Community Engagement
Packing List

If you have any questions about the packing list, please do not hesitate to email the MiddView Trips interns, Jack and Rod, at trips@middlebury.edu.

General Packing List:
All students on CE trips should bring this stuff AND the stuff listed on subsequent pages which is specific to each trip.

- Back pack (regular book-bag style and size)
- shorts and t-shirts
- at least one sweatshirt/sweater
- at least one pair of jeans/pants
- rain jacket
- sunscreen
- sunglasses
- soap
- toothbrush/toothpaste
- socks
- underwear
- comfortable closed-toe shoes for walking (running shoes, sneakers etc.)

- notebook
- pens/pencils
- prescription medications, allergy medicine, bee sting kit, inhalers, epinephrine, if you need or might need them
- water bottle
- hat

We strongly recommend that cell phones not be used during trips and we strongly advise against bringing laptops, iPads, tablets etc.

Okay! Now go find the packing list specific to your trip on one of the next pages!
Community Engagement
Packing List

Trip Specific Packing List:
Find your trip assignment and then be sure to bring or request any additional items that you need.

MUST READ: Any items in this awesome purple color can be borrowed (for free!) from our gear room. We have a limited supply of these items. These items must be reserved in advance on the Gear Borrowing Request Form and are available on a first-come, first-served basis. If you don’t reserve them by JULY 19TH AT 5PM, we will not have them for you when you arrive! DO NOT FILL OUT THE GEAR BORROWING REQUEST FORM UNTIL YOU READ YOUR TRIP SPECIFIC PACKING LIST ON ONE OF THE FOLLOWING PAGES!

EDUCATION AND YOUTH

Working Together to Effect Change: DREAM
- Sleeping Bag rated to at least 32F
- Sleeping Pad (closed cell foam or Thermarest style)
- One set of clothes you don’t mind getting dirty

Exploring Education in Rural Communities
- Sleeping Bag
- Sleeping Pad (closed cell foam or Thermarest style: you’ll be sleeping in a school!!)
- One casual/presentable outfit for a school visit
- One set of clothes you don’t mind getting dirty

Education for Sustainability and Farm to School Programs
- Sleeping Bag rated to at least 32F
- Sleeping Pad (closed cell foam or Thermarest style)
- Flashlight or headlamp
- One casual/presentable outfit for a school visit
- One set of clothes you don’t mind getting dirty

FOOD SECURITY AND ACCESS

Hunger and Food Access in Addison County
- One set of clothes you don’t mind getting dirty
Trip Specific Packing List:
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**Social Justice**

**Immigration and Vermont’s Diverse Communities**
- Sleeping Bag rated to at least 32F
- Sleeping Pad (closed cell foam or Thermarest style)
- One casual/presentable outfit for meeting with a non-profit organization
- One set of clothes you don’t mind getting dirty
- Flashlight or headlamp

**Housing Access in Vermont**
- Sleeping Bag
- Sleeping Pad (closed cell foam or Thermarest style: you’ll be sleeping in a church!)
- Set of clothes you don’t mind getting dirty, torn, or even ruined
- Closed-toe shoes are required

**Creating Inclusive Communities for Persons with Disabilities**
- One set of clothes you don’t mind getting dirty