



MIDDLEBURY
Outdoor Programs

Winter in Vermont, an MOP Guide

What is Winter like in Vermont?



What is winter weather in Vermont like?

- **Coldest Month:** January (Average high/low temperature: -2/-12 Celsius)
- **Snow:** Anytime between November and April is usual
- **Average Snowfall per Year:** 190 cm
- It is long and cold, but it can be really beautiful, too. Take advantage of the opportunity!

*To fully enjoy yourself in the Vermont winter, make sure you understand how to properly layer your clothing for the conditions (see following slides)

Dress in Appropriate Clothing

MOP encourages you to go out and have fun outside during the winter. However, you need to dress appropriately for the weather to stay healthy, safe, and enjoy your time!

Good winter clothing can be expensive. Luckily, there are several options and resources to use at the College directly tied to Middlebury Outdoor Programs. They are:

- The Gear Room
- Winter Clothing Cloest

MOP Gear Room



MOP Gear Room

- The Gear Room is a great resource to find any gear that you would need to safely enjoy recreating in the outdoors at Middlebury!
- Located in the basement of the FIC (Freeman International Center)
- Examples of gear to rent (for free!):
 - Sleeping Bags
 - Backpacks
 - Ground pads
 - Cross-country skis and boots
 - Snowshoes and trekking poles
 - Warm layers and footwear (waterproof jackets and pants, and hiking boots)
- Find our hours and more info in our website! [Go/gear](#)

Outdoor Offerings

- MOP and our student clubs have a wide variety of outdoor experience offerings throughout the winter season
- The best way to see what is offered is by checking Ideal-Logic (you can use the go link: [go/ideal/](#))
- Examples of trips offered:
 - Intro to snowshoeing on the TAM
 - Moonlight hike on Snake Mountain
 - Morning skin and ski at the Snowbowl

- Dashboard
- Staff Home
- Participant Home
- Portfolio
- Tracks



Middlebury Outdoor Programs Dashboard

[Home](#) > [Outdoor Trips](#)

[Trips \(1\)](#)
[Past \(77\)](#)
[Cancelled \(19\)](#)

Academic Ye
Programs...
Terms...

[More Filters...](#)

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When	Item	Availability	Status	Actions
Feb 11, 2017	Intermediate Ice Climbing Feb Break [More...]	Incomplete (91%)	<div style="width: 0%; background-color: #ccc;">0/2</div> Open	
Feb 10, 2018	Introductory Ice Climbing Feb Break [More...]	Incomplete (94%)	<div style="width: 60%; background-color: #ffc107;">3/5</div> All Slots Reserved 6 Waitlisted	Open
Feb 5, 2018	Introductory Ice Climbing Feb Break [More...]	Closed	<div style="width: 50%; background-color: #ffc107;">3/6</div> Open	
Feb 3-9, 2018	Teton Backcountry Skiing Feb Break [More...]	Closed	<div style="width: 100%; background-color: #dc3545;">8/8 Full</div> Open	
Jan 24, 2018	Adventure Writing Ice Climbing [More...]	Closed (Hidden)	<div style="width: 83%; background-color: #dc3545;">15/18</div> Open	
Jan 14, 2018	MOP and Venture Out Day Trip [More...]	Incomplete (94%)	<div style="width: 40%; background-color: #ffc107;">4/10</div> Open	
Oct 29, 2017	White water instructor development [More...]	Incomplete (91%)	<div style="width: 83%; background-color: #dc3545;">5/6</div> Open	
Oct 28, 2017	Hike with Bianca & Amanda [More...]	Incomplete (95%)	<div style="width: 70%; background-color: #dc3545;">7/10</div> Open	
Oct 22-24, 2017	Pemigewasset Backpacking [More...]	Incomplete (96%)	<div style="width: 89%; background-color: #dc3545;">8/9</div> Open	
Oct 21-24, 2017	Acadia Fall Break [More...]	Incomplete (97%)	<div style="width: 100%; background-color: #dc3545;">6/6 Full</div> Open	

[+ New Burgin Lodge](#)

Spreadsheets

- [Registration Items \(115\)](#)
- [Cancelled Registration Items \(21\)](#)
- [Associated Participants \(726\)](#)
- [Master Schedule \(101\)](#)
- [Reorder Registration Items](#)
- [Clear Allow to Register...](#)



Middlebury Snowbowl



Middlebury Snowbowl

- The Snowbowl is Middlebury College's downhill, or alpine skiing/snowboarding area, located near the Breadloaf campus
- Shuttles run from Middlebury to the Snowbowl daily (departing outside the front of Twilight Hall, check the schedule!)
- Lessons for all skill levels are offered here, from first-timers to those that are experienced
- All equipment rentals are available at the Bowl in you don't have your own (ex. Skis/Snowboards, boots, and poles)
- Student clubs, such as the Freeheelers will rent out gear for free to students, and often run trips and host events at the Bowl (check their pages on Presence for more information!)
- There is a lodge located on-site for food services and hot beverages, bathrooms, and just as a place to warm up if you get cold



Rikert Cross-
Country Ski
Center

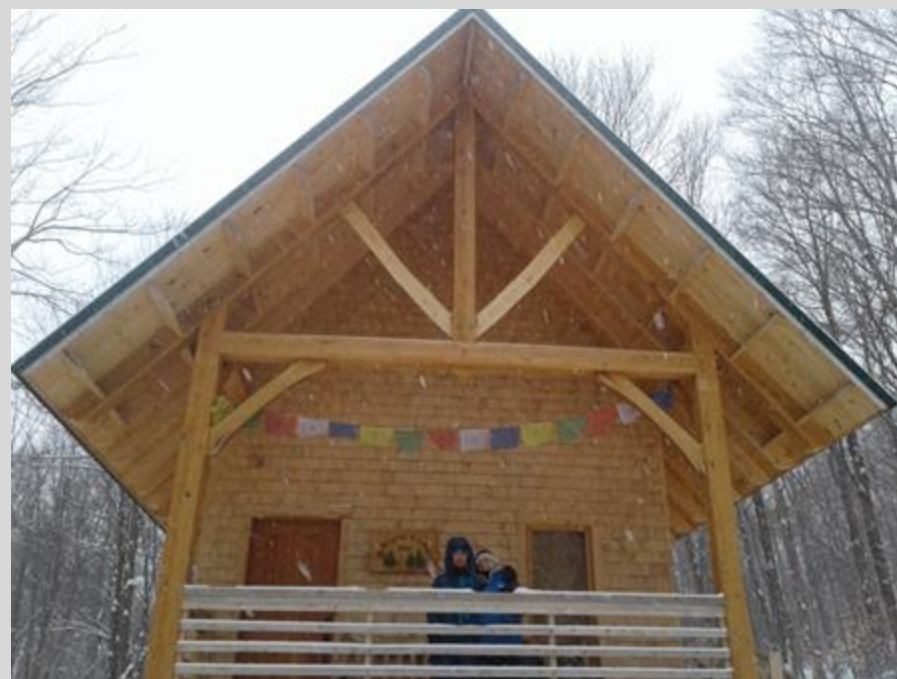
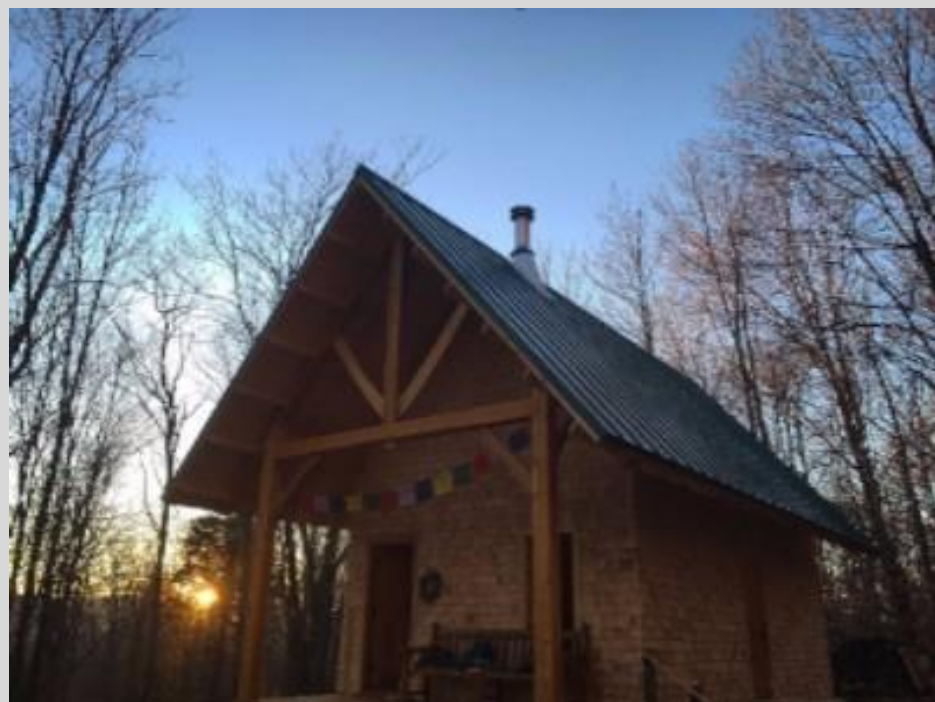
Rikert X-C Center

- The Rikert Center is located on Middlebury's Breadloaf campus (15-20 drive from the center of town)
- Shuttles run from Middlebury to Rikert daily (departing outside the front of Twilight Hall, check the schedule!)
- There are around 60km of cross-country ski, snowshoe, and fat-bike trails at Rikert
- There is a lodge located on-site for equipment rentals (skis and fat-bikes), food and hot beverages, and just as a place to warm up if cold
- The Gear Room and ski shop rents out both X-C skis and snowshoes for use on the trails for free! So all you need to enjoy the day at Rikert is a trail pass
- Burgin Lodge is also located on the trail system (see following slides)



IAN BURGIN MEMORIAL LODGE

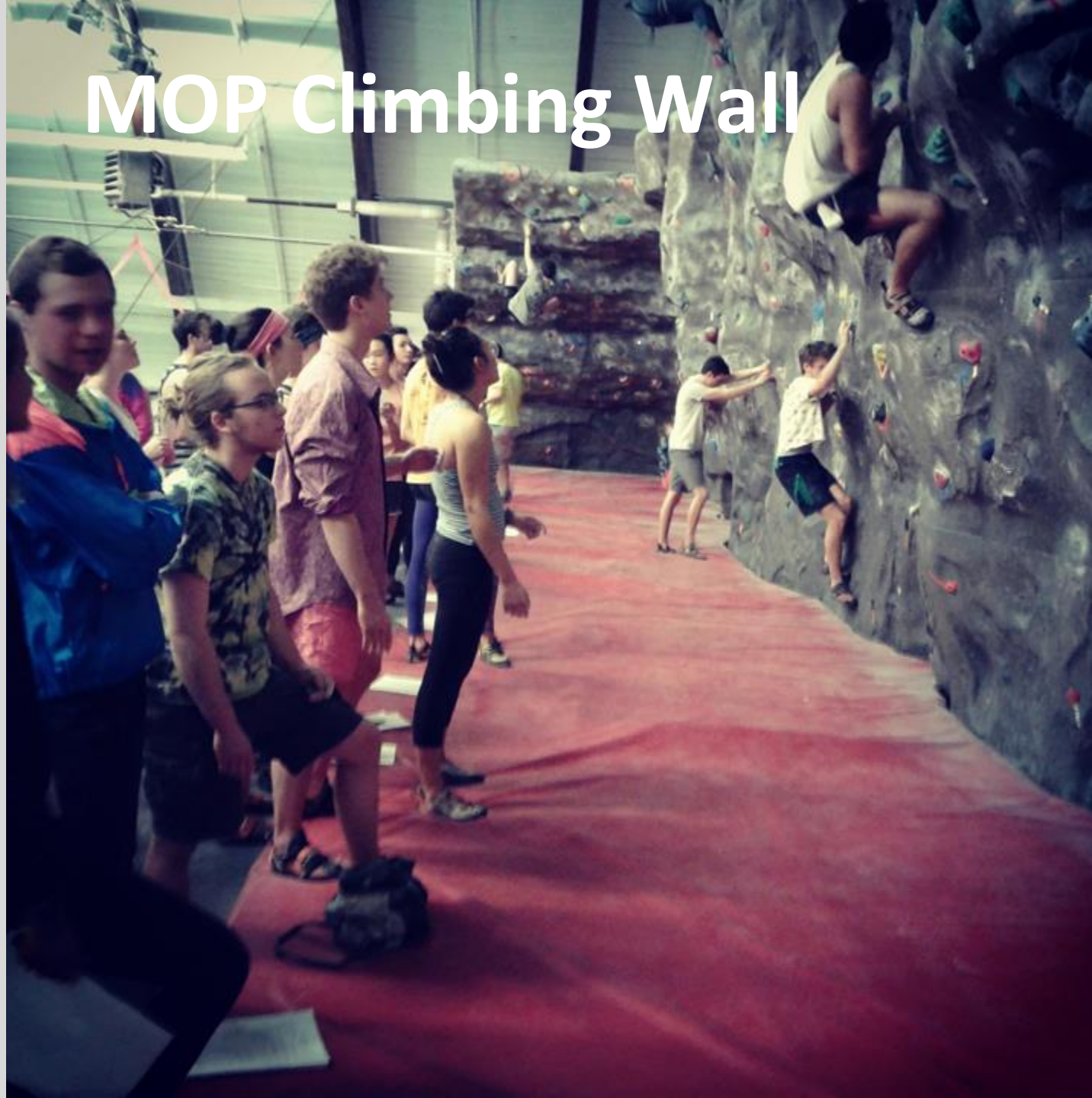
Honoring the life of Ian Burgin and building a backcountry shelter for the extended Middlebury community



Burgin Lodge

- Burgin is the college's cabin in the woods, located on the Breadloaf campus trail system
- It is an adventure in itself to cross-country ski or snowshoe (which you can rent from the gear room) the trails out to the lodge
- It is open for student use throughout the academic year, including in the winter!
- The cabin sleeps up to 12 and has a wood stove located inside
- You can rent items from the Gear Room such as ground pads, sleeping bags, and headlamps for use in the cabin
- This is a great option for experiencing winter in Vermont in a cozy cabin setting with friends and classmates!
- You can sign up and make a reservation on Middlebury's Ideal Logic platform ([go/ideal](https://go.ideallogic.com))

MOP Climbing Wall



Climbing Wall

- The Climbing Wall is located in the Nelson Arena, on the balcony above the indoor tennis courts
- It is open to all students!
- This is a nice indoor space where you can meet a lot of great people!
- Here, you have the opportunity to learn the climbing movement by:
 - Bouldering (staying unroped, close to the ground), or
 - Climbing (putting on a harness and roping in to scale the wall)
- The wall is fully staffed by knowledgeable student employees who help support and teach all interested climbers
- More info and hours: go/wall/



Other Fun Winter Activities

Other Winter Activities

Snowshoeing

- You can do this at many of the resorts but there are also some great local trails like the TAM (trail around Middlebury). Come check out some maps at the gear room for more information!
- You can rent snowshoes from the Gear Room for free!

Ice Skating

- Kenyon Arena, located in the Peterson Athletic Center on campus, has open skate times. Whether you have your own skates or need to borrow.
- Facilities and MCAB also sets up an outdoor rink outside the student center!

Sledding/Tubing

- There are some great hills located on and around campus for sledding and tubing. You can rent snow tubes at the gear room!
- DO NOT sled if there are ANY trees/obstacles on the hill!

ANY QUESTIONS?

- Please feel free to reach out!
mop@middlebury.edu
- Checkout our website! [go/mop/](https://go.middlebury.edu/mop/)
- Find us on Instagram!
@midd_outdoors

