Winter Term Workshops 2013

Register:
Online – go/boxoffice
Monday, November 26th – Sunday, December 9th
Registration starts at 6am both online and in-person
Winter Term Workshops: 2013

Here’s your chance to broaden your horizons and/or develop a new interest! This January is your big opportunity to participate in Winter Term Workshops offered by Student Activities. Be sure to take advantage of this year’s series of non-credit workshops - open to the entire College community - and make the most of Winter Term.

Workshop Registration Information:

Register for the workshop(s) of your choice starting Monday, November 26th at 6am through Sunday, December 9th at midnight (or until the courses fill up) online through the Box Office and avoid the lines! OR sign up in person at the McCullough Student Center Box Office. First come, first serve.

- Workshop fees must be paid at the time of registration. Courses begin January 7 and end on February 1, 2013.
- Make sure to reference the Workshop’s Box Office Number, located in the upper right of each description.
- There is no wait list for workshops.
- In order to pay facilitators and allow for the advance purchase of materials, refunds are granted for academic scheduling conflicts only. Proof of class registration is required. You may not attend the first workshop and still receive a refund. **Deadline: January 10, 2012**
- Asterisked workshops are offered for P.E. credit; you must attend at least 7 hours to receive the PE Credit.
- See the Student Activities staff if you have any questions.

*Please note that the below information is all subject to change, check back for updates*

**A History of The Blues:**

*Field Hollers, Tent Shows, Jukes Joints, and Urban Electric*

This course will explore the history of the style of music defined as the blues, studying not only its roots and history but also the lenses with which it has been viewed by black and white audiences in American culture. Included in the course will be short readings, audio-recordings, videos, and live performances that will showcase the versatile and ever growing genre. Students will finish the course knowing major blues performers such as Leadbelly, Bessie Smith, Charley Patton, Son House, Robert Johnson, Mississippi John Hurt, Skip James, Muddy Waters, Howlin' Wolf, John Lee Hooker, B.B. King, Albert King, R.L. Burnside, Johnny Taylor, and Bobby Rush. They will be able to distinguish between styles such as Delta Blues, Piedmont Blues, Chicago Blues, Soul Blues, and several others. The final class will include the instructor and interested students participating in a traditional blues jam.

**MEETING:** Mondays & Thursdays; 7:00 - 8:00pm
1/10; 1/14; 1/17; 1/21; 1/24; 1/28; 1/31

**LOCATION:** Carr Hall 005

**INSTRUCTOR:** Dan Kugler

**PRICE:** $10.00
**A Sketchy Business: Caricature Drawing with Andrew Weaver**  
Box Office # 35
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Do you like to draw? How about poke fun at your friends? Do you want to learn an artistic craft, a party trick, and a hilarious skill ALL AT ONCE? If so, this is the place for you! In this workshop we will cover basic caricature technique. First, you will learn to draw a human face according to simple proportional rules, as a foundation for your craft. Afterward, you will learn how to develop an "eye for exaggeration" -- the most important tool in any caricature art. With the skills you acquire, you will be on your way to drawing caricatures like the pros! No prior art experience required.

**MEETING:**  
Mondays; 8:00 - 9:00pm  
1/7; 1/14; 1/21; 1/28
**LOCATION:**  
AXN 219
**INSTRUCTOR:** Andrew Weaver  
**PRICE:** $21.00

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**Acoustic Guitar - Beginning**  
Box Office # 78
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Whether you've always wanted to play guitar or just make sense of those bits and pieces you've picked up along the way, here's an opportunity to tap into your creative urges and have some fun doing it. Two of the area's finest players and instructors, Rick Klein and Michael Corn, will offer a wide base of style and technique to draw from. We'll set the goal of learning to play (and sing) a song of your choosing. All you need is a playable guitar and the desire to play it.

**MEETING:**  
Tuesdays & Thursdays; 7:00 - 8:30pm  
1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
**LOCATION:**  
Chateau 108
**INSTRUCTOR:** Rick Klein  
**PRICE:** $95.00  
Michael Corn

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**Acoustic Guitar 2 - The Next Level**  
Box Office # 80
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This class is for students who have already taken the beginner’s class or the equivalent. We’ll be exploring the guitar beyond the first position, and de-mystifying the fingerboard through songs and repertoire. Topics covered (but not limited to) will include: Proper finger-style and flat-picking technique, music theory, rhythm and back-up guitar, as well as lead-style soloing. We’ll be learning chord/melody arrangements and discover altered and open tunings. Players interested in folk, rock, blues and classical styles (and electric players too) will get be able to take their playing to the next level!

**MEETING:**  
Mondays & Wednesdays; 7:00 - 8:30pm  
1/7; 1/9; /14; 1/16; 1/21; 1/23; 1/28; 1/30
**LOCATION:**  
Johnson 304
**INSTRUCTOR:** Michael Corn  
**PRICE:** $75.00

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**Adult Oil Painting**  
Box Office # 66
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This class is for both the beginner and the more experienced oil painter. Working from observation, students will begin by blocking in the composition focusing on placement, proportion, space, and the dynamics of design. Value, intensity, and temperature of color will be emphasized. Instruction will include demonstrations, examples from art history and individual critiques. Oil painting supplies will be provided.

**MEETING:**  
Mondays; 6:00 - 8:00pm  
1/7; 1/14; 1/21; 1/28
**LOCATION:**  
1 Mill Street
**INSTRUCTOR:** Mary Lower  
**PRICE:** $108.00
**Advanced Presentations: From Beginners to Pros**

Learn to skillfully captivate and impress audiences with the most amazing PowerPoint presentations. Explore the true art form behind making extremely effective presentations, from design to delivery and everything in between (including broad topics such as storytelling to finer details such as color palette). All levels of experience are welcome in this exciting and highly useful J-Term course. Prepare yourself to reap the rewards of experiencing a whole new universe of presenting.

- **MEETING:** Tuesdays & Thursdays; 5:30 - 6:30pm
  1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
- **LOCATION:** Hillcrest
- **INSTRUCTOR:** Ian Thomas  
  **PRICE:** $15.00
- **INSTRUCTOR:** Alec Nelson

**Art of Tea:**

**Japanese Tea Ceremony, Gongfu Cha, & Sharing a Cup of Tea**

Ichigo Ichi-e, 一期一会, "One Time, One Meeting." We invite guests to join us for a very special cup of tea (actually many cups), explored through the spirit of the tea ceremony in its many forms. From formal ceremonies to everyday drinking, tea holds many places in many cultures. This will be a fully participatory experience, diving into the ceremonial side of tea from Japan, China, & Taiwan. Join owners John & Matthew for in the ambient setting of Stone Leaf Teahouse in the Marble Works in downtown Middlebury.

- **MEETING:** Wednesday; 7:30 - 9:30pm
  1/16
- **LOCATION:** Stone Leaf Teahouse
- **INSTRUCTOR:** John Wetzel  
  **PRICE:** $25.00

**Avalanche Awareness**

Avalanches can and do happen in the east! This course provides a complete introduction to avalanche awareness. Topics addressed will include avalanche terrain recognition and assessment, decision making and judgment, and rescue. Expect approximately six hours of classroom instruction and a full day of field instruction in Smugglers’ Notch or the Adirondacks. The course fee of $225 includes the use of an avalanche beacon, shovel and probe. This workshop offers PE credit.

- **MEETING:** all day
  1/19-1/20
- **LOCATION:** TBA
- **INSTRUCTOR:** Derek Doucet  
  **PRICE:** $250.00

**Backflip 101**

Have you ever seen gymnastics in the olympics and wondered how they learned to do those skills? Have you ever wanted to be able to do a handstand? In this workshop, we will learn the fundamentals of gymnastics from stretching, to proper gymnastics technique, to strength conditioning. Gymnastics is not easy and takes patience and practice; over J-term you will see a definite improvement in your gymnastics ability with effort! No previous experience is necessary and mats will be used. This workshop offers PE credit.

- **MEETING:** Tuesdays & Thursdays; 7:30 - 8:30pm
  1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
- **LOCATION:** Nelson Multi-Use Area
- **INSTRUCTOR:** Zachary Strauss  
  **PRICE:** $30.00
Baking by Eye
Do you hate following recipes? Wish you could effortlessly toss together a bunch of ingredients in a pan, throw it in the oven without setting a timer, and end up with a (not-burned) delicious baked good? This workshop is for people who love to bake but want room for creativity in their baking. No prior experience required.

MEETING: Wednesdays; 7:00 - 9:00pm
1/9; 1/16; 1/23; 1/30
LOCATION: COFFRIN ANNEX LNG
INSTRUCTOR: Liia Koiv-Haus PRICE: $45.00

* Balance!
Calling all those interested in balancing! Are you a bboy who wishes he could get his headhollows? Are you a dancer who wants to bring a new dimension of control to her movement? Are you a yogi who wants to move on to inverted asanas? Do you just think handstands look cool and would be fun to try? Whatever your level of experience, this is the workshop for you. We will be exploring hand, elbow, and headbalancing from different arts, including dance, yoga, and Capoeira, and learning to integrate static poses into movement. So come have fun and learn more about your body! This workshop offers PE credit.

MEETING: Mondays & Fridays; 5:00 - 6:00pm
1/7; 1/11; 1/14; 1/18; 1/21; 1/25; 1/28; 2/1
LOCATION: PRC BMT
INSTRUCTOR: Rufus Raghunath PRICE: $30.00

Basic Blacksmithing #1
Learn forging metal to make art, tools or household items for daily use.

MEETING: Saturday; 8:30am - 4:30pm
1/12
LOCATION: Maritime Museum
INSTRUCTOR: Warren Rinehart PRICE: TBD

Basic Blacksmithing #2
Learn forging metal to make art, tools or household items for daily use.

MEETING: Saturday; 8:30am - 4:30pm
1/19
LOCATION: Maritime Museum
INSTRUCTOR: Warren Rinehart PRICE: TBD

Basic Blacksmithing #3
Learn forging metal to make art, tools or household items for daily use.

MEETING: Saturday; 8:30am - 4:30pm
1/26
LOCATION: Maritime Museum
INSTRUCTOR: Warren Rinehart PRICE: TBD
**Basics of InDesign...and how to prepare work for Reprographics**

Box Office # 49

InDesign is a relatively easy to use, but complex program for designing printed pieces. Join the class to learn the basics on how to navigate your way through the program and learn how to make posters, invitations, brochures etc. Throughout J-term, you will receive tips for best practices in preparing your work for duplication. Class will also touch on terminology, preparing and uploading pieces from Illustrator and Photoshop, mailing regulations, and a basic understanding of paper, ink and color. There is a limited number of computers available with the Creative Suite installed. Please indicate if you can provide your own computer with the Creative Suite installed so that we can open the class up to another student.

**MEETING:**  Wednesdays; 5:30 - 7:30pm  
1/9; 1/16; 1/23; 1/30

**LOCATION:** Wilson Media Room

**INSTRUCTOR:**  Kathlyn (Lyn) DeGraff  
**PRICE:** $32.00

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**Basket Weaving**

Box Office # 67

Come prepared to surprise yourself by designing and completing a hand woven market basket. Rectangular in shape, with a handle, this basket will provide so many practical uses for such a beautiful basket. This is the perfect container to take to the farmer's market for weekly produce or for a quick run to the store. This class will be quick paced and easy to follow. No previous experience needed. Materials will be provided. Students should bring a quick and easy bag lunch.

**MEETING:**  Sunday; 10:00am - 2:30pm  
1/13

**LOCATION:**  1 Mill Street

**INSTRUCTOR:**  Maura Clancy  
**PRICE:** $88.00

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**Beatboxing: The Essentials**

Box Office # 8

In this workshop, students will explore a wide range of subjects pertinent to the field of vocal percussion. Included in the course material are such basic topics as "dropping a beat" and "laying it down," as well as the more advanced "remix." Participants will master simple sounds and effects and aim to construct more complicated beats, with the overall goal of attaining the ability to supply music in any situation that might demand a steady drum line. This workshop is for all levels; novice, intermediate, and experienced vocal percussionists are all welcome.

**MEETING:**  Mondays & Wednesdays; 4:30 - 5:30  
1/7; 1/9; 1/14; 1/16; 1/21; 1/23; 1/28; 1/30

**LOCATION:**  AXN 219

**INSTRUCTOR:**  Eric Wilson  
**PRICE:** $10.00

**Alec Nelson**

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**Beginner's Knitting & Crocheting: "Stitch 'n Bitch"**

Box Office # 30

An open invitation to anyone who wants to learn how to knit or crochet, or brush up on their skills in a friendly and fun environment - all while upholding the long tradition of a Stitch 'n Bitch!

**MEETING:**  Tuesdays; 7:00 - 8:30pm  
1/8; 1/15; 1/22; 1/29

**LOCATION:**  Mitchell Green Lounge

**INSTRUCTOR:**  Edgar Mejia  
**PRICE:** $29.00
Beginning Ballet

Does seeing the Nutcracker make you want to waltz through the snow? Do you watch Center Stage to admire Ethan Stiefel's extraordinary leaps? Or do you just want to learn a little dancing and get PE credit? Whichever it is, come learn ballet, from pliés to pirouettes, and stun your friends with your new-found grace. This workshop offers PE credit.

MEETING: Tuesdays & Thursdays; 5:30 - 6:30pm
1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
LOCATION: MCA 109
INSTRUCTOR: Jessica Lee  PRICE: $30.00
Annie Powers

Chess, an Intellectual Martial Art

Chess is a sport played by hundreds of millions of people around the world. It is a martial art that strengthens the intellect. It can teach lessons on music, language, mathematics, physiology, psychology, philosophy, history, economics and politics. Thus, chess is an especially suitable sport for students at liberal arts colleges.

Parker "Monty" Montgomery was president of the Dartmouth College Chess Club for more than two years in the 1970s. He earned his National [Chess] Master certificate in 1989. A resident of the town of Middlebury, he is president of Vermont Chess Association, the state affiliate of the US Chess Federation.

In this workshop, Monty will help the participants become stronger players of chess. Every session of this workshop will have a short lecture followed by 60 minutes of closely supervised play.

MEETING: Tuesdays & Thursdays; 5:00 - 6:30pm
1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
LOCATION: CHT 107
INSTRUCTOR: Parker Montgomery  PRICE: $50.00

Chocolatiering for Crazy Kids

In this workshop, beginners will learn about the beauty of tempering chocolate and creating a hard shell to cocoon the soft ganache interior. We may even use transfer sheets!

MEETING: Saturday; 2:15 - 4:15pm
1/19
LOCATION: FRE 013
INSTRUCTOR: Emily Bogin  PRICE: $27.00

Clay: Throwing, Sculpting, Hand-building

Learn to work with clay using several different methods of building. Focus on slab building, wheel throwing, or sculpture. Group and individual instruction provided. All levels welcome: come if you have never thrown before or are looking for more advanced instruction!

MEETING: Wednesdays; 7:00 - 9:00pm
1/9; 1/16; 1/23; 1/30
LOCATION: Ceramics Studio
INSTRUCTOR: James Waters  PRICE: $60.00
Diane Ahn
**Cocoa Loco**

Box Office # 36

If you love chocolate (who doesn't?!) this is the workshop for you! The creators of "The World Is Your Muffintin" in 2011 and "Cookiemonsters" in 2012 are back. We'll be cooking a different chocolate-related creation each week--chocolate ginger chews, molten chocolate cake, and ganache are some examples. We will be using nuts, gluten, and other possible allergens.

**MEETING:** Mondays; 8:00 - 10:00pm  
1/7; 1/14; 1/21; 1/28  
**LOCATION:** ADK CLT  
**INSTRUCTOR:** Juliet Ryan-Davis  
**PRICE:** $57.00  
Bryan Holtzman

**College for Everyone?**

Box Office # 64

**Understanding and Addressing College Access Challenges for Today's Youth**

What does applying to college look like for students lacking the resources and support to navigate the complex process and paperwork? Given the economic climate and rising rates of tuition, some may even question whether the cost is worth the benefits. This workshop is designed to create dialogue to identify and explore the various challenges facing American youth today in applying for college. In addition to examining a variety of articles, documentaries, and personal perspectives on college access, we will also explore the concept of college-positive volunteerism (CVP) as a first step in addressing these challenges.

**MEETING:** Tuesdays; 8:00 - 9:00pm  
1/8; 1/15; 1/22; 1/29  
**LOCATION:** RCD B11  
**INSTRUCTOR:** Nestor Sanchez Martinez  
**PRICE:** $0.00

**Contradance 101**

Box Office # 81

*Contradance 101*

Mike Quinn will teach and call contra, square and circle dances to live music. This will cover traditional New England social dance from the 1600's to January 2012. All dances taught. Some will be ridiculously simple. Some will be intellectually demanding. This will be a hands on, physically active workshop. The tunes and histories of these dances will be discussed as will the finer points of graceful dancing. No experience necessary but experience will not be a handicap. Wear comfortable clothes and dance shoes. Student musicians are welcome to sit in. This workshop offers PE credit.

**MEETING:** Wednesdays; 7:00 - 9:00pm  
1/9; 1/16; 1/23; 1/30  
**LOCATION:** MCC FLOOR  
**INSTRUCTOR:** Mike Quinn  
**PRICE:** $30.00  
Linda Quinn; Lief Quinn

**Cooking Around the World**

Box Office # 22

**Cooking Around the World**

Come and try the different tastes of the world. We'll be exploring various regions from East to West Asia, Europe, and to the Americas! Each session, we'll be preparing a scrumptious three-course meal that reflects the region for that week. This workshop goes beyond simply eating delicious food as we will also be learning about the places from which our foods originate. All proceeds go to MAilt Cherokee Nation. Please note that there may be potential allergens present in this class. If you have a food allergy let the instructor know.

**MEETING:** Tuesdays; 6:30 - 8:00pm  
1/8; 1/15; 1/22; 1/29  
**LOCATION:** FRE 013  
**INSTRUCTOR:** Emily Hoang  
**PRICE:** $81.00  
Mika Tan
Cooking Seasonally

Ever bought fresh produce from the farmer's market but later realized you have no clue what to do with it? This workshop is about making the most of what's in season--using basic ingredients and simple cooking methods to concoct delectable fresh food feasts at any time of the year. Emphasis will be on cooking for one and storing leftover ingredients to use in a future recipe--what better way to prepare for the real world after Midd when we have to cook for ourselves and don't have unlimited access to buffet-style food? Since there are four weeks of this workshop and four seasons to the year, each week's recipes will focus on one season, incorporating ingredients that are abundant that time of year.

MEETING: Tuesdays & Thursdays; 7:00 - 9:00pm
1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
LOCATION: Gifford Basement Kitchen
INSTRUCTOR: Liia Koiv-Haus PRICE: $84.00

Cooking Thai Desserts and Snacks

In this work shop you will learn how to make Thai style desserts and snacks.

MEETING: Thursdays; 6:00 - 8:00pm
1/10; 1/17; 1/24; 1/31
LOCATION: COFFRIN ANNEX LNG
INSTRUCTOR: Poomirat Nawarat PRICE: $46.00

Creative Woodblock Prints

Woodblock prints make wonderful gifts and cards. After designing and carving wood blocks, students will print on Chinese and Japanese paper using watercolors instead of inks. This technique allows the print maker to express a wide range of colors and shadings along with the sharp lines and solidity that are characteristic of woodcuts. This class is for beginning or seasoned print makers.

MEETING: Tuesdays; 6:00 - 8:00pm
1/8; 1/15; 1/22; 1/29
LOCATION: 1 Mill Street
INSTRUCTOR: Ray Hudson PRICE: $118.00

* Cricket for the Curious

This workshop will teach you everything you wanted to know about the beautiful game of Cricket. We will go over rules, techniques and strategies about one of the most popular sports in the sub-continent and beyond. Our aim will be to familiarize people with the basic ways of the game, and have a proper cricket match at the end of the workshop! This workshop offers PE credit.

MEETING: Saturdays & Sundays; 11:00am - 1:00pm
1/12; 1/13; 1/19; 1/20; 1/26; 1/27
LOCATION: BBL TEN
INSTRUCTOR: Pramish Thapa PRICE: $30.00

Cupcake Warz

Do you like to bake? Do you enjoy competition? If you said yes to both, one, or none of these questions, come join Middlebury's first Cupcake Warz! Students will form small groups to bake cupcakes with surprise ingredients along the way. Cupcakes will be presented to and judged by celebrity guests from around campus (profs, Proctor crushing, etc.).

Let us eat cake!

MEETING: Sundays; 7:00 - 9:00pm
1/13; 1/20; 1/27
LOCATION: ADK CLT
INSTRUCTOR: Claudia Michelle Esteva PRICE: $23.00
Digital Photography
This class is for photographers at all levels. Basic techniques will be painlessly demystified. More advanced photographers will learn the use of digital photography for the creation of personally expressive works of art. Besides providing whatever technical instruction each student requires, student’s photographs will be given constructive feedback to better understand photography and how they can use it to create works of art. Beginners will be helped to understand and master their digital cameras to become extensions of their eyes and to produce digital photographs which they will learn to easily improve and creatively modify on their own personal computers. Students who already own a digital camera should bring their cameras to class.

MEETING: Saturdays; 10:00am - 12:00pm
1/12; 1/19; 1/26
LOCATION: Axinn 105
INSTRUCTOR: Neal & Elisabeth White PRICE: $67.00

Do-it-Yourself Self-Publishing
Have a book you wrote and want to hit the internet? Want to finally publish that screenplay you’ve spent many a hour in all those coffee shops typing? I will show you how to do it, you won’t believe how easy it is. This course will show you how to get something published and sold on Amazon.com, as well as how to create a Kindle version. So if you have a first draft completed, or staring at a blank word document page, come on down and learn how to get yourself out there.
NOTE: This is not a writing workshop, this is just about self publishing.

MEETING: Thursday; 4:30 - 6:00pm
1/10
LOCATION: RCD B11
INSTRUCTOR: Santiago Azpurua-Borras PRICE: $4.00

Extreme Abs
We will complete an abdominal and core workout in 30 minutes through a variety of strength training exercises. Variations available for intermediate to advanced participants. Expect a high intensity, abdominal toning and conditioning workout in every class and learn an array of core exercise techniques.

MEETING: Tuesdays & Thursdays; 5:45 - 6:15
1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
LOCATION: ATB A100
INSTRUCTOR: Allison MacKay PRICE: $31.00
Shannon Gair

* Figure Skating for Beginners
Come take advantage of Middlebury’s own Kenyon Arena and learn to skate! We have something for everyone, whether you’re looking to start skating backwards and learn tricks or just stand up. Instruction by members of the Figure Skating Club will center on the interests and ability of the group. Both figure skaters and hockey skaters are welcome; *please come with your own skates!* This workshop offers PE credit.

MEETING: Tuesdays & Thursdays; 12:30 - 1:30pm
1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
LOCATION: KENYON ARENA
INSTRUCTOR: Hilary Crew PRICE: $30.00
Todd Langstaff
**Finnish: The Language and Culture**  
We will learn the basics of a peculiar language, Finnish, which not only inspired Tolkien when creating Elvish, but has also captured the fascination of many linguistics by its odd origins. Finland is a small country with rich history, culture and tradition. Through watching films, eating traditional Finnish delicacies, storytelling and games, we will get a glimpse into the character of Finland; the last country in Europe to be converted into Christianity; the home of Nokia, sauna, and salty liquorice; the kingdom of heavy-metal fans, and the place where free health care and education are self-evident. This workshop will make you fall in love Finland.

**MEETING:** Tuesdays & Thursdays; Tuesdays: 6:30 - 7:15, Thursdays: 6:30 - 8:00pm  
**LOCATION:** ADK CLT  
**INSTRUCTOR:** Assi Askala  
**PRICE:** $67.00

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**First Aid/CPR**  
This is a two day weekend workshop for students wanting one PE credit. Class starts at 8:00 a.m. on Saturday and 9:00 a.m. on Sunday. The workshop covers:

- Day 1, First Aid: General Principals~ Medical Emergencies~ Injury Emergencies~ Environmental Emergencies  
- Day 2, CPR: This program is Basic Life Support CPR for Adult, Children and Infants. You will learn how to maintain an airway, compressions, Foreign Body Airway Obstruction and how to use an AED.

The purchase of books for this workshop is optional and is an additional $15.00 if you’d like to purchase one; they are available at the college bookstore. This workshop offers PE credit.

**MEETING:** Jan 19th (8:00 am start time) and 20th (9:00 am start time)  
**LOCATION:** Mitchell Green Lounge  
**INSTRUCTOR:** Ed Sullivan  
**PRICE:** $60.00

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**Flash Fiction: Reading and Writing the Very, Very Short Story**  
This class will expose participants to flash fiction, a modern and growing art form consisting of stories which are generally only several-hundred words long. We will read examples of flash fiction and work on techniques to create our own work, which will be shared with the class. This course will be a fresh and fun way for writers to develop their narrative skills over a short period of time, as well as learn about places to submit their works.

**MEETING:** Thursdays; 8:00 - 9:00pm  
1/10; 1/17; 1/24; 1/31  
**LOCATION:** CRH 005  
**INSTRUCTOR:** Dan Kugler  
**PRICE:** $10.00

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**Gardening 101: Planning for the Spring**  
We will move through a progression of spring planning, starting by talking about garden basics and eventually working on a plan for MCOF for the spring. We will also discuss the reflection garden, and will devote time after each gardening workshop to specifically design this space.

**MEETING:** Thursdays; 4:15 - 6:00pm  
1/10; 1/17; 1/24; 1/31  
**LOCATION:** AXN 220  
**INSTRUCTOR:** Sophie Esser-Calvi  
**PRICE:** $0.00
Hack Your Shirt!
Cut, dye, and bleach your old shirts into awesome creations! Bring your old t-shirts and we'll recreate them into a whole new wardrobe! Go retro with an off the shoulder look, get that ombré tone, personalize with markers, turn that stained shirt into something wearable again – with so many options, you'll want to bring extra shirts! This is a single session, two hour workshop. I have the stuff, you bring the clothes (though I'll have some spares). Wear something old – this could get messy. Don’t miss it!

MEETING: Saturday; 2:00 - 4:00pm
LOCATION: FRE BMT
INSTRUCTOR: Jessie Jerry PRICE: $13.00

How to Walk in Heels and Feel Fabulous
Have you ever wanted to rock the concrete pavement runway? Do you want to unleash your inner ELEGANZA? Then this is the workshop for you. With "Workin' It! RuPaul's Guide to Life, Liberty, and the Pursuit of Style," character development exercises, and years of experience sashaying down concrete runways, Davis Anderson will lead ladies, gentlemen, and gentle-ladies to optimal fierceness.

MEETING: Tuesdays; 5:00 - 6:30
1/8; 1/15; 1/22; 1/29
LOCATION: PRC BMT
INSTRUCTOR: Davis Anderson PRICE: $7.00

Hunter Education
Introduction to Hunter Education. Hunter safety, responsibility, outdoor safety, wildlife conservation. Final session will be held at the Vermont Conservation Camp Kehoe shooting range. Written examination for participants interested in earning their hunter education card.

MEETING: Tuesdays; 6:00 - 8:00pm
1/8; 1/15
LOCATION: MBH 219
INSTRUCTOR: Wendy Butler Steve Oster PRICE: $0.00

Hunter Education
Introduction to Hunter Education. Hunter safety, responsibility, outdoor safety, wildlife conservation. Final session will be held at the Vermont Conservation Camp Kehoe shooting range. Written examination for participants interested in earning their hunter education card.

MEETING: Thursdays; 6:00 - 8:00pm
1/10; 1/17
LOCATION: MBH 219
INSTRUCTOR: Wendy Butler Steve Oster PRICE: $0.00
Illuminated Lines: An Introduction into Portraiture through Printmaking  Box Office # 41

This workshop is designed for students with and without any experience in drawing or printmaking. Focusing primarily on portraiture, students will learn how to easily make portraits or self-portraits through printmaking. The shape, thickness, movement, and importance of lines in printmaking will be explored. Students will make up to three miniature portraits.

MEETING: Tuesdays & Thursdays; 5:00 - 6:00pm
    1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
LOCATION: MBH 331
INSTRUCTOR: Tamir Williams PRICE: $60.00

Intermediate Ice Climbing  Box Office # 57

Already have ice climbing experience? Looking to ascend multipitch routes or work on steep ice and mixed climbing techniques? This is the workshop for you! Prerequisites: Introduction to Ice Climbing or equivalent experience and instructor permission. Contact ddoucet@middlebury.edu with questions. This workshop offers PE credit.

MEETING: all day
    1/20
LOCATION: TBA
INSTRUCTOR: Derek Doucet PRICE: $75.00

Introduction to Brazilian Jiu-jitsu  Box Office # 82

This workshop will cover the basic techniques and positions of the martial art of Brazilian Jiu-jitsu, as well as training theory and history. Led by a certified Jiu-jitsu instructor. This workshop offers PE credit.

MEETING: Tuesdays & Thursdays; 6:00 - 7:30
    1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
LOCATION: FRE BMT
INSTRUCTOR: Craig MacDonald PRICE: $30.00

Introduction to Dog Sledding  Box Office # 55

Introduction to Dog Sledding  This 2-night trip provides a fun and exciting introduction to the world of dog sledding. Participants learn the art, skill and magic of this wonderful winter sport. Explore the winter landscapes of Maine and/or New Hampshire, while trying your hand at driving actual sleds and dog teams! Overnights spent in a fully heated hostel. No experience is necessary. Course dates: Depart campus afternoon of Friday, 1/18. Sledding days are 1/19 & 20. Return to camps the evening of 1/20. Course fee $250 (includes all instruction, transportation and lodging in hostel; participants responsible for meals). This workshop offers PE credit.

MEETING: Friday 1/18 departure, returning Sunday 1/20
LOCATION: Off Campus
INSTRUCTOR: Derek Doucet PRICE: $250.00

Introduction to Greek  Box Office # 31

Have you ever wanted to learn the Greek language? Learn some cool words others than "opa" and "spanakopita?" Then this workshop is for you! Come and learn the basics of Modern Greek.

MEETING: Tuesdays & Thursdays; 5:00 - 6:00pm
    1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31
LOCATION: AXN 104
INSTRUCTOR: Eleni Polychroniadou Ioannis Kipouros
PRICE: $46.00
* **Introduction to Ice Climbing**

Armed with crampons, ice tools and a helmet, you will learn the slippery skills needed to climb frozen waterfalls. Our first class session, held at the Nelson Climbing Wall, will cover basic rope work, as well as equipment and clothing selection. We’ll then venture out to a climbing site in the Adirondacks or Green Mountains for a full day of real ice climbing. No experience is required, and all technical equipment is provided. This workshop offers PE credit.

**MEETING:** All participants MUST choose a section: Section A: 1/9, 4:30-6:30pm, Nelson Climbing Wall; 1/12, 8:00am-5:00pm Section B: 1/9, 4:30-6:30pm, Nelson Climbing Wall; 1/13, 8:00am-5:00pm Section C: 1/16, 4:30-6:30pm, Nelson Climbing Wall; 1/19, 8:00am-5:00pm

**LOCATION:** TBA

**INSTRUCTOR:** Derek Doucet  **PRICE:** $60.00

* **Introduction to Korean Language and Culture**

안녕하세요! (Hello!) Do you want to learn about this interesting character 옷, which actually is a word for clothing? What is the PSY guy actually singing about in Gangnam Style? How about a discussion on North Korea to study the differences between the two Koreas? Maybe you are tired of the noodles from noodle nights, and would like to cook and try some other Korean foods. This workshop is to welcome you to Korean language and culture, including the following activities: classes on how to read and write Korean alphabets, weekly language table to practice Korean phrases, a screening on North Korea, and cooking sessions.

**MEETING:** Tuesdays, Thursdays, Saturdays  
*Note:* Tu & Th: 6:00 - 7:00pm; Sa: 6:00 - 8:00pm  
1/8; 1/12; 1/15; 1/17; 1/22; 1/26; 1/29; 1/31

**LOCATION:** Tu & Th: GFD LCT; Sa: FRE 013

**INSTRUCTOR:** Eun-Ah Choi  **PRICE:** $25.00

* **Introduction to Mindfulness Meditation**

Did the Dalai Lama’s visit pique your curiosity about meditation? Then come meditate with us! This class will offer a guided meditation for newcomers (or experienced practitioners who want a group setting!) based off of the Tibetan Buddhist tradition and John Kabat Zinn's Mindfulness Based Stress Reduction Program. We will start with shorter time periods of meditation, and then gradually add time as our focusing abilities improve! This workshop offers PE credit.

**MEETING:** Mondays & Thursdays; M: 5:30 - 6:30pm; Th: 4:30 - 5:30pm  
1/7; 1/10; 1/14; 1/17; 1/21; 1/24; 1/28; 1/31

**LOCATION:** MCC M GRN LNG

**INSTRUCTOR:** Shannon Gair  **PRICE:** $30.00

* **Introductory Exploration of Qigong**

Qigong (sometimes spelled Chi Kung) is a practice of dynamic meditation that has existed for over 5000 years as a core element of Traditional Chinese Medicine. In Chinese, "qi" means living energy, and "gong" means skill or method, thus Qigong is the skill of cultivating life energy. Qigong combines graceful movements with mental concentration and breathing to revitalize the body's natural healing energy. It is practiced ubiquitously in Chinese Medicine to treat all sorts of illnesses and promote a balanced, peaceful, stress free, and contented life. In this workshop, we shall provide a basic introduction to the healing philosophy behind Qigong and explore some introductory Qigong movements and routines that can easily be integrated into everyday life. Participants should bring their own mats.

**MEETING:** Wednesdays; 5:30 - 6:30pm  
1/9; 1/16; 1/23; 1/30

**LOCATION:** MCA 109

**INSTRUCTOR:** Andrew DesBois  **PRICE:** $9.00
**Introductory Fencing**

This workshop is ideal for students with little or no previous experience who would like to learn how to fence (that’s sword fighting for those unfamiliar with the sport). Over the course of the workshop students will learn basic footwork and blade technique before moving on to actual fencing matches. In addition to group practices, you’ll have the opportunity to get private lessons from veteran members of the fencing club.

**Meeting:** Mondays & Thursdays; 7:00 - 8:00pm  
1/7; 1/10; 1/14; 1/17; 1/21; 1/24; 1/28; 1/31  
**Location:** PRC BMT  
**Instructor:** Clark Hatheway  
**Price:** $44.00

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**Jewelry Making: Basic Beaded Earrings**

With basic supplies and knowledge of a few simple tools, making earrings for both yourself and as gifts is fun and rewarding. Using a variety of materials including semiprecious gemstones, glass beads, pearls, and sterling silver components and wire, in this workshop we will explore fundamental earring making techniques. Participants will make several pair of earrings in class as well as leave with a set of jewelers pliers and enough beads and parts to make several more pair of earrings at home. No prior jewelry making experience is required.

**Meeting:** Saturday; 9:00am - 12:00pm  
1/12  
**Location:** MCC Crest Room  
**Instructor:** Meg Madden  
**Price:** $64.00

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**Jump!**

This workshop will help you develop cardiovascular fitness while having fun! We will learn and practice basic individual jump rope skills, the Chinese wheel, and long rope skills including double dutch. You do not need any previous experience to take this workshop. Come jump your way to fitness while listening to great music! This workshop offers PE credit.

**Meeting:** Mondays & Wednesdays; 5:00 - 6:00pm  
1/7; 1/9; 1/14; 1/16; 1/21; 1/23; 1/28; 1/30  
**Location:** MCC Floor  
**Instructor:** Brook Escobedo  
**Price:** $30.00

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**Latin Dance**

A dance workshop covering a broad range of Latin dances. We will cover Bachata, Merengue, Salsa, Cha Cha, Rhumba and Samba. This workshop will provide introductions to each of these dances. This workshop offers PE credit.

**Meeting:** Mondays & Wednesdays; 6:00 - 7:30pm  
1/7; 1/9; 1/14; 1/16; 1/21; 1/23; 1/28; 1/30  
**Location:** ADK CLT  
**Instructor:** Preston Peralta  
**Price:** $30.00
* Learn to Play (Women's) Rugby  
Box Office # 51
Still looking for your niche here at Middlebury? Played sports in high school and want to continue at the college, without the commitment of a varsity-level sport? Want to learn a new, up and coming sport? Just want to have some fun this J-term and get in a good work out while you're at it? Come learn how to play rugby with the Middlebury College Women's Rugby team! We'll teach you the basic rules, how to pass, and how to enjoy this awesome game as much as we do. You do not have to have had any experience playing rugby before (none of us did), nor do you have to be a member of the team. You also are not committing to playing for us during our regular season - we simply love this sport, and we want to share that love with others. You'll learn from a team that has made it to league playoffs every year for (at least) the past 4 years. So come down to Kenyon and learn this amazing, world-unifying game! (We will not be tackling during this workshop, so have no fear!) This workshop offers PE credit.

MEETING: Mondays & Wednesdays; 7:30 - 9:00pm  
1/7; 1/9; 1/14; 1/16; 1/21; 1/23; 1/28; 1/30
LOCATION: Nelson Multi-Use Area
INSTRUCTOR: K.O. Onufry  
PRICE: $30.00

Leveraging Middlebury's Resources  
Box Office # 63
Education in Action (EIA) four-part workshop series. The first meeting will be a general overview of Middlebury resources for funding and opportunities, how to access them and apply. Geared toward First-years and Sophomores. The second meeting will cover best practices for applying, who on campus is available to help, and your specific questions. The third meeting will be an overview of postgraduate and fellowship opportunities geared toward Juniors and Seniors. The fourth meeting will continue the fellowships discussion with proposal writing and development. All students, staff and faculty are welcome to attend one or all of the individual workshops.

MEETING: Thursdays; 4:15 - 5:15pm  
1/10; 1/17; 1/24; 1/31
LOCATION: HLD 103
INSTRUCTOR: Colleen Norden PRICE: $0.00  
Amy Gibans McGlashan

* Log Rolling  
Box Office # 54
The sport of log rolling grew out of the logging industry which established itself in the early 1800’s. Using rivers like highways, loggers moved 100’s of thousands of logs during the spring melt when river water was high and fast. Log jams were common, and loggers were forced to run out over floating logs to release the jams, requiring bravery, strength, agility and balance. When the drives ended, loggers celebrated in friendly competitions, pitting their consummate rolling skills in fun, safe log rolling contests. Today, log rolling students and competitors roll on milled logs in pools and lakes, and the sport still challenges and improves strength, balance, agility and mental toughness. Earn PE credit rolling in a safe atmosphere that encourages fun and friendly competition.

MEETING: Wednesdays & Thursdays; 6:45 - 8:15pm  
1/9; 1/10; 1/16; 1/17; 1/23; 1/24; 1/30; 1/31
LOCATION: KYN NAT
INSTRUCTOR: Danielle Rougeau  
Leah Robinson  
PRICE: $55.00
Both

INSTRUCTOR:

LOCATION:

MEETING:

your

presentation,

Mixed

INSTRUCTOR:

LOCATION:

MEETING:

1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31

INSTRUCTOR: Mitchell Parrish

PRICE: $40.00

Middlebury: The Gathering

A Course in Magic: The Gathering

Vampires, Elves, Dragons and Demons - Oh my! Come join and learn to play Magic: The Gathering trading card game. Starting in 1993, Magic has you managing "mana" to summon creatures, casting spells, and generally trying to outwit your opponents. The game is highly customizable to fit all play styles and tastes. The workshop is open for everyone: from people to have never seen a Magic card before to seasoned veterans. Come join as you open some new cards, learn the basics, some advanced strategies, get help building your deck and play with some new friends in a casual, low pressure environment. At the end of the workshop, we will host a "draft" tournament putting your newly acquired skills to the test.

MEETING: Tuesdays; 5:00 - 6:00pm

1/8; 1/15; 1/22; 1/29

LOCATION: RCD B11

INSTRUCTOR: Santiago Azpurua-Borras

PRICE: $41.00

Mixed Level Silver Jewelry

This course provides the fundamental techniques for the design and creation of hand crafted silver jewelry. Students will learn to cut, forge, form, texture, and polish metal. Through weekly demonstrations students will learn the principles of piercing, filing, soldering, and buffing. Students should come with several simple ideas for pieces they would like to make. All tools and materials provided.

MEETING: Thursdays; 6:00 - 8:00pm

1/10; 1/17; 1/24; 1/31

LOCATION: 1 Mill Street

INSTRUCTOR: Barbara Nelson

PRICE: $108.00

Monday Evening Wheel for Beginners

This class will focus on learning to center clay and throw on the potter's wheel. Students will learn how to make simple bowls and plates. Students will learn about trimming their pieces and glazing.

MEETING: Mondays; 6:30 - 9:00pm

1/7; 1/14; 1/21; 1/28

LOCATION: 1 Mill Street

INSTRUCTOR: Stacey Stanhope

PRICE: $113.00
**Playback Theatre**  
Box Office # 3

Do you like listening to stories? Do you like performing? Do you like to give back to the community you are in? Playback theatre is an interactive, improvisational theatre where real stories from the audience get ‘played back’ on stage. By having the story re-interpreted and acted out both literally and in abstract forms, the teller of the story gets honored in a very intimate atmosphere. We will start off by performing stories amongst ourselves, then eventually do a community service performance in town. You don’t have to be a good actor; first-time performers are welcome! Just come with a warm heart to listen and an open mind to experiment.

**MEETING:** Mondays & Wednesdays; 4:30 - 6:00pm  
1/7; 1/9; 1/14; 1/16; 1/21; 1/23; 1/28; 1/30

**LOCATION:** AXN 109

**INSTRUCTOR:** Sumire Doi  
**PRICE:** $15.00

* **RIDDIM Dance Workshop**  
Box Office # 24

The RIDDIM Workshop is open to anyone who loves to dance. Hour-long classes will be held twice per week. Each class will be taught by a different member of Riddim. We will teach many different many styles, such as hip-hop, jazz, lyrical, funk, contemporary, Latin, African, Bollywood, etc. No previous dance experience required. This workshop offers PE credit.

**MEETING:** Mondays & Wednesdays; 6:00 - 7:00pm  
1/7; 1/9; 1/14; 1/16; 1/21; 1/23; 1/28; 1/30

**LOCATION:** Monday: MCC FLOOR, Wednesday: PRC BMT

**INSTRUCTOR:** Julianna Mauroliello  
**PRICE:** $30.00

Isabella Tudisco-Sadacca; Kendrick Campbell; Cameron McKinney; Kelsanah Wade; Marea Columbo; Meredith White; Rachel Nunez

**Riding the Dragon: Understanding and Utilizing the Yi Jing**  
Box Office # 84

Join us for four special classes with Chris Kiely, licensed acupuncturist and owner of the Falling Water School of Tai Chi Chuan, and John Wetzel, owner of the Stone Leaf Teahouse, as we explore the cross section between the wisdom of the Yi Jing, the discipline of self-cultivation, and the art of tea. The Yi Jing (or Change Classic) is one of the oldest books in the Chinese language and the primary source of the system of logic known as the “dao of yin and yang.” Rich in history, imagery, poetry, and philosophy, the Yi Jing has been used for centuries as a means to knowledge of the self and as a tool for making difficult decisions. Using the aesthetic and energetic qualities of fine tea to prep our minds for the journey, we will dive deep into the lore of Chinese Medicine and the art of divination to see what we can learn about living strong in the modern world.

**MEETING:** Mondays; 7:30 - 9:00pm  
1/7; 1/14; 1/21; 1/28

**LOCATION:** Stone Leaf Teahouse

**INSTRUCTOR:** Chris Kiely  
**PRICE:** $59.00

John Wetzel

**Sassy Spinning #1**  
Box Office # 33

Spin off your extra insulation this winter with Sara and Jenna's heart-pumping rides! Enjoy electrifying music in an invigorating atmosphere with two experienced, certified spin enthusiasts. We'll feature themed rides and a great escape from the winter blues. No experience necessary!

**MEETING:** Tuesdays, Sundays; Tu: 6:00 - 7:00pm; Su: 5:00 - 6:00pm  
1/8; 1/13; 1/15; 1/20; 1/22; 1/27; 1/29

**LOCATION:** Spin Room

**INSTRUCTOR:** Jenna Reichenbach  
**PRICE:** $42.00

Sara Rosenband
**Sassy Spinning #2**

Spin off your extra insulation this winter with Sara and Jenna's heart-pumping rides! Enjoy electrifying music in an invigorating atmosphere with two experienced, certified spin enthusiasts. We'll feature themed rides and a great escape from the winter blues. No experience necessary!

**MEETING:** Thursdays, Sundays; Th: 6:00 - 7:00pm; Su: 6:00 - 7:00pm
1/10; 1/13; 1/17; 1/20; 1/24; 1/27; 1/31

**LOCATION:** Spin Room

**INSTRUCTOR:** Jenna Reichenbach

**PRICE:** $42.00

**Sara Rosenband**

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**SELF DEFENSE or R.A.D. (Rape Aggression Defense)**

This workshop is designed to develop and enhance the options of self-defense so they may become viable considerations to the woman who is attacked. Risk reduction techniques are examined, followed by the introduction of practical self-defense tactics. The workshop will conclude with an optional simulation. (All classes must be attended to complete the program and receive one P.E. credit. Open to women only)

**MEETING:** Wednesdays & Thursdays; 5:00 - 7:00pm
1/9; 1/10; 1/16; 1/17; 1/23; 1/24

**LOCATION:** SDL IL2

**INSTRUCTOR:** Dan Gaiotti

**PRICE:** $30.00

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**Sharing Bravery Through Stories:**

**Learning to Self-Express through Spoken Word and Rap**

Students will learn how to write their own Spoken Word poetry and Rap verses as well as how to perform it. Students will discuss and dialogue about what real Hip Hop is and break misconceptions about the culture. We believe that it is important to overcome stereotypes through open dialogue about the culture and history of Hip Hop as well as Spoken Word. We also believe that self-expression through the arts is a powerful way to improve self-awareness, combat insecurity and truly discover oneself. By the end of the workshop, students will have a portfolio of multiple spoken word pieces as well as rap verses/songs and will also have performed multiple times throughout Winter Term.

**MEETING:** Tuesdays & Thursdays; 4:30 - 5:30pm
1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31

**LOCATION:** CHT 005

**INSTRUCTOR:** Debanjan Roychoudhury

**PRICE:** $37.00

Cheswayo Mphanza

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**Stay Young Stay Healthy with Traditional Thai Massage & Spa**

Traditional Thai Massage has been practiced for over 1,000 years. It's a member of oriental body work which is based on the intrinsic energy flow and balance theory of health and healing. The secret of massage is that you enable, press and massage your muscles to balance energy levels which effects flexibility and equalizes, which are the basic uses of yoga. You can massage yourself, family and friends from the face to tip of their toes to stay young and healthy. It makes you rest and relax which is a wonderful way of calming the mind and body without using drugs. This workshop offers PE credit.

**MEETING:** Wednesdays; 5:30 - 7:30pm
1/9; 1/16; 1/23; 1/30

**LOCATION:** Axinn 220

**INSTRUCTOR:** Naiyana Jordan

**PRICE:** $30.00
**Synchronized Swimming**

Synchronized Swimming, also known as "water ballet," is a hybrid form of swimming, dance and gymnastics. In this workshop, on top of improving swimming techniques, you will be able to acquire some basic skills of synchronized swimming, including back layout, front layout, lifting, ballet leg, etc. At the end of the workshop, you should be able to complete a piece of performance consisting of basic synchronized swimming strokes with self-selected music. Basic swimming skills are recommended but not required. Feel free to join even if you are not a strong swimmer. This workshop offers PE credit.

**MEETING:** Sundays & Saturdays 3:00 - 5:00pm; Wednesdays 7:00 - 8:15pm; Sundays & Saturdays 3:00 - 5:00pm; Wednesdays 7:00 - 8:15pm  
**1/9; 1/12; 1/13; 1/16; 1/19; 1/20; 1/23; 1/27; 1/30**

**LOCATION:** KYN NAT

**INSTRUCTOR:** Yuexin Zeng  
**PRICE:** $30.00

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**Tap Dancing**

Come take tap dancing lessons with members of On Tap! Each rehearsal will begin with a group warmup to be followed by technique lessons by level. We will experiment with improvisation and learn choreography to perform at the end of the term. Lessons are open to all levels and shoes are provided. This workshop offers PE credit.

**MEETING:** Tuesdays & Thursdays (Please note that one class will be held on Monday 1/14 to replace Thursday 1/17); 7:00 - 8:00 PM  
**1/8; 1/10; 1/14; 1/15; 1/22; 1/24; 1/29; 1/31**

**LOCATION:** MCC Floor

**INSTRUCTOR:** Hanna Howell  
**PRICE:** $30.00  
Carilee James, Hannah Stork

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**Technical Analysis of the Financial Markets**

An introduction to market mechanics, sentiment analysis, and charting of liquid financial securities. The material covered will range from elementary auction market theory, to market sentimental inference, and how to derive trading decisions from basic techniques in candlestick charting. Consists of 6 lectures and 2 "labs," where the material will be applied to current markets.

**MEETING:** Tuesdays & Thursdays; 8:00 - 9:00pm  
**1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31**

**LOCATION:** Warner 202

**INSTRUCTOR:** Brandon Henry  
**PRICE:** $23.00

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**Tone of the Gods: Building Custom Guitar Pedals**

In this workshop, you will learn how to dream up, design, and build an indestructible guitar pedal to your liking. We'll also learn about the electronics of the various types of guitar pedals (i.e. phaser vs. tremolo) and why boutique pedals are so special (or not). After the workshop, each person will build and take home his/her customized version of the legendary and immortal Ibanez TS9 Tubescreamer. We welcome all skill levels of guitarists and anyone else that is interested!

**MEETING:** Sundays; 7:00 - 9:00pm  
**1/13; 1/20; 1/27**

**LOCATION:** MBH 303

**INSTRUCTOR:** Jake Nonweiler  
**PRICE:** $123.00
**Water Polo Workshop**

Come learn how to play that sport you've seen once or twice in the Olympics! We don't have underwater cameras but we do have a lot of fun. This class is for people of any skill level. We will teach you everything from the basics of treading water to offensive and defensive strategies during games. If you enjoy swimming or just playing around in the water, this class is for you. It is taught by the members of the Middlebury Women’s Water Polo Team. This workshop offers PE credit.

**Meeting:** Tuesdays & Thursdays; 7:00 - 8:00pm  
1/8; 1/10; 1/15; 1/17; 1/22; 1/24; 1/29; 1/31  
**Location:** Kenyon Natatorium  
**Instructor:** Olivia Noble  
**Price:** $30.00  
Amanda Mulligan

**Watercolors Still Life and Floral**

We will be exploring texture and composition within still lives as well as the beauty of florals. Class will focus on color mixing and basic techniques of applying paint to create your most successful watercolor yet!

**Meeting:** Wednesdays; 6:00 - 8:00pm  
1/9; 1/16; 1/23; 1/30  
**Location:** 1 Mill Street  
**Instructor:** Retha Boles  
**Price:** $108.00

**Weds. Evening Int. to Advanced Throwing**

The class is designed for students who already know how to center and throw and want to learn something more. Students will focus on one form like: bowls, cups, and plates, and make variations of that form. Several altering techniques will be demonstrated. Appendages such as handles, feet, and spouts will be considered in relation to form and function.

**Meeting:** Wednesdays; 6:30 - 9:00pm  
1/9; 1/16; 1/23; 1/30  
**Location:** 1 Mill Street  
**Instructor:** Stacey Stanhope  
**Price:** $113.00

**Wrap 1-2-3-4 Bracelet #1**

Have you seen the latest rage - the leather wrap bracelet - but not been able to pay $200-$300? Take this workshop and make your own and then make them as gifts!

**Meeting:** Thursday; 5:00 - 7:00pm  
1/10  
**Location:** McCullough Crest  
**Instructor:** Cheryl Burnham  
**Price:** $29.00

**Wrap 1-2-3-4 Bracelet #2**

Have you seen the latest rage - the leather wrap bracelet - but not been able to pay $200-$300? Take this workshop and make your own and then make them as gifts!

**Meeting:** Tuesday; 5:00 - 7:00pm  
1/15  
**Location:** McCullough Crest  
**Instructor:** Cheryl Burnham  
**Price:** $29.00
Wrap 1-2-3-4 Bracelet #3
Have you seen the latest rage - the leather wrap bracelet - but not been able to pay $200-$300? Take this workshop and make your own and then make them as gifts!

MEETING: Saturday; 1:00 - 3:00pm
LOCATION: McCullough Crest
INSTRUCTOR: Cheryl Burnham
PRICE: $29.00

Wrap 1-2-3-4 Bracelet #4
Have you seen the latest rage - the leather wrap bracelet - but not been able to pay $200-$300? Take this workshop and make your own and then make them as gifts!

MEETING: Thursday; 5:00 - 7:00pm
LOCATION: McCullough Crest
INSTRUCTOR: Cheryl Burnham
PRICE: $29.00

Yoga for Tranquility And Joy
This general/beginner level yoga class is based upon the teachings of BKS Iyengar, the originator of Iyengar style yoga, a type of Hatha yoga. Balanced postural alignments, balanced muscular action, flexibility, strength and an integration of body, mind and spirit are the hallmarks of this style. Results for students may include: increased ability to focus and prioritize, vacation from academic stress and emotional and psychic regeneration and release. Re-connect with your body and your breath! All are welcome. Please bring your own mat. Kate Schmitt has taught yoga for 17 years. Her main sources of inspiration are BKS Iyengar and senior instructors in the Iyengar style, as well as Kundalini yoga as taught by Yogi Bhajan. Compassion, joy, and a sense of humor mark her teaching style. Participants should bring their own mats, and blocks if possible.

MEETING: Mondays; 4:30 - 5:45pm
LOCATION: Pearsons Lounge
INSTRUCTOR: Kate Schmitt
PRICE: $16.00