Dating Violence Awareness & Prevention Month
at Middlebury College

Lunch & Learns
Mondays 12:15pm - 1:20pm
Atwater Dining Classroom 302

Grab your lunch from Atwater and bring it in for conversation:

October 8th: Helping Friends, Supporting Survivors with Barbara McCall
Worried about a friend’s relationship? Not sure how to support someone who has disclosed survivorship to you? Join Director of Health and Wellness Education Barbara McCall to brainstorm strategies for supporting survivors and offering care and concern to friends.

October 15th: Culture Check with Renee Wells
How can we take a critical look at the ways that our community culture supports rape culture? Are there everyday actions or choices that can actually make a difference? Join Middlebury’s Director of Education for Equity and Inclusion for a conversation to begin to answer these questions and share ideas and ownership about moving forward together.

October 22th: How to Deal with All the Feels with Madeline Hope
Looking to extend your feelings vocabulary? Join Assistant Director of Health and Wellness Education Madeline Hope for a session on knowing, naming, and de-escalating emotions. We’ll spend time talking in particular about anger and calming strategies to deal with it healthfully.

October 29th: Power through Communication with Barbara McCall
Interested in strategies for safe and effective communication? Join this lunch to discuss tools for conflict resolution, sharing feelings, and nonviolent responses to promote fair and equitable conversation in all kinds of relationships.

Mondays 12:15pm - 1:20pm
Atwater Dining Classroom 102

Coming to a res hall or org meeting near you!

Sex Positive Education College Style (SPECS) is Middlebury’s peer sexual health education group. They’ll be taking their Consent 101 workshops to Commons during October. Learn more about SPECS, submit an application to be an educator, or request a workshop for your group visit go/sexed.

Panther Day Parade
Saturday, October 20
starts at Kirk Center
3:30 pm

Join the MiddSafe advocates, Green Dot program staff and volunteers, and organizations from the campus community for the first Panther Day parade! This new tradition begins at Kirk Center and ends at the Harvest Fest. MiddSafe and Green Dot will be marching in support of survivors, bystander intervention, and culture change.

Purple Thursday is an easy way for organizations, offices, classes, and individuals across campus to get involved in Dating Violence Awareness & Prevention Month. Community members across Addison County will join us in wearing purple clothing on this day to raise awareness and show support for survivors.

Document your support on social media:
#DVAPM #PurpleThursday #ACAgainstDV

go/dvapm18

This calendar is curated by Health and Wellness Education and is supported by campus and community partners. To contribute to future calendars, please email healthandwellnessed@middlebury.edu.