International House NY Kuanyi Shen *Marry For Love, Not for Domestic Violence* Shanghai, China

#### **Project description**

Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. Abuse is physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure, or wound someone.

According to statistics from the China Women's Federation in 2015, 30% of married women in 270 million households in China have experienced domestic violence. During Covid-19 epidemic, domestic violence cases surged. In Hubei province, the heart of the initial coronavirus outbreak, domestic violence reports to police more than tripled in one county alone during the lockdown in February 2020.

What is crueler is that a large number of victims find it difficult to leave these extremely hurtful relationships. According to data from the National Coalition Against Domestic Violence, the proportion of abused persons who cannot leave completely is as high as 85% (Forbes, 2010). According to the statistics of the American Domestic Violence Hotline (2013), an abused person needs an average of 7 attempts to leave before she can truly leave an abuser.

The repercussion of domestic violence is also serious. 42.13% of the victims have a very high degree of subjective psychological pain. Domestic violence may not only cause special health problems, such as memory loss, dizziness, etc.; it can also cause depression, anxiety and other emotional problems, and the level of self-esteem of people who have experienced domestic violence will also decrease (Ellsberg et al., 2008). The WHO report also confirms that compared with women who have never experienced abuse, women who have experienced physical or sexual violence from their partner, or both, are more likely to consider suicide and are more likely to report recent symptoms of mental distress. Even past violent behavior may be related to recent negative mental health outcomes.

There are still many difficulties in addressing domestic violence in China. First, victims of domestic violence feel ashamed to talk about their experience and ask for help. 39.15% of domestic violence victims have never told others about their experiences. Even if the victim finally takes the step to ask for help, the difficulty lies not only in evading and confronting the violence of the perpetrator, but also spending a lot of time and energy on the matter of "rights defending."

Rights protection costs are extremely high. Victims of domestic violence often encounter resistance from the Chinese legal system. Although China's "Marriage Law" clearly stipulates that domestic violence is a sufficient reason for divorce, many courts encourage couples to try mediation in the name of maintaining social and family harmony. According to data from the Beijing Women's Rights Organization "Wei Ping", from the time the Anti-Domestic Violence Law came into effect in March 2016, to December 2018, Chinese courts have received only 5860 applications for injunction orders, and less than two-thirds of them have been approved.

In countries where the prevention or punishment of domestic violence is more mature, experience shows that more than 90% of domestic violence will not occur afterwards as long as they are properly intervened when they first occur.

This project aims to let more people realize what domestic violence is, how to seek help, and how to treat if a series of psychological problems arise from domestic violence. On this topic, there are more text aid

materials, but fewer video resources. Nowadays, video is a kind of knowledge dissemination carrier that is easier for the public to accept and save. This project aims to fill this vacancy.

## **Proposed activities:**

## 1. Video production

# 1) Prevention (Popular Science and Education Video)

Cooperate with domestic violence NGOs and volunteers to make a popular science and education video on domestic violence. For example, explain what domestic violence is, how to realize whether you have been domestically abused, how to keep evidence and ask for help, takeaways of the anti-domestic violence law. Potential partners could be We And Equality, Wei Ping, White ribbon (Shanghai)...

## 2) Solution Processing (Real Case Vlog)

Cooperate with domestic violence volunteers to take a vlog. Follow the victim to go through the helpseeking process. Help potential victims understand the handling process. Indicate who victims should ask for help from, what materials need to be prepared, the working mechanism and methods of the police and Women's Federation, how to obtain and keep the paper record of asking for help, and how to communicate with front-line staffs, etc.

## 3) Psychotherapy (Short Film for Recovery)

Cooperate with psychological counseling agencies to produce a short film for recovery. We will use authoritative empirical methods to help victims get out of psychological shadows. Potential partner is Know Yourself, a famous Chinese psychological counseling agency.

## 2. Publications

According to the video content, extract the essential content, and make posters and brochures. Distribute them to shelters, communities, and women's federations. Write WeChat public account articles. Let more people know how to prevent, deal with, and improve the suffering caused by domestic violence.

# Goals and expected results:

No marriage system can promise people happiness, but there should be a system that allows people to avoid extreme misfortune. The goal of this project is to reduce the public's prejudice against domestic violence, encourage victims to report after domestic violence, decrease knowledge barriers of safeguarding anti-domestic violence rights, and teach people how to heal psychological trauma related to domestic violence. When more and more women dared to speak up for themselves, and when rights protection became easier, more and more perpetrators will be punished. In the long run, the incidence of domestic violence will be reduced.

# Indicators of success:

# Short term

- 20,000 Video click rate on different video platforms in total (YouTube, Bilibili, Xiaohongshu, Weibo)
- 10,000 WeChat official account article readings
- 50 posters posted in communities
- 100 brochures distributed to police, NGOs, communities

#### Long term

- Increase in public awareness against domestic violence
- Increase in public's knowledge on domestic violence rights
- Decrease in mental illnesses related to domestic violence

# **Projects for Peace Budget Template**

Name: Kuanyi Shen Project Name: Marry for love, not for domestic violence School: Internatinal House NY

Total Additional Funding: 0

TOTAL FUNDS REMAINI	NG:
	0
TOTAL EXPENDITURES:	
	10000

Student Expenses				Project Expenses					
Travel (Including Airfare)	Lodging	Communications	Food (Biweekly)	Miscellaneous	Non-Student Travel and Lodging	Direct Equipment and Supplies	Marketing and Event Support	Staffing Costs	Miscellaneous
2000	1400	0	280	0	0	5240	80	1000	0
Total	Total	Total	Total	Total	Total	Total	Total	Total	Total
2000	1400	0	280	0	0	5240	80	1000	0

Total Student Expenses:	
	3680

<b>Total Project</b>	Expenses:
	6320

# EDUCATION

<b>COLUMBIA UNIVERSITY, School of International and Public Affairs</b> <b>Master of Public Administration,</b> International Finance and Economic Policy, Data Analysis	New York, NY May 2023
NANKAI UNIVERSITY, School of Economics Bachelor of Economics, Public Finance, GPA 3.79/4.0, Advanced GPA 4.0/4.0 First Class Scholarship (Top 10%), Best Fieldwork Research of Rural Education, Third Prize in Ma	Tianjin, China June 2020 thematical Modeling
<b>UNIVERSITY OF BARCELONA, School of Economics and Management</b> <b>Exchange Program,</b> Finance, GPA:8.6/10	Barcelona, Spain February 2020
LUDWIG MAXIMILIAN UNIVERSITY OF MUNICH, School of Management Summer School Program, Management, GPA 3.7/4.0	Munich, Germany August 2018
EXPERIENCE	
<ul> <li>UNESCO</li> <li>Nature Science Intern</li> <li>Authored a chapter (Water and Gender, 11 pages) for the UNESCO publication The Water, Energy</li> <li>Prepared schedules and video materials for the World Science Day Forum (6,470+ participants)</li> </ul>	Bangkok, Thailand November 2020 - April 2021 gy, and Food Security Nexus
<ul> <li>UNDP</li> <li>Monitor &amp; Evaluation Intern</li> <li>Coordinated and managed end-to-end process of the 2020 Country Office Audit. Collected 2000-conducted 10+ meetings with 80+ programme staff, governments and auditors</li> <li>Wrote 7 management reports to monitor and evaluate 100+ projects' budget and delivery paramet</li> <li>Revised 50+ project-related legal and implementation documents and ensured timely uploads</li> <li>Managed in the finalization of 3 essential office-wide documents: Country Programme Documen Results-oriented Annual Reporting, and Manual for National Implementation</li> </ul>	ters
JP MORGAN - YOUCHANGE POVERTY ALLEVIATION FOUNDATION Financial Consultant • Provided biweekly financial consulting services to 10 rural women and taught basic financial know	Chengdu, China December 2019 - July 2020 owledge
CHINA FOUNDATION FOR POVERTY ALLEVIATION Monitor & Evaluation Volunteer • Drafted a 10-page project implementation presentation for a \$0.17m Children Food Distribution 1	Beijing,China February 2020 - April 2020 Project
ASIAN INFRASTRUCTURE INVESTMENT BANK Corporate Secretariat • Verified the qualification and registration of 2,000+ delegates for the 2019 AIIB Annual Meeting	Beijing, China May 2019 - July 2019 g
ACCENTURE CONSULTING Strategy Consulting Intern • Constructed a 140-page Chinese rollout strategy according to Headquarters' branding plan	Beijing, China March 2019 - May 2019
<ul> <li>BDA INVESTMENT CONSULTING</li> <li>Part-Time Assistant</li> <li>Led 10-person team in collecting data on business performance via cold calls with 235 take-out c</li> </ul>	Beijing, China February 2019 - April 2019 clients and 50 sellers
ADDITIONAL INFORMATION	
• Software: Office Suite, STATA	

• Languages: English (Fluent, IELTS:8), Chinese (Native), Spanish (Beginner)