BE SUSTAINABLE at MIDD go/sustainability

Frequently Asked Questions

1. What is carbon neutrality?
Carbon neutrality is achieved when there are no net increases of greenhouse gases from the college and its operations. Middlebury aims to become carbon neutral through energy conservation and efficiency, renewable fuel sources, technological innovations, education, and—as a last option—the purchase of carbon offsets. Middlebury has pledged to become carbon neutral by 2016.

2. How can I make my dorm room more sustainable?
- Turn off computer and appliances when unused
- Take 5-minute showers and use less hot water
- Use a drying rack to air dry your clothes
- Buy in bulk to reduce packaging waste
- Unplug chargers when not needed
- Share a fridge
- Buy durable goods and clothing that will last
- Use compact fluorescent light bulbs (CFLs) and LEDs
- Simplify to avoid having too much stuff
- Avoid landfilling: Reduce, reuse, repurpose, and recycle!

3. How can I get involved?
Middlebury has many research, funding, and leadership opportunities related to sustainability. Stop by the Office of Sustainability Integration, in the Franklin Environmental Center at Hillcrest, for more information. Below is a sampling of student organizations working on sustainability:

Campus Leadership
- Environmental Council
- Lands Advisory Committee
- Campus Sustainability Coordinators
- SGA Environmental Affairs Committee
- Athletic Team Sustainability Liaisons

Outdoors/Transportation
- Student-run Bike Shop
- Middlebury Mountain Club

Sustainability Innovation
- Sunday Night Group
- Socially Responsible Investment Club

Food Systems
- Middlebury College Organic Farm (MCOF)
- Middlebury FoodWorks
- Middlebury Fermentation Guild
- Eat Real
- MEAT Group

Sustainable Living
- Weybridge House
- Solar Decathalon
- The Trunk Resale Shop
- Green Engineers

Academics
- Environmental Studies Program (major and minor)
- ENVS Colloquium (lecture on Thursdays 12:30-1:20pm)
- Education for Sustainability class

Franklin Environmental Center at Hillcrest
Office of Sustainability Integration