A typical day on a Community Engagement MiddView Trip

**MORNING**
- Early Start
- Cook and eat breakfast together
- Head to local non-profit to do service project
  - *Example: Harvest and wash veggies at a local farm for the foodshelf*

**AFTERNOON**
- Break for lunch
- Reflect on morning service
- Start afternoon service project at same or different non-profit agency
  - *Example: Spend time playing games with kids at an after-school program*

**EVENING**
- Head to overnight lodging
- Cook dinner together
- Reflect on your day, and your trip topics
- Spend time together as a group, getting to know one another