

Your Name

MC Mailbox 0000 | 14 Old Chapel Road | Middlebury, VT | athlete@middlebury.edu | 123.456.7890

EDUCATION

Middlebury College Middlebury, VT

Candidate for Bachelor of Arts

May 2022

- **Major:** International Politics and Economics | **GPA** of 3.62/4.00; College Scholar (1 semester)
- **Relevant Coursework:** Intro to Finance, Economic Statistics, International Economics, Economics of the Welfare State, International Political Economy
- **Languages:** Proficient in written and oral Spanish
- **Computer Skills:** Proficient in Microsoft Excel, Microsoft PowerPoint, STATA

St. Ignatius College Preparatory

San Francisco, CA

High School Diploma

June 2018

- **GPA:** 3.89/4.00 (High Honors); Principal's Honor Roll (8 semesters)
- **SAT:** Reading 680; Mathematics 670; Writing 670
- **Athletics:** Captain of nationally ranked Men's Lacrosse team; Varsity Football
- **Activities:** President of the selective scholar-athlete St. Ignatius Block Club

ATHLETICS & EXPERIENCE

Middlebury College Men's Varsity Lacrosse

Middlebury, VT

Midfielder

September 2018—Present

- Commit 20+ hours/week to training, film watching, travel, and competing as an NCAA DIII athlete
- Develop prioritization skills through balancing schoolwork with responsibilities as a teammate
- Establish constant communication guidelines and practices with teammates and coaches in the coordination of team events with academic obligations
- Lead team community service outings targeting local impoverished communities and children

GrilleMe

Middlebury, VT

Shift Coordinator, Food Deliverer

February 2019—November 2019

- Organized and facilitated food orders and deliveries to students' dorm rooms around campus from the local campus grill
- Dedicated 6 hours/week to executing on-time deliveries and accurate orders, with order-to-delivery times averaging 24.5 minutes
- Resolved order issues and website difficulties, especially during high traffic periods

Blue Barn Gourmet Restaurant

San Francisco, CA

Retail Associate

June 2019—August 2019

- Interacted with customers on the phone and in-person simultaneously
- Coordinated daily restaurant supply delivery logistics, taking inventory and organizing existing and new products
- Performed operational transactions that averaged \$10k per day in revenue, reaching \$15k on peak weekends

ADDITIONAL

Leadership Activities:

Middlebury Student-Athlete Advising Committee

Fall 2018—Present

- Identified integrative solutions for student-athletes' academic and athletic lifestyles at a liberal arts college

Interests: skiing, travel, San Francisco sports, global politics