Community Council 2015-2016 Recommendation

Because a robust body of scientific literature demonstrates a strong correlation between the consumption of energy drinks and problematic behavior in young adults and college students, including increased alcohol consumption, increased likelihood to drive while intoxicated, increased probability of use of other intoxicating substances, and increased participation in high-risk sexual activity,

Because outside of “party culture”, energy drink consumption facilitates unhealthy work habits such as prolonged periods of sleeplessness, contributing to a campus culture of stress and unsustainable study habits,

Because the furnishing of these energy drinks to our campus community is not in line with the vision statement of Middlebury Dining Services to “Nourish and nurture today and tomorrow by sustaining mind, body, and earth”,

....

Community Council recommends that Middlebury College Dining Services ceases the sale of energy drinks in their retail food locations within three weeks' time. As the specific brands and varieties of these beverages are continually changing, Community Council further recommends that the definition of energy drinks be decided upon by the Executive Director of Middlebury Food Service Operations, Dan Detora.

Respectfully submitted by Community Council 2/2/2016.

In favor: 11
Opposed: 1
Abstaining: 2