

## Special Dietary Request Form 2019

If you have special dietary needs, please complete this form and fax to the Dining Service office at 802-443-2064 or email at rlevela@middlebury.edu .

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Language/School: \_\_\_\_\_

Date you will be arriving: \_\_\_\_\_

Date you will be departing \_\_\_\_\_

Telephone number: \_\_\_\_\_

### Food Allergies

I have food allergies that include:

Milk/Dairy  Egg  Peanut  Tree nuts  Shellfish  Soy  Wheat

Other dietary restrictions that you would like us to know about:

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Once you arrive on campus, it is your responsibility to identify yourself to the chef from your assigned dining hall and explain that you have submitted a dietary request form. We are accustomed to working with a variety of dietary requests, so please let us know how we can help you find foods that are safe for you to eat.

Middlebury College Dining Services makes every attempt to identify ingredients that may cause allergic reactions for those with known food allergies. Ingredient lists are provided for every menu item for each meal period. We are committed to stringent food handling practices, and we instruct our food production and service staff on the severity of food allergies and intolerances.

However, the volume of meals served makes it impossible for us to guarantee the accurate labeling of all ingredients and to completely satisfy all dietary requests.