury and beyond. Ideal for first-years and sophomores (limit: 25 students). Must commit to attending all three sessions. Pizza dinners provided. Tuesdays, January 9, 16, 23 4:30-6:00 pm Facilitated by Tracy Himmel Isham, Tim Mosehauer & Cheryl Whitney Lower from the Center for Careers and Internships.

MEETING: Tuesdays; 4:30-6:00p
1/9, 1/16, 1/23
LOCATION: Adirondack Coltrane Lounge
INSTRUCTOR: Cheryl Whitney Lower
Tracy Himmel Isham
Tim Mosehauer

Eyes in Watercolor: Just Add Salt
Learn how to make coarse salt and watercolor do all the work in painting hair for you, or how to use a mere dash of fine salt to effortlessly create all the stars in the sky. This workshop aims to give students an introduction to watercolor techniques from the most basic washes to tricks artists pick up after years of working with the medium. Although these methods can be applied to any subject matter, this workshop will focus on applying a myriad of watercolor techniques (again, beyond the most basic) to portraiture. Although many artists reserve watercolor for color composition studies or extremely loose sketches, the medium can (and will) be used in its own right to create deeply profound or dazzling portraits. In addition to the painting process, students will gain experience in digitizing traditional artwork via scanner or color balancing as well as marketing artwork online through sites like Etsy or Society6. In short, students will learn every step of the process, from painting a masterwork watercolor portrait to turning a profit from the process by selling high-quality prints online.

MEETING: Saturday; 9:00a-1:00p
1/20/2018
LOCATION: Chateau, Rm 107
INSTRUCTOR: Daniel Tetreault

$20.00
Fundamentals of Backcountry Skiing *
Enjoy Winter while it lasts! This workshop will introduce you to backcountry skiing in the Green Mountains. We will review equipment choices, layering for cold weather, uphill travel, and downhill skiing on ungroomed trails. There is no backcountry experience necessary, but intermediate skiing ability is required. All equipment will be provided except for alpine ski boots. Plan to attend the one hour pre-trip meeting before our day on skis. This is a great primer for those interested in the February Break Teton Backcountry Skiing Trip (GO/outdoors). This workshop has been approved for PE credit.

MEETING: Saturdays; 8:00a-5:00p
1/13, 1/20
LOCATION: Adirondack Circle
INSTRUCTOR: Doug Connelly

$45.00

Get Good at Super Smash Brothers Melee!
Super Smash Brothers Melee may seem like just a fun party game but it hides one of the deepest competitive potentials of the top esports. You may have liked Mario as a kid, but your perspective of all prominent Nintendo characters will change after realizing what they are capable of in Melee.

MEETING: Wednesday/Saturday; 7:00-8:00p
1/10, 1/13, 1/17, 1/20, 1/24, 1/27, 1/31
LOCATION: McCullough, Mitchell Green Lounge
INSTRUCTOR: Peter Mehler

$20.00

Get Wired -- Wire Wrapping with Georgia Grace
Looking for a new, useful hobby? Learn the beautiful art of wire wrapping and create stunning jewelry that will catch the eye of all your friends and family (and that makes great gifts for upcoming holidays and birthdays!). In this class, students will learn the basics of wire wrapping jewelry including measuring, binding, and multiple designing techniques. These skills create the foundation for making a variety of traditional structured pendants (think stones, coins, crystals -- we can wrap it all!). During class time students will complete between 1-4 pieces of jewelry, depending on skill level. Various samples of wrapped jewelry will also be on display for students to refer and find inspiration. Feel free to take this fun class by yourself or come with friends.

MEETING: Wednesday; 7:00-9:00p
1/10, 1/17, 1/24, 1/31
LOCATION: Axinn, Rm 104
INSTRUCTOR: Georgia Grace Edwards

$32.00
Hoopla *
Hula hooping goes far beyond the hips! This class focuses on learning tricks using the entire body with hula hoops of all sizes. Beginners will learn how to combine tricks and flow like the hoopers you see at shows. Experienced hoopers will have time to practice the basics and be inspired to learn challenging new skills. This is a total body workout that incorporates balance, flexibility, and basic acrobatic skills. Playing with the hoops, you get lost in the music and feel like a kid again! Join Lindsey for a great workout that will warm you up and put a smile on your face! This workshop is approved for PE credit.

MEETING: Thursdays; 7:30-9:30p  
1/11, 1/18, 1/25, 2/1  
LOCATION: MCFA, Dance Studio  
INSTRUCTOR: Lindsey Hescock  

$30.00

Hunter Education *
Hunter Education Certification. Emphasis on hunter safety, responsibility, outdoor safety, and wildlife conservation are topics that will be covered in a day long field day of hands on activities including orienteering and live-fire. Field Day participants are required to complete an online course pre-requisite prior to attending. The link will be provided by email after signup. Please provide an email account that you will be checking. If you sign-up for a friend, please be sure to also provide their email address. A written test will be administered as the final step toward earning certification that will enable successful participants to purchase a hunting license. The field day will take place on Saturday, January 20, at the Kehoe Green Mountain Conservation Camp Education Center and Shooting Range. Transportation will be provided, leaving campus at 8:00 a.m. and returning by 6:00 p.m. Portions of the day will be spent outdoors – please dress accordingly and bring your lunch! This workshop has been approved for PE credit.

MEETING: Saturday; 8:00a-6:00p  
1/20/2018  
LOCATION: Kehoe, Green Mtn Conservation Camp  
INSTRUCTOR: Ira Schiffer  

$0.00
**Intro to Memes: A Study of Internet Culture throughout the Digital Age**
In this workshop, we will dive headfirst into the study of internet trends and "memes." We will be discussing the history and development of some of the most iconic internet trends throughout the digital age. Our discussion will include an analysis of what defines a "meme," what makes a "meme" funny, and how most "memes" develop over the course of their life. If you've ever heard of Dat Boi, Carl Wheezer, doggos, or powder that makes you say yes, and you'd like to understand them more, this is the workshop for you. If you haven't heard of any of these, you definitely need to take the workshop.

**MEETING:** Tuesdays; 7:30-8:30p  
1/9, 1/16, 1/23, 1/30  
**LOCATION:** Gifford Annex, Classroom 156  
**INSTRUCTOR:** Chris Adamo  
Jack Herscowitz  

**$10.00**

**Introduction to Ice Climbing** *
Equipped with crampons, ice tools, and a helmet, you will learn the slippery skills needed to climb frozen waterfalls. Our first class session, held at the Nelson Climbing wall, will cover basic rope work, as well as equipment and clothing selection. We'll then venture out to a climbing site in the Adirondacks or Green Mountains for a full day of ice climbing outdoors. No experience is required and all technical equipment is provided. **This course has been approved for PE.**

**MEETING:** Saturdays; 8:00a-5:00p  
1/13, 1/20  
**LOCATION:** Climbing Wall  
**INSTRUCTOR:** Kent Ratliff  

**$45.00**

**Introduction to Korean**
Interested in learning Korean? This workshop teach you how to read, write, and understand basic Korean words and phrases. This class will not only focus on the Korean language but also on the culture and etiquette surrounding this language, and will be able to munch on delicious Korean snacks while doing all this. Soon, you'll be able to sing along to your favorite K-pop songs and actually understand what they mean!

**MEETING:** Monday/Wednesday; 5:00-6:00p  
1/8, 1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31  
**LOCATION:** Chateau, Rm 003  
**INSTRUCTOR:** Emily Han  

**$23.00**
**Introduction to Tequila**
Learn about the history, culture and flavors of this amazing spirit! We will separate fact from myth and taste tequilas from different regions of Mexico. **This workshop is for participants 21 and older.** Participants are required to show valid proof of age to the workshop instructor(s).

**MEETING:** Tuesday; 7:00-9:00p
1/9/2018
**LOCATION:** Rough Cut, 51 Main
**INSTRUCTOR:** Ben Wells

$30.00

**Jamaican Dance**
A blend of Jamaican Dancehall, Reggae and Soca taught by natives. Participants will learn briefly about the history of these dances, dress and music associated with them, and most importantly, how to execute them in a fun, liberal environment. Get ready to move like an islander! (No prior dance experience/ knowledge of Caribbean dance necessary) **This workshop is approved for PE credit.**

**MEETING:** Tuesday/Thursday; 5:00-6:15p
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1
**LOCATION:** Proctor, Lower Rehearsal Rm
**INSTRUCTOR:** Jillian-Jo Duncan-Taylor
         Alanna Duncan-Taylor

$15.00

**Juggling**
Come learn to juggle! Or, if you already know how to juggle, learn more stuff! We'll be using primarily balls and dabbling in clubs, diabolos, and cigar boxes. **This workshop has been approved for PE credit.**

**MEETING:** Monday/Wednesday; 8:30-9:30p
1/8, 1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31
**LOCATION:** McCullough, Mitchell Green Lounge
**INSTRUCTOR:** Sam Kann
      Andrew Plotch

$15.00
Knitting Winter Apparel
A fun and creative way to spend time this winter knitting cozy warm items to wear in the vermont cold, or to gift to someone else to keep them toasty!

MEETING:  Wednesday/Friday; 7:00-8:00p
1/10, 1/12, 1/17, 1/19, 1/24, 1/26, 1/31
LOCATION:  Chateau, Grand Salon
INSTRUCTOR:  Audrey Olson

$25.00

Kombucha Brewing
Come brew with some buds! In this workshop we will brew a gallon of our own kombucha and set up a continuous brewing system so you will be able to continue brewing after the workshop! You will need to buy a gallon glass jar but everything else you need will be included!

MEETING:  Tuesdays; 7:15-8:15p
1/9, 1/16, 1/23
LOCATION:  Adirondack Coltrane Lounge
INSTRUCTOR:  Lauren Bates
Naomi Cutler

$17.00

Kpop Star: Produce 102 *
Enjoyed the Korean Culture Show last spring? Come learn the choreographies and embody your favorite Korean idol! We will be learning the choreography of choruses for a variety of songs of old and new K-Pop groups. This workshop is approved for PE credit.

MEETING:  Tuesday/Thursday; 5:00-6:30p
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1
LOCATION:  Memorial Field House, 3rd Flr Classroom
INSTRUCTOR:  Abla Laallam
Karl Lin

$27.00
Latin Dance
This workshop will provide an introduction to salsa, merengue, bachata, reggaeton and other rhythms from Latin America. We will cover the basics of solo and partner dancing and awaken the sexy mover we all have inside.

MEETING: Wednesdays; 7:30-9:00p
1/10, 1/17, 1/24, 1/31
LOCATION: Wilson Hall, McCullough
INSTRUCTOR: Vanessa Dikuyama Zapata

$21.00

Learn to Play Water Polo *
Are you looking to try an exciting new sport and get a great workout? Then water polo is for you! Come learn the foundations of this awesome sport. No experience necessary. This workshop has been approved for PE credit.

MEETING: Monday/Wednesday; 7:00-8:00p
1/8, 1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31
LOCATION: Peterson Family Complex, Natatorium
INSTRUCTOR: Brian Goodwin

$15.00

Learn to Skate (for beginners and novices) *
Having trouble walking to class? Need a PE Credit? Come skate with us! From learning how to tie your skates and glide across the ice to basic jumps and spins, we can help you learn or improve your skating abilities in just four weeks! All levels are welcome in this small group workshop setting. Skates will be provided for those who do not have a pair. This workshop is PE credit approved.

MEETING: Tuesday/Thursday; 11:00a-12:00p
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1
LOCATION: Peterson Family Complex, Kenyon Arena
INSTRUCTOR: Lydia Waldo

$28.00
Make Your Own Secret Language!
Have you ever wanted to invent your own language or speak "gibberish" with your best friend? Come learn how to make a language from scratch! I'll give you the recipe to cook one up, and you bring the ingredients (your imagination lol). Topics include: writing systems, sound systems, grammar, and vocabulary building. Sign up with your friends and make a language together! No foreign language or linguistic experience required.

MEETING: Tuesday/Thursday; 7:00-8:00p
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1
LOCATION: Axinn, Rm 219
INSTRUCTOR: Garrett Johnson

$15.00

MiddBakes
How much do you like Middcakes? This time we're back with a J-term workshop! This will be a space where passionate bakers, beginners, anyone, can come together, bake some delicious cupcakes and get to know each other. We will be sharing some of our recipes and also bake off some vegan goodies! What's better than to stay indoors and bake on a snowday? No experience is required, so come join us middkids! (Please note that there may be potential allergens present in this class. If you have a food allergy let the instructor know.)

MEETING: Wednesdays; 5:00-6:30p
1/10, 1/24
LOCATION: Forest Basement Lounge
INSTRUCTOR: Karen Lee
Bianca Gonzalez

$19.00

Nerdy Knitting Year (R2D)2: Winter is Coming to Hogwarts
Hogwarts School of WitchCRAFT and Stitchery is back in session for a second year, and we're proud to announce study abroad programs in Westeros and a Galaxy Far, Far Away. (lol) Get ready for the long winter by cross-stitching a Westerosi house sigil (for the house of your choosing) and knitting your own Hogwarts House fingerless gloves and Ewok hood. Participants will each leave with three personalized crafts, embroidery needles, darning needles, and two sets of knitting needles. They will also leave with the skills they'll need to tackle future cross-stitch and knitting projects. Beginners (and Padawans) are welcome.

MEETING: Tuesday/Thursday; 6:00-7:00p
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1
LOCATION: LaForce Hall, Seminar Rm
INSTRUCTOR: Julia Desmarais
Charlie Shotton

$32.00
**Persian & Arabic Calligraphy**
Calligraphy as a mode of design is so ingrained in Arabic and Persian speaking countries that they are not only found as a form of art, but that they are also a defining feature of Islamic architecture. In this workshop, you will experiment and practice some of the most popular fonts of Arabic & Persian Calligraphy using bamboo pens and ink. We will also have a chance to study and look at some exquisite books and pieces of art that heavily uses calligraphy as its primary mode of design. Knowledge of Arabic or Persian scripts are not necessary but encouraged.

MEETING: Tuesday/Thursday; 5:00-6:00p  
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1  
LOCATION: Davis Family Library, Rm 230  
INSTRUCTOR: Farid Noori  

$35.00

**Privilege and Poverty Book Club**
"Poverty, or poor, or working class—whatever level of not enough you’re at—you feel it in a million tiny ways. Sometimes it’s the condescension, sometimes it’s that you’re itchy. I don’t think people who have never been poor quite understand that" - Lina Tirado, Hand to Mouth: Living in Bootstrap America, Chapter 4, "I'm Not Angry So Much as I'm Really Tired"  
This workshop will critically analyze a text through the lens of economic inequality. Drawing from economics, sociology, philosophy, and other disciplines, we will evaluate the language with which we talk about the "privileged" and the "poor" within the context of Linda Tirado's "Hand to Mouth: Living in Bootstrap America."

MEETING: Mondays; 5:30-7:30p  
1/6, 1/15, 1/22, 1/29  
LOCATION: Axinn, Rm 220  
INSTRUCTOR: Rachel Roseman  

$0.00

**Ravi’s Pilates! **
Why try to motivate yourself to workout when I can do that for you! Pilates is a great form of exercise for anyone and everyone. It is designed to improve strength, flexibility, posture, and enhance your mental awareness of your own body. The focus of Pilates is on whole body health and awareness, and promoting healthy living. This workshop is open to everyone! If you’ve never done Pilates before, great! If you have, great! Through various mat exercises and sequences I will be able to help all of you work, tone and stretch your whole body. So sign up if you want to get in shape/stay in shape during the frigid J-Term. All you need is a yoga mat or a towel! **This workshop is approved for PE credit.**

MEETING: Tuesday/Thursday; 5:00-6:00p  
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1  
LOCATION: MCFA, Dance Studio  
INSTRUCTOR: Ravi Patel  

$26.00
Read With Me
Read With Me will be a program with engaging and interactive workshops for students interested in participating in literacy programming in our community. During a series of two to three discussion, Vermont Humanities Council (VHC) facilitators share the importance - and the joy! - of sharing picture books and conversation with infants, toddlers, and preschoolers. Through hands-on exploration of age-appropriate books, parents are introduced to early literacy and related developmental issues. They discover ways to make books come alive through animated readings rhymes, and activities that encourage language development and communication. All participants take home gift books to share with students they work alongside in future literacy programming.

MEETING: Wednesday; 5:00-6:30p
1/10, 1/17, 1/24
LOCATION: Axinn, Rm 219
INSTRUCTOR: Miller Thornton

$0.00

RIDDIM Dance Workshop *
Come dance with RIDDIM! We will show you different types of styles of dance ranging from Hip hop, Contemporary, Latin styles, and more. This workshop is approved for PE credit.

MEETING: Monday/Wednesday; 6:00-7:00p
1/8, 1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31
LOCATION: Proctor, Lower Rehearsal Rm
INSTRUCTOR: Nicholos Wilkinson, TJ Smith

$14.00

Rugby 101 for Women *
Learn the basics of one of the newest Olympic sports, and one of the fastest growing collegiate sport for women: Rugby! You will experience rugby through small games; learning by actually playing this all-inclusive, international sport. This workshop has been approved for PE credit.

MEETING: Monday/Wednesday; 7:00-8:00p
1/8, 1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31
LOCATION: Memorial Field House, Nelson Recreational Ctr
INSTRUCTOR: K.O. Onufry

$27.00
**Russky for everyone**
This is a workshop for everyone who was always willing to learn some Russian but never had time to take a class. We will learn the most important vocab for survival in Russia and talk about its culture while drinking tea.

**MEETING:** Monday/Wednesday; 7:30-9:30p
1/8, 1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31

**LOCATION:** Axinn, Rm 229

**INSTRUCTOR:** Valeriia Vakhitova

$35.00

**Service: Redefined**
Service is for everyone, no matter your identity, interests, or previous experiences. When students find their niche in service, they become more likely to connect with the people whom they serve. Those connections lead us to the true heart of service: when we can get beyond focusing on a person's disparity and start to focus on their humanity. If you want to gain a renewed perspective on what it means to serve others, then this workshop is for you.

**MEETING:** Tuesdays; 4:15-5:05p
1/9, 1/16, 1/23, 1/30

**LOCATION:** Axinn, Rm 220

**INSTRUCTOR:** John Schurer

$10.00

**Sleep, Dreaming, and Lucidity**
If you're curious about what happens after you close your eyes at night, come discuss sleep, dreaming, and lucidity! We will explore some of the science behind why we sleep and dream, as well as their psychological, philosophical, and spiritual aspects. We will also learn basic techniques for improving dream recall and inducing lucid dreams. Feel free to start or continue a dream journal in advance! There will be freshly ground chai tea and comfy chairs!

**MEETING:** Wednesdays; 8:00-9:00p
1/10, 1/17, 1/24, 1/31

**LOCATION:** Religious Life Ctr, Living Rm

**INSTRUCTOR:** Daniel Morris

$10.00
So You Know You Can't Dance *
Have you ever been to a social gathering and you wanted to impress the room with your fire moves, only you don’t have any? This is a basic course of simple, easy-to-follow dance moves that will take you from basic to badd. This workshop has been approved for PE credit.

MEETING: Tuesday/Thursday; 7:00-8:00p
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1
LOCATION: Proctor, Lower Rehearsal Rm
INSTRUCTOR: Briana Garrett

$19.00

Social and Current Events Through the Lens of Internet Culture
Why did thousands of people vote for Vermin Supreme, Limberbutt Mcubbins (a cat), and Batman during the 2017 Presidential Election? What role does social media have on changing real world events? In this workshop, we will dive into the world of "Internet Culture". This workshop will examine what Internet Culture is, how it shapes real world events, and what can be done about it. We will look at examples of when Internet Culture has shaped real events, such as the 2017 Presidential Election and mobilizing individuals. This workshop will also teach participants how to understand, filter, and constructively participate in Internet Culture.

MEETING: Wednesdays; 7:30-8:30p
1/10, 1/17, 1/24, 1/31
LOCATION: McCardell Bi-Hall, Rm 219
INSTRUCTOR: Adam Druckman
Christian Chiang

$18.00

South Asian Dance with Midd Masti! *
Come dance with Midd Masti, Middlebury's South Asian dance group! We are a no-audition, no-cuts group, and no dance experience is required. Our choreography is inspired by bharatanatyam, kathak, hip hop, and ballet, to name a few dance styles. We'll teach you some of our favorite moves and prepare a full-length dance piece for a possible performance in our spring show! This workshop is approved for PE credit.

MEETING: Monday/Wednesday; 5:00-6:30p
1/10, 1/15, 1/17, 1/22, 1/24, 1/29, 1/31
LOCATION: Wilson Hall, McCullough
INSTRUCTOR: Lydia Fox
Varsha Vijayakumar

$15.00
Street dance basics and choreos *
Do you like dancing or moving your body?? This is the right workshop for you! Whether you are a dancer or not, this workshop aims to teach you some basic movements for street dancing. It covers from stretching, isolation (isolating a part of your body from other parts) and rhythmic movements to easy genre movements (lyrical jazz, Hiphop, and house). Don't worry if you've never danced before. Dancers are also welcome!! You'll learn some cool movements!! This workshop is approved for PE credit.

MEETING: Friday/Saturday/Sunday; 5:00-7:00p
1/12, 1/13, 1/14, 1/19, 1/20, 1/21
LOCATION: Proctor, Lower Rehearsal Rm
INSTRUCTOR: Mayu Tanino

$17.00

Tap! *
Do you feel passionate about making noise with your feet? Have you ever wanted to learn how to tap dance? Well join us in an adventure of Tap! We’ll start from the basics and move up to a combination of steps to create a small dance to impress all of your friends. All experience levels are welcome, shoes provided, enthusiasm guaranteed! This workshop is approved for PE credit.

MEETING: Tuesday/Thursday; 8:00-9:00p
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 2/1
LOCATION: Wilson Hall, McCullough
INSTRUCTOR: Elizabeth Vinton
Sarah Dutton

$34.00

Winter Shelters and Firecraft
Regardless of your previous wilderness experience, by the end of this course, you will be able to survive a Vermont winter night with nothing but basic hand tools. Over the course of our 3 meetings, we’ll learn the traditional techniques that have been used by Northern peoples to survive winters for thousands of years, building winter lean-to’s, wall-backed parallel fires, bush beds, feathered kindling, spunhungens, pot-hangers, snow caves, and more! We will provide all of the gear and snacks... but make sure you dress warmly enough to be comfortable outside for several hours in January! (if you have questions about appropriate apparel, please reach out to us at gbrencher@middlebury.edu).

MEETING: Saturdays; 9:00a-2:00p
1/13, 1/20, 1/27
LOCATION: Off Campus
INSTRUCTOR: Quinn Brencher
Niko Carvajal

$21.00
Yoga Sculpt
This yoga based fitness class will move through vinyasas and create heat through added strengthening poses and exercises. The class will one hour of sweat filled yoga, leaving you feeling stretched, strong, and rejuvenated.

MEETING: Tuesday/Thursday; 4:30-5:30p  
1/9, 1/11, 1/16, 1/18, 1/23, 1/25, 1/30, 2/1
LOCATION: Chateau, Grand Salon
INSTRUCTOR: Naomi Eisenberg

$17.00

吃飯啦 sik fan lah (Time to eat!)
Wonder what Hong Kong people eat other than dim sum? Curious how Cantonese works with nine tones? In our workshop, you will learn how to make traditional Hong Kong pastries (both sweet and salty!), won ton dumplings, dessert ‘soup’, and some typical homemade dishes! With warm food in your stomach, you will also learn some basic Cantonese phrases and food terms. No experience in Cantonese or in cooking is required!
(Please note that there may be potential allergens present in this class. If you have a food allergy let the instructor know.)

MEETING: Thursdays; 4:30-6:30p  
1/11, 1/18, 1/25, 2/1
LOCATION: Adirondack Coltrane Lounge
INSTRUCTOR: Chloe Fung
Karen Lee

$19.00