PREPARATION & POSSIBILITIES
On Leading a Liberal Arts Life

A CONFERENCE FOR SOPHOMORES 2016

FRIDAY, JANUARY 15 & SATURDAY, JANUARY 16
DEAR SOPHOMORES,

With the five Commons and the Center for Careers & Internships, I welcome you to the second annual Sophomore Conference, *Preparation and Possibilities: On Leading a Liberal Arts Life!* This is a day to celebrate what is unique and special about the sophomore year as well as to launch you into your newly declared (or soon to be declared) majors and academic “homes.”

This conference is inspired by the recognition that the sophomore year is a year of transition. The open exploration that is encouraged of you in your first year gives way to decisions that seem to be asking you to focus and choose—questions about how you will define the shape of your education. What shall I pick as a major? Should I study abroad? When and where shall I do an internship? What other learning experiences should I take advantage of during college? For many of you, these educational decisions confronting you during your sophomore year spark even bigger questions: What do I want to do when my time here at Middlebury comes to an end? What kind of life do I want to live?

We hope that this event will give you an opportunity to reflect with faculty, alumni, and your peers on your academic aspirations and to begin to imagine where your education might take you. Our aim is to challenge you to think about what it is you want from your journey through the liberal arts. Faculty members from many departments and programs across campus will be here to facilitate conversations with more than 50 alumni, representing 40 majors, who are eager to share their perspectives on where their liberal arts education has taken them, including how it has informed their lives, shaped their career choices, and helped them create lives of meaning. We are thrilled to be welcoming them back!

One of the things that you will notice, as you examine the composition of the panels, is that each major—or group of majors—is represented by alumni who have followed a wide range of career pathways. Your choice of major does not always predict your eventual career (or careers) in a neatly linear fashion! We hope that the wide net that we have cast in choosing alumni panelists to speak with you today and tomorrow will expand your ideas and expectations about where your major might take you and about how you might apply your liberal arts learning in your future life and career.

As the conference begins, be bold, think creatively, listen carefully, and engage one another in conversation. We hope that you find the dialogue illuminating, and that the day ignites in you a passion for your education.

Andi Lloyd
Vice President for Academic Affairs and Dean of the Faculty
CONFERENCE SCHEDULE

FRIDAY, JANUARY 15

1:30–2:30 PM
Welcome to Your Major
Various Campus Breakout Rooms
Departmental meetings for new majors.
Refreshments in Axinn, Hillcrest, and Bicentennial Hall

2:45–3:35 PM and 3:35–4:15 PM
Making the Most of Your Time at Middlebury
Axinn and Bicentennial Hall
Concurrent skill-based and reflective workshops organized around your life as a sophomore.
Cosponsored by the SGA Ad-Hoc Committee on CCI-Student Relations

4:30 PM
Welcome
Dana Auditorium
Katy Smith Abbott, Vice President of Student Affairs and Dean of the College

Introduction of Speaker
Allison Stanger, Russell J. Leng ’60 Professor of International Politics and Economics

Keynote Address
Wondering How to Make the World a Better Place? Your Liberal Arts Education Will Come in Supremely Handy
Ninive Calegari ’93, Cofounder and Former CEO of 826 National; Founder and CEO, The Teacher Salary Project, and Paperclip Consultants

Next Steps
Peggy Burns, Director, Center for Careers & Internships

5:00 PM
Transition and Refreshments
Axinn Winter Garden and Bicentennial Great Hall

5:15 PM
Where Might Your Middlebury Education Take You: An Alumni/Student Exchange
Breakout Rooms in Axinn and Bicentennial Hall
Moderated panels of alumni grouped by majors and divisions, followed by conversations with panelists about your newly chosen major and all the opportunities available to you.

6:30 PM
Gala Reception and Dinner
Atwater Dining Hall

SATURDAY, JANUARY 16

9:00–11:00 AM
Breakfast Roundtable Discussions with Visiting Alumni
Atwater Dining Hall
Small group discussions with alumni over breakfast on career and post-graduation topics, with a special session on nonprofit leadership and development.
In collaboration with Alumni of Color Weekend
**WORKSHOPS SCHEDULE**

**FRIDAY, JANUARY 15 • AXINN**

**2:45–3:25 PM**

**Workshop Block Number One**

**Speaking Out Loud: How to Do It**

Axinn 219

Feel uncomfortable speaking in public settings? Don’t feel you have your personal voice? Come broaden your public-speaking experience in a low-pressure, high-fun, student-driven workshop led by Middlebury Women Leaders and Oratory Now. In this 40-minute workshop, we will work on strengthening comfort and proficiency in a variety of different speaking contexts—from participation in class to high-profile speeches—with a holistic approach to freeing our voices.

**FACILITATORS:** Claudia Huerta ’18, Middlebury Women Leaders; Alex Brockelman ’18, Oratory Now

**“Who Am I?” Self-Assessment Resources for Sophomores at CCI**

Axinn 220

Wondering what career choices will suit you best? Learn about CCI’s personality, interest, and values assessment tools, including TypeFocus, Pymetrics, and CareerFinder, and how they can open up new levels of understanding and new options for you.

**FACILITATOR:** Susan Walker, Associate Director, Professional and Career Development, Center for Careers & Internships

**Finding or Creating Your Summer Internship**

Axinn 229

One of the most exciting chapters of your Middlebury experience can be participating in an internship. An internship provides an opportunity to explore your interests, apply your liberal arts learning, and gain real-world experience. Whether you are following a personal passion, connecting to your academic work, or hoping to confirm your interest in a particular career path, CCI is here to help. This workshop will provide advice on gaining focus for your summer plans, tips on finding an internship, and how to navigate the summer internship funding process.

**FACILITATOR:** Peggy Burns, Director, Center for Careers & Internships

**Global Learning and Citizenship**

Axinn Abernethy Room

In June 2015, *The Atlantic* published findings from All State/National Journal Heartland Monitor stating that “against a backdrop of tumultuous economic and demographic change, younger Americans are drawing a new 21st-century road map to success.” So where will your road map take you after college? In today’s interconnected world, your professional and personal journey will force you to engage with people and communities very different from your own. How do you best engage with people with different beliefs, practices, and cultures? Join in an interactive session on using cultural intelligence and avoiding implicit biases and learn to develop a global road map of success for yourself. Please bring a laptop to the session, if possible.

**FACILITATOR:** Baishakhi Taylor, Dean of Students; Lecturer, Department of Sociology/Anthropology
Drop-In Hours
Axinn Reading Room
Have a quick question or want more information about internships, resumes, volunteer opportunities, study abroad, fellowships, and more? Drop by to talk with staff from the Center for Careers & Internships; Community Engagement; International Programs and Off-Campus Study; and Fellowships and Undergraduate Research.

3:35–4:15 PM
Workshop Block Number Two

Heart + Head = Hustle: Driving Interests and Passions to Action
Axinn 219
Find ways to work from both your heart (addressing the issues that most move you) and your head (using your unique gifts). Collapse the divisions between these two aspects of yourself in your work and engaged activities as often as possible. Come up with a commitment to taking action towards your “hustle” in the weeks that follow.

FACILITATOR: Tracy Himmel Isham, Associate Director for Social Impact Careers, Center for Careers & Internships

Why I Wouldn’t Call It Sophomore Slump
Axinn 220
In this workshop, we will discuss some of the developmental challenges and opportunities second-year college students experience emotionally, existentially, and practically. Come learn about the whys and the hows of understanding and navigating your sophomore year.

FACILITATOR: Gary Margolis, Emeritus Director of Counseling, and Poet

Getting Started: Introduction to CCI Tools and Resources
Axinn 229
MOJO, MiddNet, LACN, resumes, cover letters, interviewing, Pymetrics, TypeFocus, CCG, Quick Questions, internships, HP and STEM, and funding. What does it all mean? Come get a quick overview in a fun and pressure-free environment to point you in the right direction. All questions welcome—none are too silly or outrageous. Bring your curiosity and be ready to walk away with actions and some clarity about what to do next.

FACILITATOR: Tim Mosehauer, Associate Director, Professional and Career Development, Center for Careers & Internships

Telling Your Whole Story
Axinn Abernethy Room
For most, the Middlebury experience goes beyond the formal walls of the classroom. During this workshop you will reflect on the learning experiences you’ve had outside of the classroom. Whether your experiences include student-organization participation and leadership, volunteering, on-campus jobs, or others, we’ll talk about how to translate your experiences and passions to skills you can highlight, as well as other ways to develop additional skills and knowledge during your time at Middlebury.

FACILITATOR: Amanda Reinhardt, Assistant Director of Orientation, Student Activities

Drop-In Hours
Axinn Reading Room
Have a quick question or want more information about internships, resumes, volunteer opportunities, study abroad, fellowships, and more? Drop by to talk with staff from the Center for Careers & Internships; Community Engagement; International Programs and Off-Campus Study; and Fellowships and Undergraduate Research.
PANELS BY MAJOR/DIVISION

Languages, Cultures, and Literatures
Arabic, Chinese, French, German, Italian, Japanese Studies, Russian, and Spanish

Axinn 104

ALUMNI PANELISTS

Ofelia Barrios ’93 (Spanish and Sociology/Anthropology), Senior Director of Community Health Initiatives, Iris House, Inc.

Zachary Chen ’07 (Chinese), Assistant Attorney General, Vermont Attorney General’s Office

Nicolas Emery ’05 (International and Global Studies: European Studies with Italian Minor), Assistant Director of Alumni Relations and Annual Giving, Berkshire School

Dimiter Kenarov ’03.5 (Russian/English and American Literatures), Freelance Journalist

FACILITATOR: Roman Graf, Professor of German; Head, Brainerd Commons

The Humanities
American Studies, Classics/Classical Studies, History, History of Art and Architecture, Philosophy, and Religion

Axinn 219

ALUMNI PANELISTS

Daryn Cambridge ’03 (English/Philosophy), Senior Program Officer, United States Institute of Peace

Evan Deutsch ’12 (Environmental Studies/Architectural Studies), Cofounder and Strategy Director, Oxbow Creative

Haik Kavookjian ’09.5 (American Studies), Creative Director, Sword & Plough

Ricky Klein ’07 (Religion/Philosophy), Head Meadmaker, Groennfell Meadery

Elizabeth Perkins ’01 (History of Art/Italian), Assistant Museum Educator for Academic Programs, The Metropolitan Museum of Art

Rebecca Scholtz ’06 (Classics), Staff Attorney, Mid-Minnesota Legal Aid; Adjunct Associate Professor, University of Minnesota Law School, Federal Immigration Litigation Clinic

Elizabeth Toder ’90 (History/Italian), Senior Manager, WaterCredit Advisory Services, Water.org

FACILITATOR: Kathryn Morse, Professor of History and Department Chair and John C. Elder Professor in Environmental Studies

The Arts and Media Culture
Dance, Film and Media Culture, Music, Studio Art, and Theatre

Axinn 220

ALUMNI PANELISTS

Nínive Calegari ’93 (Political Science with Studio Art minor), Cofounder and Former CEO of 826 National; Founder and CEO, The Teacher Salary Project, and Paperclip Consultants

David Ellis ’09 (Film and Media Culture with Economics minor); Director of Brand Strategy, Advertising & Digital at Starr Companies
Lindsey Messmore '11.5 (Theatre with Japanese minor), Manager, Venue Sales, Lincoln Center for the Performing Arts, Inc.

Rachel Nuñez '14 (Dance and Sociology/Anthropology), Social Media and Marketing Manager at Dancing in the Streets/Freelance Dancer

Cha Tori '12.5 (Literary Studies with Art minor), Office Coordinator and Personal Assistant, Ruth Catone; Artist

FACILITATORS: Scotty Hardwig, Visiting Assistant Professor of Dance and Cláudio Medeiros, Associate Professor of Theatre; Chair, Department of Theatre

Geography, Environmental Studies, International and Global Studies    Axinn 229

ALUMNI PANELISTS
David M. Barreda '00 (Environmental Studies/Geography), Visuals Editor, ChinaFile, A Project of the Center on U.S.-China Relations at Asia Society

Sophie Esser Calvi '03 (International and Global Studies/Women and Gender Studies), FoodWorks Director; Associate Director for Global Food and Farm Programs, Middlebury College

Kim Ma Gustafson '91 (International and Global Studies: East Asian Studies); Scholarship Director, Senator George J. Mitchell Scholarship Research Institute

Emily May '10 (Environmental Studies/Biology), Pollinator Conservation Specialist, The Xerces Society for Invertebrate Conservation

Chelsea Minton '08.5 (History with Geography minor), Business Development Strategist, Water Resources, OmniEarth

FACILITATOR: Tamar Mayer, Robert R. Churchill Professor of Geosciences; Director, Rohatyn Center for Global Affairs; Director, Program in International and Global Studies; Director, Program in Modern Hebrew

Economics and International Politics    McCardell Bicentennial Hall 216

ALUMNI PANELISTS
Jason Cawley '98 (Economics), Senior Director of Private Equity, PSP Investments

Melanie Curtis '00 (Economics), Coach, Speaker, Author, MelanieCurtis.com (self)

Alyson Lipsky '03 (International Politics and Economics), Health Governance Specialist, RTI International

Sebastian ‘Koby’ Spio-Garbrah ‘01.5 (Economics/Political Science), Global Managing Director, Chief Frontier Markets Analyst, DaMina Advisors LLP

Bob Wannop '04 (Economics), Finance Manager, Seventh Generation

Carolyn Weir '10.5 (International Politics and Economics with Arabic minor), Philanthropic Advisor for the McClure Foundation and Program and Grants, Vermont Community Foundation

FACILITATOR: William Pyle, Frederick C. Dirks Professor of International Economics
Social Sciences
Gender, Sexuality and Feminist Studies, Political Science, Psychology, and Sociology/Anthropology

ALUMNI PANELISTS
Tiffany Davidson ’00 (Political Science with Spanish minor), Corporate Counsel, Elsevier, Inc.
Kate Kellogg ’04 (Women’s Studies), Assistant Professor of Emergency Medicine, Georgetown University; Attending Physician, MedStar Washington Hospital Center; Clinical Safety Scientist, National Center for Human Factors in Healthcare
Megan Nesbeth ’11 (Sociology/Anthropology), Program Manager, Opportunity Fund, General Assembly
Jeff Rettew ’02 (Psychology with Spanish minor), Assistant Director, Health Education and Outreach, The University of Vermont
FACILITATOR: Bertram Johnson, Associate Professor of Political Science and Department Chair

STEM I
Biology, Chemistry and Biochemistry, Molecular Biology and Biochemistry, and Neuroscience

ALUMNI PANELISTS
Ariele Faber ’12.5 (Neuroscience/History of Art and Architecture), Patient Experience Designer, NYU Langone Medical Center; Founder and Owner, Cerebella Design
Diego Galan Donlo ’14 (Molecular Biology and Biochemistry), Laboratory Research Technician, Middlebury College
David Grass ’99 (Environmental Studies/Chemistry), Environmental Health Surveillance Chief, State of Vermont
Claire Luby ’10 (Biology with Chinese and Economics minors), PhD Student, Plant Breeding and Plant Genetics, University of Wisconsin-Madison
Emily Picciotto ’09 (Environmental Studies/Chemistry), Veterinarian, Burlington Emergency and Veterinary Specialists
FACILITATOR: Tom Root, Professor of Biology; Director, Program in Neuroscience

McCardell Bicentennial Hall 219

McCardell Bicentennial Hall 220
ALUMNI PANELISTS
Matthew Bigl '10.5 (Geology), Research Physical Scientist, Cold Regions Research and Engineering Laboratory
David Chen ’14 (Mathematics), Associate, Life Sciences Practice, Charles River Associates
Jillian Garber ’09.5 (Physics), Software Engineer, Sonos, Inc.

Nadia Gareeb ’90 (Mathematics with Economics minor), Counsel to Judiciary Committee Chair, New York Assemblywoman
Helene Weinstein
Maya Najarian ’14 (Physics with Computer Science minor), Associate Data Scientist, Bridj

FACILITATOR: Daniel Scharstein, Professor of Computer Science and Department Chair

ALUMNI PANELISTS
Catherine Ahearn ’11 (Literary Studies with Sociology/Anthropology minor), Strategic Planner, Eric Mower and Associates
Geoffrey Brown ’99.5 (American Literature), Vice President, Cybersecurity, First Data
Salena Casha ’13 (English and American Literatures and Creative Writing with Mathematics minor), Manager of Information Technology, Marketing Science Institute

Jennifer Crystal ’00.5 (English and American Literatures/French with Political Science minor), Instructor, Grub Street Creative Writing Center; Columnist, Global Lyme Alliance
Carolyn Kormann ’04 (English/Spanish), Writer and Editor, The New Yorker

FACILITATOR: Stephen Donadio, Fulton Professor of Humanities; Editor, New England Review; Director, Literary Studies Program

VISIT GO/MYMAJOR for an online conference schedule and full alumni panelist biographies.
BREAKFAST ROUNDTABLE DISCUSSIONS WITH ALUMNI
In collaboration with Alumni of Color Weekend

SATURDAY, JANUARY 16 • ATWATER • 9:00–11:00 AM

Students will be able to meet with alumni over breakfast in 30-minute intervals on career and post-graduation related topics. Tables will be arranged by fields and industries, or specific topics.

This session also includes a special discussion about mission-driven leadership, across the nonprofit sector, and what it takes to build thriving and effective social enterprises.

Sign-up for the Roundtables will be available throughout the conference on Friday to make sure you get the ones you want. Or, you can just show up Saturday morning. Alumni are eager to share what they know, help you understand what the work is about, or prepare you to get your foot in the door.

Fields and industries include
• The Arts
• Writing and Publishing
• Marketing and Communications
• Environmental Research and Policy
• Law and Government
• Data and Information
• Web Development
• Medicine and Research
• Finance and Consulting
• Food and Agriculture
• Public and Mental Health
• And more

Topics may include
• Finding a Job Abroad
• What to Do When You Don’t Know What to Do?
• Translating Athletics
• And more

Preparations & Possibilities: A Conference for Sophomores 2016 is cosponsored by the Atwater, Brainerd, Cook, Ross, and Wonnacott Commons; Academic Affairs; the SGA Ad-Hoc Committee for CCI-Student Relations; and the Center for Careers & Internships.
CCI RESOURCES FOR SOPHOMORES

Come early and come often! CCI is not just for seniors. Use our advisers and resources to explore your interests, find internships, build your resume, secure summer funding, seek advice, and help with your planning!

• QUICK QUESTIONS Winter Term hours: Monday–Thursday from 12-1 PM and 4–5 PM in Adirondack House. No appointment needed.

• APPOINTMENTS WITH ADVISERS specializing in your interest area.

• FUNDING FOR SUMMER INTERNSHIPS

• MORE THAN 500 INTERNSHIPS posted in MOJO throughout the year!

• EXTENSIVE INTERNSHIP RESOURCES Visit go/internships.

• ACCESS TO MORE THAN 7,500 ALUMS via MiddNet.

• 100+ WORKSHOPS AND INFORMATION SESSIONS for career and internship exploration.

• NOT SURE WHERE TO START? Try TypeFocus or Pymetrics! Visit go/assessment.

VIP APPOINTMENTS—YOU’RE INVITED!

All sophomores who attend the conference will be invited to a special follow-up VIP appointment with a CCI adviser. This will be the perfect time to discuss your interests, review your resume, and discover amazing internship opportunities. We are particularly excited about extending this special offer to all attending sophomores.

VISIT GO/CCI TO GET STARTED!