

# Selection of Community Engagement Opportunities Health-Related



Questions?

Contact:

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Visit our website:

[go/cce](http://go/cce)

## Elder Care

### **Helen Porter Healthcare and Rehabilitation Center**

*Doreen Kadric, 802-385-3721, dkadric@hphrc.org*

Engage one-on-one with residents or volunteer at one-time events such as bingo night.

### **Project Independence**

*Dana Perzanoski, Assistant Volunteer Coordinator: 802-388-3983,  
mail@elderlyservices.org*

Spend time with elderly adults whose independence has lessened due to chronic illness, disability, or very advanced age. Meet weekly in person or over Skype.

### **Living Well Residential Care Home (Bristol)**

*Maryann Twyman, 802-453-3946, mrtwyman@gmail.com*

Provide cognitive stimulation for residents through crafts, conversation, and activities.

*Additional volunteer opportunities with elderly community members are available including Eastview and the Residence at Otter Creek. Please contact Ashley Laux.*

## Poverty Alleviation

### **Charter House Coalition**

*Charter House Coalition student organization, chc@middlebury.edu*

Middlebury's emergency shelter; work directly with families in need of housing.

### **John Graham Housing & Services (Vergennes)**

*Friends of John Graham student organization, fojgs@middlebury.edu*

Help serve homeless individuals and families including seniors, children, veterans, those in recovery, living with mental illness, and/or with mental or physical disabilities.

## Advocacy

### **United Way of Addison County**

*Jesse Brooks, Regional Prevention Partnership Coordinator: 802-388-7189,  
jesse@unitedwayaddisoncounty.org*

Particularly seeking volunteers to help people get trained and support people to file for the Earned Income Tax Credit (EITC).



Did you know...

More than

**1,500**

Middlebury College  
students volunteer  
annually,  
contributing about

**65,000**

hours of service  
each year

## Pets & Animal Care

### **Homeward Bound**

*Jessica Danyow, Executive Director: 802-388-1100,  
jessica@homewardboundanimals.org*

Spend time with animals at Addison County's animal shelter. Note: Homeward Bound requires volunteers to commit to at least six months of weekly volunteer service.

### **Eddy Farm School**

*Margaret Bojanowski, Riding Director: 802-388-  
6196, margaretbojanowski@gmail.com*

Volunteer to teach traditional horsemanship skills regardless of age or physical ability.

## Health & Counseling

### **End of Life Services**

*802-388-4111, endoflifevt.org*

Offer care and support to those in our community facing the end of life or grieving the death of a loved one. Note: 30 hour training required prior to volunteering.

### **Open Door Clinic**

*Josh Lanney, Patient Services Coordinator: 802-388-0137,  
odc@opendoormidd.org*

Serve as a general volunteer, EMT, or medical interpreter at Addison County's only free medical clinic.

### **WomenSafe**

*802-388-9180, info@womensafe.net*

Work toward the elimination of physical, sexual and emotional violence against women and their children through volunteering for tasks like answering the hotline or helping with administrative duties. Note: 30 hour training required prior to volunteering.

### **Middlebury First Responders**

*mcems@Middlebury.edu*

Work with Middlebury Regional EMS as a first responder, volunteering on a weekly basis.

## Children & Families

### **Addison County Parent/Child Center**

*Becky Bertrand, Program Coordinator: 802-388-3171,  
bbertrand@addisoncountypcc.org*

Support the Center's mission of helping young families achieve self-sufficiency.

### **Nutrition Outreach and Mentoring (NOM)**

*NOM Student Organization, nom@middlebury.edu*

Connect with youth through food education., including monthly produce taste tests.