Special Dietary Request Form 2021

If you have special dietary needs, please complete this form and fax to the Dining Service office at 802-443-2064 or email at rclevela@middlebury.edu.

Name: ______________________________________________________
Email Address: _____________________________________________
Language/School: ___________________________________________
Date you will be arriving: ____________________________________
Date you will be departing____________________________________
Telephone number: __________________________________________

Food Allergies
I have food allergies that include:

- Milk/Dairy □  Egg □  Peanut □  Tree nuts □  Shellfish □  Soy □  Wheat □

Other dietary restrictions that you would like us to know about:

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

Once you arrive on campus, it is your responsibility to identify yourself to the chef from your assigned dining hall and explain that you have submitted a dietary request form. We are accustomed to working with a variety of dietary requests, so please let us know how we can help you find foods that are safe for you to eat.

Middlebury College Dining Services makes every attempt to identify ingredients that may cause allergic reactions for those with known food allergies. Ingredient lists are provided for every menu item for each meal period. We are committed to stringent food handling practices, and we instruct our food production and service staff on the severity of food allergies and intolerances.

However, the volume of meals served makes it impossible for us to guarantee the accurate labeling of all ingredients and to completely satisfy all dietary requests.