This document gives you the instructions about what to do when you are “Not Safe for School”.

- **Feeling mildly ill?** Quarantine to your room. You are limited to your room and the bathroom. When you must leave, sanitize your hands. Your meals will be delivered. You must always maintain 6-foot distancing from others. Please reference the COVID 19 supportive care document for recommendations of self-care.

- **After 24 hours if your symptoms have resolved:** the symptom checker of the app and it will show you as “Safe for School”.

- **After 24 hours if your symptoms have not improved or your condition has worsened:** you require further evaluation through the Center for Health and Wellness. You will need to call the Nurse Line at 443-3290 and alert the nurse to your symptoms.

- **Testing will be ordered for symptoms consistent with COVID-19:** Remain in quarantine. Each day you will complete the Daily Symptom Assessment in your portal. The health care staff will use this to monitor you. ZOOM appointments may result based on your symptoms.

- **Test results expected:** within 36 hours. A nurse will contact you with next steps.

- **If your test is positive:** you will then be supported in a move to an isolation room on campus.

**Definitions:**

**Quarantine:** “is used to keep someone who might have been exposed to COVID-19 away from others” (CDC, 2020).

- You might be in quarantine if you are feeling unwell or awaiting a test result.
- Click here for more information about being in quarantine such as specifics details about what to bring, how to access transportation, choose your meals and more.
- While in quarantine you need to continue completing the daily Back to School app questions AND the Daily Symptom Assessment form on your patient portal (due at 10AM each day.)

**Isolation:** “Is used to separate people infected with COVID-19 from people are not infected” (CDC, 2020).

- You are in isolation when you test positive for COVID-19.
- Click here for more information about being in isolation.
- While in isolation you need to continue completing the daily Back to School app **AND** the Daily Symptom Assessment form on your patient portal (due at 10AM each day.)