

YOUR APP JUST GOT AN UPGRADE

Now it's even easier to take control
of your health and health spending

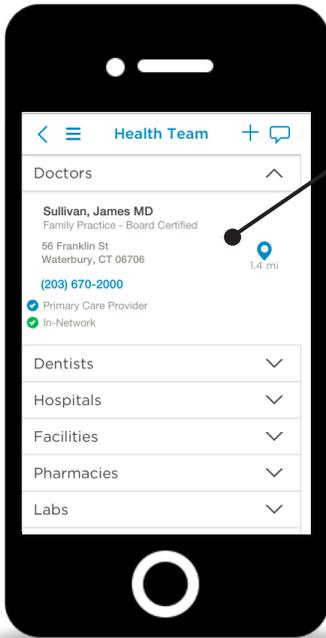


**The myCignaSM app
now includes a Cigna
One Guide[®] service
upgrade with even
more tools and
support.**

**The myCigna app still uses information specific to your
plan so you can easily:**

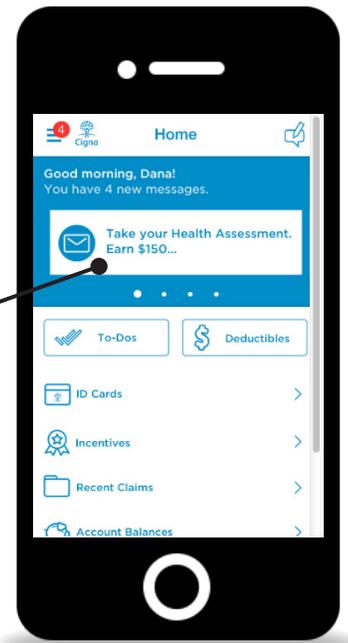
- › Find in-network doctors, labs and hospitals
- › Get cost estimates for care
- › Compare prescription prices
- › Manage and track claims
- › Access your ID cards to print, fax or email

But the One Guide service now lets you do so much more.



Build your custom health team - a personal list of the in-network doctors, dentists and facilities you use to keep track of their information all in one place.

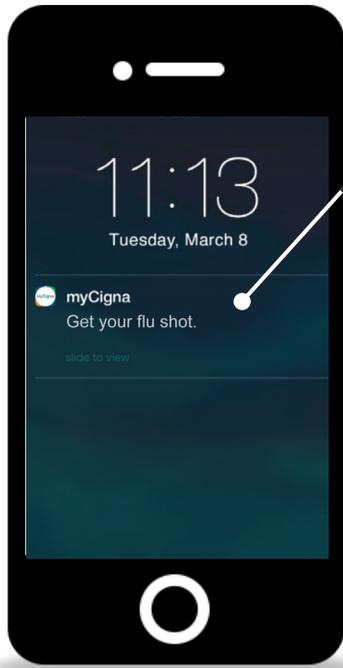
Sign up for messages that can guide you to savings, coaching opportunities and more (if offered by your employer).



For illustrative purposes only.

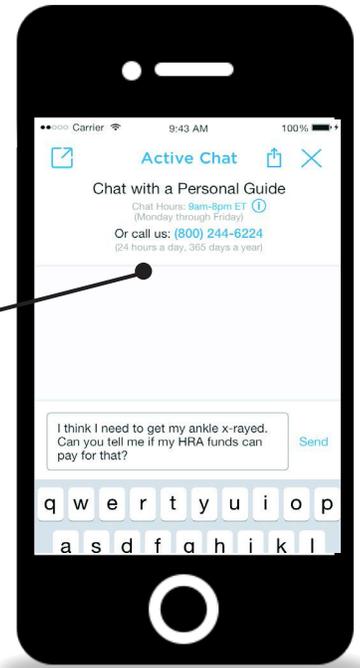
Together, all the way.®





Get tips and reminders to help you stay on track with appointments and preventive care.

Access support quickly. You can chat online or by phone with a personal guide who can answer your questions and help you make the most of your plan.



Get started with the new One Guide service today.

Download the latest myCigna app.*
Or call the number on the back of your ID card.



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Cigna One Guide may not be available with all plans.

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