



FSA GUIDE LINES FOR OVER THE COUNTER (OTC) DRUGS

ALLOWABLE OTC MEDICATIONS:

Allergy medicine
Antacids
Anti-diarrhea medicine
Bactine
Bandages
Band-Aids
Ben Gay or products for muscle or joint pain
Blood Pressure Kit
Bug bite medications
Calamine lotion
Carpal tunnel wrist supports
Cold medicine
Cold/hot pack for injuries
Condoms
Contact lens solutions
Cough drops
Cough syrups
Crutches
Diaper rash ointments
First aid cream
First aid kits
Gauze pads
Hemorrhoidal cream
Incontinence supplies
Lactose Intolerance Medicine
Laxatives
Liquid adhesive for small cuts
Motion sickness pills
Nasal sinus sprays
Nasal strips
Nicotine gum or patches
Pain reliever
Pedialyte
Reading glasses
Sinus medications
Sleeping aids for occasional insomnia
Special creams for sunburn
Spermicidal foam
Thermometers
Throat lozenges
Visine or other eye products
Wart remover treatments
Yeast infection treatments

REQUIRES PHYSICIAN DIAGNOSIS AND RECOMMENDATION:

Feminine hygiene products for specific medical condition
Fiber supplements for specific medical condition
Glucosamine/Chondroitin for arthritis
Hydrogen Peroxide
Massage Therapy
Medical Alert device
Medicated shampoo
Medicated soap
Nasal sprays for snoring
OTC hormone therapy for menopause
Ovulation Kit
Prenatal vitamins
Rubbing alcohol
Special toothbrush
St Johns Wort for depression
Sunglasses
Sunscreen
Supplements or herbal medicines to treat specific medical condition
Weight loss drugs

EXCLUDED:

Chap stick
Cosmetics
Denture Adhesive Products
Deodorant
Face creams
Feminine hygiene products
Hand lotion
Moisturizers
Mouthwash
Suntan lotion
Toothpaste
Vitamins and supplements