Your guide to a
Green Dorm Room
help us achieve CARBON NEUTRALITY this year!

Before you move in...

1. **Buy it here** - Shipping is fuel-intensive, so minimize it by doing your shopping when you arrive in Vermont.

2. **Reuse** - See if you can find some gently used items to create a unique room! Try Craigslist, local thrift stores or the Material Recovery Facility on campus where tons of treasures from last year’s move out are stored for reuse.

3. **Plan ahead** - Talk to your new roommate to avoid ending up with two of everything.

4. **Be efficient** - Make sure your appliances are EnergyStar and use CFL bulbs in all of your lamps.

Setting up your room...

1. **Power strips** - Plugged-in devices use electricity even when they are turned off, so plug speakers, chargers and other devices into a power strip that can be unplugged when not in use.

2. **Daylight** - Put your desk near your window so that you can leave the lights off and study by daylight. It’ll help boost your mood and productivity, too!

**Forming green habits...**

visit middlebury.edu/sustainability for more info

1. **Turn it off** - Remember to turn off lights, fans, speakers, etc. when you leave your room.

2. **Recycle** - Plastics #1-7, glass and paper go in the blue bin, everything else goes in the grey bin.

3. **Shut it down** - Screen savers don’t save energy! Turn your computer off overnight.

4. **Skip the dryer** - Use a drying rack instead!

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