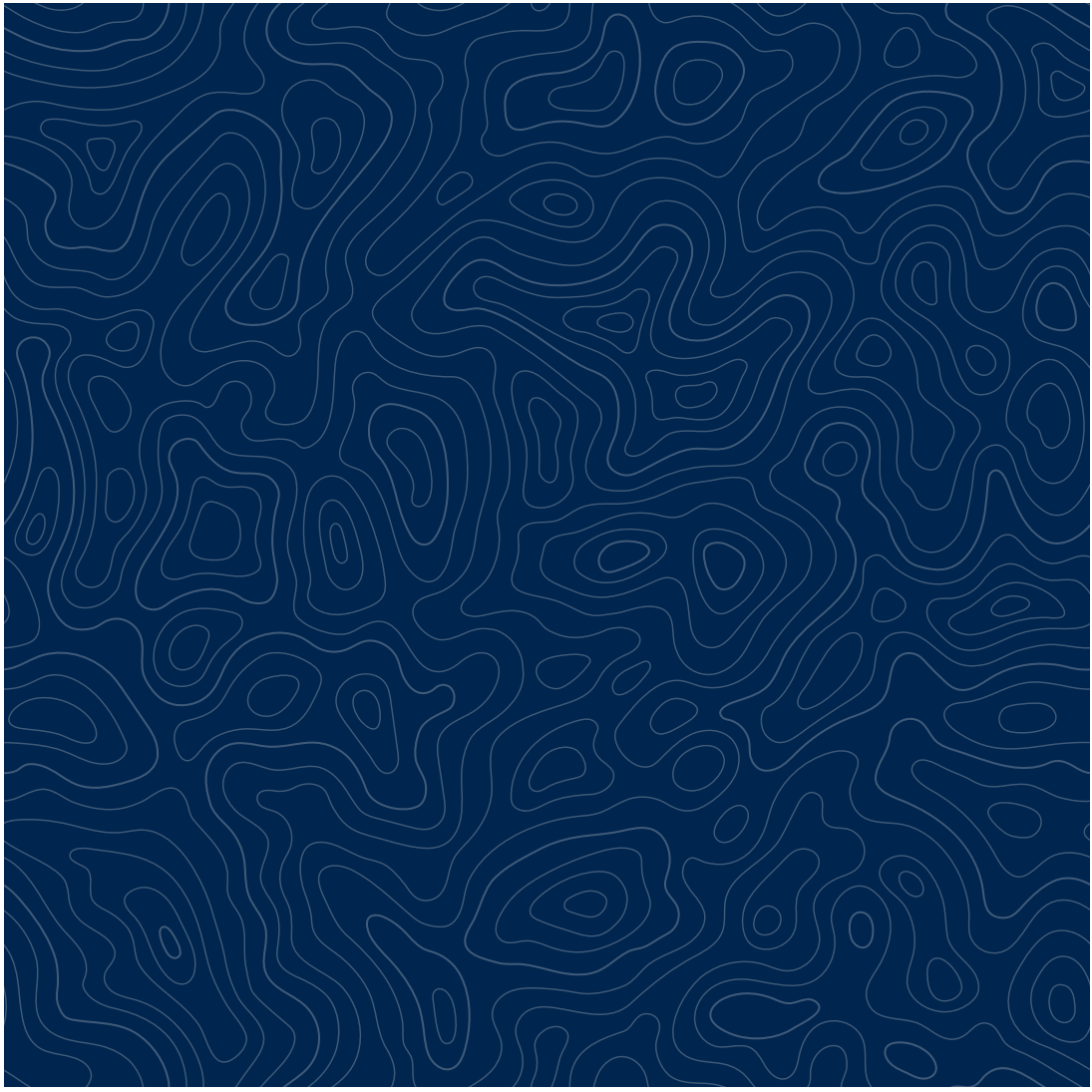


YOUR FIELD GUIDE TO MIIS




**20 TIPS FOR NAVIGATING
ALL OF THE FUN STUFF.**





WORK.
LEARN.
PLAY.
ENJOY.



Your work comes
with perks. Discover
the many benefits
Middlebury offers.

Note: Some perks apply to benefits-eligible employees only.



To your health!

Medical, dental, vision,
short- and long-term disability, life,
and AD&D insurance, with flex spending options.





Plan ahead.

Core retirement plan with
employer match, a voluntary plan,
and our Employee Family Assistance Plan.





Be well.

Take care of your mental and
physical well-being through
the GMHEC Wellness Program.



3



Partner perks.

Benefits for partners and spouses.



4



MIIS merch.

Get a 15 percent discount at the College Store.



5



Get fresh.

Pick up local produce at
Monterey's farmers' markets.



6



Take a hike.

Monterey Bay Coastal Recreation Trail or explore
the Point Lobos State Natural Reserve.





Fore!

Monterey County's golf courses include
world-famous Pebble Beach.





Safe travels.

Assistance for eligible employees with domestic and international travel emergencies—everything from lost passports and prescriptions to emergency medical evacuation.





Beyond books.

Library access includes print and online publications in many languages, research assistance, quiet study space, and more.



10



The wharf, of course.

The historic Old Fisherman's Wharf offers seafood, shopping, fishing, whale watching, and more.





Something's fishy.

The Monterey Bay Aquarium.



12



Speaking of which.

Public lectures on a broad range of topics.



13



Never stop learning.

Staff development and continuing
education funds available.



14



Hit the books.

Discounted courses may be available at
Middlebury College, the Language Schools, and Bread Loaf.



15

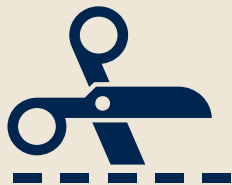


MIIS in the news.

Turn on CNN or NPR to hear
colleagues being interviewed.



16



Save a buck.

A selection of special offers, discounts, and benefits
available to Middlebury employees.



17



On the money.

Financial counseling.



18



Classes at MIIS.

Employees can take one course for free each semester.
And their dependents (partner and/or children) can
take a full course load for free each semester.



19

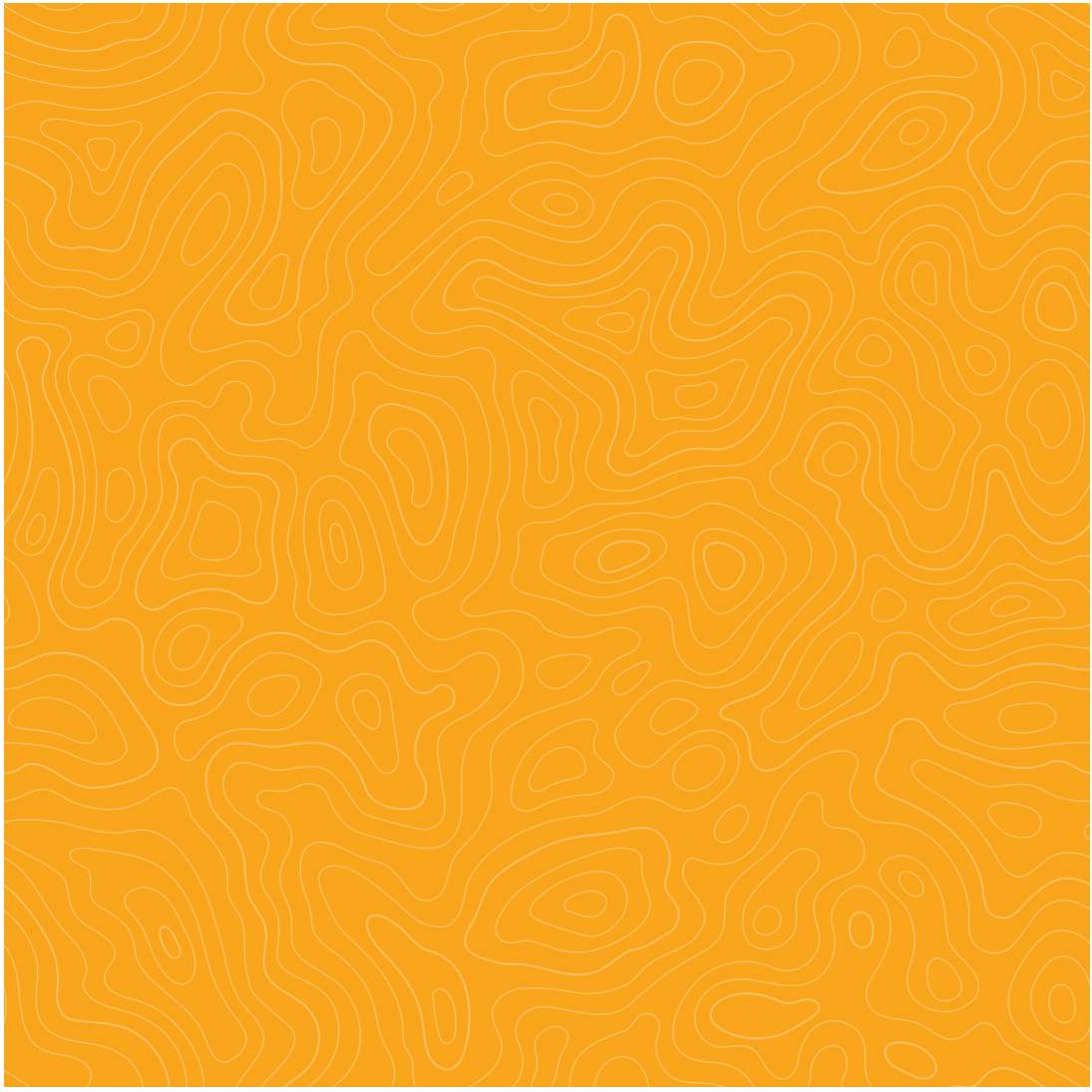


All that jazz.

Annual jazz festivals in Monterey and Concord.



20





Middlebury