



COVID19 Testing Instructions

To prepare you for the required COVID testing, here are some important details:

Arrival day COVID19 testing:

- If you are sick or having symptoms, do not visit the Arrival Testing Center at Virtue Field House. Please stay home. If you feel ill just prior to arriving, call the Arrival COVID Testing Hotline at 802-443-5055 and await further guidance.
- Please plan to arrive at Middlebury within the hour that you selected as your arrival time.
- First stop: Virtue Field House in the Peterson Athletic Complex on South Main Street for COVID testing. A FACE COVERING IS REQUIRED TO ENTER THE TEST FACILITY.
- ONLY students will be allowed into the Field House testing venue, but bathrooms for students and families are available in the Athletic Facility. Directions will be provided.
- If you need any special assistance, have mobility challenges that will make walking a long distance or using stairs problematic or if you have any other special concerns, please contact: the Arrival COVID Testing Hotline at 802-443-5055 just prior to your arrival. You may show a handicapped placard to the traffic controller or simply advise them that you require assistance and you will be directed to designated parking areas. Our team of line managers will alert staff of your arrival. Special arrangements can be made to accommodate you on your scheduled test date.
- You will be asked to blow your nose outside the field house prior to testing. If not done, the test can be invalid. Tissues and hand sanitizer will be provided.
- Please bring your Middlebury ID card. You will be asked to show this to verify your identity. If you do not yet have a Middlebury ID card, please go to the Center for Health and Wellness website and click [Forms](#). Please download and print the Name card form. Please LEGIBLY PRINT your name, DOB (MM/DD/YYYY) and your Middlebury ID# (if you know it). **Bring this with you to the testing event.**
- You must sign a consent for testing. Please go to the Center for Health and Wellness website and click [Forms](#). Please download and print the COVID testing **student consent form**. Sign the consent form and **bring it with you to the testing event.**
- Students who are under 18 years old must have a parent or guardian sign their consent. **Bring this with you to the testing event.**
- We will be doing hundreds of tests, so there will be many helpers on hand to direct you. Please pay attention to signs and directions along the way!
- To ensure physical distancing, you need to *stay in your lane/line* and keep moving, as directed, to prevent long lines and bottlenecks.
- You will need to arrive at the test station empty-handed, except for your Middlebury ID or printed namecard. A small knapsack will be provided to stow your cell phone and keys. Please do not bring any personal belongings with you that cannot be stowed in your pockets or the knapsack.
- You will be collecting your own nasal specimen. You will be guided by medical personnel to insert a swab approximately one half inch inside each nostril to collect the specimen. This is a minimally invasive test.
- After leaving the testing facility, you may proceed to your assigned housing.

- You are required to quarantine in your room (except for personal hygiene/bathroom needs and for food pick up) UNTIL you receive a negative test result.
- You will receive an email in your Middlebury email account with directions to log in to a Broad Institute portal to retrieve your results. **PLEASE NOTE: You must enter the name, address, date of birth EXACTLY as it appeared to you at check-in to the testing facility to ensure a “match” so that you can retrieve your results.**
- We expect results to be available within 36 hours of testing. Once you have a negative test, you are released to campus quarantine.
- If your test is positive or inconclusive, you will be contacted by the Center for Health and Wellness with directions to move to an isolation location on campus. You will have regular check-ins with health center staff and will be required to be “cleared” by health center staff prior to returning to your assigned dorm room.
- For a review of the instructions for testing, please view this [video](#).

Day 7 Testing:

- You will be asked to sign up for a testing time for your 2nd COVID test 7 days after your first test.
- It is critically important that you complete both tests.
- The process will be the same, however, the consent only needs to be completed for the arrival day test. Your signed consent will cover all subsequent testing.
- Be sure to bring your Middlebury ID to the testing event.

Targeted dynamic testing:

- Some students, faculty and staff will be selected for periodic testing throughout the semester. You will be contacted with your designated date/time for testing.
- Your initial signed consent is sufficient, no need for another.

Testing because you may have COVID 19 symptoms:

- Center for Health and Wellness nursing or medical staff may recommend testing, if you are experiencing symptoms that may be related to COVID19.
- Specimen collection may be done at Health Services (Centeno House). This is a self-collected anterior nares test (same as arrival day testing). You may be referred to UVM MC Porter Hospital’s COVID19 testing center. This testing is a nasopharyngeal swab test, conducted by medical personnel at the test site. Your insurance may be billed for testing done at Porter Hospital. The college’s student health insurance carrier pays for COVID19 testing at 100%.

If you have any medical questions or concerns, please reach out to the **Center for Health and Wellness nurse line at 443-3290**.