

Global Health

Learning Goals

1. To encourage students to take an interdisciplinary perspective when thinking about global health problems.
2. To analyze the relationship between health, poverty, and development.
3. To increase students' understanding of programs, policies, and social movements that aim to address and improve health.
4. To build a foundation of lifelong learning about cultural humility, social justice, equity, and inclusion by helping students develop cognitive, affective, and behavioral skills that help them to work and interact across social, economic, and cultural contexts.
5. To encourage students to apply knowledge to practice by building their understanding of work, advocacy, or study opportunities either in the field of global health, or in related disciplines and fields.

About the minor

Global health examines the health of communities in an interconnected world. Market forces, agricultural production, environmental changes, and foreign aid structures impact the health of people throughout the world powerfully and immediately. These health impacts are often unintended.

The field of Global Health is based in public health, a discipline with roots in both social reform movements and in science. Public health focuses on health at the population level. Public health scrutinizes the role of medicine – the care of the individual – in affecting the health of communities; of particular concern are people's access to health care, the quality of that care, and the sustainability of the health system providing it.

Understanding the impacts of global forces and population-level interventions on community health requires a multidisciplinary approach. Lives are threatened or improved, lost or saved, by decisions made at the individual, family, societal, and global levels; Global Health uncovers these processes using evidence, ideas, and theories from a variety of fields.

Reasons you might choose this minor

- You aim to provide students with strong critical thinking skills.
- You are interested in a broad understanding of problems from the perspective of a variety of disciplines.
- You want to cultivate social awareness and to use your skills as engaged global citizens.
- You are able to understand problems from a variety of disciplinary perspectives.

“My education at Middlebury directly helped me with my current career, working as a researcher for a prostate cancer epidemiology group at Brigham and Women’s Hospital and the Harvard T.H. Chan School of Public Health. Having a solid background in the academic aspect of global health, combined with the numerous options the global health grants and faculty were able to offer for me to pursue my own service and independent thesis projects abroad, allowed me to secure the position I have been in since I graduated and to excel.”

—Sam F. Peisch '13.5
*Research Assistant at Channing
Division of Network Medicine, Brigham and
Women's Hospital/Harvard Medical School,
Boston, MA*



Translating Learning into Professional Competencies

Throughout your time at Middlebury, you will develop and enhance the following core professional competencies, skills, and dispositions highly valued by employers that will prepare you for leadership and success in any given field:

Critical Thinking: Exercise sound reasoning to analyze issues, make decisions, and overcome problems.

Oral/Written Communications: Articulate thoughts and ideas clearly and effectively in written and oral forms.

Teamwork/Collaboration: Build collaborative relationships with colleagues and customers from diverse backgrounds.

Leadership: Leverage the strengths of others to achieve common goals, and use interpersonal skills to coach and develop others.

Professionalism/Work Ethic: Demonstrate personal accountability and effective work habits.

Global/Intercultural Fluency: Value, respect, and learn from diverse cultures, races, ages, genders, sexual orientations, and religions.

Digital Technology: Leverage existing digital technologies ethically and efficiently to solve problems, complete tasks, and accomplish goals.

Career Management: Identify and articulate one's skills, strengths, knowledge, and experiences relevant to career goals, and identify areas necessary for professional development.

Where global health minors go

Applying your learning through internships . . .

Students pursue internships and research in a variety of fields, enabling them to apply their liberal arts learning in real-world settings. Internships, research, and self-directed projects enrich your academic experience and help prepare you for life after Middlebury. Students have interned or done research at the following:

Attention Deficit and Hyperactivity Program of the Clinical Hospital of Porto Alegre and the Federal University of Rio Grande do

Krant/Global Healthy Living Foundation
Lynn Community Health Center

Open Door Clinic

Puentes de Salud

R.O.C. Ghana Health Care Initiative

The Ihangane Project

Gardens for Health International

Human Trafficking Search

Johns Hopkins Bloomberg School of Public Health

Endeavor Global

Harborview Medical Center for Sexual Assault and Traumatic Stress

Human Health and Performance Lab, CMU
Machik

Niños de Guatemala

Saha Global

Simply Smiles Inc.

Infectious Disease Research Institute (IDRI)

Essex County Mental Health Services

Metro New York Health Care for All Campaign

Vermont Department of Health

Global Family Initiative

Boston Children's Hospital

HelloWellness

Self-Directed Project: Health Exploration

Fox Chase Cancer Center

. . . leading to meaningful, dynamic, and engaging career paths.

See just some of the many interesting ways our graduates have applied their liberal arts learning to engage the world. If you want to see what other Middlebury alumni are doing now, log into Midd2Midd and search by major. **go/midd2midd**

Massachusetts General Hospital, *Clinical Research Coordinator*

Epic, *Technical Service Engineer*

Blue Apron, *Culinary Manager for Nutrition and Wellness*

Clinton Health Access Initiative, *Senior Associate for Community Case Management*

National Heart, Lung, and Blood Institute, *Chief of Staff*

International Rescue Committee, *Strategy Analyst*

Colibri Center for Human Rights, *Family Network Doctor*

Integrate Health, *Deputy Director*

Women Deliver, *Research Associate, Policy and Advocacy*

TheraNest, *Business Development Associate*

Harvard School of Public Health, *Life Science Strategy Enthusiast*

National Institutes of Health, *Postbac IRTA Fellow*

Juvenile Diabetes Research Fund, *Senior Manager Program Administration*

Centers for Disease Control and Prevention, *Public Health Associate*

Global Health Strategies, *Senior Associate*

One Medical Group, *Virtual Router*

One Acre Fund, *Deputy Growth Country Director*

Health and Medicine Policy Research Group, *Policy Research Analyst*

Fund for Global Human Rights, *Development Associate*

ICF, *Health Science Researcher*