

Off-Campus Counseling Providers Who Have Expressed Interest in Working with Middlebury College Students -Updated 10/24

For more info about any counselor listed, please plug them into

https://www.psychologytoday.com/us/therapists/vermont?gclid=EAIaIQobChMIl8v2ip6tgQMVqfPICh1sfAxOEAAAYASABEgKIU_D_BwE

Name	Phone #	Email/Website	Notes/Specialties	Location
Donna Belcher, Psychologist, MA	802-388-3362	donna6105753@yahoo.com	BlueCross	Middlebury
Lesley Dunakin, LCMHC	802-771-2845	ldunakin.lcmhc@gmail.com		Middlebury
Tanya Koifman	917-318-6833	tanya@tanyakoifman.com	Tanya is licensed to practice in: NY, NJ, DE, PA, VT, RI, SC, and FL. She specializes in support around: adjustment to college, life transitions, relationships, LGBTQIA+, neurodivergence, anxiety.	Telehealth
Doug Engel, LICSW	845-706-1767	Dougengel07@gmail.com		Middlebury
Virginia Logan	802-349-9922	Loganv.m.a@gmail.com		Middlebury
Mary Brevda	802-388-7435	Marybrevda3@gmail.com		Middlebury
Jane Garbose	802-281-4144	janegarbose@gmail.com		Middlebury
Jennifer Kiewit	802-877-0911	Jennifer.kiewit@gmail.com		Bristol
Marybeth Caseiro, MS, LCMHC	802-222-8755	marybethcaseiro@gmail.com	Ketamine-assisted psychotherapy	Middlebury
Mollie German, LCMHC, ATR SilverCircle, PLC	802-613-0764	silvercircle@gmavt.net www.silvercirclevt.com		Bristol
Mary Marron, PsyD	917-740-1644	marymarronpsyd@gmail.com	Accepts BCBS	Weybridge

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Eric Castonguay	802-760-8214	www.nomadictherapyservices.org/		Middlebury
Anne Goldman	802-731-0438	Annegoldman47@gmail.com		Middlebury
Roger Marum	802-425-4206	rmarum@gmavt.net	Psychoanalysis	Middlebury
Natasha Chang, LCMHC	802-461-3611	nvchang@gmail.com		Middlebury
Green Mountain Psychology Associates	802-565-1655	www.greenmountainpsych.com/		Middlebury
Elizabeth McCracken, LICSW	802-233-6338	eamcounseling135@gmail.com		Middlebury
Liana Smith-Murphy, LICSW	802-233-6338	liana.smithmurphy@gmail.com www.vermontplaytherapy.com	Not currently accepting insurance. Out of pocket pay with superbills provided for insurance reimbursement.	Cornwall
Sheryl Coryell	510-918-2100	sherylcoryell@gmail.com www.sagecounsel.net		Middlebury
Ali Graham, LCMHC	802-307-7002	Allison.graham.1@gmail.com http://www.thetrilliumcenter.com/	Does not accept insurance but can provide superbills for reimbursement.	Bristol
Charlotte McGray, PsyD	802-388-0929	charlotte@madriver.com		Middlebury
Mary Claire Dehaven, LICSW	802-349-7095	mcdehaven@gmail.com		Middlebury
Zubin Mistri, MDiv, CHT	802-989-8552	apmistri@gmail.com www.eyeofthehearttherapy.com		Middlebury
Bridget Schirripa, LICSW	908-403-2151	bschirripalicsw@gmail.com		Middlebury

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David Beams, MS	802-417-1528	Dbeams.cmhc@gmail.com	Pre-licensed Clinical Mental health Counselor	Telehealth and Burlington
Kristin Mitchell, LICSW	802-388-1919	katchkristin@gmail.com		Middlebury
Annie Rosenthal, Med, M.A. Psychology	802-448-2662	annie@annierosenthal.net	Experienced in working with individuals with disordered eating patterns and body image issues. Not currently accepting insurance. Sliding scale available.	Telehealth
Dr. Carolyn Weiss, PsyD	917-982-2359	drcarolynweiss@gmail.com	Specialties in trauma and stress resilience	Telehealth
Deina Olstad, MCMHC	802-234-1256	deina@deinakolstadcounselingpsychotherapy.com	Accepts BCBS, Aetna, MVP, Medicaid, Cigna	Middlebury
Rita Munro	802-377-3388	ritaimunro@gmail.com	Specializes in treatment of eating disorders	Middlebury
Susan Malaney, LCMHC	802-458-1566	Susan.lyman@icloud.com		Middlebury
Gary Margolis, PhD	802-462-2129	margolis@middlebury.edu		Middlebury
Cherrie Namy, LCMHC	802-613-0609	cjnamy@gmail.com		Bristol
Tim Lyman, LADC	518-570-1097	counselorlyman@netscape.net	Mental Health and Substance Use	Middlebury
Emily Pichler, PsyD	802-448-2243	Dr.emily.pichler@gmail.com		Burlington Telehealth
Lisa Rogers	646-599-3865	lisa@lisarogerscounseling.com		Telehealth
Cody Rounds, MA, Psychology		contact@codythomasrounds.com www.codythomasrounds.com		Burlington Telehealth
Jessica Clifton	802-499-2334	jclifton@parheliawellness.com http://www.parheliawellness.com	Does not accept insurance but can provide superbills for reimbursement.	

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Hinesburg Counseling Collective		referralsbcc@gmail.com hinesburgcounselingcollaborative.com	A collective of 8 counselors. Insurances include MVP, Cigna, Medicaid, BCBS, Aetna. Sliding Scale available.	Hinesburg
Carter Branley, MS,LCMHC	802-349-1403	cartrbranley@carterbranleycounseling.com https://www.psychologytoday.com/us/therapists/carter-branley-charlotte-vt/1014117	Accepts BCBS, Cigna and Green Mountain Care. Specialties include anxiety, relational patterns and dynamics, transition into or out of college, exploration of family experience history, and self esteem.	Telehealth
Amy Dingman-Parini, MA, PLLC	802-870-0889	adingmanparini@gmail.com https://amy-dingman-parini.clientsecure.me	Accepts BCBS, MVP and Green Mountain Care, and Aetna as well as Cigna (Out of Network). Sliding Scale fee	Vergennes in-person and telehealth
Marina Gurman, LICSW		marinagurmanlicsw@protonmail.com	Takes Optum, Tufts, BCBS, and Cigna Insurances	Burlington and Telehealth
Dr. Kari Anderson	602-639-3310	kari@myeatingdoctor.com	Specializes in Eating Disorder treatment	Telehealth
Sumra Harper-Deas, RD	802-222-0992	sumra@sumraRDNutrition.com www.sumraRDNutrition.com	Certified Intuitive Eating Counselor https://sumrardnutrition.as.me/schedule.php	Middlebury
David de Lancellotti, MA	805-909-7325	info@daviddelancelotti.com		Middlebury
Robin Jackelow, LPC,LAC,LCMHC	516-729-5331	roojackelow@gmail.com https://robinjackelowtherapy.com/	Psychotherapy and addictions treatment	Telehealth
Kali Brgant, MA	802-335-2299	http://wisdomwithinyouththerapy.com/		Burlington
Victoria Diedrich	802-234-1028	contact@victoriacounselingvt.com	Accepts BCBS	Telehealth
Erin Kolle, MS, LLC	802-736-7463			Burlington and Telehealth

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Liz Fitzgerald, LCSW, MS	831-204-9001	info@therapistliz.com www.therapistliz.com		Burlington
Sarah Byrne, LICSW	207-507-7342	www.sarahbyrnelicsw.com	Does not currently accept insurance but can provide superbills for reimbursement. Specializes in working with college students who struggle with anxiety and perfectionism.	Telehealth
Kimberly Schildbach M.Ed., MFT, LMHC		www.kimberlyschildbachtherapist.com/ kim@kimberlyschildbachtherapist.com	Specializes in teens/young adults on issues of identity. LGBTQ+ and neurodiversity affirming.	Telehealth
Kimberly Sharrow, M.S. LPC, NCC	303-736-9354	Kimberly@SharrowCounseling.com psychologytoday.com/us/therapists/kimberly-sharrow-denver-co/113436 SharrowCounseling.com		Telehealth
Christopher Leonard, LICSW, M.Ed	802-635-5132	Christopher Leonard clenmsw@me.com		Middlebury
Gina Godek, MSW		https://www.psychologytoday.com/us/therapists/gina-godek-burlington-vt/1177286 ginagodek@gmail.com		Telehealth
Callie Douglass, MA., CHMHC	802-444-8224	https://www.psychologytoday.com/us/therapists/callie-douglass-burlington-vt/753486 (if PT says no openings, still do reach out)	Takes Middlebury Insurance as well as BCBS and Aetna	S. Burlington and Telehealth

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		Lewiscreekcounseling@gmail.com		
Elizabeth Hammond, MSW, LICSW		Ehcounselingllc.com		Telehealth
Kelly Gupta Holley, LPC-MHSP, ATR	615-241-5648	www.understandingself.me	Art Therapy, Counseling and Creative Expression	Telehealth
Hayden Boska, LICSW	802-391-9564	Wild Oak Therapy Wildoaktherapyllc@gmail.com	Specialties include: anxiety, bipolar, body positivity, chronic illness, chronic pain, depression, grief and loss, LGBTQIA+, self-harm, sex positive, spirituality, stress, suicidal ideation, transgender, trauma & PTSD Accepts BC/BS, Cigna, Green Mountain Care, Medicaid	Telehealth
Kristen Ginsburg	802-989-5435	Kristenginsberg@gmail.com	https://www.psychologytoday.com/us/therapists/kristen-j-ginsburg-bristol-vt/1307310 Previous Middlebury College Counseling Intern	
Jessica Slicer, MSW, LICSW	617-221-6191	https://www.harborsidepsychotherapy.com/ https://www.psychologytoday.com/us/therapists/jessica-slicer-east-boston-ma/904496 Jessica@harborsidepsychotherapy.com		Telehealth and Boston, Ma
Andie Graves		Therapy@andiegraves.com	VT-based therapist who notes an interest in working with neurodivergent people, people with learning disabilities, LGBTQIA+ communities and people with	

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			trauma histories. Not currently accepting insurance but can provide superbills for out of network.	
Maureen Hill, CMHC		https://psychologytoday.com/us/therapists/maureen-hill-middlebury-vt/1388656 Maureenhill@greenhilltherapy.com https://greenhilltherapy.clientsecure.me/	Maureen was a counseling Intern during the 2023-2024 Middlebury academic year and has immediate openings.	
Olivia Start, LICSW	802-951-0450 ext.1102	Oliviastart@nadi.com	Accepts Most Insurances "My background is in attachment theory...DBT ad CBT, Clients who are looking to understand themselves better considering family of origin, relational experiences, individuation and strengthening sense of Self, or healing through past trauma would be a great fit!"	S. Burlington and telehealth
Sandea Green-Stark, LCSW-R	917-319-7764	https://www.psychologytoday.com/profile/299462 Sgreenstark@gmail.com	Extensive experience working with young adults and has worked with Middlebury students before.	Montpelier and telehealth. Licensed in NY and VT.
Amy Cronin, LCMHC	802-992-8513	Amycronincounseling vt.com https://www.psychologytoday.com/us/therapists/amy-cronin-burlington-vt/486234 Amycronincounseling@gmail.com	"I love working with college aged students specifically in the areas of anxiety, relationship issues, identity, stress and boundary setting.	Burlington and telehealth

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Sarah Lawrence	406-579-6119	https://www.psychologytoday.com/us/therapists/sarah-lawrence-middlebury-vt/1392336 sarahlawrence@fastmail.com	Wildness therapy, college counseling, community mental health. Out of network with insurance but can provide superbill for reimbursement.	Marbleworks
Kristen Goulette, MA, LCMHC	(802) 282-4184	illuminationpsychotherapy.com kristen@illuminationpsychotherapy.com	Specialties include neurodivergence (ADHD & level 1 ASD), trauma (particularly sexual assault), and anxiety pertaining to perfectionism. Provides superbills for reimbursement.	Remote and in-person care at my office in Ferrisburgh, 20 mins from Midd
Jessica Peters	617-453-8556	https://www.psychologytoday.com/profile/1271606 https://jessicapeters613.wixsite.com/jessica-peters jlphealing@gmail.com	Works with young adults who have trauma, LGBTQ+ community, autism spectrum, or are navigating substance use concerns. Her approach is eclectic and tailored to each client's needs, integrating modalities such as EMDR to help process distressing experiences and build resilience. Does not currently accept insurance, but provides a monthly "superbill" to those with out-of-network benefits	Telehealth