General Packing List:
All students on WE trips should bring this stuff AND the gear listed on subsequent pages which is specific to each trip.

- 1 sleeping bag rated to at least 32 F
- 1 insulated sleeping pad (closed cell foam or Thermarest style)
- 3 large garbage bags
- 1 bowl (a plastic container with a cover works well)
- 1 mug (insulated coffee mugs are good)
- 1 spoon
- 2 one-liter water bottles (must close tightly, must not be glass)
- 2 loose t-shirts
- 2 pairs of underwear
- 1 long-sleeved shirt (wool, polypro, synthetic—no cotton!)
- 1 heavy shirt, sweater, or jacket (wool, polypro, synthetic- no cotton!)
- 1 pair synthetic (polypro) long underwear, top and bottom
- 2 pair wool or polypro socks
- 1 set of rain gear (jacket and pants). Must be waterproof!
- 1 pair shorts (quick-drying nylon is great—no cotton!)
- 1 pair of synthetic/quick drying pants
- long underwear for colder night time temperatures
- 1 warm hat (wool or synthetic)
- toothbrush, toothpaste, personal hygiene products
- flashlight or headlamp and extra batteries
- sunglasses
- hat for the sun
- prescription medications, allergy medicine, bee sting kit, inhalers, epinephrine, if you need or might need them
- sunscreen

Okay! Now go find the packing list specific to your trip on one of the next pages!
Wilderness Exploration Packing List

Trip Specific Packing List:
Find your trip assignment and then be sure to bring or request any additional items that you need.

MUST READ: Any items in this awesome purple color can be borrowed (for free!) from our gear room. We have a limited supply of these items. These items must be reserved in advance on the Gear Borrowing Request Form and are available on a first-come, first-served basis. If you don’t reserve them by JULY 19TH AT 5PM, we will not have them for you when you arrive! DO NOT FILL OUT THE GEAR BORROWING REQUEST FORM UNTIL YOU READ YOUR TRIP SPECIFIC PACKING LIST ON ONE OF THE FOLLOWING PAGES!

Optional (but encouraged) Gear List for ALL Wilderness Exploration Trips
□ camera and film/memory card
□ journal and pen
□ insect repellant

Trail Maintenance
□ 1 internal or external frame pack big enough to hold all your personal gear plus some group gear (~4500 cubic in.)
□ 1 pair of hiking boots that extend above your ankle (make sure they are well broken in...new boots are a sure way to create painful blisters)
□ 1 pair sturdy working gloves (available at most hardware stores)

We have all gear below available to borrow, but please bring your own if you have it—we will inspect it and give you the go-ahead!
□ 1 pair of hiking boots that extend above your ankle (make sure they are well broken in...new boots are a sure way to create painful blisters)
□ 1 pair of wet shoes (old sneakers, Tevas, Chacos, water shoes)
□ bathing suit (optional)
□ Duffel or overnight bag for personal items (you will access this bag at your base camp)

We strongly recommend that cell phones not be used during trips and we strongly advise against bringing laptops, iPads, tablets etc.
Trip Specific Packing List:
Find your trip assignment and then be sure to bring or request any additional items that you need.

**Backpacking**
- 1 internal or external frame pack big enough to hold all your personal gear plus some group gear (~4500 cu in.)
- 1 pair of hiking boots that extend above your ankle (make sure they are well broken in...new boots are a sure way to create painful blisters)

**Canoeing**
- Duffel or overnight bag for personal items (you will access this bag at your base camp)
- 1 pair of wet shoes (old sneakers, Tevas, Chacos, water shoes)
- 1 pair of good closed-toe shoes for walking and camp
- bathing suit (optional)

**White water kayaking**
- Duffel or overnight bag for personal items (you will access this bag at your base camp)
- 1 pair of wet shoes (old sneakers, Tevas, Chacos, water shoes)
- 1 pair of good closed-toe shoes for walking and camp
- bathing suit (optional)

We have all gear below available to borrow, but please bring your own if you have it—we will inspect it and give you the go-ahead!
- Splash top
- Personal flotation device

We strongly recommend that cell phones not be used during trips and we strongly advise against bringing laptops, iPads, tablets etc.

MUST READ: Any items in this awesome purple color can be borrowed (for free!) from our gear room. We have a limited supply of these items. These items must be reserved in advance on the Gear Borrowing Request Form and are available on a first-come, first-served basis. If you don’t reserve them by JULY 19TH AT 5PM, we will not have them for you when you arrive! DO NOT FILL OUT THE GEAR BORROWING REQUEST FORM UNTIL YOU READ YOUR TRIP SPECIFIC PACKING LIST ON ONE OF THE FOLLOWING PAGES!
Trip Specific Packing List:
Find your trip assignment and then be sure to bring or request any additional items that you need.

Sailing
- Duffel or overnight bag for personal items (you will access this bag at your base camp)
- Closed-toe shoes to get wet (old running shoes, water shoes etc.)
- 1 pair of good closed-toe shoes for walking and having dry footwear post-sailing
- Good pair of sun glasses, polarized would be best, but not required
- Croakies for sun glasses
- Towels (Consider bringing 2)
- Sailing gloves (finger-less work gloves work great!)
- Swim suit
- Personal bottle of sunscreen (VERY IMPORTANT)

Rock Climbing
- Day pack (roughly 2500 cubic inches)
- Duffel or overnight bag for personal items (you will access this bag at your base camp)
- 1 pair of good closed-toe shoes for walking and camp
- We have all the climbing gear below available to borrow, but please bring your own if you have it—we will inspect it and give you the go-ahead!
- 1 pair climbing shoes
- 1 climbing harness
- 1 climbing helmet

Day Hiking
- Day pack (roughly 2500 cubic inches)
- Duffel bag or overnight bag for personal items (you will access this bag at your base camp)
- 1 pair of hiking boots that extend above your ankle (make sure they are well broken in...new boots are a sure way to create painful blisters)

We strongly recommend that cell phones not be used during trips and we strongly advise against bringing laptops, iPads, tablets etc.