



## Middlebury College COVID-19 Vaccine Student Exemption

Students have agreed to receive a COVID-19 vaccine, pursuant to signing the Middlebury COVID19 Health Pledge<sup>1</sup>: “Get vaccinated against COVID-19 once it becomes available and when directed by the College, unless I have a documented medical or religious exemption.”

The Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC) issued interim recommendations<sup>2</sup> for use of COVID-19 vaccines for the prevention of COVID-19. “Persons may receive any ACIP-recommended COVID-19 vaccine and are encouraged to receive the earliest vaccine available to them. Use of all EUA-authorized COVID-19 vaccines is critical in controlling the pandemic.”<sup>2</sup>

Who should NOT get a COVID-19 vaccine<sup>3</sup>:

*If you have had a severe allergic reaction<sup>4</sup> (anaphylaxis) or an immediate allergic reaction to any ingredient in the vaccine you are scheduled to receive<sup>5</sup>, you should not get that vaccine. If you have been instructed not to get one type of COVID-19 vaccine, you may still be able to get another type. Learn more information for people with allergies.<sup>6</sup> Students should consult with their healthcare provider about vaccine options and any specific individual recommendations.*

1. <https://www.middlebury.edu/office/spring2021/health-pledges-conduct-code/student-health-pledge>
2. <https://www.cdc.gov/mmwr/volumes/70/wr/mm7009e4.htm>
3. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines.html>
4. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/specific-groups/allergies.html>
5. <https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html#Appendix-C%20>
6. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/specific-groups/allergies.html>

### Medical Exemption

Name of Student: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason for medical exemption: \_\_\_\_\_

\_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_

Print name of Health Care Practitioner\*

\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature of Health Care Practitioner

### Religious Exemption

Name of Student: \_\_\_\_\_

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

In signing this form I attest to holding religious beliefs opposed to immunizations. I acknowledge that I have reviewed evidence-based educational material provided by the Vermont Department of Health regarding COVID-19 immunizations including: information about the risks of adverse reactions to immunization; information that failure to complete the required vaccination increases risk to the person and others of contracting or carrying a vaccine-preventable infection; and information that there are persons with special health needs who are unable to be vaccinated, or who are at heightened risk of contracting a vaccine preventable communicable disease, and for whom such a disease could be life-threatening.

\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature of Student (or parent is under 18 years of age)

## Appendix C: Ingredients included in COVID-19 vaccines

The following is a list of ingredients for the [Pfizer-BioNTech](#), [Moderna](#), and [Janssen](#) COVID-19 vaccines reported in the prescribing information for each vaccine.

Description	Pfizer-BioNTech (mRNA)	Moderna (mRNA)	Janssen (viral vector)
<b>Active ingredient</b>	Nucleoside-modified mRNA encoding the viral spike (S) glycoprotein of SARS-CoV-2	Nucleoside-modified mRNA encoding the viral spike (S) glycoprotein of SARS-CoV-2	Recombinant, replication-incompetent Ad26 vector, encoding a stabilized variant of the SARS-CoV-2 Spike (S) protein
<b>Inactive ingredients</b>	2[(polyethylene glycol (PEG))-2000]-N,N-ditetradecylacetamide	PEG2000-DMG: 1,2-dimyristoyl-rac-glycerol, methoxypolyethylene glycol	Polysorbate-80
	1,2-distearoyl-sn-glycero-3-phosphocholine	1,2-distearoyl-sn-glycero-3-phosphocholine	2-hydroxypropyl-β-cyclodextrin
	Cholesterol	Cholesterol	Citric acid monohydrate
	(4-hydroxybutyl)azanediylbis(hexane-6,1-diyl)bis(2-hexyldecanoate)	SM-102: heptadecan-9-yl 8-((2-hydroxyethyl) (6-oxo-6-(undecyloxy) hexyl) amino) octanoate	Trisodium citrate dihydrate
	Sodium chloride	Tromethamine	Sodium chloride
	Monobasic potassium phosphate	Tromethamine hydrochloride	Ethanol
	Potassium chloride	Acetic acid	
	Dibasic sodium phosphate dihydrate	Sodium acetate	
	Sucrose	Sucrose	

\* None of the vaccines contain eggs, gelatin, latex, or preservatives.

Note: Both the Pfizer-BioNTech and Moderna COVID-19 vaccines contain polyethylene glycol (PEG). PEG is a primary ingredient in osmotic laxatives and oral bowel preparations for colonoscopy procedures, an inactive ingredient or excipient in many medications, and is used in a process called “pegylation” to improve the therapeutic activity of some medications (including certain chemotherapeutics). Additionally, cross-reactive hypersensitivity between PEG and polysorbates (included as an excipient in some vaccines and other therapeutic agents) can occur. Information on active or inactive ingredients for vaccines and medications can be found in the package insert. [CDC’s vaccine excipient summary](#) and the National Institutes of Health [DailyMed database](#) can also be used as a resource.

<https://www.cdc.gov/vaccines/covid-19/info-by-product/clinical-considerations.html#Appendix-C> 4/14/21