



Middlebury Institute of International Studies at Monterey

COVID-19 Vaccine Student Exemption Request

All Middlebury Institute students, faculty, and staff living, learning, or working on campus in the fall are required to be fully vaccinated against COVID-19, except for those with an approved medical or religious exemption.

The Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC) issued interim recommendations for use of COVID-19 vaccines for the prevention of COVID-19. "Persons may receive any ACIP-recommended COVID-19 vaccine and are encouraged to receive the earliest vaccine available to them."¹

Who should NOT get a COVID-19 vaccine?²

If you have had a severe allergic reaction³ (anaphylaxis) or an immediate allergic reaction to any ingredient in the vaccine you are scheduled to receive⁴, you should not get that vaccine. If you have been instructed not to get one type of COVID-19 vaccine, you may still be able to get another type. The CDC has provided additional [information for people with allergies](#).⁵ Students should consult with their healthcare provider about vaccine options and any specific individual recommendations.

1. <https://www.cdc.gov/mmwr/volumes/70/wr/mm7009e4.htm>
2. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines.html>
3. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/specific-groups/allergies.html>
4. <https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html#Appendix-C%20>
5. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/specific-groups/allergies.html>

To request an exemption from COVID-19 vaccination, complete this form and email it to Ashley Arrocha, Associate Dean of Student Services, at aarrocha@middlebury.edu.

Medical Exemption

Full Name of Student: _____

Student ID Number: _____

Reason for Medical Exemption:

Name of Health Care Practitioner:

Signature of Health Care Practitioner

Date (mm/dd/yyyy)

Religious Exemption

In signing this form, I attest to holding religious beliefs opposed to immunizations. I acknowledge that I have reviewed evidence-based educational material provided by the [California Department of Public Health](#) regarding COVID-19 immunizations including: information about the risks of adverse reactions to immunization; information that failure to complete the required vaccination increases risk to the person and others of contracting or carrying a vaccine-preventable infection; and information that there are persons with special health needs who are unable to be vaccinated, or who are at heightened risk of contracting a vaccine-preventable communicable disease, and for whom such a disease could be life-threatening.

Full Name of Student: _____

Student ID Number: _____

Signature of Student

Date (mm/dd/yyyy)

PS 20210622

Appendix C: Ingredients included in COVID-19 vaccines

The following is a list of ingredients for the [Pfizer-BioNTech](#), [Moderna](#), and [Janssen](#) COVID-19 vaccines reported in the prescribing information for each vaccine.

| Description | Pfizer-BioNTech (mRNA) | Moderna (mRNA) | Janssen (viral vector) |
|-----------------------------|--|---|---|
| Active ingredient | Nucleoside-modified mRNA encoding the viral spike (S) glycoprotein of SARS-CoV-2 | Nucleoside-modified mRNA encoding the viral spike (S) glycoprotein of SARS-CoV-2 | Recombinant, replication-incompetent Ad26 vector, encoding a stabilized variant of the SARS-CoV-2 Spike (S) protein |
| Inactive ingredients | 2[(polyethylene glycol (PEG))-2000]-N,N-ditetradecylacetamide | PEG2000-DMG: 1,2-dimyristoyl-rac-glycerol, methoxypolyethylene glycol | Polysorbate-80 |
| | 1,2-distearoyl-sn-glycero-3-phosphocholine | 1,2-distearoyl-sn-glycero-3-phosphocholine | 2-hydroxypropyl-β-cyclodextrin |
| | Cholesterol | Cholesterol | Citric acid monohydrate |
| | (4-hydroxybutyl)azanediylbis(hexane-6,1-diyl)bis(2-hexyldecanoate) | SM-102: heptadecan-9-yl 8-((2-hydroxyethyl) (6-oxo-6-(undecyloxy) hexyl) amino) octanoate | Trisodium citrate dihydrate |
| | Sodium chloride | Tromethamine | Sodium chloride |
| | Monobasic potassium phosphate | Tromethamine hydrochloride | Ethanol |
| | Potassium chloride | Acetic acid | |
| | Dibasic sodium phosphate dihydrate | Sodium acetate | |
| | Sucrose | Sucrose | |

* None of the vaccines contain eggs, gelatin, latex, or preservatives.

Note: Both the Pfizer-BioNTech and Moderna COVID-19 vaccines contain polyethylene glycol (PEG). PEG is a primary ingredient in osmotic laxatives and oral bowel preparations for colonoscopy procedures, an inactive ingredient or excipient in many medications, and is used in a process called “pegylation” to improve the therapeutic activity of some medications (including certain chemotherapeutics). Additionally, cross-reactive hypersensitivity between PEG and polysorbates (included as an excipient in some vaccines and other therapeutic agents) can occur. Information on active or inactive ingredients for vaccines and medications can be found in the package insert. [CDC’s vaccine excipient summary](#) and the National Institutes of Health [DailyMed database](#) can also be used as a resource

<https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html#Appendix-C> 4/14/21