From the Dean of Students

Dear Students and Families,

Welcome to the Middlebury College community. This is a distinctive, energetic, and welcoming place characterized by strong friendships, stimulating course work, inspiring connections with faculty and staff, and rich experiences beyond the classroom. Throughout these diverse facets of a Middlebury experience, students encounter ideas that shape their thoughts, beliefs, actions, and goals for the rest of their lives. The next four years is a time rich with opportunities. It is also a time of some understandable anxiety.

In every student’s college experience there will be moments of exhilaration and success. But there will also be long nights of study, homesickness, and other challenges. How will each student manage these rewards and frustrations, the triumphs as well as the occasional setbacks?

In truth, this transition can be a bit daunting at first (perhaps as much for families as for their children), but new students typically make friends, dive into course work, and join student organizations or sports teams or music groups with relative speed. And that, in part, is the point: learning to exercise new freedoms and responsibilities with growing maturity in novel and challenging contexts is one of the most important aspects of a liberal arts education. It is one aspect of becoming an informed, active contributor to society. It is also an essential component of a life well lived.

Best of luck with your preparations this summer. I look forward to meeting you on campus.

With warm wishes,

Baishakhi Taylor

Interim Vice President of Student Affairs and Dean of Students; Assistant Professor, Gender, Sexuality, and Feminist Studies
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Middlebury College is redefining liberal arts for the 21st century.
Welcome

Each year Middlebury College welcomes new students and families from throughout the country and around the world. Whether you arrive in September or February, this guide will help you better understand and acclimate to all things Middlebury.

THINGS TO DO NOW

- **Start Your Prearrival Checklist on BannerWeb**
  BannerWeb is Middlebury’s online database for academic and personal information. You’ll find your pre-arrival checklist at [go.middlebury.edu/prearrival](http://go.middlebury.edu/prearrival). Many checklist items are due immediately, and some over the next few months. All can be completed easily and electronically on BannerWeb. Log in with your user ID (check your welcome email for your 8-digit ID) and PIN (your birthdate: MMDDYY) at [go.middlebury.edu/bannerweb](http://go.middlebury.edu/bannerweb).

- **Make Your Orientation Plans**
  Please review the orientation website at [go.middlebury.edu/orientation](http://go.middlebury.edu/orientation). If you have questions that can’t be answered by consulting the website, email orientation@middlebury.edu or call us at 802-443-3103.

- **Set Up Your Middlebury College Email**
  If you haven’t already activated your email account, do it now. It’s our primary source of communication during these prearrival months, and you don’t want to miss anything important. At [go.middlebury.edu/activate](http://go.middlebury.edu/activate), log in with your user ID (check your acceptance email for your 8-digit ID) and PIN (your birthdate: MMDDYY, unless you have already created a new one). Once you’ve activated your account, check your email regularly at [go.middlebury.edu/webmail](http://go.middlebury.edu/webmail).

- **Set Up Your Middlebury College Health Portal**
  1. Activate your Health Portal now at [go.middlebury.edu/healthportal](http://go.middlebury.edu/healthportal).
  2. Obtain your immunization records and compare them to the Vermont requirements.
     a. Get this done now.
     b. Do not wait until you have a doctor’s appointment to do this.
     c. Call your doctor’s office and ask for a copy of the records, then follow the portal instructions for uploading the forms.
  3. Follow instructions for completing online forms and uploading health forms. All are due June 15. Students who do not meet the Vermont state immunization requirements will be excluded from campus. Visit the Parton Health Center website for details. [go.middlebury.edu/parton](http://go.middlebury.edu/parton)

- **Complete Your Insurance Waiver and Enrollment Form**
  All students must have health insurance. You must choose to either enroll or opt out of the Student Health Insurance Plan. Students arriving in February will be able to waive or enroll starting November 1. [go.middlebury.edu/studentinsurance](http://go.middlebury.edu/studentinsurance)

- **Submit Your ID Photo**
  Your MiddCard is your main form of ID while you’re at Middlebury. You’ll need it for a range of things, including access to buildings. Look for the MiddCard page on the left toolbar at [go.middlebury.edu/middcard](http://go.middlebury.edu/middcard).

- **Add Parents or Guardians to BannerWeb**
  When it comes to sharing information and event invitations, we send more emails than hard copies these days. Help us keep your family up-to-date by adding your parents’ or guardians’ email addresses. [go.middlebury.edu/bannerweb](http://go.middlebury.edu/bannerweb)
GENERAL INFORMATION

BannerWeb
BannerWeb is Middlebury’s online database for all students’ academic and personal information. To use it, you will need your 8-digit ID, assigned to you in your welcome email, and a unique 6-digit PIN, which is your birthdate (MMDDYY) until you change it. [go.middlebury.edu/bannerweb]

Campus Maps
Find printable and interactive maps at [go.middlebury.edu/campusmap].

College Bookstore
The College Bookstore offers products and services to help with your transition into the residence halls at the start of the year. [go.middlebury.edu/bookstore]

Panther Dorm Shop offers assorted room supplies, or you can order online at [www.ocm.com/mdl].

Apple Campus Store offers Apple products, some at educational discount prices.

Textbooks for your classes can be ordered at [go.middlebury.edu/textbooks] for pickup in the store.

Computers
Both Windows and Apple computers are supported on campus. The College Bookstore sells Apple computers, which incoming students are eligible to purchase with an “education discount.” Other computer companies also offer educational discounts. General computer purchase information is available at [go.middlebury.edu/computers]. Wi-Fi is available in residence halls.

Email
Email is the primary mode of all-College communications and students should check their accounts regularly. [go.middlebury.edu/webmail]

Enrollment Billing/Student Financial Services
Student Financial Services is your one-stop shop for financial aid, bursar, and education financing. Our responsibilities include the areas of financial aid counseling and awards, student accounts and education financing issues, payment plans, and loan repayment.

The tuition, room, and board invoice can be accessed through our third-party billing partner, Nelnet Business Solutions. Once you have received your billing notification by email, you can view and pay your bill online at [www.nbspayments.com]. The bill may include campus charges, such as library fines and dorm damage. Balances overdue by 30 days or more may delay students in registering for courses and participating in room draw.

Bills are issued each semester, due by August 15 (fall) and December 15 (spring), and are sent electronically to students and whomever they have designated as an authorized payer. A $250 late fee may be added to bills not paid on time. The tuition bill is ultimately the responsibility of the student. Interest-free payment plans are available through Nelnet. Questions about student account balances and payment plans should be directed to Student Financial Services at 802-443-5158 or sfs@middlebury.edu.

[go.middlebury.edu/ugtuitionpayment]

Local Banking
Several banks in town (listed below) accept student accounts and have ATMs. The Cashier’s Office is open 8:30 a.m.–4 p.m., Monday–Friday. Students can cash up to $50 in traveler’s checks, as well as checks from parents or guardians made payable to a student. One day’s notice is required to cash a check of more than $50.

Citizens Bank
36 Middle Road
[www.citizensbank.com]

Key Bank
47 Creek Road
[www.key.com]

National Bank of Middlebury
30 Main Street
[www.nbmvt.com]
Has two ATMs on campus

People’s United Bank
114 South Village Green
[www.peoples.com]

Vermont Federal Credit Union
1 Court Street
[www.vermontfederal.org]

Mail
Mail and packages are delivered to students’ mailboxes in McCullough Student Center, addressed as follows:

Student Full Name
(Box #) Middlebury College
14 Old Chapel Rd
Middlebury, VT 05753

Mailbox information is posted on BannerWeb in August for students arriving in September and in January for students arriving in February. Students have access to their mailboxes from 7 a.m. to midnight daily. The business window has weekday hours from 9 a.m.–4 p.m. and will also be open Saturday 9 a.m.–noon in September. For packages, we recommend using a service you can track, such as UPS, FedEx, and insured, certified, or registered mail. Postage stamps can be purchased at the College Bookstore and MiddXpress.

Mailing Ahead Packages
Please do not send packages before August 19, or February 1 for those arriving in February. Students will receive an email from the Mail Center when a package arrives. If packages are at the warehouse, students will need to bring their IDs to the warehouse for pickup. Packages should not weigh more than 50 lbs.

Medical Insurance
Middlebury requires all students to have a U.S.-based medical insurance policy for medical bills, should they arise. If your family plan will not cover you and you do not have an individual plan, you need to purchase one. The College arranges for one suitable plan. Details are available at [go.middlebury.edu/studentinsurance].

Preferred Name
Middlebury recognizes that some members of our community use names other than their legal names to identify themselves. At [go.middlebury.edu/preferredname], you can indicate your preferred first name regardless of whether or not you have legally changed it—provided that it is not for the purpose of misrepresentation (i.e., using inappropriate names or using the process to avoid a legal obligation). Preferred first names that differ from your legal name will be used solely for Middlebury’s
internal systems. You can also indicate a gender pronoun (him, her, them, etc.) and name prefix (Mr., Ms., Miss, etc.). If you have questions, contact Jennifer Herrera Condry, associate director of the Anderson Freeman Resource Center, at jherrera@middlebury.edu.

**GETTING HERE**

Middlebury College is in central Vermont in the town of Middlebury.

*131 South Main Street, Middlebury, VT*

**By Car**

See general driving directions at go.middlebury.edu/directions. As you approach campus for orientation, signs will direct you to the Welcome Centers.

**By Air**

The closest airport is Burlington International Airport (BTV). It is 35 miles north of Middlebury. Public transportation options are limited. Car rentals are available at the airport. www.btv.aero

**By Train**

Amtrak has three stations near Middlebury: Port Henry, N.Y. (25 minutes), Rutland, Vt. (45 minutes), and Essex Junction, Vt. (one hour). www.amtrak.com

**By Taxi**

For a full list of private taxis and shuttle options, visit go.middlebury.edu/transportation.

**Lodging for Families**

Middlebury is a popular vacation destination, and we recommend that you make reservations well in advance of your intended arrival dates. Find resources for lodging at go.middlebury.edu/lodging.

**Lodging at Bread Loaf Campus**

During orientation, we may offer affordable dorm-style housing for families at Middlebury’s Bread Loaf campus, approximately 20 minutes from campus. Accommodations include breakfast. go.middlebury.edu/breadloaflodging

During orientation, dorm-style housing is available for families at Middlebury’s Bread Loaf campus.
WHAT TO PACK
Packing up the car? Shipping boxes? Making a list of what you’ll need? For clothing, attire is mostly informal, but you will need to dress up on occasion. The winter months bring cold days, some subzero. You will want a warm winter coat, hat, scarf, mittens, socks, boots, and sweaters. Students here often sacrifice style for warmth and comfort. Here are a few quick tips for other key items:

WHAT’S PROVIDED
☐ Extra-long twin bed and mattress (36 x 80 inches)
☐ Closet
☐ Desk and chair
☐ Bookshelf
☐ Waste basket and recycling bin
☐ Dresser
☐ Whiteboard on the door exterior
☐ Face mirror (some rooms come with full-length mirror as well)

WHAT TO BRING
☐ Twin extra-long (80-inch) sheets, comforter, pillows, blanket(s), and mattress pad
☐ Towels (two are ideal, one to use while washing the other!)
☐ Study lamp and/or floor lamp with bulb
☐ Small area rug or carpet remnant up to 12 x 8 feet in size
☐ Hangers
☐ Power strips (instead of extension cords) with surge protection
☐ Posters, pictures, flags, and other decorations that can be affixed to the wall without using nails, cellophane tape, or screws

WHAT NOT TO BRING
☐ Halogen lights
☐ String lights
☐ Candles, incense, or any devices that create open flames
☐ Electrical appliances with exposed heating elements such as toasters, heaters, and hot plates (except irons with automatic shutoff mechanisms)
☐ Pets, other than sanctioned support animals

Find more information at go.middlebury.edu/residentialpolicies.
**IMPORTANT DEADLINES**

Detailed information for the following deadlines can be found at [go.middlebury.edu/prearrival](http://go.middlebury.edu/prearrival). The dates below are for incoming first-year students, arriving in September. International and exchange students should see page 14, and transfer students should see page 16 for additional information. Students arriving in February can see the February prearrival checklist at [go.middlebury.edu/feberointerentation](http://go.middlebury.edu/feberointerentation).

**MAY 31**
- Complete the Accommodations Request Form.

**JUNE 13**
- Register for your first-year seminar.

**JUNE 15**
- Upload your health forms.

**JUNE 17**
- Register for your orientation trip.

**JUNE 20**
- Register for housing (first-year students arriving in September only).

**JULY 1**
- Update your personal information.
- Submit financially responsible contact information.

**JULY 6**
- Register for First @ Midd.

**JULY 9**
- Update emergency contact information on BannerWeb.

**JULY 31**
- Register for housing (transfer and exchange students arriving in September).

**AUGUST 1**
- Submit your early arrival registration form (international, exchange, and U.S. abroad students only).
- Begin taking online placement exams.
- Review health-related travel information.
- Submit photo for your Middlebury ID.

**AUGUST 9**
- Purchase a parking permit.

**AUGUST 14**
- Register your vehicle.
- Make a personal evacuation plan.
- Provide an off-campus contact.

**AUGUST 15**
- Make a tuition payment.
- Designate an authorized payer.
- Submit an insurance waiver or enrollment form.

**AUGUST 20**
- Register your bicycle.

**SEPTEMBER 1**
- Display/update preferred first name and pronoun.
- Complete emergency preparedness training.
- Submit parent contact/family information.
- Complete the health and wellness course.
- Register to vote.

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**COMPLETE YOUR HEALTH FORMS IMMEDIATELY**

1. Activate your Health Portal now at [go.middlebury.edu/healthportal](http://go.middlebury.edu/healthportal).

2. Obtain your immunization records and compare them to the Vermont requirements.
   - a. Get this done now.
   - b. Do not wait until you have a doctor’s appointment to do this.
   - c. Call your doctor’s office and ask for a copy of the records, then follow the portal instructions for uploading the forms.

3. Follow instructions for completing online forms and uploading health forms.

4. If you are an international student and if required immunizations are not available in your home country, complete a request for provisional admittance with a plan to receive vaccines at the College health center upon arrival. This option is for international students only.
New students take advantage of the College’s location to hike sections of the Long Trail.
MIDDLEBURY OFFERS two orientations for incoming students, one in September and one in February. In September, orientation is called MiddView. During MiddView and February Orientation, new student orientation is a multiday program that focuses on academics, tradition, and community. Students meet with academic advisors, participate in traditional ceremonies and events, and engage in community-building activities to learn the values of scholarship and community while connecting with classmates.

If you are enrolled as an international, transfer, or exchange student, please review the sections on the next three pages that apply directly to you. They will contain information specific to your arrival and orientation situation.

Orientation is also a great time for families to come to campus and help students settle in. Many of Middlebury’s student services offices will be available so that families can learn about their programs and meet staff members. There will also be time set aside for students and families to explore the town of Middlebury and the cultural landscape of Vermont. There is public transportation from campus to local shops around the Middlebury area.

When students and families arrive on campus, they’ll receive a complete and detailed orientation schedule. All the information needed about schedules and activities will also be posted and updated online. Additionally, the Middlebury College mobile app will contain MiddView and February Orientation schedules a week prior to the program start dates. Orientation schedules for both September and February are also posted at go.middlebury.edu/orientation.

**September 2–8, 2019**
Move-In Day for New Fall Students: September 2 from 9 a.m.–2 p.m.
Family Orientation: September 2–3
Orientation Trips: September 6–8

**February 5–9, 2020**
Move-In Day for New February Students: February 5 from 9 a.m.–2 p.m.
Family Orientation: February 5–6
Orientation Trips: February 9

**Arrival Day**
In order to move in, all students must have complete immunization forms. Students without complete immunization requirements will need to visit the Parton Health Center prior to receiving access to their residence hall. This includes provisionally admitted students. **Meeting all Vermont state immunization requirements and uploading the immunization form prior to June 15, 2019, is the only way to avoid this step.**

New students, including transfer students, can arrive on campus on the first day of orientation. Moving onto campus earlier is not permitted. Welcome centers will be open from 9 a.m.–2 p.m. in both September and February. Commons teams and/or Feb leaders will be on hand to help students move into their rooms and begin the process of getting to know the College.

Although we are always delighted to welcome new Middlebury families to campus, please be assured that students who arrive solo will be well cared for by their residential staff, Commons teams, and other student life staff as they settle in.
Preseason Athletes
Invited students participating in preseason practices should contact their coaches directly to learn about arrival details. For coach contact information, visit go.middlebury.edu/athletics, or call 802-443-5250.

Orientation Trips
September arrivals: All new students participate in our MiddView trips. The trips are a 30-year tradition at Middlebury that is designed to welcome you to campus and ease the concerns of beginning college. We do this by fostering small-group connections, working toward a shared goal, and selecting remarkable student leaders from our current students to provide support.

Trips are organized into three categories: community engagement, focused on connecting with community partners and providing service; Vermont exploration, exploring Vermont’s cultural landscape; and outdoor explorations, a range of outdoor adventures such as backpacking or canoeing.

They all provide a small-group experience in which participants have the opportunity to connect with peers and learn about Middlebury College from their student leaders. No previous experience is necessary, and we encourage students to choose trips that will introduce them to something new. go.middlebury.edu/trips

February arrivals: Students have an opportunity to participate in February Orientation trips, which are organized into the same three categories as the fall trips. The goal is to provide a peer-led group experience for new students to get to know one another and their student leaders and share questions, concerns, and hopes about transitioning to life at Middlebury. It’s also a great way to explore the winter landscapes and towns that surround campus. go.middlebury.edu/februaryorientation

FIRST-GENERATION STUDENTS
First @ Midd is a preorientation program that provides support to incoming students who are the first in their families to attend a four-year college, also known as first-generation. This optional, four-day program is focused on acquainting you with many useful resources and offices at Middlebury, helping you navigate the sometimes complicated social and academic aspects of college life, and connecting you to members of our community who may be key to your success. First @ Midd 2019 begins on Thursday, August 29, and ends on Monday, September 2, allowing you to fully participate in MiddView. First-generation students joining us in February can join in the peer-mentoring program when they get to campus. Email Jennifer Herrera Condry at jherrera@middlebury.edu for more information. September students must register by July. go.middlebury.edu/firstatmidd

INTERNATIONAL AND EXCHANGE STUDENTS
International Student and Scholar Services (ISSS) provides visa-related advising, programs, and support to international students, including exchange students and U.S. students living abroad. ISSS also oversees Middlebury’s involvement with the U.S. government’s Student and Exchange Visitor Information System (SEVIS) for issuing and maintaining visa-related documents. ISSS serves as a place of support for students who have international roots by having lived abroad or having immigrated to the U.S. ISSS looks forward to assisting you as you begin your Middlebury experience and beyond. If you have questions, please contact us at isss@middlebury.edu.

Immunization records can be challenging for some international students. Parton Health Center and ISSS will work with students to meet requirements if this cannot be completed prior to arrival.

Please carefully read the following information about your arrival. Links for all the forms you will need, including visa and travel information, can be found on our website. You can also meet our staff and get to know the faces of the people who will be helping you once you arrive. go.middlebury.edu/isss

As part of their orientation, new students work with Habitat for Humanity on a local home construction project.
IMPORTANT DEADLINES FOR INTERNATIONAL AND EXCHANGE STUDENTS

The following forms and their deadlines for both September and February entrants can be found at go.middlebury.edu/isss.

- Early Arrival registration (recommended)
- I-20 or DS-2019 application (required for most international students)
- Friends of International Students host program questionnaire (optional)

Early Arrival
New international students, including exchange students and U.S. students living abroad, are invited to arrive on campus a few days before orientation begins. Whether you arrive in September or February, this will allow you time to recover from your travels, learn about your U.S. visa status, and become familiar with resources that will help with your transition from home to Middlebury.

ISSS staff, Program Arrival Leaders (PALs) or Feb Mentors, and current Middlebury students will help you find your way around. You will receive access to your residence hall and are expected to stay on campus beginning on the program’s start date. Students who enter the U.S. earlier than the Early Arrival start date will be responsible for their own travel arrangements and accommodations. Early access to residence halls is not possible.

Detailed information about Early Arrival is available on the ISSS website, along with the program’s prearrival guide and registration form. go.middlebury.edu/earlyarrival

August 30–September 2, 2019
Early Arrival Day: August 30
Check-in starts at 10 a.m. in Axinn Center.

February 4–5, 2020
Early arrival day: February 4
Check-in starts at 10 a.m. in the ISSS office.

Travel to Middlebury College
ISSS will provide transportation from Burlington, Vermont, to campus on arrival day only. Pick-up shuttles begin at 9 a.m. and continue until the last traveler arrives. Please try to arrive before 10 p.m. If you are unable to schedule your arrival during these times, contact us at isss@middlebury.edu before you book a flight. If you choose to arrive earlier than arrival day, you are responsible for your own lodging.

We offer shuttle bus service from the Burlington International Airport (BTV). www.btv.aero

Note: If you choose to travel to Burlington by bus, you will arrive at the Greyhound Bus Station at the Burlington International Airport.

Connecting with Others
Students at Middlebury College come from more than 75 countries. Even if there is not a student from your country, there will certainly be someone from your region of the world. If you’re interested in connecting with a current Middlebury student from your area before you arrive, contact the International Students’ Organization (ISO) at iso@middlebury.edu.

Frequently Asked Questions
When will I get my I-20 or DS-2019 (for exchange students)? ISSS aims to issue documents within two weeks of receiving a completed I-20 or DS-2019 application. For September entrants, we aim to mail visa documents by early June. For Feb entrants, we expect to mail documents by early September.

How do I apply for a U.S. F-1 (student) or J-1 (exchange student) visa? Complete instructions will be sent to you with your I-20 or DS-2019. You must first obtain an I-20 or DS-2019 form from Middlebury College and then arrange for an interview with a U.S. embassy or consulate to apply for the visa. To find the nearest embassy or consulate, refer to www.usembassy.state.gov. Please be aware that a U.S. F-1 visa cannot be issued prior to 120 days before your program start date. You may want to inquire at the embassy or consulate about the visa-application process in advance regarding scheduling an appointment, necessary forms, and required fees.

How long will it take to get my student visa? Wait times vary. In some countries it only takes a week, and in other countries it may take more than a month. For an
estimate of the current visa wait times at the embassy nearest you, please refer to travel.state.gov.

When can I enter the United States using my new student visa? You may enter the U.S. up to 30 days prior to the program start date noted on your I-20 or DS-2019. Please be aware that shuttle service from the Burlington area to Middlebury College is only available on arrival day, and you may not move into your residence hall any earlier.

Does my enrollment deposit count toward my family contribution and my Middlebury College bill? Yes, it is applied to your bill and considered part of your family contribution. When completing the I-20 application, you can provide proof that the deposit has been paid, which will serve as evidence of that portion of your contribution.

Do I need to bring the full amount of my family contribution with me? No. When Student Financial Services calculates your financial need and determines if you will receive assistance, they consider the estimated total costs of your first year at Middlebury. This includes items that the College bills for and your own personal expenses. The comprehensive fee and the student activities fee will appear on your bill. Other expenses (such as books, supplies, personal items, and travel) are items you will need money for throughout the year. Taxes, health insurance, and food/lodging/travel during college breaks are other possible expenses. You will need to have funds available to pay for those expenses.

Are there other expenses I should be aware of? Yes, federal and state income taxes. You can expect to pay taxes on any income earned in the U.S., including employment wages and a portion of your grants/scholarships from Middlebury College. The amount of tax you owe will depend on the amount of funds you earn or receive and the tax treaty (if any) between the U.S. and your home country. Taxes may represent an additional expense of more than $500 per year. It is your responsibility to file your income tax forms annually and pay your taxes in a timely way. Direct any questions about taxes to middleburytaxoffice@middlebury.edu.

TRANSFER STUDENTS
Middlebury enrolls a limited number of transfer students in September and February depending upon available space. The majority of transfer students are admitted as sophomores or first-semester juniors.

Arrival
Orientation for September transfers will begin on September 2 and for February transfers on February 5. Early arrivals are not permitted.

Each year the orientation planning team develops an orientation schedule designed to meet the unique needs of transfer students. This schedule also includes international and domestic exchange students. For quick answers to questions that might emerge for you between now and when you arrive, we encourage you to spend time on the orientation website at go.middlebury.edu/orientation and be sure to browse the Transfer and Exchange section under the orientation links to the left. We update the site regularly. The final transfer and exchange orientation schedule will be posted in the summer for September arrivals and in January for February arrivals. If you have questions that can’t be answered on the site, feel free to email orientation@middlebury.edu or call 802-443-3103.

Orientation Trips
September arrivals: As part of orientation, transfer students participate in two days of off-campus experiences, returning to campus each evening. During these days you’ll explore areas and communities surrounding campus. You’ll travel with other transfer and exchange students to different places, always guided by student leaders. Past trips have included volunteering at a local school, visiting nearby farms, or heading out on a day hike. We’ll let you know if you need to bring anything special, but most of the activities are fairly simple. For day trips, we recommend bringing a small backpack to carry a water bottle and sunscreen. The rest will depend on the activities you participate in. Each night you’ll return to your room on campus.

February arrivals: Transfer students arriving in February have the option to participate in one of three categories of February Orientation trips: community engagement, Vermont exploration, or outdoor exploration. The goal is to provide a peer-led group experience for new students to get to know one another and their student leaders and share questions, concerns, and hopes about transitioning to life at Middlebury. It’s also a great way to explore the winter landscapes and towns that surround campus.

go.middlebury.edu/feboration

Connecting with Others
If you are interested in hearing from a current Middlebury transfer student, visit go.middlebury.edu/meetatransfer.

Questions?
If you have other questions regarding the transfer and exchange student orientation, please email orientation@middlebury.edu. Our staff checks this email regularly, and we will be in touch.
Small class sizes lead to stimulating discussions and camaraderie.
Fall Family Weekend is a popular time for families to visit campus.
Family Programs, Events, and Resources

**Middlebury Families** are a welcome, active, and important part of the community. We invite you to participate in a variety of ways and to attend Middlebury events held on campus, around the country, and overseas. Please note that Middlebury, the first carbon neutral campus in the U.S., extends all invitations by email. Be sure we have your email address! See parentsupdate.go.middlebury.edu.

**Welcome Receptions**
These receptions are organized by the College for new students and their families and are hosted by families and alumni. Also known as “send-off parties,” these receptions are a fun way to get to know the Middlebury families in your local area. Families of incoming Febs are also encouraged to attend. For more information, see welcome.receptions.go.middlebury.edu.

**Alumni College**
Alumni, families of past and current students, and friends are welcome and encouraged to attend Alumni College, which combines a relaxing late-summer weekend in Vermont with the opportunity to be inspired by some of our finest faculty. Share in a professor’s knowledge and enthusiasm during engaging discussions and field trips, enjoy delicious meals with faculty and classmates, and have a chance to see firsthand what your student has been experiencing. For more information, visit alumnicollege.go.middlebury.edu.

**Family Receptions during September and February Orientations**
The Alumni and Parent Programs Office hosts a reception for families during orientations for September and February students. Come and be welcomed into your new Middlebury family. Look for details in the orientation schedule.

**Fall Family Weekend**
Fall Family Weekend is an opportunity for families to visit campus and participate in a wide variety of academic, social, cultural, and athletic events or attend a class on Friday morning. Families of incoming Febs are welcome to attend in the fall, prior to their student’s arrival. Information about this weekend is posted in late June at ffw.go.middlebury.edu.

Limited housing at Bread Loaf is made available via a lottery in July. There will be information about how to get into the lottery in emails and on the “Middlebury Parents” Facebook page. (Parents, please be sure that your students have entered your email addresses into their student portals; otherwise you may miss some important announcements.)

**Homecoming**
Fall in Vermont is a beautiful time of year. Spend time on campus or take your student for a hike or day trip to see some of the many nearby sights. Homecoming programming is generally geared toward alumni but is open to all families. For more information, visit homecoming.go.middlebury.edu.

**Attend or Host an Event**
As parents, you’ll be invited to events hosted by Middlebury in your area. You can find a listing of regional events at onlinecommunity.middlebury.edu; you can register there or by calling 802-443-5183. Families often host regional events such as summer welcome receptions, talks, and dinners. Do you have an insider view of the arts or a business, zoo, or museum that would make a fun place for Middlebury friends to visit? Contact Lyn DeGraff (ldegraff@middlebury.edu) in the Alumni and Parent Programs Office to discuss your idea.

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**ONLINE RESOURCES**

Middlebury Magazine
middmag.com

Middlebury News Room
middlebury.edu/newsroom

The Campus (student newspaper)
middleburycampus.com
go.middlebury.edu/thecampus

Facebook
facebook.com/middleburycollege
facebook.com/groups/middparents

Twitter
twitter.com/middlebury
twitter.com/middathletics
twitter.com/middcampus

Instagram
instagram/middleburycollege
instagram/middathletics
Be a Part of Your Student’s World
There are many ways to stay connected to your student that will give you a window into their experience. Parents travel to away games to cheer on teams and do potluck meals afterward; they organize snacks for student clubs; they host members of a team, club, or other organization at their homes when these groups are traveling. And they share all the great Middlebury news via social media.

Family ID Card
In a separate summer mailing, you’ll receive your Family ID Card. This provides discounts at the Ralph Myhre Golf Course and for the Performing Arts Series, as well as for many performances by the theatre, dance, and music departments. Tickets can be purchased at the Box Office (go.middlebury.edu/boxoffice). Your ID also grants you free access to Middlebury’s athletic facilities, including the fitness center, natatorium, and squash and tennis courts, when you are visiting.

Middlebury Parents Facebook Group
Have questions? Need advice? This Facebook group is only open to parents/guardians of Middlebury students. The almost 2,300 parent members exchange information and contribute a wealth of experience and knowledge. The page administrators also periodically add content that seems parent-worthy, such as upcoming events, student achievements, campus photos, career/internship advice, break bus schedules, and links to questions that are posed by parents. To join, visit facebook.com/groups/middparents. Please remember to answer the question of your student’s name and class year.

Treat Your Student
For birthdays, holidays, congratulations, exam survival, or any other special occasion, browse the Box Office for gift ideas to treat your student from afar. Order online anytime! go.middlebury.edu/boxoffice

WAYS TO GET INVOLVED
Become an Advocate for the Center for Careers and Internships
go.middlebury.edu/cci
Support Middlebury student career exploration by doing any of the following:

- Participating in career panels on campus.
- Hosting students at your organization for a site visit or job-shadowing experience.
- Posting an internship or job opening from your organization on our Middlebury-only opportunities database.
- Joining one of our professional networks, including Industry Advisory Committees (parents and alumni within a specific field) and Middlebury Interest Groups (a Middlebury cohort within a single organization).
- Becoming a volunteer career mentor on Middlebury’s new networking and mentoring platform, Midd2Midd. go.middlebury.edu/midd2midd

Be a Panelist
Family members can serve as panelists for Preview Days in April, sharing insights with families of admitted students. During Fall Family Weekend, Homecoming, and other special events, family members can participate in educational and career-oriented panels.

We’re Here for You
Please don’t hesitate to contact Lyn DeGraff, associate director of Alumni and Parent Programs, at 802-443-5777 or ldegraff@middlebury.edu, if there is anything we can do to make your Middlebury experience more memorable. If you are not getting emails from us or the College, please check to be sure that your student has added you to their Banner portal. We look forward to seeing you on campus.

THE WHEN AND WHERE OF THINGS
Here are the links for some of our most popular calendars of events to find out what is going on around the Middlebury sphere.

Events Calendar
go.middlebury.edu/events
Here’s a sampling of events that are happening on campus:
- Spring Student Symposium
- Theatrical and film shows
- A cappella choir concerts
- New art installations
- Guest lecture series

Academic Calendar
go.middlebury.edu/acalendar
For more academic-related dates, go to the above link for the current school year and the next two upcoming ones. In this more formal calendar, you will find the following:
- Semester start and end dates
- Listings for breaks and holidays
- Commencement and Feb Celebration
- Scheduling for major weekend events (e.g., Fall Family Weekend, Alumni College)

Arts Calendar
go.middlebury.edu/artsthisweek
Here you will find the comprehensive calendar of events related to the arts. It will also lead you to scheduling and ticketing information.

Athletics Calendar
go.middlebury.edu/athletics
Here you’ll find the comprehensive calendar of athletic events and ticketing information.
Bandaloop performs at the College’s Mahaney Arts Center.
Students often study in Wilson Café.
Planning Ahead

Break Shuttle—Booking Starts July 1!
For College breaks, the SGA provides inexpensive and convenient Premier Coach service to and from the following:
- Burlington International Airport
- Burlington Greyhound Station (daily bus service to Montreal and Boston)
- Boston (stopping in Hooksett, N.H., and South Station)
- New York City (Penn Station, Grand Central Station, and White Plains Metro North Station)
- New Jersey (Ridgewood Park and Ride)
- Montreal (currently fall break only, but check for updates using the links below)

Premier Coach buses have Wi-Fi and depart from campus at Adirondack Circle. Purchase tickets through the Box Office online at go.middlebury.edu/boxoffice or in the Mahaney Arts Center or McCullough Student Center. go.middlebury.edu/sgabus.

College Vacation Periods
Fall term recesses are in October, November, and December. Students can remain on campus during October and November recesses, although the dining halls may close for some portion of November (Thanksgiving) recess. The College closes completely during December recess into early January; students cannot remain on campus during this period. Students with special circumstances may request permission; if granted, students are responsible for their own meals.

Travel Plans
We often receive requests from students to change their final examination schedules because they have purchased nonrefundable plane tickets that require them to leave campus before their exams are finished. Academic obligations must come first, and we do not issue examination changes in order to accommodate travel plans. We encourage students to book their return flights only after they know their examination schedules. Students who must book flights in advance should make arrangements to fly after the last examination of the semester is given. This information is available two years in advance on Middlebury’s academic calendar. go.middlebury.edu/acalendar

Departing from Campus
At the end of the fall and spring terms, students must vacate their rooms within 24 hours after their last exam. Failure to do so will result in a $400-per-day fine. go.middlebury.edu/housing

KEEPING IN TOUCH
It’s easy for students and families to stay in touch. Here are a few guidelines and suggestions to make the process as smooth as possible.

Mail
Mail and packages are delivered to students’ boxes in the Mail Center in McCullough Student Center, addressed as follows:

Student Full Name
(Box #) Middlebury College
14 Old Chapel Rd
Middlebury, VT 05753

Middlebury Directory
Middlebury offers an online directory of email addresses, telephone extensions, and campus mailing addresses. Some directory information fields (such as student residences and home addresses)
are not displayed outside of the College’s network. go.middlebury.edu/directory

Fax Services
Incoming faxes may be sent to 802-443-2068, which is in the College Mail Center and accessible only to Mail Center staff members. The fax is delivered to the student’s mailbox. Please be sure the fax includes both the student’s name and box number. In addition, an outgoing-only fax machine is located in Davis Family Library 142 via the copier. There is no charge to fax from this machine.

Faxes may also be sent from and received at the following numbers in the Commons offices:
- Atwater: 802-443-3319
- Brainerd: 802-443-3329
- Cook: 802-443-3339
- Ross: 802-443-3349
- Wonnacott: 802-443-3359

Telephones
Courtesy telephones are provided in all residence halls. These are located in common areas and hallways. In smaller houses there is one courtesy phone in a common area. These phones may be used for emergency calls to 911 or Public Safety x5911, calls to on-campus locations, and local and toll-free calls. Long-distance calling requires a calling card.

Cell Phone Service
Verizon Wireless, AT&T Wireless, and Sprint offer the best reception for the Middlebury area. For details on any company’s coverage, please visit their websites. Prepaid cellular services are also an option. To check coverage, use the Middlebury zip code: 05753.

Family Change of Address
To change your mailing address in Middlebury’s database, please contact your student’s Commons office. To change an address prior to your student’s matriculation, you may email orientation@middlebury.edu.

College Publications
In addition to occasional mailings, families receive the following communications:
- MiddNews, emailed monthly to all family members whose email addresses are provided to us when students enroll.
- Middlebury Magazine, the alumni magazine, published quarterly.
- College Engagement Calendar, published annually.
- The Middlebury Campus, the weekly student newspaper, available online at go.middlebury.edu/campus. To receive print copies, you can subscribe through the Box Office at go.middlebury.edu/boxoffice.

A Note to Families
One of the ways in which we reinforce students’ development into mature adults is by emphasizing responsibility and accountability for their behavior. When academic or behavioral issues arise, our deans, staff, and professors work directly with students to resolve most matters.

Middlebury College typically contacts families or guardians when students are in situations that seriously impact their status at the College including, for example, discipline proceedings, hospitalizations, serious academic difficulties, and situations endangering health and safety. Each student’s Commons dean will reach out to the parents or guardians under these circumstances. It is not unusual for students to receive academic warnings in their first year while they adjust to Middlebury College requirements. Resources are available to help students plan their work, arrange for tutors, strengthen their study skills, or improve their time management skills. At the end of each semester, grades are posted on a secure website to which students have access, and we strongly encourage students to share this information with their families.

As you prepare for your student’s college years, it is important to understand that Middlebury College programs are governed by the federal Family Educational Rights and Privacy Act (FERPA). FERPA generally prohibits colleges from disclosing personally identifiable information from student education records without a student’s written consent, unless an exception applies.

Education records include information such as Social Security numbers, class schedules, grades, and disciplinary records. Exceptions permit disclosure without a student’s written consent for financial aid, for disclosures to other institutions where the student seeks or intends to enroll, in response to subpoenas, in certain disciplinary matters, for health and safety emergencies, and for disclosures to parents of dependent students at the discretion of the institution. See the complete FERPA policy at go.middlebury.edu/ferpa.
Over their years on campus, students develop strong friendships.
The Davis Family Library is a hub of activity throughout the year.
MIDDLEBURY PREPARES STUDENTS to be active citizens and leaders who can address the world’s most pressing problems. A balance of individual and community health and growth is reflected in our community standards:

- Cultivating respect and responsibility for self, others, and our shared environment;
- Encouraging personal and intellectual courage and growth;
- Manifesting integrity and honesty in all decisions and actions;
- Promoting healthy, safe, and balanced lifestyles;
- Fostering a diverse and inclusive community committed to civility, open-mindedness, and finding common ground.

First-Year Seminars and First-Year Advising

All students begin their first semester with a first-year seminar. These small-group courses allow students to participate actively in their own learning and to acquire the writing and speaking skills necessary for independent, intellectual achievement throughout college and beyond. Students in class together also live in the same Commons, allowing them to extend classroom discussions into the residence halls. First-year seminar instructors also serve as academic advisors to their students, helping with course selection and planning until students declare majors. Your first one-on-one meeting with your advisor takes place during orientation, shortly after you arrive on campus. During this meeting, you can expect to discuss your hopes and expectations for a liberal arts education at Middlebury and the courses and areas of study that interest you. go.middlebury.edu/fys

Curriculum

Middlebury’s curriculum is designed to ensure an education that includes breadth of experience across many fields and disciplines, as well as in-depth study in one area defined by the major. An emphasis on writing in all disciplines sharpens students’ capacities for critical thinking and expression.

Majors: A major is the area of study in which a student takes the most courses and explores in the greatest depth. Each department has designed its major to ensure that students not only learn key content but also the methodologies, languages, and modes of thinking and expression that characterize that discipline. It is also possible to pursue a joint major that combines and synthesizes two areas of study, or to pursue two separate majors, but these paths require considerable planning with an advisor. A student may also choose to pursue a minor area of study.

Minors: Less comprehensive than a major, a minor is a cluster of courses designed to provide a basic level of proficiency in a particular field.

Distribution Requirements: To ensure breadth of learning in our liberal arts curriculum, students must take classes in seven of eight different academic categories: literature; the arts; philosophical and religious studies; historical studies; physical and life sciences; deductive reasoning and analytical processes; social analysis; and foreign language. Students are also required to complete one course on each of at least three of the following regions: South and Southeast Asia, including the Pacific; North Asia, including China, Korea, Japan, and the Asian steppes; the Middle East and North Africa; sub-Saharan Africa; Europe; and the

ACADEMIC HONESTY AND THE HONOR CODE

Students pledge to hold themselves and each other to high standards of academic integrity. The essence of Middlebury’s honor code is that, in order to become educated people, students must be honest about what they do and do not know. They must express their ideas without unauthorized help; give credit to others for their ideas and their influence on their insights; and expect the same intellectual integrity from their peers. go.middlebury.edu/honorcode
Americas; as well as a course focused on the process of comparison between and among cultures and civilizations, or on the identity and experience of separable groups within cultures and civilizations. 

go.middlebury.edu/requirements

Declaring a Major: A major requires a minimum of 10 fall and spring semester courses. Students may take no more than 16 fall and spring semester courses and, in addition, no more than two winter term courses in a major department or program (one of which may be senior work). All students must officially declare a major by the end of the third semester. Any student who wishes to complete a second major must officially declare by the end of the fourth semester. After the fourth semester, students wishing to add a second major, or change majors, must petition and gain approval from the new department or program to ensure that the student can complete the major by the end of the eighth semester. Some highly structured programs, particularly those involving study in the foreign languages or the natural sciences, are facilitated by a declaration of a major by the end of the second semester.

Preprofessional Programs
Our undergraduate program focuses on the liberal arts but offers specific curricula and resources designed to prepare students for professional careers, regardless of a major. go.middlebury.edu/preprof

• Health Professions Program helps students fulfill curricular requirements for further graduate study to become a medical practitioner.
• Pre-Law Program prepares students to be competitive applicants for law schools.
• Education Studies Program trains students as teachers, with an option for professional certification and double major.
• Pre-Engineering Program provides background for graduate study and potential collaboration with another institution for a dual degree program.
• Architectural Studies Program prepares students for graduate work in architecture.

ROTC
Middlebury College, in partnership with the University of Vermont Army ROTC Program, provides leadership training to motivated college students interested in serving as commissioned officers in the United States Army after graduation. go.middlebury.edu/rotc

Class Attendance
Professors will share their attendance policies with students on the first day of class, but the general idea will be the same: missing classes means missing opportunities to engage thoughtfully with the work, exchange ideas with peers, and learn fully and deeply. If students anticipate missing a class or miss a class unexpectedly, it is important to communicate with professors or Commons deans immediately. Professors may be able to work with students to extend deadlines, and under exceptional circumstances, such as serious illness, Commons deans may provide a dean’s excuse. Students participating in varsity athletics should refer to the student handbook and review “Guidelines for Handling Athletics—Explained Absences” under “Course Registration and Conduct of Courses” in the academic policies section for specific instructions. go.middlebury.edu/attendance

Advising
Academic advising is central to the Middlebury experience, whether in your first-year seminar or in the final stages of completing a major and writing your thesis. Throughout the college years, students work individually with professors to develop multiyear strategies that reflect their interests, strengths, and academic goals. Students begin the first semester with a first-year seminar, and the instructor of that small-group seminar serves as their advisor until they declare majors. At that time, students choose professors in the departments or programs of their majors to serve as their advisors. In addition, students find advising support through their Commons and from other professors and staff members who may have valuable information and insights to share. go.middlebury.edu/advising

Evaluation
Every class includes a sufficient amount of written, oral, and practical work so that both students and professors are able to evaluate their progress. Professors strive
to encourage free discussion, inquiry, and expression and to evaluate students solely on academic merit, not on the basis of opinions or conduct unrelated to academic standards. For fall and spring semesters, the final examination period usually begins two to three days following the end of classes and lasts for five days. An unexcused absence from a preannounced examination will result in a grade of F for that unit of work. If students have compelling personal circumstances, illnesses, or injuries that prevent or prevented them from completing an exam or other large assignment, students must contact their Commons dean. go.middlebury.edu/evaluation

Withdrawal, Suspension, and Readmission
It is not uncommon for students to take a semester or even a year off at some point during their studies. In most cases, this is a voluntary withdrawal. Students must notify the Commons dean of an intention to withdraw for a semester (or longer), and must contact the dean again several months in advance of return (by June 15 for a fall semester return and by November 1 for a spring semester return). Students generally may not return in winter term after a withdrawal. Occasionally, students experience challenges that compromise their ability to function in a healthy manner on campus. When students are unable to function safely and effectively in our academic and residential environment, we may support their voluntary withdrawal or, in very rare cases, enact an involuntary withdrawal. Students must address the issue of concern with an appropriate professional before they return to Middlebury. Students may also be withdrawn for academic reasons or be suspended for major policy violations. When students are withdrawn for academic failure, they may return to Middlebury when they can demonstrate that they have addressed whatever issues led to their academic struggles. This is usually accomplished by enrolling at another four-year college for a semester and earning grades of B– or better in a four-course liberal arts program. go.middlebury.edu/studentstatus

Winter Term
During winter term (also known as J-term), each student enrolls in only one academic, credit-bearing course, and faculty members each teach only one course. Students can study at the College or, after their first year, away from campus; independently or as participants in a course; in their major fields or in disciplines they have never studied before. The winter term curriculum consists of a variety of interdepartmental and departmental courses of various levels. Students can also undertake a winter internship after their first year instead of formal study. Normally, a department may require its students to take no more than one of its winter term courses, in addition to winter term senior work, during four years, allowing students to choose how they spend winter term. Students are urged to explore the curriculum by taking winter term courses in substantially different areas in their first two years. A minimum of two and a maximum of four winter term courses will count toward the graduation requirement of 36 credits. go.middlebury.edu/jterm

Study Abroad
Each year about 50 percent of the junior class studies abroad in more than 40 countries at more than 75 different programs and universities. Middlebury has Schools Abroad in Argentina, Brazil, Cameroon, Chile, China, France, Germany, India, Italy, Japan, Jordan, Morocco, Russia, Spain, the United Kingdom, and Uruguay. Middlebury also has exchange agreements in England with the University of East Anglia and the University of Nottingham. Externally sponsored (non-Middlebury) programs are also available in several countries. Study abroad is an integral part of a student’s academic experience, and students from all majors choose to do it. For those studying foreign languages and cultures, study abroad is a natural component of their degree. Students majoring in international and global studies or international politics and economics are required to study abroad. Students should plan early in their academic program in preparation for study abroad. go.middlebury.edu/sa

Summer Programs
Summer provides students with opportunities for travel- or field-based courses, professional internships, and
exciting experiential learning programs that would be difficult to accommodate during the school year. Summer also offers Middlebury students optional extra course experiences that are not part of the regular academic year. Some summer course programs carry Middlebury academic credit and can count toward graduation requirements as outlined in the academics section of the College handbook. Need-based financial aid, as determined by Student Financial Services, may be available to current financial aid recipients participating in summer course programs. go.middlebury.edu/middsummer

Rohatyn Center for Global Affairs
The Rohatyn Center for Global Affairs (RCGA) is Middlebury College’s flagship site for the production and dissemination of knowledge about international and global issues. Through a diverse set of programs, the center reaches across boundaries of language, culture, and geography to engage students’ capacity for rigorous analysis and independent thought in a rapidly changing world. go.middlebury.edu/rohatyn

Center for the Comparative Study of Race and Ethnicity
The Center for the Comparative Study of Race and Ethnicity serves the Middlebury College community through its support for pedagogy and research that employs interdisciplinary approaches toward the understanding of formations of race and ethnicity. It encourages scholarship that considers race and ethnicity as intersecting with class, gender, sexuality, religion, age, disability, language, communication, migration, and the environment in human relations. The center and its affiliates are committed to broad discussions of race and ethnicity in local, regional, national, transnational, and global contexts. go.middlebury.edu/ccsre

Center for Teaching, Learning, and Research (CTLR)
With nearly half of all Middlebury students utilizing its services, CTLR is a hub of educational inquiry and academic growth in writing, oral presentations, quantitative reasoning, and time management, as well as peer-mentoring, course-content tutoring, and English as a Second Language support. Students can also get information and advice about undergraduate research opportunities, including those in the Digital Liberal Arts, and about a number of nationally competitive fellowships and scholarships, such as Fulbright, Watson, Rhodes, and Truman. Located on the main floor of the Davis Family Library, the center incorporates many programs. go.middlebury.edu/ctlr

Student Accessibility Services (SAS)
In recent years, nearly one in every 10 students at Middlebury has self-identified as having a disability of some kind. If you have a documentable learning disability or other form of disability, please contact Student Accessibility Services, which provides confidential services and accommodations for students who have needs affecting their learning, vision, hearing, speech, mobility, and physical and psychological health. Such services can include the assigning of note takers, readers, or scribes; access to scanners or screen-reading software; interpreting services; extended time on tests; and more. Students are highly encouraged to contact SAS to receive appropriate accommodations. go.middlebury.edu/ada

International Student and Scholar Services (ISSS)
International Student and Scholar Services provides advising, programs, and support to our international students, staff, and faculty. Middlebury enrolls more than 250 international undergraduates from more than 75 countries. ISSS manages the College’s involvement in the U.S. government’s Student and Exchange Visitor System (SEVIS), as well as institutional compliance with immigration regulations. They coordinate early arrival for international students and the Friends of International Students (FIS) host program. ISSS also serves as a place of support for students who have international roots by having lived abroad or having immigrated to the U.S. go.middlebury.edu/isss

Franklin Environmental Center at Hillcrest
Environmental stewardship is an integral part of the Middlebury experience. It’s visible in the habits of individuals, the actions of the Environmental Coalition—a robust consortium of student organizations whose missions relate

STUDENT SYMPOSIUM
The annual Spring Student Symposium is an all-campus event that showcases the scholarly and creative pursuits of the student body. Students present their independent work—including lectures, posters, panels, artwork, and readings—to a wide audience from the campus and the community.
Students have an opportunity to truly experience a different culture when they study abroad. to sustainability and environmental justice—and in overall institutional initiatives. These initiatives include the achievement of carbon neutrality in 2016; the Sustainable Solutions Lab; the Knoll, the College organic garden, whose mission is to use food as a medium to cultivate well-being in people, place, and the planet; the biomass system; the integration of sustainability at Middlebury Schools Abroad through the Global Partnerships for Sustainability program; and the LEED Platinum Franklin Environmental Center at Hillcrest, which is home to the Dean of Environmental Affairs, the Sustainability Integration Office, and the Environmental Studies Program. go.middlebury.edu/sustainability

OTHER MIDDLEBURY SCHOOLS AND PROGRAMS

Middlebury Language Schools: Middlebury College has a reputation for excellence in language teaching at its undergraduate College, intensive summer programs, and Schools Abroad. During the summer, courses are offered from beginning to graduate level in Arabic, Chinese, French, German, Hebrew, Italian, Russian, and Spanish; study is also offered in Japanese, Korean, and Portuguese. Approximately 1,500 students attend the Language Schools, from all 50 states, the District of Columbia, and more than 50 foreign countries. Students sign the Language Pledge®, a promise to speak only the language they are studying for the duration of their time in the program. This complete linguistic immersion, combined with rigorous classroom learning, highly skilled professors, and scores of in-language cocurricular activities, helps students achieve dramatic breakthroughs, no matter their proficiency level. The Language Schools sessions take place on campus at Middlebury College and on the West Coast at Mills College in Oakland, California. go.middlebury.edu/ls

Middlebury Institute of International Studies at Monterey: The Middlebury Institute of International Studies is a graduate school for people who want to make positive change in the world. The Institute’s master’s degrees focus on critical areas in rapidly growing fields, including international security, human rights and social change, language and culture, sustainable development, education, and trade. They are designed to complement your undergraduate liberal arts education with a professional graduate experience that will prepare you for an international career. As a Middlebury College student, you can take graduate-level courses at the Middlebury Institute for a semester or longer. You also have the opportunity to earn a master’s degree in a shortened period of time—typically one year or 18 months as opposed to two years. Not only does this save you time and money, but you graduate fully prepared to enter the workforce in a meaningful way. go.middlebury.edu/miis

Bread Loaf Writers’ Conferences: Bread Loaf Writers’ Conference, founded in 1926, is the cornerstone of the Bread Loaf Writers’ Conferences, which have grown to include Bread Loaf Environmental Writers’ Conference, Bread Loaf Translators’ Conference, and Bread Loaf in Sicily. Some of the world’s most notable writers and translators come each summer as faculty. A number of full scholarships are available to Middlebury students. go.middlebury.edu/blwc

Bread Loaf School of English: The Bread Loaf School of English offers an unparalleled array of pioneering graduate courses in literature, pedagogy, creative writing, and theater arts. Bread Loaf’s intensive summer program engages a dynamic community of innovative thinkers with world-renowned faculty at campuses in Santa Fe, New Mexico; Oxford, United Kingdom; and Ripton, Vermont. Rising undergraduate seniors may attend and apply graduate credits to their Middlebury degrees or get an early start on an MA in English. Special scholarships are available for recent graduates of Middlebury College. go.middlebury.edu/blse

School of the Environment: Middlebury’s prominence in environmental studies has produced a global network of alumni, families, and friends who head environmental organizations, progressive businesses, government organizations, and educational and policy institutions. At the School of the Environment, students work one-on-one with some of these leaders, forming a network for future education and careers. go.middlebury.edu/soe
Students get into the spirit for a College-wide square dance.
THE RESIDENTIAL undergraduate college experience creates an opportunity for community that often comes along only once in a lifetime. The enormously supportive and engaged faculty and staff at Middlebury College work hard every day to help students make the most of it for themselves and those around them. As Middlebury attracts students from diverse backgrounds, its system must nurture the educational and personal development—and personal responsibility—of all students. go.middlebury.edu/studentlife

Community Standards
The ability of Middlebury to achieve its purposes depends on members of the campus community upholding our commonly accepted standards of conduct, which enable the highest quality of teaching and learning. Broadly, these are referred to as our Community Standards. Middlebury seeks to prepare students to be active citizens and leaders who will address the world’s most pressing problems. This mission is advanced through students’ experiences with successes and challenges, and is reflected in the following Community Standards:

• Cultivating respect and responsibility for self, others, and our shared environment;
• Encouraging personal and intellectual courage and growth;
• Manifesting integrity and honesty in all decisions and actions;
• Promoting healthy, safe and balanced lifestyles;
• Fostering a diverse and inclusive community committed to civility, open-mindedness, and finding common ground.

Therefore, a balance of individual and community health and growth guides Middlebury’s approach to all endeavors, and to the policies that support those endeavors.

Dean of Students
The Office of the Dean of Students encompasses key components of campus life, including orientation, health and wellness education, judicial affairs, and residential life, as well as student activities, governance, and organizations. Within these areas, staff members work to build and maintain a diverse and inclusive community, bound by common experiences and adhering to shared values. Collaborating with the Commons and other offices, they help students explore the rich intersections of academic, cocurricular, and residential life, providing opportunities for leadership development, personal growth, creativity, and community problem solving. Dean of Students staff lead by example, demonstrating the highest standards of integrity, equity, and concern for others.

Diversity and Inclusivity
We are deeply committed to creating a diverse and welcoming community with full and equal participation for all individuals and groups. We work together daily to foster a respectful and engaged community that embraces all the complexity and individuality each person brings to campus. We are dedicated to learning, growing, and becoming our best selves. Groups of people from a variety of backgrounds and with differing viewpoints are often more resilient and adaptive in solving problems and reaching complex goals than more homogeneous groups. They coalesce into an effective community that benefits from the talents and identities of each individual. On campus, we offer students the opportunity to connect in different ways. go.middlebury.edu/diversity
Alliance for an Inclusive Middlebury (AIM)
The Alliance for an Inclusive Middlebury works to promote a College-wide approach to issues of diversity, access, and equity. President Patton often speaks to this community about inclusivity as an everyday ethic, and she believes every one of us can be part of creating a better Middlebury. Through strategic planning and programmatic development, AIM helps the community foster an inclusive campus so that no one should experience it as an outsider. AIM members include faculty, staff, and students.
go.middlebury.edu/aim

LGBTQ+
Middlebury has many active and welcoming resources for students identifying as lesbian, gay, bisexual, transgender, queer—or questioning their identities—and those who support them.
go.middlebury.edu/lgbtq

Anderson Freeman Resource Center (AFC)
The Anderson Freeman Resource Center is named in honor of Mary Annette Anderson, valedictorian of the Class of 1899 and the first woman of color to graduate from Middlebury College, and Martin Henry Freeman, salutatorian of the Class of 1849 and the first black president of a U.S. college or university. The AFC provides advocacy and support for students of color, students who are the first in their families to attend college (first-generation), students from low-income backgrounds, LGBTQ+ students, and others who have been historically underrepresented or marginalized in U.S. higher education. In conjunction with the Center for the Comparative Study of Race and Ethnicity, the AFC also provides resources and programming that encourage the holistic development of Middlebury’s increasingly diverse undergraduate student body as they attain their goals of academic achievement and personal growth while exploring and sustaining their identities and cultures.
go.middlebury.edu/afc

Community Bias Response Team (CBRT)
The Community Bias Response Team’s goal is to take appropriate measures in responding to bias incidents and to provide educational interventions to the Middlebury community. The CBRT is charged with assessing and communicating an appropriate and comprehensive institutional response to bias incidents and acts of intolerance involving students.
go.middlebury.edu/cbirt

Charles P. Scott Center for Spiritual and Religious Life
Middlebury welcomes students of all religious traditions and nonreligious worldviews. We celebrate this diversity at the College as a strength. The Scott Center offers support for the many student-led religious, spiritual, and contemplative groups that meet regularly on campus, and provides opportunities for interfaith dialogue through retreats, an intentional living community at the MOSAIC Interfaith House, and gatherings of all kinds. The chaplains and staff also help students make connections between academic work and the exploration of deep and abiding questions through special programs and discussions.
go.middlebury.edu/scottcenter

May Belle Chellis Women’s Resource Center
The Feminist Resource Center at Chellis House is a social engagement space where scholars and activists meet to produce and share knowledge on social justice issues particularly attentive to gender, race, class, sexuality, ability, and other vectors of difference. Focused on feminist world making, the center gives students, staff, and faculty the opportunity to acquire insights into this knowledge production through intimate discussion groups, public talks, and activist and artistic projects. It cultivates collaborative relationships with community organizations in Vermont and engages in a sustained exchange with major national and international organizations dedicated to the advancement of gender justice. As such, the center enables various aspects of the larger Middlebury vision of immersive learning and a full participation in diverse communities. In sum, the Feminist Resource Center at Chellis House is a place where theory becomes praxis.

STUDENT ACTIVITIES
There are plenty of opportunities to find one’s niche at Middlebury, whether through student activities, student government, programs and events, or groups and affiliations.

The Middlebury College Activities Board (MCAB)
The largest student programming body on campus, MCAB plans everything from concerts and film screenings to speakers and Winter Carnival. MCAB is always open to questions, comments, and suggestions. It’s also a great way for students to get involved in shaping social life on campus.
go.middlebury.edu/studentactivities

Student Organizations
Clubs, publications, intramurals, cultural activities and events, student government, outings, religious and spiritual activities, and community engagement are great ways to get involved at Middlebury.
go.middlebury.edu/orgs

Singer and songwriter Angélique Kidjo performs at Middlebury College.
Club Sports
Club sports provide the opportunity for intercollegiate sports at Middlebury in a competitive and recreational structure. We rely on student leadership and strive for a healthy balance of academics and extracurriculars. Sailing, rowing, rugby, equestrian, Ultimate Frisbee, water polo, quidditch, badminton, and cycling teams are open to all students, and sign-ups often occur during the Activities Fair. For those considering rowing or rugby, please arrive at Midd with a recent (within the past six months) doctor’s exam to assist with requirements in the Office of Sports Medicine. go.middlebury.edu/clubsports

Community Council
The Community Council serves as a forum in which all segments of the College community have a voice on nonacademic issues on campus. With a membership that represents students, faculty, and staff, their deliberations and decisions consider the interests and concerns of the whole community. go.middlebury.edu/communitycouncil

Student Government Association (SGA)
The SGA acts as a single unified group, representing students in the decision-making processes of the College. It is the official channel for student participation in formulating institutional policy affecting academic and student affairs. The SGA is made up of the senate (elected Commons representatives and class representatives), the cabinet (appointed advisors), and the president (elected by the student body). The SGA also makes appointments to student, joint student/faculty, and trustee councils and committees. go.middlebury.edu/sga

The Middlebury Campus
The Middlebury Campus is the College’s official student newspaper. One hundred percent student run, the paper, also known as the Campus, is published most Thursdays during the academic year. The paper covers stories across six sections: News, Opinion, Local, Arts and Sciences, Sports, and Cartoons. The staff is composed of an editor in chief, managing editor(s), section editors, and staff writers, photographers, and cartoonists. Current and past articles, as well as more information about the paper, can be found at go.middlebury.edu/campus.

Student Employment on Campus
Securing a part-time job on campus allows students to acquire and hone certain workplace skills, knowledge, and abilities that can be the foundation for building a résumé. go.middlebury.edu/seo

RESIDENCE LIFE
Middlebury’s residential system embodies the College’s conviction that an excellent liberal arts education takes place around the clock—as easily over dinner as in the classroom.

There are 60 buildings for student housing on campus, and all first-year students are assigned to one of five Commons, where they live for the first two years. As juniors and seniors, students can choose from other housing options across campus, though they remain members of their Commons throughout their four years.

The Commons System
The Commons, Middlebury’s living-learning residential system, weaves the academic, social, and residential components of college life into an integrated community experience. Through the Commons, students have structure and support for exploration and growth, and the freedom to govern their own intellectual, cultural, and social development.

The five Commons—Atwater, Brainerd, Cook, Ross, and Wonnacott—are each named for an important figure in Middlebury’s history. Each is a community of about 500 to 600 students, first-years through seniors, living in a cluster of neighboring residence halls and houses. Students are assigned to a Commons when they enroll, are housed in that Commons through their sophomore year, and retain membership in it through their senior year. Each of the five Commons is supported by a team of faculty, staff, and students who regularly participate in Commons life and share their expertise. go.middlebury.edu/commons

Commons Dean: Deans oversee all aspects of the educational and residential experience and provide academic and personal support, assist in resolving conflict, and enforce College policy.

Along with the Commons heads, the Commons deans help bridge academic and residential experiences, playing a crucial role in supporting Middlebury’s goal of a seamless educational environment.

Commons Coordinator: The Commons coordinator oversees daily operations, advises students on the logistics of residential life, and creates a welcoming atmosphere in the office.

Commons Residence Director (CRD): CRDs are professional staff who live on campus and work with the Commons team to build community, support the student residential life staff, and provide after-hours support for students.

Residential Life Staff including First-Year Counselors (FYC), Resident Assistants (RA), and Community Assistants (CA): Residential life staff are students who serve as community leaders. They uphold residential policies, facilitate a sense of community, and work directly with Commons deans, heads, and other staff.

Residential Programming
Commons teams integrate academic experiences with residential life to encourage the free exchange of ideas and a robust intellectual community. This begins with the first-year seminar (see page 27); students who are in class together also live in the same Commons, allowing them to bring classroom experiences into the residence halls. Each Commons offers activities and programs inspired by academic events taking place on campus. There are also a great number of social and cocurricular programs provided by residential life to build a strong and lively community.

Restorative Practices
Students are introduced to restorative practices (RP) in our residence halls, during orientation. RP is a community-building tool chosen by Middlebury that includes a broad range of informal and formal practices to help us deepen our
sense of community. Through RP, all of our experiences—students, faculty, and staff—are richer and more meaningful. New students can look forward to learning more about RP, and building community within that framework, during orientation and into their time at Middlebury.

**Roommates**

One of the most wonderful and sometimes challenging aspects of new college life is learning to live with a roommate. Roommates are selected based on responses to a detailed questionnaire, and we do our best to match roommates by interest, personality, and habits. The initial adjustment period can sometimes be difficult and awkward. If and when roommate conflicts arise, we encourage students to try to work out their differences. We do not permit new students to change rooms for the first month of school. After this period, students still having difficulty—who have made use of all of the assistance we offer (FYCs, CRDs, and Commons deans)—may change roommates, space permitting.

**Other Living Options**

After leaving the Commons residence halls, juniors and seniors have a range of living situations to choose from. 

**Residence Halls:** Middlebury maintains a number of large dormitories such as Forest, Painter, and Starr. These buildings primarily have singles and doubles.

**Small Houses:** Small houses are scattered in and around the College for groups of students to live together. They range in size from three to 10 beds and many have kitchens and larger living spaces.

**Suites and Townhouses:** A number of options around campus allow for students to live in apartment-style housing. These accommodate three to seven students, and many have kitchens.

**Superblocks:** Groups of students (from seven to 30) who share a common interest can apply to live as a group in one of the 10 superblocks. These competitively selected, single-year theme houses receive a small budget for events and activities.

**Social Houses:** Social houses allow students to assume responsibility for activities and programs that enhance the social life of the student community. Some students reside in the houses, but many do not. The social-house system is self-governed by the InterHouse Council.

**Academic and Special Interest Houses:** Residents pursue a common academic or special interest and share the fruits of that interest with the campus community. Currently language houses include Arabic, Chinese, French, German, Hebrew, Italian, Japanese, Portuguese, Russian, and Spanish; and special interests include InSite (a 2013 award-winning Solar Decathlon house), Intentional Living, Outdoor Interest, PALANA (Pan-African, Latino, Asian, and Native American), Queer Studies, Self-Reliance (a 2011 award-winning Solar Decathlon house), and Weybridge House.

**Room Draw**

After the first year, students either apply to live in special interest or superblock housing or are assigned to housing via room draw. Students receive a random time slot that determines the order in which they may select a room. Students should make housing plans based on friendships and not on the hope of living in a suite or any other type of housing. Those who do are happier with their living arrangements in the long run. go.middlebury.edu/roomdraw

**Campus Access and Keys**

Middlebury uses an electronic access system to ensure students, faculty, and staff safe access to College facilities. The MiddCard allows students entry to all residence halls and appropriate access to other campus facilities. Students are also issued a key code for their bedrooms. We urge all students to protect their property and ensure their personal safety by locking their rooms when they are away or are sleeping. The sharing of key codes is strongly discouraged. Middlebury does not accept responsibility for the loss of money or personal property or for damage to belongings in the residence halls or anywhere else on campus. Check with your insurance carrier to confirm if your student’s belongings are adequately covered. Students will receive their MiddCards and touch codes on the day they move in.

**Cleaning**

Cleaning equipment is readily available, and students are responsible for keeping their rooms in order. The custodial staff cleans and maintains common areas, such as kitchens, bathrooms, and lounges, but students are collectively responsible for...
ensuring that these common areas are kept tidy. In the event that common areas in the residence halls are damaged and those responsible cannot be identified, all students living in the residence are billed a prorated share of the expenses. Charges are imposed for damage to rooms or furniture, for removal of furniture, and for rooms not left in neat condition at the end of the occupancy period.

**Dorm Damage**
We call upon every member of the community to respect our buildings, landscaping, and educational resources. They are shared among students, faculty, and staff, today and tomorrow, this year and next. Theft or damage to College property is considered a serious offense, which may lead to disciplinary proceedings with penalties up to and including suspension or expulsion. Students will also be charged for any costs associated with replacing or fixing stolen or damaged property. [go.middlebury.edu/dormdamage](go.middlebury.edu/dormdamage)

**Bikes and Cars**
Parking on campus is limited and often far from residence halls. Most businesses in town are within a short walk. If students bring bicycles to campus, they must register them with Public Safety. We encourage bringing a sturdy bike lock. There is ample outdoor bike-rack space and indoor storage is available during the winter. [go.middlebury.edu/bikereg](go.middlebury.edu/bikereg)

If students bring cars, all vehicles must be registered with Public Safety, display a valid permit, and be parked in designated parking areas in accordance with the parking rules, which are in effect all year. [go.middlebury.edu/parking](go.middlebury.edu/parking)

**Laundry Facilities**
Laundry facilities are conveniently located around campus (see a list online). Up-to-date prices can be found at the link below. Rechargeable cards can also be purchased at the College Bookstore. [go.middlebury.edu/laundry](go.middlebury.edu/laundry)

**Storage**
Some residential facilities offer storage spaces for empty boxes, trunks, and suitcases. All personal belongings must be removed from residential storage spaces at the end of the academic year, or when a student withdraws from the College or leaves to participate in an off-campus study program. Items not claimed at the end of the storage period are disposed of. Middlebury is not responsible for items placed within storage spaces. Students who have questions about storage should contact their Commons office.

**Reduce, Reuse, Recycle**
Waste reduction and recycling are important aspects of living sustainably on campus. About 68 percent of our waste never goes in the landfill, and we compost over 300 tons per year. You can do your part by reducing the amount of waste you generate—carrying a reusable water bottle and mug, purchasing goods with minimal packaging, and reading articles electronically—and by recycling what you can. All students receive personal-size blue recycling bins for recyclable materials. Compost bins can be found in most dormitory kitchens or trash areas. Please take the time to sort properly. [go.middlebury.edu/recycle](go.middlebury.edu/recycle)

**Dining Services**
We provide breakfast, lunch, and dinner seven days a week in dining halls as part of the meal plan included in the comprehensive fee. There are no restrictions on the number of times you can enter a dining hall during each meal period—eat dinner at one dining hall and enjoy coffee and dessert with friends at another.

Ingredient lists are posted for all main entrees and many other foods. Students are encouraged to take advantage of Dining Services’ open kitchen policy to speak with managers and chefs about special needs or requests.

Dining Services maintains a green-dining approach to campus food practices—buying local and organic foods, composting, using biodegradable products, and partnering with the Knoll, Middlebury’s organic farm, for produce, among other initiatives.

All students who live on campus will be on an Unlimited Meal Plan. This plan allows students access to the dining halls at all open times. Students are required to swipe their MiddCard upon entrance. On your MiddCard, each student on the meal plan will also receive four guest meal passes and a $25 declining balance for both the fall and spring semesters, which works out to eight guest meal passes and a $100 declining balance for the 2019–2020 academic year. Remaining balances and passes will carry over from the fall semester to the spring, but will not carry over from spring semester to fall.

The declining balance dollars can be used at any of the Dining Services locations (the Grille, Crossroads Café, MiddXpress, Wilson Café, concessions, Proctor Dining Hall, Ross Dining Hall, and Atwater Dining Hall). Students and parents will be able to add additional dollars onto the MiddCard through our Web page, [go.middlebury.edu/campuscardcenter](go.middlebury.edu/campuscardcenter). These additional dollars will carry over from semester to semester and year to year. [go.middlebury.edu/dining](go.middlebury.edu/dining)

There are plenty of dining options on campus:

- **Crossroads Café**, in McCullough Student Center, is a student-run business committed to using local, organic, and sustainable products whenever possible. Items include fruit smoothies, coffee and tea, homemade baked goods, soups, and sushi.

- **Dolci** is a student group that hosts restaurant-style dinners on campus. Tickets to meals are free, and students get paid to serve as head chef, chef, prep chef, dishwashers, and servers.

- **The Grille** is perfect for casual lunches with professors and for late-night snacks—from Caesar salads and veggie wraps to sweet potato fries and cheeseburgers.

- **MiddXpress** provides snack food, prepared lunches, and beverages, as well as general drugstore items, cards, and newspapers.

- **Wilson Café**, in the Davis Family Library lobby, offers gourmet coffees and teas, plus grab-and-go sandwiches, salads, bagels, and muffins.
WRMC 91.1 FM is Middlebury’s student-run radio station—a great opportunity for expression.
LEADERSHIP, CREATIVE THOUGHT, and intellectual risk taking: these are skills many Middlebury students are eager to develop as they look ahead to four years of college and life beyond. And there are a multitude of opportunities on and off campus. Through classes, funding competitions, symposiums, service learning, and volunteer opportunities, as well as workspaces for ideation and collaboration, Middlebury helps students try new things and take their creative ideas forward.

Center for Careers and Internships (CCI)
The Center for Careers and Internships connects students to a range of resources, guiding them through the career-exploration process throughout all four years and providing summer and winter term internship opportunities. CCI prepares students to translate their Middlebury experiences into successful pursuit of their postgraduate goals. go.middlebury.edu/cci

Professional and Career Development: Advisors help students explore their aspirations and career options through individual counseling, workshops, and internship planning that includes our robust network of Middlebury alumni, who provide advice and opportunities. More than 6,000 job opportunities are posted each year in our Handshake database. go.middlebury.edu/careerpaths

Internships: Students can apply their liberal arts learning and gain real-world experience through internships. More than 5,800 internship opportunities in every field are posted in Handshake. CCI also supports 300 students every summer with funding for unpaid internships. go.middlebury.edu/internships

Health Professions: CCI’s Health Professions and STEM team advises on curricular planning and experiential opportunities and helps students and alumni explore health professional careers and navigate the postgraduate admissions process. go.middlebury.edu/hp

Center for Creativity, Innovation, and Social Entrepreneurship
Creativity and Innovation: Our creativity and innovation programs help make intellectual risk taking and creative problem solving second nature to Middlebury students. They offer financial support through grants and competitions, and provide designated workspaces around campus for individual and group projects. These programs include Midd Entrepreneurs, TEDxMiddlebury, MiddChallenge, the Hunt, Midd Ventures Club, MiddSTART, Projects for Peace, Tree House Fund, and New Millennium Fund. There are incubator spaces around campus for students to use. go.middlebury.edu/pci

The Fellowship in Social Entrepreneurship: Social entrepreneurship creates opportunities for students to use their insights during a MiddCORE design-thinking session.
for students to learn how to be effective agents of social change. Through a series of workshops, a network of mentors, funding, and access to conference and shadowing opportunities, the fellowship program aims to support students in their individual learning journeys while also encouraging them to participate and collaborate with their cohort. go.middlebury.edu/cse

Oratory Now trains and hires students to coach other students in effective public speaking. These student coaches work both in and out of the classroom to help students develop their speaking skills for interviews, presentations, pitches, debates, performances, and everyday dialogue. Oratory Now also produces the Spencer Prize in Oratory for First-Year Students and runs a popular physical education course, OratoryX. go.middlebury.edu/oratorynow

MiddCORE: MiddCORE is a leadership and innovation program designed to help students develop the skills, confidence, and experience to be successful in life and work. Through mentor-driven, experiential learning workshops and courses, students engage in highly collaborative and hands-on activities to address real-world challenges. MiddCORE is a credit-bearing course that happens two times a year, during winter term and in the summer. The summer program is open to any university or college student or recent graduate. go.middlebury.edu/middcore

Center for Community Engagement (CCE)
Locally and around the world, the Center for Community Engagement helps students explore civic identity and pursue projects in collaboration with communities—all while striving to contribute to the public good. Through orientation trips, volunteerism, alternative-break trips, service-related initiatives, and community-connected research, Middlebury students become active participants in the world and can often receive funding to pursue rewarding opportunities locally and abroad. CCE’s core programs include its partnership with the Privilege & Poverty Academic Cluster, national and local poverty-related internships, Language in Motion, youth and mentoring programs, and Middlebury Alternative Break trips (MAlt). go.middlebury.edu/cce and go.middlebury.edu/privpov

Student Art and Music
There are many opportunities for student-generated creativity outside the classroom, and these are just a few:

- The Center Gallery, located in McCullough Student Center, is dedicated to the display of student artwork through a series of changing exhibitions.

- The Student Darkroom, in the basement of Forest Hall, is operated by the Darkroom Club, which offers introductory tutorials, open hours, and workshops throughout the year. go.middlebury.edu/darkroom

- M Gallery is a student-run art gallery fostering the arts for Middlebury students. M Gallery offers frequently changing exhibitions of student artwork, performing arts events, and lectures and discussions.

- Middlebury Music United cultivates the music scene at the College by providing students with performance opportunities, practice and recording space, and multiple ways to network with other musicians. go.middlebury.edu/practice and go.middlebury.edu/record

McCullough Student Center features a mural conceived and painted by guest artists and students.
A spoken-word poetry forum is one of many student activities available.
There are plenty of trails around campus—like this one near the solar array.
Health, Wellness, and Safety

LIFE AT COLLEGE can be exciting, with great classes, lots of people, and a new community. But, it can also be stressful and demanding—physically, emotionally, socially, and intellectually. Students’ abilities to cope, develop skills, and care for and understand themselves within the college environment develop over the course of their four years as they learn to manage more independently and to identify resources for support.

Culture Shock
Adjusting to a different place and environment can be full of ups and downs. It’s important to understand the difficulties that students who have been living abroad or in urban environments might confront in rural Middlebury. Some may experience emotions that range from excitement and curiosity to a sense of overwhelming confusion and anxiety. These issues are normal occurrences that everyone goes through when living in a new culture or place.

Health and Wellness Education
Health and wellness education programs support students’ holistic health and wellness by integrating prevention and health promotion into the campus community through lectures, workshops, and peer education and advocacy. The core of health promotion is providing support and tools that allow students to explore their own wellness in the context of their Vermont-based and global communities. go.middlebury.edu/hwe

MiddSafe
MiddSafe advocates are Middlebury students committed to providing a safe and confidential resource for students in need of support and information around sexual assault, stalking, dating violence, domestic violence, and other personal violations. The student-staffed hotline is available 24/7 when undergraduate classes are in session: 802-377-0239. The online advocate tool is available 24/7/365 and simulates the kinds of questions an advocate might ask and resources they might offer.
go.middlebury.edu/onlineadvocate

gomiddlebury.edu/middsafe

Parton Center for Health and Wellness
Parton Center promotes student well-being in a confidential environment. Parton’s medical, counseling, and sports medicine staff are available free of charge to help students with physical, emotional, or interpersonal issues. If students have healthcare questions, they should call 802-443-5135 or visit our health and counseling website at go.middlebury.edu/parton.

Health Services: Provides comprehensive acute health care for students, including caring for musculoskeletal injuries; assisting students in meeting their health needs; and facilitating a partnership with students to increase their knowledge of health and healthcare issues.
go.middlebury.edu/health

Counseling: Provides support for students’ well-being and developmental growth within a safe environment. All services are confidential and free of charge. go.middlebury.edu/counseling

Sports Medicine: Provides athletic training and sports-medicine services for varsity, club crew, and club rugby athletes, including injury-prevention education and the management and rehabilitation of athletic injuries. go.middlebury.edu/sportsmed

Campus Policies
Middlebury has several policies to support its goals of building a safe, diverse, and inclusive campus where bigotry and intolerance are unacceptable. Middlebury does not tolerate unlawful discrimination or harassment, including sexual harassment and sexual misconduct, domestic and dating violence and misconduct, stalking, and related retaliation. Middlebury’s policies treat
these matters seriously, and we encourage students who experience or witness any of these behaviors to speak up and contact their Commons dean, Public Safety, or Middlebury’s Title IX team.

go.middlebury.edu/titleix

The College also has a threat assessment and response protocol. Other College policies relating to student conduct are detailed in the Middlebury College Handbook, available at go.middlebury.edu/handbook.

Nondiscrimination Statement/Title IX

Middlebury complies with applicable provisions of state and federal law prohibiting discrimination in employment, admission, or access to its educational or extracurricular programs, activities, or facilities, on the basis of race, color, place of birth, ancestry, ethnicity, national origin, religion, sex, sexual orientation, gender identity or expression, age, marital status, service in the armed forces of the United States, positive HIV-related blood test results, or genetic information, or against qualified individuals with disabilities on the basis of disability and/or any other status or characteristic as defined and to the extent protected by applicable law.

Middlebury’s Title IX coordinator is responsible for coordinating compliance with federal and state antidiscrimination laws, including Title IX of the Education Amendments of 1972 as amended, which prohibits sex discrimination, including sexual harassment and sexual misconduct, and Section 504 of the Rehabilitation Act of 1973, which prohibits discrimination on the basis of disability. The full text of the College’s Nondiscrimination Statement is available at go.middlebury.edu/nondiscrimination.

Title IX Coordinator
Miguel Fernandez
Carr Hall 103
802-443-5792
fernande@middlebury.edu

Anti-Harassment/Discrimination Policy

Middlebury strictly prohibits conduct that constitutes unlawful discrimination and harassment, including sexual harassment, as well as related retaliation. Students who wish to report discrimination or harassment, including sexual harassment or related retaliation, should contact a human relations officer or their Commons deans. Middlebury will take reasonable and appropriate remedial action to prevent unlawful discrimination, harassment, and/or related retaliation, eliminate any hostile environment, prevent its recurrence, and correct its discriminatory effects on the complainant and others, if applicable. The full text of the Anti-Harassment/Discrimination Policy, which includes Middlebury’s complaint procedures, is available at go.middlebury.edu/antiharassment.

Contact information for human relations officers can be found at go.middlebury.edu/titleix.

Policy Against Sexual Misconduct, Domestic and Dating Violence and Misconduct, and Stalking

Middlebury’s Policy Against Sexual Misconduct, Domestic and Dating Violence and Misconduct, and Stalking governs the behavior of all Middlebury students, faculty, and staff. The policy strictly prohibits sexual misconduct (including sexual assault and sexual exploitation), as well as domestic and dating violence and misconduct, and stalking. Complaints or reports under the policy should be brought to the immediate attention of the College’s judicial affairs officers or the human relations officers. Students involved in the complaint process will be treated with the utmost sensitivity, dignity, and respect. The full text of the policy and explanation of how complaints are handled are available at go.middlebury.edu/sexualmisconduct.

If you experience conduct you think might be sexual assault, sexual exploitation, domestic or dating violence or misconduct, or stalking, Middlebury has many emergency and other resources that can provide medical care, counseling, information, and other services and accommodations. Information about support resources and contacts can be found at go.middlebury.edu/sexualviolenceinfo. All students are encouraged to report sexual misconduct, domestic and dating violence and misconduct, and stalking incidents to the College, and/or to law enforcement agencies. Middlebury will offer, and upon request provide, assistance to students who wish to contact law enforcement agencies (contact information is listed in the policy’s appendices).

Threat Assessment and Response Policy

Middlebury is committed to maintaining a safe and secure campus and workplace environment. As part of this commitment, Middlebury has established a Threat Assessment and Management Team (TAM Team), which is empowered to assess risk and, in cooperation with other College teams or offices as appropriate, formulate an appropriate response in situations where an individual’s behavior and/or statements generate concern that they may present a threat to the health or safety of others. The TAM Team seeks to mitigate potential risks before they result in harm. Any student who believes that an individual has committed or may commit

HOW FAMILIES CAN HELP

Take a minute to discuss the basics of your family (or college student’s) health insurance plan, including benefits and limitations. We also strongly recommend that you discuss personal health care with your student so they understand how to use the following:

- Thermometer (bring one and know how to use it)
- Anti-inflammatory medication (ibuprofen or naproxen sodium)
- Pain relief medication, such as acetaminophen
- Cough medicine
- Nasal spray decongestant (oxymetazoline, a.k.a. Afrin)
- Nasal irrigation (a.k.a. Sinus Rinse)
an act of violence, is engaging in behavior or making statements that generate concern about the potential for violence, or otherwise may pose a threat to the health or safety of any member of the College community should call the Department of Public Safety immediately at 802-443-5911. Individuals may also make a report to their Commons dean or any member of the TAM Team. (TAM Team members are listed on the website: go.middlebury.edu/threatassessment.) In case of an emergency, students should call 911.

Alcohol and Drug Policy
All Middlebury policies have been crafted to comply with Vermont state law and to ensure student and community safety. The legal drinking age in Vermont is 21. We encourage students to familiarize themselves with the specific restrictions around alcohol and drugs for all students, not just those below the legal drinking age (see “Alcohol and Other Drugs” at go.middlebury.edu/alcoholpolicy). In addition to prohibiting underage drinking, these policies also prohibit possessing alcohol as a minor (someone not of legal drinking age); providing alcohol to minors; walking in public with an open container of alcohol; bringing alcohol into an academic space; and other activities. There are also specific regulations for students of legal age who wish to host parties or informal gatherings with alcohol. The use, possession, sale, or distribution of illegal drugs, including prescription drugs without a prescription, is prohibited at Middlebury and is a violation of Vermont state law and federal law. Despite recent changes to Vermont state law, cannabis remains illegal under United States federal law, and our policy (go.middlebury.edu/drugpolicy) reflects this. Discovery of illegal drugs, and/or of drug paraphernalia with evidence of use, is taken very seriously. Violations of Middlebury’s Alcohol and Other Drugs policy will result in sanctions.

Student wellness and overall health inform the College’s responses to the use of alcohol and other drugs. As such, the primary goal of the conduct system is to educate and engage students by providing information, tools, and space for facilitated reflection. The College utilizes evidence-based educational opportunities to support informed decision making regarding students’ personal and academic success, as informed by Middlebury’s Community Standards.

Smoking Policy
Smoking is prohibited in all buildings at Middlebury, including residence halls and individual student rooms. This includes e-cigarettes and cannabis. Smoking shall not take place within 25 feet of areas where smoke is likely to enter buildings. This includes building entranceways, near open windows, and especially near building air intakes. This policy not only reflects Vermont state law but our concerns for the safety of all members of the community. Smoking creates a significant fire hazard, and secondhand smoke can have debilitating effects on the individuals who inhale it, including our custodial staff who may be required to work in spaces that others could contaminate with smoke. If students are found to have been smoking in their rooms, they can expect a significant monetary fine, as well as disciplinary action. go.middlebury.edu/smoking

Families Matter
Families often underestimate the critical role that they can continue to play with respect to drugs and alcohol in the lives of their students once they leave home. Research tells us that students do care what their families think about alcohol and drug use. Underage students are more likely to make decisions based on their perception of their parents’ approval of alcohol use, while of-age students look to the consumption behaviors in their families to guide their own. We can also assume that expectations and conversations around drug use are similarly impactful. Talking with your student about your expectations is important, as is asking open-ended questions about your student’s experiences before and after arrival on campus.

Partnering with families is critical as we work together to create an environment where students can make informed decisions about reducing risk and increasing safety. On-campus efforts include educational programming, interventions, counseling, and evaluative/treatment referrals. This includes Think About It, the comprehensive online education tool covering alcohol, drugs, and sexual violence that all new students are required to complete. Access information and deadlines will be provided to new students and families over the summer. Your student’s thoughtful participation in Think About It allows us to start an important conversation that we hope to continue more deeply throughout your student’s time at Middlebury.

Social norms are group-held beliefs around behavior and expectations. We know that students routinely overestimate the quantity and frequency of alcohol and drug use among their peers and believe that the attitudes of their peers are far more permissive than they really are. Carriers of these misperceptions are not limited to students—alumni, faculty, staff, community members, and families can also contribute to an environment supportive of high-risk behaviors around alcohol and drugs. Some important and accurate social norms to discuss with your student include the fact that 94

A balanced life is important to many students at Middlebury.
percent of Middlebury students do not view Middlebury as a party school, and 90 percent of Middlebury students agree that students who choose not to consume alcohol are respected by their peers. By working to reset important social norms, students are encouraged to make healthier choices and reduce their risk for negative outcomes correlated with alcohol and drug use, including, but not limited to, experiences of violence, lower GPAs, chronic health problems, and mental health outcomes like depression and anxiety. For more information and talking tips, visit go.middlebury.edu/aodparents.

**Public Safety**
The Department of Public Safety provides services to the campus community 24 hours a day, seven days a week. The department includes uniformed security officers and telecommunications staff. Officers conduct patrols of campus properties and buildings, respond to campus emergencies, and enforce College rules and policies, including those related to parking. Public Safety officers do not have power of arrest but work closely with local law enforcement agencies. For emergency services, students should call 443-5911 or 911. go.middlebury.edu/psafe

**ID Cards:** The MiddCard is your official form of identification at Middlebury. Students are required to carry the cards at all times. It qualifies students for certain privileges and gives appropriate access to residence halls equipped with enhanced access.

Emergency Phones and Call Boxes: Emergency phones are located at the entrances of residence halls equipped with enhanced access, in parking lots, and along some walkways.

Safety Escorts: Public Safety officers will provide safety escorts to and from on-campus locations during the hours of darkness when personal safety is a concern.

**Annual Security and Fire Safety Report**
The Department of Public Safety annually publishes and distributes the College’s Annual Security and Fire Safety Report, which contains important information about reported crimes that occurred on campus (and at certain off-campus locations owned or controlled by Middlebury and on public property within, or immediately adjacent to and accessible to Middlebury’s campus). The report also contains security and safety-related information, such as crime prevention, fire safety, Public Safety and local law enforcement authority, crime reporting policies, disciplinary procedures, and other related information. The report is available online at go.middlebury.edu/firesafetyreport. Printed copies are also available upon request.

**Transportation On and Off Campus**

**MiddRides:** MiddRides is an evening transportation service on and around campus that is available during the academic year when classes are in session. Specific schedule information is available by calling 443-RIDE. go.middlebury.edu/middrides.

**ACTR:** Middlebury College students, staff, and faculty ride in-town ACTR buses for free. ACTR buses provide regularly scheduled bus services in town and to the Middlebury College Snow Bowl with stops on the Middlebury College campus.

ACTR also offers commuter buses to Burlington, Rutland, and neighboring towns. Staff and faculty ride commuter buses (both CCTA and ACTR) for free when they pick up a bus sticker from Human Resources. Students must pay for commuter buses.

For more information call 802-388-1946 or 800-685-RIDE (7433).

**www.actr-vt.org**

Zipcar: Over 18 but under 21? Zipcar’s campus partners program allows those 18 years and older to drive the cars on their home campus. Zipcars are available to Middlebury College students, faculty, and staff on an hourly and daily rental basis. Currently, the College has two vehicles available: one located in the parking lot behind the Franklin Environmental Center at Hillcrest and one in the Mahaney Arts Center parking lot. More information is at go.middlebury.edu/zipcarinfo. Or you can go directly to Zipcar at go.middlebury.edu/zipcar.

**Zimride:** Zimride helps you offer or request rides for commutes, road trips, and popular events. If you have a car, split costs by offering rides. If you don’t have a car, find rides where you need to go. With Go! Vermont’s partnership with Zimride, you can find others going the same way you are. Learn more at www.zimride.com.
McCullough Student Center provides dining options and meeting and event spaces.
The visual and performing arts are integral to the life and culture at Middlebury.
THE VISUAL AND PERFORMING ARTS provide fundamental components to the rich Middlebury experience, and students will likely find themselves involved in one way or another—on the stage, in the studio, or among the audience.

Middlebury offers eight academic arts programs and majors: architectural studies, dance, film and media culture, history of art and architecture, museum studies, music, studio art, and theatre. And faculty members across the disciplines often find ways to incorporate the many arts activities, events, and facilities around campus and in town into their academic courses.

go.middlebury.edu/arts

Mahaney Arts Center
The Kevin P. Mahaney ’84 Center for the Arts serves as a hub of arts activity on campus. Primarily it provides an environment for the creation of the performing arts and invites audiences to experience the work of local, national, and international artists. It’s also home to the black-box style Seeler Studio Theatre, the dance theatre, and the stunning 375-seat Olin C. Robison Concert Hall, as well as the academic departments for dance, music, theatre, art history, and museum studies. go.middlebury.edu/mca

Museum of Art
The Middlebury College Museum of Art, adjacent to the Mahaney Arts Center, is both a cultural and an educational component of the College, as well as a relaxing place to visit for a study break. Its collection of several thousand objects ranges from ancient to contemporary and includes distinguished collections of antiquities, Asian art, photography, 19th-century European and American sculpture, and contemporary art. Special exhibitions, often curated in-house with students and faculty, are on display throughout the year, and the museum regularly hosts lectures, gallery talks, films, school programs, and workshops. The Museum Ambassador Program (MAP) and year-round internships offer opportunities for experiential learning. MuseumWorks, an integrated summer internship program, offers paid positions to qualifying students. go.middlebury.edu/museum

Performing Arts Series
A College treasure now a century old and attended by the local community as well, this series of events throughout the year offers a diverse selection of performances and residencies by highly acclaimed and emerging artists in chamber music, jazz, world music, dance, and theater. Tickets are incredibly affordable, especially for students, presenting cultural opportunities not to be missed. go.middlebury.edu/pas

Christian A. Johnson Memorial Building and Wright Theatre
Situated in the center of campus, Johnson houses the architectural studies and studio art programs and contains numerous studios, a digital fabrication lab, and a specialized computer lab, as well as lecture and exhibition spaces for resident and guest artists and architects, and for students in both programs. Located next door, Wright Theatre, a classic proscenium theater designed by the esteemed American firm of McKim, Mead, and White, hosts performances of the Theatre Department and the Performing Arts Series, as well as many other events.

TICKETS
Many of the arts events and activities throughout the year are free, and those that are not are very affordable. go.middlebury.edu/boxoffice
Mead Chapel
A major landmark on campus, Mead Chapel is also an important arts venue in which the College Choir and Collegium Ensemble present a broad repertory of sacred and secular music throughout the year. It also hosts lectures, Performing Arts Series concerts, and other major public events. The chapel houses an excellent Gress-Miles organ, and the tower features a 48-bell carillon that is played daily. The 35-year-old Summer Carillon Series brings international performers whose concerts provide the soundtrack for campus life each summer.

Hirschfield Film Series
This highly popular film series brings a wide range of recent foreign and independent films to campus throughout the year. They are free and open to the public. go.middlebury.edu/hirschfield

Art Around Campus
Middlebury has a distinguished collection of public art that includes nearly 30 works—mostly sculpture—by different artists, many of them nationally or internationally known. Each piece in the collection is installed, maintained, and interpreted by the Committee on Art in Public Places (CAPP), a committee that includes student representatives. go.middlebury.edu/capp

Town Hall Theater
Located just a short walk away in downtown Middlebury, the Town Hall Theater brings great talent to a small community. Diverse offerings include plays and musicals with local community talent, concerts featuring nationally known musicians, and broadcasts from the National Theatre of Great Britain and the Metropolitan Opera. Ticket prices are reasonable, and the recently restored space is intimate, for a close-up opportunity to experience some great productions. The space is also home to many College events, including the annual winter term production of a major musical, student performances, and Language School students’ performances. The Jackson Gallery features work by local artists. go.middlebury.edu/tht

The Vermont Coffee Company Playhouse
Located on Exchange Street just north of the downtown, this theater venue presents cutting-edge performances generated either locally or brought from as far as Dublin, Ireland. The VCC Playhouse is a 70-seat “gray-box” theater with an industrial warehouse vibe befitting its setting. 1197 Exchange Street, Middlebury. 802-398-2776.

The Vermont Folklife Center
Also situated downtown, the Vermont Folklife Center is a nationally known education organization that uses ethnography—the study of cultural experience through interviewing, participation, and observation—to strengthen the understanding of the cultural and social fabric of Vermont’s diverse communities. The center presents exhibitions, lectures, and concerts, as well as internships for Middlebury students. www.vermontfolklifecenter.org

Marquis Theatre and Café
This historic two-screen movie house is situated in the middle of downtown, opposite the Sheldon Museum and next door to the Ilsley Public Library. It presents independent, foreign, and documentary films; new releases; and pop-up one-day special screenings. www.middleburymarquis.com
The Performing Arts Series brings world-renowned artists to campus every year.
Twenty-nine percent of students participate on one or more of Middlebury’s 31 varsity teams.
ATHLETICS ARE AN ESSENTIAL PART of the overall educational experience at Middlebury College. The College provides programs that are comprehensive and varied, offering athletic opportunities to all students:

- A physical education/wellness program that stresses good health, physical fitness, and lifetime activities.
- A vigorous intercollegiate sports program that strives for achievement and excellence.
- An intramural program that encourages students of varied abilities and skills to participate in a wide range of recreational athletic activities.
- A club sports program that offers intercollegiate competition and recreation in a structure created and driven by students.

Physical Education Requirement
Every student must earn two physical education credits. Middlebury has a tradition of offering classes that concentrate on lifetime sports so that students will benefit from skills and knowledge now and after graduation, such as fencing, ballroom dance, and golf. From certification classes (CPR, first aid) to fitness, courses are mainly introductory and are offered in four- or five-week intervals each semester. go.middlebury.edu/physed

Team Sports
Middlebury’s student-athletes demonstrate that a pursuit of excellence on the playing field is compatible with the pursuit of excellence in the classroom, and that a combination of the two lends itself to a more complete educational experience. Furthermore, Middlebury’s size and balanced curriculum allow two- and three-sport athletes to compete throughout the year without jeopardizing their academic standing. The College’s varsity teams compete within the NCAA Division III and the New England Small College Athletic Conference (NESCAC).

Varsity Sports: Superb coaching and training facilities provide a setting in which student-athletes can develop themselves as both players and individuals. go.middlebury.edu/vsports

Club Sports: Club sports provide more opportunities for competition and recreation in rowing, sailing, rugby, cycling, water polo, and other sports. We rely on student leadership and strive for a healthy balance of academics and extracurriculars. go.middlebury.edu/clubsports

Intramural Sports: Intramurals provide a varied program of activities to meet the competitive and recreational needs of all students. Faculty and staff members are also encouraged to participate. An individual's skill level is not as important as the player’s
desire to participate and to enjoy the experience of good fun, sportsmanship, and competition. go.middlebury.edu/intramurals

Cheering Section
Even if you don’t play varsity sports, you can still be involved by cheering them on. All regular-season games and many post-season games are free, so we encourage your support of the teams.

Live Coverage
Families can keep tabs on Panther athletics from afar through the College’s live coverage, including live stats as well as video when available. Find more information at go.middlebury.edu/athletics in the Live Coverage section.

Facilities
Middlebury has more athletic facilities than we can possibly describe here. Indoor facilities include the 11,600-square-foot multilevel fitness center, the Chip Kenyon ‘85 Arena, a 2,200-seat ice hockey arena, and an Olympic-size natatorium, as well as the newly opened Bostwick Family Squash Center and recently completed Virtue Field House, which features a 21,000-square-foot turf field, a track, and other fitness options. Outside are several fields, including three synthetic fields. go.middlebury.edu/athleticfacilities

In addition, Middlebury’s athletes train and compete at several off-campus facilities, which are also open to the general public:

Ralph Myhre Golf Course
Middlebury’s 18-hole golf course is located on the edge of campus and is open to the public. The driving range and snack bar are also worth visiting. Students can purchase day, term, or season passes at reduced rates. go.middlebury.edu/golfcourse

Middlebury Snow Bowl
Three chairlifts—two triples and one double—serve 17 trails and several glade areas for skiing and riding. State-of-the-art snowmaking ensures quality, and the historic lodge features the original fieldstone fireplace and a full-service cafeteria. The Ski and Board Shop provides rental equipment and other services, and the Snow School offers lessons for all abilities. Students can purchase day or season passes at reduced rates. go.middlebury.edu/snowbowl

Rikert Nordic Center
The Carroll and Jane Rikert Nordic Center, located at Middlebury’s Bread Loaf campus, offers 50 kilometers of maintained trails augmented by newly installed snowmaking capabilities. Rental equipment, repairs, waxing rooms, and lessons are available. Students can purchase day or season passes at reduced rates. go.middlebury.edu/rikert

Climbing Wall
Discover our climbing wall in the Nelson Field House, towering above the tennis center. Open daily with student staff, our wall welcomes all abilities to play around in the vertical realm. Top-rope routes are numerous, though many enjoy bouldering along the 100-foot base. Shoes, harnesses, and chalk are provided for free. Find hours and info at go.middlebury.edu/climbingwall.

Off the Beaten Path
For some off-the-beaten-path recreation, be sure to try these Middlebury gems as well:

- The Trail Around Middlebury—TAM—is the town’s most popular natural resource for enjoying walking, mountain biking, and trail runs of a variety of lengths and challenges. www.maltvt.org/trail/tam-trail
- Green Mountain National Forest and Vermont’s Long Trail, stretching across the landscape to the east, offer hiking, running, biking, and outdoor exploration of all kinds. www.fs.usda.gov

You Can Play
Middlebury joined several other schools to release our own short video for the national You Can Play campaign, promoting inclusion and diversity for all athletes, coaches, staff, and fans. go.middlebury.edu/youcanplay
Middlebury is home to all kinds of sporting challenges no matter what season or weather.