Dear Middlebury International Students and Scholars,

This message provides information regarding COVID-19 testing requirements for international air travel to the U.S. that will take effect soon. We write because it applies to students and scholars who intend to and are eligible to enter the U.S. in F-1 or J-1 status, including many of you. Please note that this new policy applies to all international travelers to the U.S., including U.S. citizens returning from abroad.

- If you are currently outside the U.S. and intend to travel to the U.S., please read this email in its entirety. Depending on your planned entry date to the U.S., action may be required.
- If you are currently inside the U.S. or will engage in remote study from outside the U.S., please read this message for important information that may apply to future travel. No action is needed at this time.

Effective Tuesday, January 26, 2021, all international travelers arriving to the U.S. by air must obtain one of the following documents BEFORE boarding their flight:

1) A negative COVID-19 test result, from a test taken within the 72 hours prior to the departure of their flight;

OR

2) Documentation of having recovered from COVID-19, which consists of two documents: a positive viral test result AND a letter from your health care provider or a public health official that states you have been cleared for travel.

Here is what to know:

- Get tested 1-3 days before your flight that reflects a negative test result OR obtain documentation that confirms your recovery from COVID-19.
- Travelers with a known exposure to COVID-19 should delay travel, quarantine themselves from other people, get tested, and monitor their health.
- Showing a negative test or documentation of recovery does NOT exempt non-U.S. citizens from travel restrictions outlined in the Presidential proclamations.
  - Continue to monitor the U.S. State Department (www.travel.state.gov) and the Center for Disease Control and Prevention (https://www.cdc.gov/) websites leading up to your travel day.

To read more about this travel requirement, please visit: https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html

Frequently Asked Questions
1. Where can I find more information about COVID-19 testing available in my country?

Information about where and how to obtain a COVID test may be available at the U.S. Embassy website or directly with the airline with whom you plan to fly.

- **U.S. Embassy**: [https://travel.state.gov/content/travel/en/traveladvisories/COVID-19-Country-Specific-Information.html](https://travel.state.gov/content/travel/en/traveladvisories/COVID-19-Country-Specific-Information.html) This website provides information for U.S. citizens traveling abroad, however, information about where to obtain a COVID test could help you start the process of determining where to take your COVID test and how to schedule an appointment.

- **Airline**: Check directly with the airline that you will fly for information about where you can obtain a COVID-19 test.

2. Where can I learn more about state or local travel requirements under COVID-19 conditions?


- **California guidance**: [https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Travel-Advisory.aspx](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Travel-Advisory.aspx)


3. **Middlebury College Students**: Will I need to take a test and quarantine when I arrive on campus?

Yes. Even if you obtain a negative test result, you must adhere to the College’s health and safety protocols, including state requirements, upon your arrival to campus.

- Please look for additional information about spring arrival and COVID testing that will be sent to your Middlebury email account prior to the start of the semester.

- We also recommend you monitor the college **COVID-19: Essential Information** page ([https://www.middlebury.edu/office/midd2021](https://www.middlebury.edu/office/midd2021)).

- If you have questions about the self-quarantine period prior to travel and/or the testing and quarantine process on campus, please contact COVIDInfo@middlebury.edu for guidance.

We look forward to seeing you virtually this spring!

Regards, Kelly, Kas & Christy (and the ISSS Team)

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Office Hours: 7:30 am – 4:00 pm Pacific Time, Monday-Friday
For MIIS Students & Scholars, please email isss@middlebury.edu for an appointment

**International Student & Scholar Services (ISSS)**
Middlebury College
Office: currently remote
Phone: 802-443-5858
Email: isss@middlebury.edu
Web: http://go.middlebury.edu/isss

*Need to see us? Schedule an appointment:* calendly.com/middleburysiss

*If you need to submit a document to ISSS, please use the Document Submission Form:*
https://forms.middlebury.edu/international/isss/document-submission-form