

Nick Parrish, LICSW

VT license # 089.0134479

Vermont Board of Allied Mental Health Practitioners Disclosure

Vermont law requires persons licensed to practice psychotherapy to disclose to each client their professional qualifications and experience, those actions that constitute unprofessional conduct, and the method for filing a complaint or making a consumer inquiry. This must be done by the third appointment.

Rules require the following information to be provided:

Qualifications and Experience

[\(See attached page\)](#)

Scope of Practice Includes:

- Therapeutic orientation: strengths based, person-centered, feminist, anti-oppressive.
- Area of specialization: trauma, mental health crisis, end of life, bereavement, young adults, LGBTQ, peer to peer support.
- Treatment methods: psychosocial support, grief and loss counseling, group work, dialogical informed practice.

My practice is also governed by the Rules of the Board of Allied Mental Health Practitioners. It is unprofessional conduct to violate those rules. A copy of those rules may be obtained from the Board or online at <https://sos.vermont.gov/opr/>

CLIENT’S DISCLOSURE CONFIRMATION

My signature acknowledges that I have been given the professional qualifications and experience of Nick Parrish, a listing of actions that constitute unprofessional conduct according to Vermont statutes, and the method for making a consumer inquiry or filing a complaint with the Office of Professional Regulation. This information was given to me no later than my third office visit.

Client Signature _____ Date _____

Practitioner’s Signature _____ Date _____

Qualifications and Experience

Formal Education:

- Master of Social Work awarded from McGill University, Montreal, Quebec, Canada. Graduated November 2006.
- Bachelor of Social Work awarded from Skidmore College, Saratoga Springs, New York, USA. Graduated May 2001.

Applicable Trainings:

- “Ethics and Risk Management in Behavioral Health” through PESI. 6- hour live virtual training completed March 2024: Mental Health practice and its applicable laws and regulations.
- “My Grandmother’s Hands” through The Everything Space. 21 hours completed over June to August 2023 in Middlebury, VT: Experiential practice with addressing the somatic experience of whiteness and racism based on therapist and author Resmaa Menakem’s work and workbook.
- “The Body Image Course: Helping Every Body” through PESI. 17 hours completed virtually over the course of October –November 2022: A series of workshops addressing working with disordered eating with some focused on BIPOC and LGBTQI+ populations.
- “My Grandmother’s Hands” through The Everything Space. 21 hours completed over July to August 2021 in Montpelier, VT: Experiential practice with addressing the somatic experience of whiteness and racism based on therapist and author Resmaa Menakem’s work and workbook.
- Collaborative Network Approach training, Level One, Vermont Statewide Training. 81 hours completed over the course of September 2019-July 2021: Development of dialogical skills and a working understanding of the Collaborative Network Approach.
- “Assessing and Managing Suicide Risk” through Franciscan Health. 6-hour training completed November 2016 in Burien, WA: Met state core competencies for suicide assessment and management by mental health professionals.
- Wellness Recovery Action Planning training through the Copeland Center in Brattleboro, VT. 37.5-hour training completed in March 2013 in Brattleboro, VT. Development of crisis planning and intervention skills as well as understanding of WRAP process and group facilitation.

Experience in the practice of Psychotherapy:

- Senior Counselor: provided group and individual therapy virtually, in community and office settings. July 2022 to present, full time with weekly supervision in Middlebury, VT.
- CSP Program Coordinator: provided individual case management and therapy, in community and office settings. June 2020-May 2022, Full-time with weekly supervision in Burlington, VT.
- Bereavement Coordinator: provided individual and group grief and loss counseling, in community and office settings. March 2019-September 2019, Full time with bi-weekly supervision in Colchester, VT.
- Hospice Social Worker: provided individual therapy and grief and loss counseling in the community. October 2017-March 2019 with weekly supervision in South Burlington, VT.
- Hospice Social Worker: provided individual therapy and grief and loss counseling in the community. September 2016-October 2017 with weekly supervision in Seattle, WA.
- Housing First Social Worker: provided individual case management and counseling in the community. May 2010-June 2012 with weekly supervision in Burlington, VT.
- Masters' level Therapist Intern: provided individual therapy in an office setting. September 2005-April 2006 with weekly supervision in Montreal, QC

Office of Professional Regulation Notice

The Office of Professional Regulation provides Vermont licenses, certifications, and registrations for over 56,000 practitioners and businesses. Forty-six professions and occupations are supported and managed by this office. A list of professions regulated is found below.

Each profession or occupation is governed by laws defining professional conduct. Consumers who have inquiries or wish to obtain a form to register a complaint may do so by calling (802) 828-1505, or by writing to the Director of the Office, Secretary of State's Office, 89 Main Street, 3rd Floor, Montpelier, VT 05620-3402.

Upon receipt of a complaint, an administrative review determines if the issues raised are covered by the applicable professional conduct statute. If so, a committee is assigned to investigate, collect information, and recommend action or closure to the appropriate governing body. All complaint investigations are confidential. Should the investigation conclude with a decision for disciplinary action against a professional's license and ability to practice, the name of the license holder will then be made public.

Complaint investigations focus on licensure and fitness of the licensee to practice. Disciplinary action, when warranted, ranges from warning to revocation of license, based on the circumstances. You should not expect a return of fees paid or additional unpaid services as part of the results of this process. If you seek restitution of this nature, consider consulting with the Consumer Protection Division of the Office of the Attorney General, retaining an attorney, or filing a case in Small Claims Court.

Accountancy

Acupuncture

Architects N

Athletic Trainers

Auctioneers

Audiologists

Barbers & Cosmetologists

Boxing Control

Chiropractic

Dental Examiners

Dietitians

Drug and Alcohol Counselor

Naturopaths

Nursing

Nursing Home Administrators
Occupational Therapists
Opticians
Optometry
Osteopathic Physicians and Surgeons
Pharmacy
Physical Therapists
Private Investigative & Security Services
Property Inspectors
Psychoanalyst
Electrolysis
Engineering
Funeral Service
Hearing Aid Dispensers
Land Surveyors
Landscape Architects
Marriage & Family Therapists
Clinical Mental Health Counselors
Midwives, Licensed
Motor Vehicle Racing
Psychology Professional
Psychotherapist, Non-licensed
Radiologic Technology
Real Estate Appraisers
Real Estate
Respiratory Care
Social Workers, Clinical
Tattooists
Veterinary

The Vermont Statutes Online

Title 3: Executive

Chapter 5: SECRETARY OF STATE

Sub-Chapter 3: Professional Regulation

3 V.S.A. § 129a. Unprofessional conduct

(a) In addition to any other provision of law, the following conduct by a licensee constitutes unprofessional conduct. When that conduct is by an applicant or person who later becomes an applicant, it may constitute grounds for denial of a license or other disciplinary action. Any one of the following items, or any combination of items, whether or not the conduct at issue was committed within or outside the State, shall constitute unprofessional conduct:

- (1) Fraudulent or deceptive procurement or use of a license.
- (2) Advertising that is intended or has a tendency to deceive.
- (3) Failing to comply with provisions of federal or state statutes or rules governing the practice of the profession.
- (4) Failing to comply with an order of the board or violating any term or condition of a license restricted by the board.
- (5) Practicing the profession when medically or psychologically unfit to do so.
- (6) Delegating professional responsibilities to a person whom the licensed professional knows, or has reason to know, is not qualified by training, experience, education, or licensing credentials to perform them, or knowingly providing professional supervision or serving as a preceptor to a person who has not been licensed or registered as required by the laws of that person's profession.
- (7) Willfully making or filing false reports or records in the practice of the profession; willfully impeding or obstructing the proper making or filing of reports or records or willfully failing to file the proper reports or records.
- (8) Failing to make available promptly to a person using professional health care services, that person's representative, or succeeding health care professionals or institutions, upon written request and direction of the person using professional health care services, copies of that person's records in the possession or under the control of the licensed practitioner or failing to notify patients or clients how to obtain their records when a practice closes.
- (9) Failing to retain client records for a period of seven years, unless laws specific to the profession allow for a shorter retention period. When other laws or agency rules require retention for a longer period of time, the longer retention period shall apply.

(10) Conviction of a crime related to the practice of the profession or conviction of a felony, whether or not related to the practice of the profession.

(11) Failing to report to the office a conviction of any felony or any offense related to the practice of the profession in a Vermont District Court, a Vermont Superior Court, a federal court, or a court outside Vermont within 30 days.

(12) Exercising undue influence on or taking improper advantage of a person using professional services or promoting the sale of services or goods in a manner which exploits a person for the financial gain of the practitioner or a third party.

(13) Performing treatments or providing services which the licensee is not qualified to perform, or which are beyond the scope of the licensee's education, training, capabilities, experience, or scope of practice.

(14) Failing to report to the office within 30 days a change of name or address.

(15) Failing to exercise independent professional judgment in the performance of licensed activities when that judgment is necessary to avoid action repugnant to the obligations of the profession.

(b) Failure to practice competently by reason of any cause on a single occasion or on multiple occasions may constitute unprofessional conduct, whether actual injury to a client, patient, or customer has occurred. Failure to practice competently includes:

(1) performance of unsafe or unacceptable patient or client care; or

(2) failure to conform to the essential standards of acceptable and prevailing practice.

(c) The burden of proof in a disciplinary action shall be on the State to show by a preponderance of the evidence that the person has engaged in unprofessional conduct.

(d) After hearing, and upon a finding of unprofessional conduct, a board or an administrative law officer may take disciplinary action against a licensee or applicant, including imposing an administrative penalty not to exceed \$1,000.00 for each unprofessional conduct violation. Any money received under this subsection shall be deposited in the Professional Regulatory Fee Fund established in section 124 of this title for the purpose of providing education and training for board members and advisor appointees. The Director shall detail in the annual report receipts and expenses from money received under this subsection.

(e) In the case where a standard of unprofessional conduct as set forth in this section conflicts with a standard set forth in a specific board's statute or rule, the standard that is most protective of the public shall govern. (Added 1997, No. 40, § 5; amended 2001, No. 151 (Adj. Sess.), § 2, eff. June 27, 2002; 2003, No. 60, § 2; 2005,

No. 27, § 5; 2005, No. 148 (Adj. Sess.), § 4; 2009, No. 35, § 2; 2011, No. 66, § 3, eff. June 1, 2011; 2011, No. 116 (Adj. Sess.), §5.)

§ 4093. Unprofessional conduct

(a) Unprofessional conduct means the following conduct and conduct set forth in section 129a of Title 3:

(1) Providing fraudulent or deceptive information in an application for entry on the roster.

(2) Conviction of a crime that evinces an unfitness to practice psychotherapy.

(3) Unauthorized use of a protected title in professional activity.

(4) Conduct which evidences moral unfitness to practice psychotherapy.

(5) Engaging in any sexual conduct with a client, or with the immediate family member of a client, with whom the psychotherapist has had a professional relationship within the previous two years.

(6) Harassing, intimidating or abusing a client.

(7) Entering into an additional relationship with a client, supervisee, research participant or student that might impair the psychotherapist's objectivity or otherwise interfere with his or her professional obligations.

(8) Practicing outside or beyond a psychotherapist's area of training, experience or competence without appropriate supervision.

(b) After hearing, and upon a finding of unprofessional conduct, the board may take disciplinary action against a rostered psychotherapist or an applicant. (Added 1993, No. 222 (Adj. Sess.), § 17; amended 1997, No. 40, § 71; 1997, No. 145 (Adj. Sess.), § 61; 1999, No. 52, § 37.)