

Martin Seehuus
Curriculum Vitae
Updated March 2022

Middlebury College
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Academic Appointments

- 2018-Present Assistant Professor of Psychology, Middlebury College, Middlebury, VT
2018-Present Clinical Educator, University of Vermont, Burlington, VT
2015-2018 Adjunct Assistant Research Professor, University of Rochester Medical Center, Rochester, NY
2015-2018 Visiting Assistant Professor of Psychology, Middlebury College, Middlebury, VT

Education

- Ph.D. Clinical Psychology, University of Vermont (A.P.A. Accredited), 2015
Internship University of Rochester Medical Center (A.P.A. Accredited), 2015
M.A. Psychology (Research), The New School for Social Research, 2009
M.B.A. Information Management and Strategy, University of Pittsburgh, 1997
M.A. Psychology (Existential Phenomenological), Duquesne University, 1995
B.S. Economics and Psychology, University of Tennessee at Chattanooga, 1993

Peer-reviewed publications

* *Middlebury student co-author(s)*

- 2021 **Seehuus, M.** & Peisch, V. (2021). College Student Mental Health: For Whom Does Therapy Work? *Clinical Psychology: Science and Practice*.
- Wang, K., Goldenberg, A., Dorison, C., Miller, J., Uusberg, A., ...**Seehuus, M.**, ...Monshontz, H. (2021) A Multi-country test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour*.
- Seehuus, M.**, Handy, A. & Stanton, A. (2021). Change in the popularity of transgressive content in written erotica between 2000 and 2016. *The Journal of Sex Research*.
- * **Seehuus, M.**, Stanton, A.M., Handy, A.B., *Haik, A.K., *Gorman, R., & Clifton, J.C. (2021) Impact of COVID-19 predicts perceived risk more strongly than known risk factors. *Journal of Psychosomatic Research*.

- Seehuus, M.**, Moeller, R. & Peisch, V. (2021). Gender effects on mental health symptoms and treatment in college students. *Journal of American College Health*.
- Jones, B., DeBruine, L., Flake, J., Aczel, B., Adamkovic, M., ... **Seehuus, M.**, ... Chartier, C. (2021). To Which world regions does the valence-dominance model of social perception apply? *Nature Human Behaviour*.
- 2020 * Moeller, R., **Seehuus, M.**, *Simonds, J., *Lorton, E., *Smith-Randle, T., *Richter, C.R. & Peisch, V. (2020) The Differential role of coping, physical activity, and mindfulness in college student adjustment. *Frontiers in Psychology*.
- Clifton, J., Parent, J., **Seehuus, M.**, Worrall, G., Forehand, R. & Domar, A. (2020) An internet-based mind/body intervention to mitigate distress in women experiencing infertility: A Randomized pilot trial. *PLoS O.N.E.*
- Moeller, R., **Seehuus, M.**, & Peisch, V. (2020) Emotional intelligence, belongingness, and mental health in college students. *Frontiers in Psychology*.
- * Moeller, R., **Seehuus, M.**, *Wahl, L. & *Gratch, I. (2020). Use of PrEP, sexual behaviors, and mental health correlates in a sample of gay, bisexual and other men who have sex with men. *Journal of Gay & Lesbian Mental Health*.
- Clifton, J., **Seehuus, M.**, Parent, J., Pichler, E. & Fondacaro, K. (2020). Emotional responding: Integration of multiple constructs and association with psychological health. *Journal of Clinical Psychology*.
- 2019 Wanna, C., **Seehuus, M.**, Mazzulla, E. & Fondacaro, K. (2019). A House is not a home: Modelling the effects of pre-migration and post-migration factors within resettled refugee populations. *Journal of Community Psychology*.
- Moeller, R.W., **Seehuus, M.** (2019). Loneliness as a mediator for college students' social skills and experiences of depression and anxiety. *Journal of Adolescence*.
- Seehuus, M.**, Stanton, A., Handy, A. (2019). On the content of real-world sexual fantasy: Results from a massive online study. *Archives of Sexual Behavior*.
- 2018 **Seehuus, M.** & Pigeon, W. (2018). The Sleep and Sex Survey: Relationships Between Sexual Function and Sleep. *Journal of Psychosomatic Research*.
- Bird, E. R., **Seehuus, M.**, Heiman, J. R., Davis, K. C., Norris, J., & George, W. H. (2017). Sexual vs. Nonsexual currently most upsetting trauma: a fresh look at attenuation of sexual response, alcohol intoxication, and post-traumatic stress. *The Journal of Sex Research*.

- 2017 Parent, J., Forehand, R., Pomerantz, H., Peisch, V., & **Seehuus, M.** (2017). Father participation in child psychopathology research. *Journal of Abnormal Child Psychology*.
- 2016 Brassel, A., Rosenberg, E., Parent, J., Rough, J., Fondacaro, K., & **Seehuus, M.** (2016) Parent's psychological flexibility: Associations with parenting and child psychosocial well-being. *Journal of Contextual and Behavioral Sciences*.
- 2015 Pigeon, W., Heffner, K., Crean, H., Gallegos, A., Walsh, P., **Seehuus, M.**, & Cerulli, C. (2015) Responding to the need for sleep amongst survivors of interpersonal violence: A Randomized control trial of a cognitive-behavioral insomnia intervention followed by PTSD treatment. *Contemporary Clinical Trials*.
- Yurcheshen, M., **Seehuus, M.**, & Pigeon, W. (2015). Updates on Nutraceutical Sleep Therapeutics and Investigational Research. *Evidence-Based Complementary and Alternative Medicine*.
- Clifton, J., **Seehuus, M.**, & Rellini, A. (2015). Testing cognitive predictors of individual differences in the sexual psychophysiological responses of sexually functional women. *Psychophysiology*.
- Seehuus, M.**, Clifton, J. & Rellini, A. (2015). The role of family environment and multiple forms of childhood abuse in the shaping of sexual function and satisfaction in women. *Archives of Sexual Behavior*.
- 2014 Parent, J., Forehand, R., Dunbar, J., Watson, K., Reising, M., **Seehuus, M.** & Compas, B. (2014). Parent and adolescent reports of parenting when a parent has a history of depression: Associations with direct observations of parenting. *Journal of Abnormal Child Psychology*.
- Bird, L., **Seehuus, M.**, Clifton, J. & Rellini, A. (2014). Dissociation during sex and sexual functioning in women with and without a history of childhood sexual abuse. *Archives of Sexual Behavior*.
- 2013 **Seehuus, M.** & Rellini, A. (2013). Gender differences in the relationship between sexual satisfaction and propensity for risky sexual behavior. *Sexual and Relationship Therapy*.
- 2009 Leiblum, S. R., & **Seehuus, M.** (2009). FSFI scores of women with Persistent Genital Arousal Disorder compared with published scores of women with Female Sexual Arousal Disorder and healthy controls. *Journal of Sexual Medicine*.

- 2008 Leiblum, S. R., Schnall, E., **Seehuus, M.**, & DeMaria, A. (2008). To BATHE or not to BATHE: Patient satisfaction with visits to their family physician. *Family Medicine*.
- 2007 Leiblum, S., **Seehuus, M.**, Goldmeier, D., & Brown, C. (2007). Psychological, medical, and pharmacological correlates of Persistent Genital Arousal Disorder. *Journal of Sexual Medicine*.
- Leiblum, S., **Seehuus, M.**, & Brown, C. (2007). Persistent genital arousal: Disordered or normative aspect of female sexual response? *Journal of Sexual Medicine*.

Publications under review

* *Middlebury student co-author(s)*

Legate, N., Nguyen, T., Moller, A., Legault, L., Weinstein, N., ...**Seehuus, M.**, ...Chartier, C. (under review). *Effect of communication styles on motivation to follow versus defy social- distancing guidelines during the COVID- 19 pandemic*.

Conference proceedings

* *Middlebury student co-author(s)*

- 2022 * *Connor, B., Moeller, R. W., & Seehuus, M. O. (2022, Spring). *Changes in college student mental health over time*. Eastern Psychological Association. New York, NY: Eastern Psychological Association.
- * *Lawrence, P., Moeller, R. W., & Seehuus, M. O. (2022, Spring). *Differences in social skills between college first years and seniors*. Eastern Psychological Association. New York: Eastern Psychological Association.
- * Moeller, R. W., Seehuus, M. O., & *Khodakhah, D. (2022, Spring). *Loneliness and mental health of college students during the COVID-19 pandemic*. Eastern Psychological Association. New York, NY: Eastern Psychological Association.
- * *Olson, T., Moeller, R. W., & Seehuus, M. O. (2022, Spring). *Differential effects of COVID-19 isolation on athletes vs. non-athletes*. Eastern Psychological Association. New York, NY: Eastern Psychological Association.
- 2021 * *Rodriguez, E., *Fray-Witzer, M., *Rieur, O., *Lander, M., *Pogue, T. & **Seehuus, M.** (2021, May) *Napping behavior and mental health in college students*. Poster presented at the annual meeting of the Association for Psychological Science (virtual).

- * *Rieur, O., *Rodriguez, E., *Fray-Witzer, M., *Pogue, T., *Lander, M. & **Seehuus, M.** (2021, May) *The Relationship between conscientiousness and depression is partially mediated (and suppressed) by total sleep time.* Poster presented at the annual meeting of the Association for Psychological Science (virtual).
 - * *Lander, M., *Pogue, T., *Rodriguez, E., *Fray-Witzer, M., *Rieur, O. & **Seehuus, M.** (2021, May) *On vs. off-campus living, personality and mental health in college students during the COVID pandemic.* Poster presented at the annual meeting of the Association for Psychological Science (virtual).
 - * *Fray-Witzer, M., *Lander, M., *Pogue, T., *Rieur, O., *Rodriguez, E. & **Seehuus, M.** (2021, May) *Anxiety as a mediator between anxiety sensitivity and sleep fragmentation.* Poster presented at the annual meeting of the Association for Psychological Science (virtual).
- 2020 * *Haik, A. & **Seehuus, M.** (2020, May). *Third-party perceptions of infidelity changed based on the gender of the cheater and the type of infidelity: Using same-sex couple vignettes.* Poster to have been presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Seehuus, M.** & Moeller, R. (2020, April). *Changes in mental health treatment in college students, 2018 – 2019.* Paper to have been presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
- Moeller, R. & **Seehuus, M.** (2020, April). *The Effects of Social and Emotional Skills on College Students Mental Health.* Paper to have been presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
- * *Oliver, K., Moeller, R., **Seehuus, M.** (2020, April). *Mental Health and Belonging within Students of Color.* Poster to have been presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
 - * *Loftus, C., Moeller, R., **Seehuus, M.** (2020, April). *Motivation to Attend University and Depression, Stress, and Anxiety Scores in College Undergraduates.* Poster to have been presented at the annual meeting of the Western Psychological Association, San Francisco, CA.
- 2019 **Seehuus, M.** & Moeller, R (2019, March). *Mental health burden and treatment are not evenly distributed on campus.* Poster presented at the International Convention of Psychological Science, Paris, France.
- Moeller, R. & **Seehuus, M.** (2019, March). *Effect of social skills on depression and anxiety mediated by loneliness in college students.* Poster presented at the International Convention of Psychological Science, Paris, France.

- 2018 Clifton, J., Parent, J., Worrall, H., **Seehuus, M.**, Domar, A. (2018, October). *A Randomized pilot trial update: An Internet-based mind/body intervention to mitigate distress in women experiencing infertility*. Poster presented at the annual meeting of the American Society for Reproductive Medicine, Denver, CO.
- Lockman, J., **Seehuus, M.** & Cross, W. (2018, May). *Clinical psychology interns' supervision needs: Best practices and lessons learned*. Paper presented at the annual meeting of APPIC, San Antonio, TX.
- 2017 **Seehuus, M.**, Handy, A., Stanton, A.. (2017, May). *The Themes and structure of sexual fantasy*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Bird, E.R., **Seehuus, M.**, Heiman, J.R., Norris, J., Davis, K.C., George, W.H. (2017, May). *Sexual vs. non-sexual currently most upsetting trauma, alcohol, and vaginal response*. Symposium presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- * Moeller, R., **Seehuus, M.**, * Fields, A. (2017, May). *A sense of belonging and college students' experience of stress on campus: A Multiple mediation model*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- * *Paulino, R., **Seehuus, M.**, Moeller, R. (2017, May). *The influence of gender and attachment styles on attitudes toward infidelity*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Seehuus, M.**, Handy, A., Stanton, A. (2017, May). *The themes and structure of sexual fantasy*. Poster presented at the Annual Meeting of the Association for Psychological Science, Boston, MA.
- * Moeller, R., **Seehuus, M.** & *Gratch, I. (2017, March). *Attitudes toward uncommitted sexual activity, desire, and adult attachment*. Poster presented at the Biennial International Convention of Psychological Science, Vienna, Austria.
- * *Jacobsen, A., *Valle-Flores, D., *Malik, N., *Fleming, W., **Seehuus, M.**, Moeller, R. (2017, March). *Procrastination is college cruelty: College student procrastination, academic satisfaction, and stress*. Poster presented at the Annual Meeting of the Eastern Psychological Association, Boston, MA.
- * *Regenauer, K., *Tetreault, H.,* Fields, A., *Conrad, G., **Seehuus, M.**, & Moeller, R. (2017, March). *The importance of belonging: The relationship between undergraduate student expectations and stress*. Poster presented at the Annual Meeting of the Eastern Psychological Association, Boston, MA.

- * *Lorton, E., *Richter, C., *Randle, T., *Simonds, J., **Seehuus, M.**, Moeller, R. (2017, March). *Coping mechanisms and college students' stress: An Investigation*. Poster presented at the Annual Meeting of the Eastern Psychological Association, Boston, MA.
 - * *Ou, J., *Milbury, C., *Fine, D., **Seehuus, M.**, Moeller, R. (2017, March). *Fear of missing out and social media use among college students*. Poster presented at the Annual Meeting of the Eastern Psychological Association, Boston, MA.
- 2016
- Clifton, J., Parent, J., Worrall, G., **Seehuus, M.**, Evans, M., Forehand, R., & Domar, A.D. (2016, October). *An Internet-based mind/body intervention to mitigate distress in women experiencing infertility: A Randomized pilot trial*. Paper presented at the American Society for Reproductive Medicine, Salt Lake City, UT.
 - * Moeller, R., *Gratch, I., **Seehuus, M.** (2016, August) *Attitudes toward uncommitted sexual partners and adult attachment styles*. Poster presented at the Annual Meeting of the American Psychological Association, Denver, CO.
 - * *Gratch, I., Moeller, R., **Seehuus, M.** (2016, August) *Gender differences in depression and anxiety among aging adults*. Poster presented at the Annual Meeting of the American Psychological Association, Denver, CO.
 - * Moeller, R., *Gratch, I., *Wahl, L., **Seehuus, M.** (2016, July). *Use of pre-exposure prophylaxis and associated sexual and substance use behaviors among a sample of M.S.M. in the United States*. Poster presented at the 21st International AIDS Conference, Durban, South Africa.
- Seehuus, M.**, Cross, W. (2016, May). *A survey of clinical psychology internship supervisors' perceptions and practice*. Poster presented at the Annual Association of Psychology Postdoctoral and Internship Centers Membership Conference, New Orleans, LA.
- Bird, E.R., **Seehuus, M.**, Heiman, J.R., Norris, J., Davis, K.C., George, W.C. (2016, March). *Attenuation of vaginal pulse amplitude: Sexual vs. non-sexual currently most upsetting trauma, post-traumatic stress, and alcohol intoxication*. Symposium presented at the Association for Applied Psychophysiology and Biofeedback, Seattle, WA.
 - * Moeller, R., *Gratch, I., **Seehuus, M.** (2016, April). *Social support, interpersonal trust, and sociosexual domains*. Paper to be presented at the annual meeting of the Western Psychological Association, Long Beach, CA.
- 2015
- Pomerantz, H., Parent, J., Forehand, R., **Seehuus, M.** (2015, November). *Where's Poppa? An Update on Father Involvement in the Last Decade*. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Pichler, E., **Seehuus, M.**, Parent, J., Clifton, J. (2015, June). *Profiles of avoidance, acceptance, tolerance and mindfulness predict psychosocial health*. Poster presented at the Annual Meeting of the Association for Contextual and Behavioral Science, Berlin, Germany.
- Pichler, E., Parent, J., **Seehuus, M.**, Clifton, J. (2015, May). *Emotional non-acceptance moderates the relationship between recent sexual violence exposure and substance use*. Poster presented at the 27th Annual Meeting of the Association for Psychological Science, New York, NY.
- Pigeon WR, Cerulli C, Crean H, Gallegos AM , Nelson L, Casey C, Gorman C, Walsh P, **Seehuus M**, Hoh B, Akinpelu N, Bui, A, Bishop T, Heffner K (2015, June). *Cognitive-behavioral therapy for insomnia for survivors of interpersonal violence who subsequently receive cognitive processing therapy*. Poster presented at the 29th Annual Meeting of the Associated Professional Sleep Societies, Seattle, WA.
- 2014 Brassell, A., Rosenberg, E., Parent, J., Fondacaro, K., **Seehuus, M.**, & Forehand, R. (2014, June). *The influence of psychological inflexibility on parenting and child psychosocial well-being*. Poster presented at the 12th annual Association for Contextual and Behavioral Sciences world conference, Minneapolis, MN.
- 2013 **Seehuus, M.**, Clifton, J. & Rellini, A. (2013, November). *The role of family environment and multiple forms of childhood abuse in the shaping of sexual function and satisfaction in women*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Clifton, J., Hurliman, A.K., **Seehuus, M.**, Bird, E., Peters, V., Rellini, A.H. & Casson, P.R. (2013, November). *Perceived stress in infertile couples: Emotion regulation as a mediator of the relationship between perceived stress and relationship satisfaction*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Clifton, J., Hurliman, A.K., **Seehuus, M.**, Pariseau, J.S., Casson, P.R. & Rellini, A.H. (2013, October). *Infertility diagnosis, gender and relationship adjustment for individuals seeking infertility treatment*. Poster presented at the American Society for Reproductive Medicine, Boston, MA.
- Parent, J., Forehand, R., Dunbar, J., Watson, K., Reising, M., **Seehuus, M.** & Compas, B. (2013, April). *Parent and adolescent reports of parenting when a parent has a history of depression: Associations with direct observations of parenting*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.

- 2012 Bird, E., **Seehuus, M.**, Clifton, J. & Rellini, A. (2012, July). *Dissociation and sexual function in women with and without a history of sexual abuse*. Poster presented at the International Academy of Sex Research, Lisbon, Portugal.
- Seehuus, M.** & Rellini, A. (2012, November). *Complex predictors of sexual behavior*. Poster presented at the meeting of the Society for the Scientific Study of Sexuality, Houston, TX.
- Seehuus, M.**, Rellini, A., Hale, S., Monson, M. & Bernstein, I. (2012, August). *The relationship between sexual function and cardiovascular health in women: Preliminary results*. Paper presented at the annual meeting of the International Society for Sexual Medicine, Chicago, IL.
- Duquette, K., **Seehuus, M.** & Rellini, A. (2012, April). *Vaginal vasocongestion and endothelial health*. Paper presented at the University of Vermont Student Research Conference, Burlington, VT.
- 2011 **Seehuus, M.** & Rellini, A. (2011, November). *Gender differences in the relationship between sexual satisfaction and risky sexual behavior*. Paper presented at the meeting of the Society for the Scientific Study of Sexuality, Houston, TX.
- Seehuus, M.** & Rellini, A. (2011, April). *The relationship between sexual satisfaction and propensity for risky sexual behavior*. Paper presented at the University of Vermont Student Research Conference, Burlington, VT.
- 2008 Nichols, M., **Seehuus, M.**, & Saylor, S., (2008, June). *Who does BDSM? Why should we care?* Paper presented at the meeting of the American Association of Sex Educators, Counselors and Therapists, New Orleans, LA.
- 2007 Leiblum, S., Fite, R. & **Seehuus, M.** (2007, March). *Sexual abuse of men by clergy and non-clergy perpetrators*. Paper presented at the meeting of the Society of Sex Therapy and Research, Atlanta, GA.

Grants and awards

- 2021 MiddDATA microgrant for development of Python programming language skills
- 2020 NIMH R15 for College Student Mental Health Pathways, R15MH125373, co-PI with Robert Moeller, Ph.D.; \$384,785
- 2020 Vermont Genetics Network Grant for Mechanisms of Sleep and Emotion Regulation, P.I.; \$10,000
- 2020 Vermont Genetics Network Grant, co-I with Robert Moeller, Ph.D. for phase III of the College Student Mental Health Pathways: \$74,999.
- 2019 Vermont Genetics Network Grant (Co-I with Robert Moeller, Ph.D.) for phase II of the College Student Mental Health Pathways: \$106,980.

- 2018 Vermont Genetics Network Grant (Co-I with Robert Moeller, Ph.D.) for phase I of the College Student Mental Health Pathways: \$105,072
- 2017 Digital Liberal Arts Grant for the application of computational linguistics to a massive online data set, Middlebury College Digital Liberal Arts Initiative
- 2015 Digital Liberal Arts Grant for the study of sexual fantasy, The Andrew W. Mellon Foundation via Middlebury College Digital Liberal Arts Initiative
- 2014 Research Award and grant, University of Rochester Medical Center
- 2013 Graduate Student Research Grant, University of Vermont
- 2013 University Travel Grant, University of Vermont
- 2012 Dean's Special Prize for Graduate Research, University of Vermont
- 2011 Ronald Suiter Award for Graduate Research, University of Vermont

Invited presentations

- 2021 An Introduction to A.C.T, Continuing Education video (four hours) for the Vermont Psychological Association and the New Hampshire Psychological Association
- 2021 Understanding Loneliness in College Students, Grand Rounds, University of Connecticut Medical School (Continuing education credit)
- 2020 An Experiential Approach to Understanding ACT, Continuing Education live presentation (six hours) for the Vermont Psychological Association
- 2020 Treatment of Sleep Disorders, Middlebury College Counseling Center
- 2016 Understanding Altered States of Consciousness, Vermont Psychological Services, Burlington, VT
- 2015 Treatment of Sleep Disorders, Vermont Psychological Services, Burlington, VT
- 2015 ACT in an Inpatient Setting, Rochester Psychiatric Center, Rochester, NY
- 2015 Suicide Risk Evaluation, Rochester Psychiatric Center, Rochester, NY
- 2014 Sleep 101, Valley Manor Episcopal Senior Life, Rochester, NY
- 2012 ACT for Practicing Clinicians, Behavior Therapy and Psychotherapy Center, Burlington, VT
- 2012 Mindfulness/Meditation, Behavior Therapy and Psychotherapy Center, Burlington, VT

Teaching experience

Middlebury College

- 1xx First Year Seminar (*Science is a Verb!*) (x1)
- 1xx Introduction to Psychology (x4)
- 2xx Psychological Disorders (x5)
- 3xx Human Sexuality (x3)
- 4xx Theories of Clinical Psychology (x4)

University of Vermont

- Clinical instructor, ACT (2015 – Present)

University of Vermont College of Medicine [Co-Instructor with Karen Fondacaro, Ph.D.]
ACT for Psychiatry Residents (Spring 2014)

Ursinus College

Cognitive Psychology (Spring 2010)

Research Methods (Spring 2010)

Organizational Psychology (Fall 2009)

William Patterson University

Experimental Psychology I (statistics; Fall 2009)

Johns Hopkins Center for Talented Youth [Gifted and talented 12 – 17-year-olds]

Cognitive Psychology (Summer 2016)

Teaching Assistant Experience

University of Vermont (Research Methods, Statistics, Introduction to Psychology)

University of Pittsburgh (Database Theory and Design)

Research positions

- 2015–Present P.I. & Director, Mechanisms of Sexuality and Sleep lab, Middlebury College
- 2014 Research assistant and study therapist, University of Rochester Medical Center R01 NR013909: “Managing sleep symptoms and modifying mechanisms of traumatic stress,” Wilfred Pigeon, Ph.D., P.I.
- 2014 Research assistant and study therapist, University of Rochester Medical Center R21 AG041942: “Slow-wave sleep and inflammatory processes in pain,” Kathi Heffner, Ph.D., P.I.
- 2010–2014 Research coordinator, Sexual Health Research Clinic, University of Vermont
Director: Alessandra Rellini, Ph.D.
- 2008–2009 Research coordinator and statistical consultant, Institute for Personal Growth
Director: Margaret Nichols, Ph.D.
- 2006–2009 Research coordinator, University of Medicine and Dentistry of New Jersey
Director: Sandra Leiblum, Ph.D.

Clinical work

- 2016–2019 Indirect clinical supervision in ACT, Vermont Psychological Services
- 2014–2015 Predoctoral internship, University of Rochester Medical Center (A.P.A. accredited)
- 2010–2014 Doctoral training, University of Vermont (A.P.A. accredited)

Student research chaired

- Wanna, C. (2018) “A House is not a home.” Middlebury College, Senior Thesis.
- Farese, G. & Roberts, A. (2017) “An exploratory analysis of perceptions of romance in early adulthood.” Middlebury College, Senior Work.
- Haik, A. (2017) “Attitudes about infidelity in same-sex relationships.” Middlebury College, Senior Thesis.

Paulino, R. (2017) "Attitudes about infidelity in heterosexual relationships." Middlebury College, Senior Work.

Professional service

(* Middlebury Institutional Service)

- *2021 - Present Co-Chair, Institutional Review Board, Middlebury College
- 2019 - Present Member, Using R to Teach Statistics Working Group (self-organized international committee working on developing training packages)
- *2019 - Present Jed Foundation Steering Committee Member, Middlebury College
- 2018 - Present Member, Psychology Data Standards Working Group (self-organized international committee working on data collection and storage standards)
- 2017 - Present Member, Psychological Science Accelerator (a distributed laboratory network)
- *2019 - 2020 Hiring Committee, Psychology Department, Middlebury College
- *2019 - 2020 Undergraduate Research Coordinator, Psychology Department, Middlebury College
- *2019 - 2020 Member, Institutional Review Board, Middlebury College
- *2015 - 2016 Fulbright Interviewer, Middlebury College
- *2015 - 2019 Speaker's Committee, Middlebury College
- 2014 - 2015 Leadership Project, Needs assessment for postgraduate education, University of Rochester Medical Center
- 2011 - 2012 Chair, Committee for Transition to Electronic Health Records, University of Vermont Psychology Clinic
- 2010 - 2012 Chair, Committee for Assessment and Training of Student Clinicians, University of Vermont Psychology Clinic
- 2010 - 2012 Co-chair, Committee for Process Evaluation and Improvement in Clinical Intake, University of Vermont Psychology Clinic

Peer reviews

Archives of Sexual Behavior, Journal of Sex Research, Sexual Medicine Reviews, Women & Health, Psychology and Sexuality, Nature and Science of Sleep, Social Work in Health Care, Journal of American College Health, Journal of Adolescent Health, Advances in Medical Sciences, Journal of Affective Disorders, Children and Youth Services Review

Professional memberships

Association for Psychological Science

Association for Contextual Behavioral Science

American Psychological Association

Divisions 5 (Quantitative and Qualitative Methods), 12 (Society of Clinical Psychology) & 29 (Society for the Advancement of Psychotherapy)

Association for Behavioral and Cognitive Therapies

Society for the Scientific Study of Sexuality

World Professional Association for Transgender Health

Non-academic employment

- 2005-2009 Statistical Consultant, Private practice, Princeton, NJ
- 2003-2008 Liaison to Asian-Pacific Markets, Bristol-Myers Squibb, Melbourne, Australia
- 2001–2003 General Manager of the Enterprise Portal, Bristol-Myers Squibb, Princeton, NJ
- 2000–2001 Associate Director, Engineering Services, Bristol-Myers Squibb, Princeton, NJ
- 1997–1999 Project Manager, Bristol-Myers Squibb, New York, NY
- 1995–1997 Mental Health Counselor, Northern-Southwest Mental Health, Pittsburgh, PA
- 1990–1993 Pizza delivery, Pizza Hut, Chattanooga, TN