

# Sexual Violence Awareness & Prevention Month

at Middlebury College

## Mindfulness and Self-compassion for Survivors

Mondays in April 4:30-5:15pm, Axinn 220 (Axinn 104 on 4/22)

Join Director of Health and Wellness Education Barbara McCall and guest facilitators each Monday for the month of April to explore grounding techniques, mindfulness skills, and develop self-compassion and self-care skills—a new one each week. Come to just one, or all five!



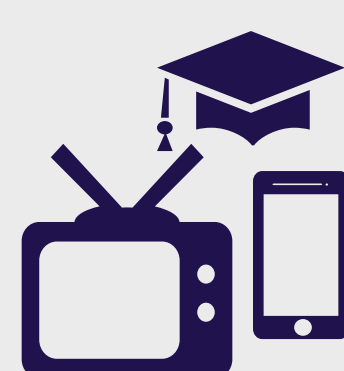
### SGA Sexual & Relationship Respect (SRR) Committee Reflection Booth

**Monday April 1 & Thursday April 4**  
**Proctor Terrace, 11am-2pm**  
Come by to reflect on ways individuals and communities are complicit in sexual assault, as well as ways to challenge this. Finish quotes, take a photo, paint your nails, and get ribbons. Submissions and reflections will be on display in Davis Family Library 4/8 - 4/15.



### #allthefeels workshop

**Friday April 5**  
**Service 209**  
**2:30pm-3:30pm**  
Conversations, articles, and global media about sexual and relationship violence can bring up a lot of feelings for survivors, partners, friends, and community members. Join Madeline Hope, Assistant Director of Health and Wellness Education for this workshop on emotion identification and leave with some tips to name, feel, and explore #allthefeels.



### Beyond Sex: Sex, Media, & Education

**Sunday April 8**  
**Axinn 229**  
**4:30pm-6pm**  
Sex educator Cindy Pierce will explore how modern media and communications have changed our sexual culture and how it has impacted sexual safety. This event is sponsored by SGA SRR and MCAB speakers.



### Green Dot Focus Group

**Wednesday April 17**  
**Grille Conference Room**  
**3pm-4pm**  
Green Dot wants your feedback! Join program staff for a 60 minute focus group to share your experiences and ideas about what red dots and green dots look like at Middlebury. Chips and guac will be served!



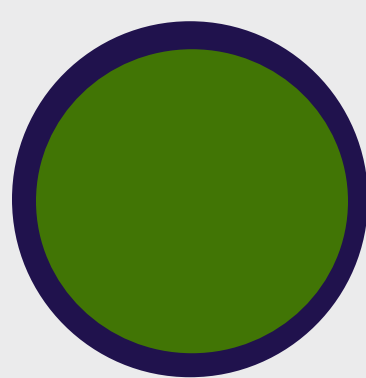
### From complicity to conscious community

**Thursday April 18**  
**Hillcrest 103**  
**4:30pm-6pm**  
SRR sponsored dialogue on campus about complicity, now what? Join Barbara McCall and Renee Wells, Director of Education for Equity and Inclusion for a workshop offering tools for proactive engagement to support a campus culture that does not tolerate violence and actively prevents it. Sushi will be served!



### Green Dot Paint & (Smoothie) Sip

**Thursday April 18**  
**Crossroads Cafe**  
**7pm-8:30pm**  
Join Steve Zatarain, Atwater CRD and painting instructor, for a painting class! You'll walk away with your own still life creation. Canvas, paints, brushes, and green smoothies provided. Just bring yourself, a friend, and your creativity.



### Green Dot Overview

**Friday April 19**  
**3pm-4:30pm**  
**Service Building 209**  
Looking to learn more about Green Dot outside of orientation or feeling like you want a refresher and some practice? Join program staff for an interactive overview to review concepts, practice green dots, and discuss our shared goals for a safer community.



### MiddSafe Advocate Meet & Greet

**Wednesday April 24**  
**Crossroads Cafe 4:30pm-5:30pm**  
Join the MiddSafe advocates for community, conversation, and MiddCakes! Learn about the hotline, who the advocates are who staff it, and how to use the online advocate website.



### ConsentFest

**Thursday April 25**  
**Axinn Winter Garden**  
**4:30pm-6pm**  
Join student organizations and offices from across the campus for consent themed carnival games and information. Collect stamps at each station to fill your passport and win a "get cozy with consent" fleece blanket.



### Sex Positive Education College Style (SPECS) peer educator workshops

Coming to residence halls near you throughout the month of April for Febs and first years! To request a workshop please email [adurning](mailto:adurning). Visit [go/specs](http://go/specs) to learn more.

The Sexual Violence Awareness and Prevention Month (SVAPM) calendar is sponsored by Health and Wellness Education, Green Dot, the SGA Sexual and Relationship Respect Committee, MiddSafe Advocates, MCAB Soakers, Office of Institutional Diversity, Equity, and Inclusion, SPECS, and many other campus partners. This calendar can be found online at [go/svapm19](http://go/svapm19).