



SPORTS MEDICINE -INCOMING, TRANSFER & STUDY ABROAD

Please go to the [Pre-Participation Requirements](#) for a more detailed description of what is required and needed for your upcoming Academic Year

- ☐ I have registered and logged into the [Student Health Portal](#)
- ☐ Athlete Physical Examination Form completed by PCP or provider and uploaded to the [Student Health Portal](#)
**** BE SURE TO LOOK AT THE DATES OF YOUR PHYSICAL needs to be within 6 months from the start of your season ** go to the [Pre-Participation Requirements](#) for the specific dates ****
- ☐ Medical records from Specialist uploaded to the [Student Health Portal](#)
- ☐ Clearance Letter for Participation from Specialist has been requested on ____/____/____ and uploaded to the [Student Health Portal](#)
- ☐ I have completed the online forms for sports medicine on the [Student Health Portal](#)
- ☐ I have registered in [ARMS](#) as directed by my coach
- ☐ I have entered my insurance information in [ARMS](#)
- ☐ I have uploaded my insurance card front & back to the [Student Health Portal](#)
- ☐ I have uploaded front & back my domestic or international form of ID to the [Student Health Portal](#)

Please be sure to reply to any emails sent by Amal C Duprey (aduprey@middlebury.edu) and your athletic trainer that is assigned to your respective sport.

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